

John Paul II

**The Redemption of the Body
and
Sacramentality of Marriage**

(Theology of the Body)

**From the Weekly Audiences of His Holiness
September 5, 1979 – November 28, 1984**

This work contains a series of 129 addresses delivered by Pope John Paul II during his Wednesday Audiences over a period of several years from September 5, 1979 – November 28, 1984. Each of the addresses is related to the general theme now referred to as the “Theology of the Body” and is included in this collection with its original title. The date of each address is referenced in a footnote to the title.

While the addresses are provided in chronological order, you will notice that there are often more than a one week difference in the dates between some consecutive titles – in fact, you may find breaks of several weeks or months. This is because the Wednesday Audience schedule of the Pope varies according to the seasons of the Church year and summer holiday schedules. Also, on occasion, John Paul II would postpone discussions of this topic in order to relay messages pertaining to other occasions, such as a series of reflections on the Holy Year.

This collection includes all references that were available in the original publications. Where a reference clarified a particular word or passage, a footnote containing the reference information is inserted at the bottom of the page and the footnote is referenced with an Arabic numeral, such as 1, 2, or 3. Where the reference information provided an extensive discussion concerning an issue, but was not judged to be of immediate importance for purposes of understanding the particular word or passage, that reference information is included in the endnotes and is referenced with a Roman numeral, such as i, ii, or iii. Many references contain both types of information and will be divided between a footnote and an endnote. In such cases, the reference will include both an Arabic and a Roman numeral, such as 1i .

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In honor and memory of

Karol Wojtyła
May 18, 1920 – April 2, 2005

His Holiness Pope John Paul II
October 16, 1978 – April 2, 2005

Totus Tuus

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The Unity and Indissolubility of Marriage¹

For some time now preparations have been going on for the next ordinary assembly of the Synod of Bishops, which will take place in Rome in autumn of next year. The theme of the Synod, "The role of the Christian family," concentrates our attention on this community of human and Christian life, which has been fundamental from the beginning. The Lord Jesus used precisely this expression "from the beginning" in the talk about marriage, reported in the Gospels of St. Matthew and St. Mark. We wish to raise the question what this word "beginning" means. We also wish to clarify why Christ referred to the "beginning" on that occasion and, therefore, we propose a more precise analysis of the relative text of Holy Scripture.

During the talk with the Pharisees, who asked him the question about the indissolubility of marriage, Jesus Christ referred twice to the "beginning." The talk took place in the following way:

"And Pharisees came up to him and tested him by asking, 'Is it lawful to divorce one's wife for any cause?' He answered, 'Have you not read that he who made them from the beginning made them male and female, and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh'? So they are no longer two but one flesh. What therefore God has joined together, let not man put asunder.' They said to him, 'Why then did Moses command one to give a certificate of divorce, and to put her away?' He said to them, 'For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so'" (*Mt* 19:3ff., cf. also *Mk* 10:2ff.).

Christ did not accept the discussion at the level at which his interlocutors tried to introduce it. In a certain sense he did not approve of the dimension that they tried to give the problem. He avoided getting caught up in juridico-casuistical controversies. On the contrary, he referred twice to "the beginning." Acting in this way, he made a clear reference to the relative words in Genesis, which his interlocutors too knew by heart. From those words of the ancient revelation, Christ drew the conclusion and the talk ended.

Therefore, "the beginning" means that which Genesis speaks about. Christ quoted Genesis 1:27 in summary form: "In the beginning the Creator made them male and female." The original passage reads textually as follows: "God created man in his own image; in the image of God he created him; male and female he created them." Subsequently, the Master referred to Genesis 2:24: "Therefore, a man leaves his father and his mother and cleaves to his wife, and they become one flesh." Quoting these words almost in full, Christ gave them an even more explicit normative meaning (since it could be supported that in Genesis they express *de facto* statements: "leaves...cleaves...they become one flesh"). The normative meaning is plausible since Christ did not confine

¹ September 5, 1979

himself only to the quotation itself, but added: "So they are no longer two but one flesh. What therefore God has joined together, let not man put asunder." That "let not man put asunder" is decisive. In the light of these words of Christ, Genesis 2:24 sets forth the principle of the unity and indissolubility of marriage as the very content of the Word of God, expressed in the most ancient revelation.

It could be maintained at this point that the problem is exhausted, that Jesus Christ's words confirm the eternal law formulated and set up by God from "the beginning" as the creation of man. It might also seem that the Master, confirming this original law of the Creator, did nothing but establish exclusively his own normative meaning, referring to the authority itself of the first Legislator. However, that significant expression "from the beginning," repeated twice, clearly induced his interlocutors to reflect on the way in which man was formed in the mystery of creation, precisely as "male and female," in order to understand correctly the normative sense of the words of Genesis. This is no less valid for the people of today than for those of that time. Therefore, in the present study, considering all this, we must put ourselves precisely in the position of Christ's interlocutors today.

During the following Wednesday reflections at the general audiences, we will try, as Christ's interlocutors today, to dwell at greater length on St. Matthew's words (19:3ff.). To respond to the indication, inserted in them by Christ, we will try to penetrate toward that "beginning," to which he referred in such a significant way. Thus we will follow from a distance the great work which participants in the forthcoming Synod of Bishops are undertaking on this subject just now. Together with them, numerous groups of pastors and laymen are taking part in it, feeling especially responsible with regard to the role which Christ assigned to marriage and the Christian family, the role that he has always given, and still gives in our age, in the modern world.

The cycle of reflections we are beginning today, with the intention of continuing it during the following Wednesday meetings, also has the purpose, among other things, of accompanying from afar the work of preparation for the Synod. However, it will not touch its subject directly, but will turn our attention to the deep roots from which this subject springs.

Analysis of the Biblical Account of Creation²

Last Wednesday we began this series of reflections on the reply Christ gave to his questioners on the subject of the unity and indissolubility of marriage. As we recall, the Pharisees who questioned him appealed to the Mosaic Law. However, Christ went back to the "beginning," quoting the words of Genesis.

The "beginning" in this case concerns what one of the first pages of Genesis treats. If we wish to analyze this reality, we must undoubtedly direct our attention first of all to the text. The words which Christ spoke in his talk with the Pharisees, found in Matthew 19

² September 12, 1979

and Mark 10, constitute a passage which in its turn is set in a well-defined context, without reference to which they can neither be understood nor correctly interpreted.

This context is provided by the words, "Have you not read that the Creator from the beginning made them male and female...?" (*Mt* 19:4). It referred to the so-called first account of the creation of man inserted in the seven day cycle of the creation of the world (cf. *Gn* 1:1-2, 4). However, the context nearest to the other words of Christ, taken from Genesis 2:24, is the so-called second account of the creation of man (*Gn* 2:5-25). But indirectly it is the entire third chapter of Genesis.

The second account of the creation of man forms a conceptual and stylistic unity with the description of original innocence, man's happiness, and also his first fall. Granted the specific content of Christ's words taken from Genesis 2:24, one could also include in the context at least the first phrase of the fourth chapter of Genesis, which treats of the conception and birth of man from earthly parents. That is what we intend to do in the present analysis.

From the point of view of biblical criticism, it is necessary to mention immediately that the first account of man's creation is chronologically later than the second, whose origin is much more remote. This more ancient text is defined as "Yahwist" because the term "Yahweh" is used to name God. It is difficult not to be struck by the fact that the image of God presented there has quite considerable anthropomorphic traits. Among others, we read that "...the Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life" (*Gn* 2:7).

In comparison with this description, the first account, that is, the one held to be chronologically later, is much more mature both as regards the image of God, and as regards the formulation of the essential truths about man. This account derives from the priestly and "Elohist" tradition, from "Elohim," the term used in that account for God.

In this narration man's creation as male and female - to which Jesus referred in his reply according to Matthew 19 - is inserted into the seven day cycle of the creation of the world. A cosmological character could especially be attributed to it. Man is created on earth together with the visible world. But at the same time the Creator orders him to subdue and have dominion over the earth (cf. *Gn* 1:28); therefore he is placed over the world. Even though man is strictly bound to the visible world, the biblical narrative does not speak of his likeness to the rest of creatures, but only to God. "God created man in his own image; in the image of God he created him..." (*Gn* 1:27). In the seven day cycle of creation a precise graduated procedure is evident. However, man is not created according to a natural succession. The Creator seems to halt before calling him into existence, as if he were pondering within himself to make a decision: "Let us make man in our image, after our likeness..." (*Gn* 1:26).

The level of that first account of man's creation, even though chronologically later, is especially of a theological character. An indication of that is especially the definition of man on the basis of his relationship with God. "In the image of God he created him." At

the same time it affirms the absolute impossibility of reducing man to the world. Already in the light of the first phrases of the Bible, man cannot be either understood or explained completely in terms of categories taken from the "world," that is, from the visible complex of bodies. Notwithstanding this, man also is corporeal. Genesis 1:27 observes that this essential truth about man referred both to the male and the female: "God created man in his image...male and female he created them." It must be recognized that the first account is concise, and free from any trace whatsoever of subjectivism. It contains only the objective facts and defines the objective reality, both when it speaks of man's creation, male and female, in the image of God, and when it adds a little later the words of the first blessing: "Be fruitful and multiply, and fill the earth; subdue it and have dominion over it" (*Gn* 1:28).

The first account of man's creation, which, as we observed, is of a theological nature, conceals within itself a powerful metaphysical content. Let it not be forgotten that this text of Genesis has become the source of the most profound inspirations for thinkers who have sought to understand "being" and "existence." (Perhaps only the third chapter of Exodus can bear comparison with this text.) Notwithstanding certain detailed and plastic expressions of the passage, man is defined there, first of all, in the dimensions of being and of existence ("*esse*"). He is defined in a way that is more metaphysical than physical.

To this mystery of his creation, ("In the image of God he created him"), corresponds the perspective of procreation, ("Be fruitful and multiply, fill the earth"), of that becoming in the world and in time, of that *fieri* which is necessarily bound up with the metaphysical situation of creation: of contingent being (*contingens*). Precisely in this metaphysical context of the description of Genesis 1, it is necessary to understand the entity of the good, namely, the aspect of value. Indeed, this aspect appears in the cycle of nearly all the days of creation and reaches its culmination after the creation of man: "God saw everything that he had made, and behold, it was very good" (*Gn* 1:31). For this reason it can be said with certainty that the first chapter of Genesis has established an unassailable point of reference and a solid basis for a metaphysic and also for an anthropology and an ethic, according to which *ens et bonum convertuntur* (being and the good are convertible). Undoubtedly, all this also has a significance for theology, and especially for the theology of the body.

At this point let us interrupt our considerations. In a week's time we shall deal with the second account of creation. According to biblical scholars, it is chronologically more ancient. The expression "theology of the body" just now used deserves a more exact explanation, but we shall leave that for another occasion. First, we must seek to examine more closely that passage of Genesis which Christ had recourse to.

The Second Account of Creation: The Subjective Definition of Man³

With reference to Christ's words on the subject of marriage, in which he appealed to the "beginning," we directed our attention last week to the first account of man's creation in

³ September 19, 1979

the first chapter of Genesis. Today we shall pass to the second account, which is frequently described as the "Yahwist," since it uses the name "Yahweh" for God.

The second account of man's creation (linked to the presentation both of original innocence and happiness and of the first fall) has by its nature a different character. While not wishing to anticipate the particulars of this narrative - because it will be better for us to recall them in later analyses - we should note that the entire text, in formulating the truth about man, amazes us with its typical profundity, different from that of the first chapter of Genesis.

This profundity has a especially subjective nature and is therefore, in a certain sense, psychological. The second chapter of Genesis constitutes, in a certain manner, the most ancient description and record of man's self-knowledge. Together with the third chapter it is the first testimony of human conscience. A reflection in depth on this text - through the whole archaic form of the narrative, which manifests its primitive mythical character - provides us in nucleo with nearly all the elements of the analysis of man, to which modern, and especially contemporary philosophical anthropology is sensitive. It could be said that Genesis 2 presents the creation of man especially in its subjective aspect. Comparing both accounts, we conclude that this subjectivity corresponds to the objective reality of man created "in the image of God." This fact also is - in another way - important for the theology of the body, as we shall see in subsequent analyses.

It is significant that in his reply to the Pharisees, in which he appealed to the "beginning," Christ indicated first of all the creation of man by referring to Genesis 1:27: "The Creator from the beginning created them male and female." Only afterward did he quote the text of Genesis 2:24. The words which directly describe the unity and indissolubility of marriage are found in the immediate context of the second account of creation. Its characteristic feature is the separate creation of woman (cf. Gn 2:18-23), while the account of the creation of the first man is found in Genesis 2:5-7.

The Bible calls the first human being "man" ('adam), but from the moment of the creation of the first woman, it begins to call him "man" (ish), in relation to ishshah ("woman," because she was taken from the man - ish). It is also significant that in referring to Genesis 2:24, Christ not only linked the "beginning" with the mystery of creation, but also led us, one might say, to the limit of man's primitive innocence and of original sin. Genesis places the second description of man's creation precisely in this context. There we read first of all: "And the rib which the Lord God had taken from the man he made into a woman and brought her to the man; then the man said: 'This at last is bone of my bones and flesh of my flesh; she shall be called woman, because she was taken out of man'" (Gn 2:22-23). "Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh" (Gn 2:24). "And the man and his wife were both naked, and they were not ashamed" (Gn 2:25).

Immediately after these verses, chapter 3 begins with its account of the first fall of the man and the woman, linked with the mysterious tree already called the "tree of the knowledge of good and evil" (Gn 2:17). Thus an entirely new situation emerges,

essentially different from the preceding. The tree of knowledge of good and evil is the line of demarcation between the two original situations which Genesis speaks of.

The first situation was that of original innocence, in which man (male and female) was, as it were, outside the sphere of the knowledge of good and evil, until the moment when he transgressed the Creator's prohibition and ate the fruit of the tree of knowledge. The second situation, however, was that in which man, after having disobeyed the Creator's command at the prompting of the evil spirit, symbolized by the serpent, found himself, in a certain way, within the sphere of the knowledge of good and evil. This second situation determined the state of human sinfulness, in contrast to the state of primitive innocence.

Even though the "Yahwist" text is very concise, it suffices with clarity to differentiate and to set against each other those two original situations. We speak here of situations, having before our eyes the account which is a description of events. Nonetheless, by means of this description and all its particulars, the essential difference emerges between the state of man's sinfulness and that of his original innocence.

Systematic theology will discern in these two antithetical situations two different states of human nature: the state of integral nature and the state of fallen nature. All this emerges from that "Yahwist" text of Genesis 2-3, which contains in itself the most ancient word of revelation. Evidently it has a fundamental significance for the theology of man and for the theology of the body.

When Christ, referring to the "beginning," directed his questioners to the words written in Genesis 2:24, he ordered them, in a certain sense, to go beyond the boundary which, in the Yahwist text of Genesis, runs between the first and second situation of man. He did not approve what Moses had permitted "for their hardness of heart." He appealed to the words of the first divine regulation, which in this text is expressly linked to man's state of original innocence. This means that this regulation has not lost its force, even though man has lost his primitive innocence.

Christ's reply is decisive and unequivocal. Therefore, we must draw from it the normative conclusions which have an essential significance not only for ethics, but especially for the theology of man and for the theology of the body. As a particular element of theological anthropology, it is constituted on the basis of the Word of God which is revealed. During the next meeting we shall seek to draw these conclusions.

The Boundary between Original Innocence and Redemption⁴

Answering the question on the unity and indissolubility of marriage, Christ referred to what was written about marriage in Genesis. In our two preceding reflections we analyzed both the so-called Elohist text (Gn 1) and the Yahwist one (Gn 2). Today we wish to draw some conclusions from these analyses.

⁴ September 26, 1979

When Christ referred to the "beginning," he asked his questioners to go beyond, in a certain sense, the boundary which in Genesis passes between the state of original innocence and that of sinfulness, which started with the original fall.

Symbolically this boundary can be linked with the tree of the knowledge of good and evil, which in the Yahwist text delimits two diametrically opposed situations: the situation of original innocence and that of original sin. These situations have a specific dimension in man, in his inner self, in his knowledge, conscience, choice and decision. All this is in relation to God the Creator who, in the Yahwist text (Gn 2 and 3), is at the same time the God of the covenant, of the most ancient covenant of the Creator with his creature-man.

As an expression and symbol of the covenant with God broken in man's heart, the tree of the knowledge of good and evil delimits and contrasts two diametrically opposed situations and states: that of original innocence and that of original sin, and at the same time man's hereditary sinfulness which derives from it. However, Christ's words, which refer to the "beginning," enable us to find in man an essential continuity and a link between these two different states or dimensions of the human being.

The state of sin is part of "historical man," both the one whom we read about in Matthew 19, that is, Christ's questioner at that time, and also of any other potential or actual questioner of all times of history, and therefore, naturally, also of modern man. That state, however - the "historical" state - plunges its roots, in every man without exception, in his own theological "prehistory," which is the state of original innocence.

It is not a question here of mere dialectic. The laws of knowing correspond to those of being. It is impossible to understand the state of historical sinfulness without referring or appealing (and Christ appealed to it) to the state of original (in a certain sense, "prehistoric") and fundamental innocence. Therefore, right from the beginning, the arising of sinfulness as a state, a dimension of human existence, is in relation to this real innocence of man as his original and fundamental state, as a dimension of his being created in the image of God.

It happens in this way not only for the first man, male and female, as *dramatis personae* and leading characters of the events described in the Yahwist text of chapters 2 and 3 of Genesis, but also for the whole historical course of human existence. Historical man is, so to speak, rooted in his revealed theological prehistory. So every point of his historical sinfulness is explained (both for the soul and for the body) with reference to original innocence. It can be said that this reference is a "co-inheritance" of sin, and precisely of original sin. If this sin signifies, in every historical man, a state of lost grace, then it also contains a reference to that grace, which was precisely the grace of original innocence.

According to chapter 19 of Matthew, when Christ referred to the "beginning," by this expression he did not indicate merely the state of original innocence as the lost horizon of human existence in history. To the words which he uttered with his own lips, we have the right to attribute at the same time the whole eloquence of the mystery of redemption.

Already in the Yahwist texts of Genesis 2 and 3, we are witnesses of when man, male and female, after breaking the original covenant with the Creator, received the first promise of redemption in the words of the so-called Proto-gospel in Genesis 3:15 and began to live in the theological perspective of the redemption.

In the same way, therefore, historical man - both Christ's questioner at that time, of whom Matthew 19 speaks, and modern man participates in this perspective. He participates not only in the history of human sinfulness, as a hereditary and at the same time personal and unique subject of this history; he also participates in the history of salvation, here, too, as its subject and co-creator. Therefore, he is not only closed, because of his sinfulness, with regard to original innocence, but is at the same time open to the mystery of redemption, which was accomplished in Christ and through Christ.

Paul, the author of the Letter to the Romans, expresses this perspective of redemption in which historical man lives, when he writes: "We ourselves, who have the first fruits of the Spirit, groan inwardly as we wait for...the redemption of our bodies" (Rom 8:23). We cannot lose sight of this perspective as we follow the words of Christ who, in his talk on the indissolubility of marriage, appealed to the "beginning."

If that beginning indicated only the creation of man as male and female, if - as we have already mentioned - it brought the questioners only over the boundary of man's state of sin to original innocence, and did not open at the same time the perspective of a "redemption of the body," Christ's answer would not at all be adequately understood. Precisely this perspective of the redemption of the body guarantees the continuity and unity between the hereditary state of man's sin and his original innocence, although this innocence was, historically, lost by him irremediably. It is clear, too, that Christ had every right to answer the question posed by the doctors of the law and of the covenant (as we read in Matthew 19 and in Mark 10), in the perspective of the redemption on which the covenant itself rests.

In the context of the theology of corporeal man, substantially outlined in this way, we can think of the method of further analyses about the revelation of the "beginning," in which it is essential to refer to the first chapters of Genesis. We must at once turn our attention to a factor which is especially important for theological interpretation, because it consists in the relationship between revelation and experience.

In the interpretation of the revelation about man, and especially about the body, we must, for understandable reasons, refer to experience, since corporeal man is perceived by us mainly by experience. In the light of the above mentioned fundamental considerations, we have every right to the conviction that this "historical" experience of ours must, in a certain way, stop at the threshold of man's original innocence, since it is inadequate in relation to it. However, in the light of the same introductory considerations, we must arrive at the conviction that our human experience is, in this case, to some extent a legitimate means for the theological interpretation. In a certain sense, it is an indispensable point of reference, which we must keep in mind for interpreting the beginning. A more detailed analysis of the text will enable us to have a clearer view of it.

It seems that the words of Romans 8:23, just quoted, render in the best way the direction of our researches centered on the revelation of that "beginning" which Christ referred to in his talk on the indissolubility of marriage (cf. Mt 19 and Mk 10). All the subsequent analyses that will be made on the basis of the first chapters of Genesis will almost necessarily reflect the truth of Paul's words: "We who have the first fruit of the Spirit groan inwardly as we wait for...the redemption of our bodies." If we put ourselves in this position-so deeply in agreement with experience - the "beginning" must speak to us with the great richness of light that comes from revelation, to which above all theology wishes to be accountable. The continuation of the analyses will explain to us why and in what sense this must be a theology of the body.

The Meaning of Man's Original Solitude⁵

In the last reflection of the present cycle we reached an introductory conclusion, taken from the words of Genesis on the creation of man as male and female. We reached these words, that is, the "beginning," to which the Lord Jesus referred in his talk on the indissolubility of marriage (cf. Mt 19:3-9; Mk 10:1-12). But the conclusion at which we arrived does not yet end the series of our analyses. We must reread the narrations of the first and second chapters of Genesis in a wider context, which will allow us to establish a series of meanings of the ancient text to which Christ referred. Therefore, today we will reflect on the meaning of man's original solitude.

The starting point of this reflection is provided for us directly by the following words of Genesis: "It is not good that man [male] should be alone; I will make him a helper fit for him" (Gn 2:18). God-Yahweh speaks these words. They belong to the second account of the creation of man, and so they come from the Yahwist tradition. As we have already recalled, it is significant that, as regards the Yahwist text, the account of the creation of the man is a separate passage (Gn 2:7). It precedes the account of the creation of the first woman (Gn 2:21-22). It is also significant that the first man ('adam), created from "dust from the ground," is defined as a "male" ('is) only after the creation of the first woman. So when GodYahweh speaks the words about solitude, it is in reference to the solitude of "man" as such, and not just to that of the male.

However, it is difficult to go very far in drawing conclusions merely on the basis of this fact. Nevertheless, the complete context of that solitude of which Genesis 2:18 speaks can convince us that it is a question here of the solitude of "man" (male and female) and not just of the solitude of man the male, caused by the lack of woman. Therefore, on the basis of the whole context, it seems that this solitude has two meanings: one derived from man's very nature, that is, from his humanity, and the other derived from the male-female relationship. The first meaning is evident in the account of Genesis 2, and the second is evident, in a certain way, on the basis of the first meaning. A detailed analysis of the description seems to confirm this.

⁵ October 10, 1979

The problem of solitude is manifested only in the context of the second account of the creation of man. The first account ignores this problem. There man is created in one act as male and female. "God created man in his own image...male and female he created them" (Gn 1:27). As we have already mentioned, the second account speaks first of the creation of the man and only afterward of the creation of the woman from the "rib" of the male. This account concentrates our attention on the fact that "man is alone." This appears as a fundamental anthropological problem, prior, in a certain sense, to the one raised by the fact that this man is male and female. This problem is prior not so much in the chronological sense, as in the existential sense. It is prior "by its very nature." The problem of man's solitude from the point of view of the theology of the body will also be revealed as such, if we succeed in making a thorough analysis of the second account of creation in Genesis 2.

The affirmadon of God-Yahweh, "It is not good that man should be alone," appears not only in the immediate context of the decision to create woman, "I will make him a helper fit for him," but also in the wider context of reasons and circumstances. These explain more deeply the meaning of man's original solitude. The Yahwist text connects the creation of man first and foremost with the need to "till the ground" (Gn 2:5). That would correspond, in the first account, with the vocation to subdue and have dominion over the earth (cf. Gn 1:28). Then, the second account of creation speaks of man being put in the "garden in Eden," and in this way introduces us to the state of his original happiness. Up to this moment man is the object of the creative action of God-Yahweh, who at the same time, as legislator, establishes the conditions of the first covenant with man.

Man's subjectivity is already emphasized through this. It finds a further expression when the Lord God "formed out of the ground every beast of the field and every bird of the air, and brought them to man to see what he would call them" (Gn 2:19). In this way, therefore, the first meaning of man's original solitude is defined on the basis of a specific test or examination which man undergoes before God (and in a certain way also before himself). By means of this test, man becomes aware of his own superiority, that is, that he cannot be considered on the same foodng as any other species of living beings on the earth.

As the text says, "Whatever the man called every living creature, that was its name" (Gn 2:19). "The man gave names to all cattle, and to the birds of the air, and to every beast of the field; but for the man [male] there was not found a helper fit for him" (Gn 2:20).

All this part of the text is unquestionably a preparation for the account of the creation of woman. However, it possesses a deep meaning even apart from this creation. Right from the first moment of his existence, created man finds himself before God as if in search of his own entity. It could be said he is in search of the definition of himself. A contemporary person would say he is in search of his own "identity." The fact that man "is alone" in the midst of the visible world and, in particular, among living beings, has a negative significance in this search, since it expresses what he "is not."

Nevertheless, the fact of not being able to identify himself essentially with the visible world of other living beings (animalia) has, at the same time, a positive aspect for this primary search. Even if this fact is not yet a complete definition, it constitutes one of its elements. If we accept the Aristotelian tradition in logic and in anthropology, it would be necessary to define this element as the "proximate genus" (genus proximum).

However, the Yahwist text enables us to discover also further elements in that admirable passage. Man finds himself alone before God mainly to express, through a first self-definition, his own self-knowledge, as the original and fundamental manifestation of mankind. Self-knowledge develops at the same rate as knowledge of the world, of all the visible creatures, of all the living beings to which man has given a name to affirm his own dissimilarity with regard to them. In this way, consciousness reveals man as the one who possesses a cognitive faculty as regards the visible world. With this knowledge which, in a certain way, brings him out of his own being, man at the same time reveals himself to himself in all the peculiarity of his being. He is not only essentially and subjectively alone. Solitude also signifies man's subjectivity, which is constituted through selfknowledge. Man is alone because he is "different" from the visible world, from the world of living beings. Analyzing the text of Genesis we are, in a way, witnesses of how man "distinguishes himself" before God-Yahweh from the whole world of living beings (animalia) with his first act of self-consciousness, and of how he reveals himself to himself. At the same time he asserts himself as a "person" in the visible world. Sketched so incisively in Genesis 2:19-20, that process is a search for a definition of himself. Linking up with the Aristotelian tradition, it leads to indicating the proximate genus. Chapter 2 of Genesis expresses this with the words: "The man gave names..." There corresponds to this the specific differentia which is, according to Aristotle's definition, *nôus*, *zoón noetikón*. This process also leads to the first delineation of the human being as a human person with the specific subjectivity that characterizes him.

Man's Awareness of Being a Person⁶

In the preceding talk we began to analyze the meaning of man's original solitude. The Yahwist text gave us the starting point, in particular by the following words: "It is not good that the man should be alone; I will make him a helper fit for him" (Gn 2:18). The analysis of the relative passages in the second chapter of Genesis has already brought us to surprising conclusions which concern the anthropology, that is, the fundamental science about man, contained in this book. In relatively few sentences, the ancient text portrays man as a person with the subjectivity that characterizes him.

God-Yahweh gave this first man; so formed, the order that concerned all the trees that grew in the garden of Eden, especially the tree of the knowledge of good and evil. This adds to the features of the man, described above, the moment of choice and self-determination, that is, of free will. In this way, the image of man, as a person endowed with a subjectivity of his own, appears before us, completed in his first outline.

⁶ October 24, 1979

The concept of original solitude includes both self-consciousness and self-determination. The fact that man is "alone" conceals within it this ontological structure and at the same time indicates true comprehension. Without that, we cannot understand correctly the subsequent words, which constitute the prelude to the creation of the first woman: "I will make a helper." But above all, without that deep significance of man's original solitude, it is not possible to understand and interpret correctly the whole situation of man, created in the image of God, which is the situation of the first, or rather original, covenant with God.

The narrative in the first chapter says that this man was created in the image of God. In the second narrative he is manifested as a subject of the covenant, that is, a subject constituted as a person, constituted in the dimension of "partner of the Absolute." He must consciously discern and choose between good and evil, between life and death. The words of the first order of God-Yahweh (Gn 2:16-17) speak directly of the submission and dependence of man the creature on his Creator. They indirectly reveal precisely this level of humanity as subject of the covenant and "partner of the Absolute." Man is "alone." That means that he, through his own humanity, through what he is, is constituted at the same time in a unique, exclusive and unrepeatable relationship with God himself. On its part, the anthropological definition contained in the Yahwist text approaches what is expressed in the theological definition of man, which we find in the first narrative of creation: "Let us make man in our image, after our likeness" (Gn 1:26).

Thus formed, man belongs to the visible world; he is a body among bodies. Taking up again and, in a way, reconstructing the meaning of original solitude, we apply it to man in his totality. His body, through which he participates in the visible created world, makes him at the same time conscious of being "alone." Otherwise, he would not have been able to arrive at that conviction which he reached (cf. Gn 2:20), if his body had not helped him to understand it, making the matter evident. Consciousness of solitude might have been shattered precisely because of his body itself. The man, 'adam, might have reached the conclusion, on the basis of the experience of his own body, that he was substantially similar to other living beings (animalia). On the contrary, as we read, he did not arrive at this conclusion; he reached the conviction that he was "alone." The Yahwist text never speaks directly of the body. Even when it says that "The Lord God formed man of dust from the ground," it speaks of man and not of his body. Nevertheless, the narrative taken as a whole offers us a sufficient basis to perceive this man, created in the visible world, precisely as a body among bodies.

The analysis of the Yahwist text also enables us to link man's original solitude with consciousness of the body. Through it, man is distinguished from all the animalia and is separated from them, and also through it he is a person. It can be affirmed with certainty that man, thus formed, has at the same time consciousness and awareness of the meaning of his own body, on the basis of the experience of original solitude. All this can be considered as an implication of the second narrative of the creation of man, and the analysis of the text enables us to develop it amply.

At the beginning of the Yahwist text, even before it speaks of the creation of man from the "dust of the ground," we read that "there was no one to till the land or to make channels of water spring out of the earth to irrigate the whole land" (Gn 2:5-6). We rightly associate this passage with the one in the first narrative, in which God's command is expressed: "Fill the earth and subdue it, and have dominion..." (Gn 1:28). The second narrative alludes specifically to the work that man carries out to till the earth. The first fundamental means to dominate the earth lies in man himself. Man can dominate the earth because he alone - and no other of the living beings - is capable of "tilling it" and transforming it according to his own needs. ("He made channels of water spring out of the earth to irrigate the whole land.") This first outline of a specifically human activity seems to belong to the definition of man, as it emerges from the analysis of the Yahwist text. Consequently, it can be affirmed that this outline is intrinsic to the meaning of the original solitude and belongs to that dimension of solitude through which man, from the beginning, is in the visible world as a body among bodies and discovers the meaning of his own corporality.

The Alternative between Death and Immortality Enters the Definition of Man⁷

Today it is opportune to return to the meaning of man's original solitude, which emerges above all from the analysis of the so-called Yahwist text of Genesis 2. As we have seen in the preceding reflections, the biblical text enables us to stress not only consciousness of the human body (man is created in the visible world as a "body among bodies"), but also that of its meaning.

In view of the great conciseness of the biblical text, it is admittedly not possible to amplify this implication too much. It is certain, however, that here we touch upon the central problem of anthropology. Consciousness of the body seems to be identified in this case with the discovery of the complexity of one's own structure. On the basis of philosophical anthropology, this discovery consists, in short, in the relationship between soul and body. The Yahwist narrative with its own language (that is, with its own terminology), expresses it by saying: "The Lord God formed man of dust from the ground and breathed into his nostrils the breath of life, and man became a living being" (Gn 2:7). Precisely this man, "a living being," distinguishes himself continually from all other living beings in the visible world.

The premise of man's distinguishing himself in this way is precisely the fact that only he is capable of "tilling the earth" (cf. Gn 2:5) and "subduing it" (cf. Gn 1:28). It can be said that the consciousness of "superiority" contained in the definition of humanity is born right from the beginning on the basis of a typically human praxis or behavior. This consciousness brings with it a particular perception of the meaning of one's own body, emerging precisely from the fact that it falls to man to "till the earth" and "subdue it." All that would be impossible without a typically human intuition of the meaning of one's own body.

⁷ October 31, 1979

It seems necessary, then, to speak in the first place of this aspect, rather than of the problem of anthropological complexity in the metaphysical sense. The original description of human consciousness, given by the Yahwist text, comprises also the body in the narrative as a whole. It contains the first testimony of the discovery of one's corporeality and even, as has been said, the perception of the meaning of one's own body. All this is revealed not on the basis of any primordial metaphysical analysis, but on the basis of a concrete subjectivity of man that is quite clear.

Man is a subject not only because of his self-awareness and self-determination, but also on the basis of his own body. The structure of this body permits him to be the author of a truly human activity. In this activity the body expresses the person. Therefore, in all its materiality ("God formed man of dust from the ground"), it is almost penetrable and transparent, in such a way as to make it clear who man is (and who he should be), thanks to the structure of his consciousness and of his self-determination. On this rests the fundamental perception of the meaning of one's own body, which can be discovered when analyzing man's original solitude.

Here, with this fundamental understanding of the meaning of his own body, man, as subject of the ancient covenant with the Creator, is placed before the mystery of the tree of knowledge. "You may freely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die" (*Gn* 2:16-17). The original meaning of man's solitude is based on experience of the existence obtained from the Creator. This human existence is characterized precisely by subjectivity, which includes also the meaning of the body.

But could man - who in his original consciousness, knew exclusively the experience of existing and therefore of life - have understood the meaning of the words, "You shall die"? Would he have been able to arrive at understanding the meaning of these words through the complex structure of life, given to him when "the Lord God...breathed into his nostrils the breath of life"? It must be admitted that the word "die," a completely new one, appeared on the horizon of man's consciousness without his having ever experienced its reality. At the same time this word appeared before him as a radical antithesis of all that man had been endowed with.

For the first time, man heard the words "You shall die," without having any familiarity with them in his experience up to then. On the other hand, he could not but associate the meaning of death with that dimension of life which he had enjoyed up to then. The words of God-Yahweh addressed to man confirmed a dependence in existing, such as to make man a limited being and, by his very nature, liable to nonexistence.

These words raised the problem of death in a conditional way: "In the day that you eat of it you shall die." Man, who had heard these words, had to find their truth in the interior structure of his own solitude. In short, it depended on him, on his decision and free choice, if, with solitude, he was to enter also the circle of the antithesis revealed to him

by the Creator, together with the tree of the knowledge of good and evil and thereby to make his own the experience of dying and death.

Listening to the words of God-Yahweh, man should have understood that the tree of knowledge had roots not only in the garden of Eden, but also in his humanity. Furthermore, he should have understood that that mysterious tree concealed within it a dimension of loneliness, hitherto unknown, with which the Creator had endowed him in the midst of the world of living beings. In the presence of the Creator himself, man had given names to them, in order to understand that none of them was similar to him.

The fundamental meaning of his body had already been established through its distinction from all other creatures. It had thereby become clear that the "invisible" determines man more than the "visible." Then, there was presented to him the alternative closely and directly connected by God with the tree of the knowledge of good and evil. The alternative between death and immortality, which emerges from Genesis 2:17, goes beyond the essential meaning of man's body. It grasps the eschatological meaning not only of the body, but of humanity itself, distinguished from all living beings, from "bodies." However, this alternative concerns in a quite particular way, the body created from "dust from the ground."

Not to prolong this analysis, we will merely note that right from the outset the alternative between death and immortality enters the definition of man. It belongs "from the beginning" to the meaning of his solitude before God himself. This original meaning of solitude, permeated by the alternative between death and immortality, also has a fundamental meaning for the whole theology of the body.

With this observation we conclude for the present our reflections on the meaning of man's original solitude. This observation, which emerges in a clear and penetrating way from the texts of Genesis, induces reflection both on the texts and on man. Perhaps he is too little conscious of the truth that concerns him, which is already contained in the first chapters of the Bible.

The Original Unity of Man and Woman⁸

The words of Genesis, "It is not good that the man should be alone" (2:18) are a prelude to the narrative of the creation of woman. Together with this narrative, the sense of original solitude becomes part of the meaning of original unity, the key point of which seems to be precisely the words of Genesis 2:24. Christ referred to them in his talk with the Pharisees: "A man shall leave his father and mother and be joined to his wife, and the two shall become one flesh" (Mt 19:5). If Christ quoted these words referring to the "beginning," it is opportune for us to clarify the meaning of that original unity, which has its roots in the fact of the creation of man as male and female.

⁸ November 7, 1979

The narrative of the first chapter of Genesis does not know the problem of man's original solitude. Man is "male and female" right from the beginning. On the contrary, the Yahwist text of the second chapter authorizes us, in a way, to think first only of the man since, by means of the body, he belongs to the visible world but goes beyond it. Then, it makes us think of the same man, but through the dualism of sex.

Corporality and sexuality are not completely identified. In its normal constitution, the human body bears within it the signs of sex and is male or female by its nature. However, the fact that man is a "body" belongs to the structure of the personal subject more deeply than the fact that in his somatic constitution he is also male or female. Therefore, the meaning of "original solitude," which can be referred simply to "man," is substantially prior to the meaning of original unity. The latter is based on masculinity and femininity, as if on two different "incarnations," that is, on two ways of "being a body" of the same human being created "in the image of God" (Gn 1:27).

Following the Yahwist text, in which the creation of woman was described separately (Gn 2:21-22), we must have before our eyes, at the same time, that "image of God" of the first narrative of creation. In language and in style, the second narrative keeps all the characteristics of the Yahwist text. The way of narrating agrees with the way of thinking and expressing oneself of the period to which the text belongs.

Following the contemporary philosophy of religion and that of language, it can be said that the language in question is a mythical one. In this case, the term "myth" does not designate a fabulous content, but merely an archaic way of expressing a deeper content. Without any difficulty we discover that content, under the layer of the ancient narrative. It is really marvellous as regards the qualities and the condensation of the truths contained in it.

Let us add that up to a certain point, the second narrative of the creation of man keeps the form of a dialogue between man and God-Creator. That is manifested above all in that stage in which man ('adam) is definitively created as male and female ('is-'issah). The creation takes place almost simultaneously in two dimensions: the action of God-Yahweh who creates occurs in correlation with the process of human consciousness.

So, God-Yahweh says: "It is not good that the man should be alone; I will make him a helper fit for him" (Gn 2:18). At the same time the man confirms his own solitude (cf. Gn 2:20). Next we read: "So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. The rib which the Lord God had taken from the man he made into a woman" (Gn 2:21-22). Considering the specific language, first it must be recognized that in the Genesis account, that sleep in which the man is immersed - thanks to God-Yahweh - in preparation for the new creative act, gives us food for thought.

Against the background of contemporary mentality, accustomed - through analysis of the subconscious - to connecting sexual contents with the world of dreams, that sleep may bring forth a particular association. However, the Bible narrative seems to go beyond the

dimension of man's subconscious. If we admit, moreover, a significant difference of vocabulary, we can conclude that the man ('adam) falls into that "sleep" in order to wake up "male" and "female." In Genesis 2:23, we come across the distinction 'is-'issah for the first time. Perhaps, therefore, the analogy of sleep indicates here not so much a passing from consciousness to subconsciousness, as a specific return to non-being (sleep contains an element of annihilation of man's conscious existence). That is, it indicates a return to the moment preceding the creation, that through God's creative initiative, solitary "man" may emerge from it again in his double unity as male and female.

In any case, in the light of the context of Genesis 2:18-20, there is no doubt that man falls into that "sleep" with the desire of finding a being like himself. If, by analogy with sleep, we can speak here also of a dream, we must say that the biblical archetype allows us to admit as the content of that dream a "second self." It is also personal and equally referred to the situation of original solitude, that is, to the whole process of the stabilization of human identity in relation to living beings (animalia) as a whole, since it is the process of man's "differentiation" from this environment. In this way, the circle of the solitude of the man-person is broken, because the first "man" awakens from his sleep as "male and female."

The woman is made "with the rib" that God-Yahweh had taken from the man. Considering the archaic, metaphorical and figurative way of expressing the thought, we can establish that it is a question here of homogeneity of the whole being of both. This homogeneity concerns above all the body, the somatic structure. It is also confirmed by the man's first words to the woman who has been created: "This at last is bone of my bones and flesh of my flesh" (Gn 2:23). Yet the words quoted refer also to the humanity of the male. They must be read in the context of the affirmations made before the creation of the woman, in which, although the "incarnation" of the man does not yet exist, she is defined as "a helper fit for him" (cf. Gn 2:18 and 2:20). In this way, therefore, the woman is created, in a sense, on the basis of the same humanity.

Somatic homogeneity, in spite of the difference in constitution bound up with the sexual difference, is so evident that the man, on waking up from the genetic sleep, expresses it at once, when he says: "This at last is bone of my bones and flesh of my flesh - she shall be called woman, because she was taken out of man" (Gn 2:23). In this way the man manifests for the first time joy and even exaltation, for which he had no reason before, owing to the lack of a being like himself. Joy in the other human being, in the second "self," dominates the words spoken by the man on seeing the woman. All this helps to establish the full meaning of original unity. The words here are few, but each one is of great weight. We must take into account - and we will do so also later - the fact that the first woman, "made with the rib...taken from the man," is at once accepted as a fit helper for him.

We shall return to this same subject, that is, the meaning of the original unity of man and of woman in humanity, in the next meditation.

By the Communion of Persons Man Becomes the Image of God⁹

Following the narrative of Genesis, we have seen that the "definitive" creation of man consists in the creation of the unity of two beings. Their unity denotes above all the identity of human nature; their duality, on the other hand, manifests what, on the basis of this identity, constitutes the masculinity and femininity of created man. This ontological dimension of unity and duality has, at the same time, an axiological meaning. From the text of Genesis 2:23 and from the whole context, it is clearly seen that man was created as a particular value before God. "God saw everything that he had made, and behold, it was very good" (Gn 1:31). But man was also created as a particular value for himself - first, because he is man; second, because the woman is for the man, and vice versa, the man is for the woman.

In this way the meaning of man's original unity, through masculinity and femininity, is expressed as an overcoming of the frontier of solitude. At the same time it is an affirmation - with regard to both human beings - of everything that constitutes man in solitude. In the Bible narrative, solitude is the way that leads to that unity which, following Vatican II, we can define as *communio personarum*.

As we have already seen, in his original solitude man acquires a personal consciousness in the process of distinction from all living beings (*animalia*). At the same time, in this solitude, he opens up to a being akin to himself, defined in Genesis (2:18, 20) as "a helper fit for him." This opening is no less decisive for the person of man; in fact, it is perhaps even more decisive than the distinction itself. In the Yahwist narrative, man's solitude is presented to us not only as the first discovery of the characteristic transcendence peculiar to the person. It is also presented as the discovery of an adequate relationship "to" the person, and therefore as an opening and expectation of a "communion of persons."

The term "community" could also be used here, if it were not generic and did not have so many meanings. *Communio* expresses more, with greater precision, since it indicates precisely that "help" which is derived, in a sense, from the very fact of existing as a person "beside" a person. In the Bible narrative this fact becomes *eo ipso* - in itself - the existence of the person "for" the person, since man in his original solitude was, in a way, already in this relationship. That is confirmed, in a negative sense, precisely by this solitude.

Furthermore, the communion of persons could be formed only on the basis of a "double solitude" of man and of woman, that is, as their meeting in their distinction from the world of living beings (*animalia*), which gave them both the possibility of being and existing in a special reciprocity. The concept of "help" also expresses this reciprocity in existence, which no other living being could have ensured. All that constituted the foundation of the solitude of each of them was indispensable for this reciprocity. Self-knowledge and self-determination, that is, subjectivity and consciousness of the meaning of one's own body, was also indispensable.

⁹ November 14, 1979

In the first chapter, the narrative of the creation of man affirms directly, right from the beginning, that man was created in the image of God as male and female. The narrative of the second chapter, on the other hand, does not speak of the "image of God." But in its own way it reveals that the complete and definitive creation of "man" (subjected first to the experience of original solitude) is expressed in giving life to that *communio personarum* that man and woman form. In this way, the Yahwist narrative agrees with the content of the first narrative.

If, vice versa, we wish to draw also from the narrative of the Yahwist text the concept of "image of God," we can then deduce that man became the "image and likeness" of God not only through his own humanity, but also through the communion of persons which man and woman form right from the beginning. The function of the image is to reflect the one who is the model, to reproduce its own prototype. Man becomes the image of God not so much in the moment of solitude as in the moment of communion. Right "from the beginning," he is not only an image in which the solitude of a person who rules the world is reflected, but also, and essentially, an image of an inscrutable divine communion of persons.

In this way, the second narrative could also be a preparation for understanding the Trinitarian concept of the "image of God," even if the latter appears only in the first narrative. Obviously, that is not without significance for the theology of the body. Perhaps it even constitutes the deepest theological aspect of all that can be said about man. In the mystery of creation - on the basis of the original and constituent "solitude" of his being - man was endowed with a deep unity between what is, humanly and through the body, male in him and what is, equally humanly and through the body, female in him. On all this, right from the beginning, the blessing of fertility descended, linked with human procreation (cf. Gn 1:28).

In this way, we find ourselves almost at the heart of the anthropological reality that has the name "body." The words of Genesis 2:23 speak of it directly and for the first time in the following terms: "bone of my bones and flesh of my flesh." The man uttered these words, as if it were only at the sight of the woman that he was able to identify and call by name what makes them visibly similar to each other, and at the same time what manifests humanity.

In the light of the preceding analysis of all the "bodies" which man has come into contact with and which he has defined, conceptually giving them their name (*animalia*), the expression "flesh of my flesh" takes on precisely this meaning: the body reveals man. This concise formula already contains everything that human science could ever say about the structure of the body as organism, about its vitality, and its particular sexual physiology, etc. This first expression of the man, "flesh of my flesh," also contains a reference to what makes that body truly human. Therefore it referred to what determines man as a person, that is, as a being who, even in all his corporality, is similar to God.

We find ourselves, therefore, almost at the very core of the anthropological reality, the name of which is "body," the human body. However, as can easily be seen, this core is not only anthropological, but also essentially theological. Right from the beginning, the theology of the body is bound up with the creation of man in the image of God. It becomes, in a way, also the theology of sex, or rather the theology of masculinity and femininity, which has its starting point here in Genesis.

The words of Genesis 2:24 bear witness to the original meaning of unity, which will have in the revelation of God an ample and distant perspective. This unity through the body - "and the two will be one flesh" possesses a multiform dimension. It possesses an ethical dimension, as is confirmed by Christ's answer to the Pharisees in Matthew 19 (cf. Mk 10). It also has a sacramental dimension, a strictly theological one, as is proved by St. Paul's words to the Ephesians¹⁰ which refer also to the tradition of the prophets (Hosea, Isaiah, Ezekiel). This is so because, right from the beginning, that unity which is realized through the body indicates not only the "body," but also the "incarnate" communion of persons - *communio personarum* - and calls for this communion.

Masculinity and femininity express the dual aspect of man's somatic constitution. "This at last is bone of my bones and flesh of my flesh." Furthermore, through the same words of Genesis 2:23, they indicate the new consciousness of the sense of one's own body. It can be said that this sense consists in a mutual enrichment. Precisely this consciousness, through which humanity is formed again as the communion of persons, seems to be the layer which in the narrative of the creation of man (and in the revelation of the body contained in it) is deeper than his somatic structure as male and female. In any case, this structure is presented right from the beginning with a deep consciousness of human corporality and sexuality, and that establishes an inalienable norm for the understanding of man on the theological plane.

In the First Chapters of Genesis, Marriage Is One and Indissoluble¹⁰

Let us recall that when questioned about the unity and indissolubility of marriage, Christ referred to what was "in the beginning." He quoted the words written in the first chapters of Genesis. In the course of these reflections, we are trying to penetrate the specific meaning of these words and these chapters.

The meaning of the original unity of man, whom God created "male and female," is obtained (especially in the light of Genesis 2:23) by knowing man in the entire endowment of his being, that is, in all the riches of that mystery of creation, on which theological anthropology is based. This knowledge, that is, the study of the human identity of the one who, at the beginning, is "alone," must always pass through duality, "communion."

Let us recall the passage of Genesis 2:23: "Then the man said, `This at last is bone of my bones and flesh of my flesh; she shall be called woman, because she was taken out of

¹⁰ November 21, 1979

man. " In the light of this text, we understand that knowledge of man passes through masculinity and femininity. These are, as it were, two "incarnations" of the same metaphysical solitude before God and the world. They are two ways of "being a body" and at the same time a man, which complete each other. They are two complementary dimensions of self-consciousness and self-determination and, at the same time, two complementary ways of being conscious of the meaning of the body.

As Genesis 2:23 already shows, femininity finds itself, in a sense, in the presence of masculinity, while masculinity is confirmed through femininity. Precisely the function of sex, which is in a sense, "a constituent part of the person" (not just "an attribute of the person"), proves how deeply man, with all his spiritual solitude, with the never to be repeated uniqueness of his person, is constituted by the body as "he" or "she." The presence of the feminine element, alongside the male element and together with it, signifies an enrichment for man in the whole perspective of his history, including the history of salvation. All this teaching on unity has already been expressed originally in Genesis 2:23.

The unity of which Genesis 2:24 speaks - "they become one flesh" - is undoubtedly expressed and realized in the conjugal act. The biblical formulation, extremely concise and simple, indicates sex, femininity and masculinity, as that characteristic of man - male and female - which permits them, when they become "one flesh," to submit their whole humanity to the blessing of fertility. However, the whole context of the lapidary formulation does not permit us to stop at the surface of human sexuality. It does not allow us to deal with the body and sex outside the full dimension of man and of the "communion of persons." Right from the beginning it obliges us to see the fullness and depth which are characteristic of this unity, which man and woman must constitute in the light of the revelation of the body.

The perspective expression which says, "a man cleaves to his wife" so intimately that "they become one flesh," always induces us to refer to what the biblical text expresses previously with regard to the union in humanity, which binds the woman and the man in the very mystery of creation. The words of Genesis 2:23, just analyzed, explain this concept in a particular way. Uniting with each other (in the conjugal act) so closely as to become "one flesh," man and woman, rediscover, so to speak, every time and in a special way, the mystery of creation. They return in this way to that union in humanity ("bone of my bones and flesh of my flesh") which allows them to recognize each other and, like the first time, to call each other by name.

This means reliving, in a sense, the original virginal value of man, which emerges from the mystery of his solitude before God and in the midst of the world. The fact that they become one flesh is a powerful bond established by the Creator. Through it they discover their own humanity, both in its original unity, and in the duality of a mysterious mutual attraction.

However, sex is something more than the mysterious power of human corporality, which acts almost by virtue of instinct. At the level of man and in the mutual relationship of

persons, sex expresses an ever new surpassing of the limit of man's solitude that is inherent in the constitution of his body, and determines its original meaning. This surpassing always contains within it a certain assumption of the solitude of the body of the second "self" as one's own.

Therefore, it is bound up with choice. The formulation of Genesis 2:24 indicates that human beings, created as man and woman, were created for unity. It also indicates that precisely this unity, through which they become one flesh, has right from the beginning a character of union derived from a choice. We read: "A man leaves his father and mother and cleaves to his wife." If the man belongs "by nature" to his father and mother, by virtue of procreation, on the other hand, he cleaves by choice to his wife (or she to her husband).

The text of Genesis 2:24 defines this character of the conjugal bond with reference to the first man and the first woman. At the same time, it does so in the perspective of the whole earthly future of man. Therefore, in his time, Christ will appeal to that text, as equally relevant in his age. Formed in the image of God, also inasmuch as they form a true communion of persons, the first man and the first woman must constitute the beginning and the model of that communion for all men and women, who, in any period, are united so intimately as to be one flesh.

The body, which through its own masculinity or femininity right from the beginning helps both to find themselves in communion of persons, becomes, in a particular way, the constituent element of their union, when they become husband and wife. This takes place, however, through a mutual choice. This choice establishes the conjugal pact between persons, who become one flesh only on this basis.

That corresponds to the structure of man's solitude, and in actual fact to the "twofold solitude." As the expression of self-determination, choice rests on the foundation of his self-consciousness. Only on the basis of the structure peculiar to man is he "a body" and, through the body, also male and female. When they both unite so closely as to become one flesh, their conjugal union presupposes a mature consciousness of the body. In fact, it bears within it a particular consciousness of the meaning of that body in the mutual self-giving of the persons.

In this sense too, Genesis 2:24 is a perspective text. It proves that in every conjugal union of man and woman, the same original consciousness of the unifying significance of the body in its masculinity and femininity is discovered again. At the same time, the biblical text indicates that each of these unions renews, in a way, the mystery of creation in all its original depth and vital power. "Taken out of man" as "flesh of his flesh," woman subsequently becomes, as wife and through her motherhood, mother of the living (cf. Gn 3:20), since her motherhood also has its origin in him. Procreation is rooted in creation, and every time, in a sense, reproduces its mystery.

A special reflection on "knowledge and procreation" will be devoted to this subject. In it, it will be necessary to refer further to other elements of the biblical text. The analysis

made hitherto of the meaning of the original unity proves in what way that unity of man and woman, inherent in the mystery of creation, is "from the beginning" also given as a commitment in the perspective of all following times.

The Meaning of Original Human Experiences¹¹

The analysis of the first chapters of Genesis forces us, in a way, to reconstruct the elements that constitute man's original experience. In this sense, the character of the Yahwist text makes it a special source. Speaking of original human experiences, we have in mind not so much their distance in time, as rather their basic significance. The important thing is not that these experiences belong to man's prehistory (to his "theological prehistory"), but that they are always at the root of every human experience. That is true even if in the evolution of ordinary human existence, little attention is paid to these essential experiences. They are so intermingled with the ordinary things of life that we do not generally notice their extraordinary character.

On the basis of the analyses carried out up to now, we have already realized that what we called at the beginning the "revelation of the body," helps us somehow to discover the extraordinary side of what is ordinary. That is possible because the revelation (the original one, expressed first in the Yahwist account of Genesis 2:3, then in the text of Genesis 1) takes into consideration precisely these primordial experiences. In them, there appears almost completely the absolute originality of what the male-female human being is: as a man, that is, also through his body. As we discover it in the biblical text quoted, man's experience of his body is certainly on the threshold of his whole subsequent "historical" experience. However, it also seems to rest at such an ontological depth that man does not perceive it in his own everyday life. This is so even if at the same time, and in a certain way, he presupposes it and postulates it as part of the process of formation of his own image.

Without this introductory reflection, it would be impossible to define the meaning of original nakedness and tackle the analysis of Genesis 2:25, which runs as follows: "And the man and his wife were both naked, and were not ashamed." At first sight, the introduction of this detail, apparently a secondary one in the Yahwist account of man's creation, may seem something inadequate or misplaced. One would think that the passage quoted cannot bear comparison with what has been dealt with in the preceding verses and that, in a way, it goes beyond the context. However, this judgment does not stand up to a deeper analysis. Genesis 2:25 presents one of the key elements of the original revelation. It is as decisive as the other texts of Genesis 2:20 and 2:23, which have already enabled us to define the meaning of man's original solitude and original unity. To these is added, as the third element, the meaning of original nakedness, clearly stressed in the context. In the first biblical draft of anthropology, it is not something accidental. On the contrary, it is precisely the key for its full and complete understanding.

¹¹ December 12, 1979

This element of the ancient biblical text makes a specific contribution to the theology of the body that absolutely cannot be ignored. Further analyses will confirm this. But before undertaking them, I take the liberty of pointing out that the text of Genesis 2:25 expressly requires that the reflections on the theology of the body should be connected with the dimension of man's personal subjectivity. It is within the latter that consciousness of the meaning of the body develops. Genesis 2:25 speaks about it far more directly than other parts of that Yahwist text, which we have already defined as the first recording of human consciousness.

The sentence, according to which the first human beings, man and woman, "were naked" and yet "were not ashamed," unquestionably describes their state of consciousness, in fact, their mutual experience of the body. It describes the experience on the part of the man of the femininity that is revealed in the nakedness of the body and, reciprocally, the similar experience of masculinity on the part of the woman. By saying that "they were not ashamed," the author tries to describe this mutual experience of the body with the greatest precision possible for him. It can be said that this type of precision reflects a basic experience of man in the "common" and pre-scientific sense. But it also corresponds to the requirements of anthropology and in particular of contemporary anthropology, which likes to refer to so-called fundamental experiences, such as the "experience of shame."

Referring here to the precision of the account, such as was possible for the author of the Yahwist text, we are led to consider the degrees of experience of historical man, laden with the inheritance of sin. However, these degrees methodically start precisely from the state of original innocence. We have already seen that, referring to "the beginning" (which we have subjected here to successive contextual analyses), Christ indirectly established the idea of continuity and connection between those two states. This allows us to move back from the threshold of man's historical sinfulness to his original innocence. Genesis 2:25 makes it especially necessary to cross that threshold.

This passage, together with the meaning of original nakedness inherent in it, takes its place in the contextual setting of the Yahwist narrative. After some verses, the same author writes: "Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made themselves aprons" (Gn 3:7). The adverb "then" indicates a new moment and a new situation following the breaking of the first covenant. This situation follows the failure of the test connected with the tree of the knowledge of good and evil. At the same time that test constituted the first test of "obedience," that is, listening to the Word in all its truth and accepting love, according to the fullness of the demands of the creative Will. This new moment or new situation also implies a new content and a new quality of experience of the body, so that it can no longer be said: "They were naked, but were not ashamed." Here, shame is an experience that is not only original, but a "boundary" one.

The difference of formulations that divides Genesis 2:25 from Genesis 3:7 is significant- in the first case, "They were naked, but they were not ashamed"; in the second case, "They knew that they were naked." Does that mean that, to begin with, "They did not

know that they were naked," or that they did not see the nakedness of each other's body? The significant change testified by the biblical text about the experience of shame (of which Genesis speaks again, especially in 3:10-12), takes place at a deeper level than the pure and simple use of the sense of sight.

A comparative analysis of Genesis 2:25 and Genesis 3 leads necessarily to the conclusion that it is not a question here of passing from "not knowing" to "knowing." Rather, it involves a radical change of the meaning of the original nakedness of the woman before the man and of the man before the woman. It emerges from their conscience, as a fruit of the tree of the knowledge of good and evil: "Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?" (Gn 3:11).

This change directly concerns the experience of the meaning of one's body before the Creator and creatures. Subsequently, the man's words confirm this: "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself" (Gn 3 :10). That change, which the

Yahwist text portrays so concisely and dramatically, concerns directly - perhaps in the most direct way possible - the man-woman, femininity-masculinity relationship.

We will have to return again to the analysis of this change in other parts of our further reflections. Now, having arrived at that border which crosses the sphere of the "beginning" to which Christ referred, we should ask ourselves if it is possible to reconstruct, in some way, the original meaning of nakedness. In Genesis, nakedness constitutes the immediate context of the doctrine about the unity of the human being as male and female. That seems possible, if we take as a reference point the experience of shame as it was clearly presented in the ancient biblical text as a "liminal" experience. We shall attempt this reconstruction in our following meditations.

The Fullness of Interpersonal Communication¹²

What is shame and how can we explain its absence in the state of original innocence, in the depth of the mystery of the creation of man as male and female? From contemporary analyses of shame - and in particular of sexual modesty - we can deduce the complexity of this fundamental experience, in which man expresses himself as a person according to his own specific structure. In the experience of shame, the human being experiences fear with regard to his "second self," (for example, woman before man). This is substantially fear for one's own "self." With shame, the human being manifests almost instinctively the need of affirmation and acceptance of this "self," according to its rightful value. He experiences it at the same time both within himself, and externally, before the "other." Shame is a complex experience. Almost keeping one human being away from the other (woman from man), it seeks at the same time to draw them closer personally, creating a suitable basis and level to do so.

¹² December 19, 1979

For the same reason, it has a fundamental significance as regards the formation of ethos in human society, and especially in the man-woman relationship. The analysis of shame clearly indicates how deeply it is rooted precisely in mutual relations, how exactly it expresses the essential rules for the "communion of persons," and likewise how deeply it touches the dimension of man's original "solitude." The appearance of shame in the subsequent biblical narration of chapter 3 of Genesis has a pluri-dimensional significance. It will be opportune to resume the analysis in due time.

The meaning of original nakedness, this dimension absolutely cannot be disregarded. This participating in perception of the world - in its "exterior" aspect - is a direct and almost spontaneous fact. It is prior to any "critical" complication of knowledge and of human experience and is seen as closely connected with the experience of the meaning of the human body. The original innocence of "knowledge" could already be perceived in this way.

However, it is not possible to determine the meaning of original nakedness considering only man's participation in exterior perception of the world. It is not possible to establish it without going into the depths of man. Genesis 2:25 introduces us specifically to this level and wants us to seek there the original innocence of knowing. The dimension of human interiority is necessary to explain and measure that particular fullness of interpersonal communication, thanks to which man and woman were naked and were not ashamed.

In our conventional language, the concept of communication has been practically alienated from its deepest, original semantic matrix. It is connected mainly with the sphere of the media, that is, for the most part, products that serve for understanding, exchange, and bringing closer together. On the other hand, it can be supposed that, in its original and deeper meaning, communication was and is directly connected with subjects. They communicate precisely on the basis of the common union that exists between them, both to reach and to express a reality that is peculiar and pertinent only to the sphere of person-subjects.

In this way, the human body acquires a completely new meaning, which cannot be placed on the plane of the remaining "external" perception of the world. It expresses the person in his ontological and existential concreteness, which is something more than the individual. Therefore the body expresses the personal human "self," which derives its exterior perception from within.

The whole biblical narrative, and in particular the Yahwist text, shows that the body through its own visibility manifests man. In manifesting him, it acts as intermediary, that is, it enables man and woman, right from the beginning, to communicate with each other according to that *communio personarum* willed by the Creator precisely for them. It seems that only this dimension enables us to rightly understand the meaning of original nakedness. In this connection, any "naturalistic" criterion is bound to fail, while, on the contrary, the "personalistic" criterion can be of great help. Genesis 2:25 certainly speaks of something extraordinary, which is outside the limits of the shame known through

human experience. At the same time it decides the particular fullness of interpersonal communication, rooted at the very heart of that *communio*, which is thus revealed and developed. In this connection, the words "they were not ashamed" can mean in *sensu obliquo* only an original depth in affirming what is inherent in the person, what is "visibly" female and male, through which the personal intimacy of mutual communication in all its radical simplicity and purity is constituted. To this fullness of exterior perception, expressed by means of physical nakedness, there corresponds the interior fullness of man's vision in God, that is, according to the measure of the "image of God" (cf. Gn 1.:17). According to this measure, man "is" really naked ("They were naked" - Gn 2:25), even before realizing it (cf. Gn 3:7-10).

We shall still have to complete the analysis of this important text during the meditations that follow.

Creation As a Fundamental and Original Gift¹³

Let us return to analyzing the text of Genesis 2:25: "And the man and his wife were both naked and were not ashamed" (Gn 2:25). According to this passage, the man and the woman saw themselves, as it were, through the mystery of creation. They saw themselves in this way, before knowing that they were naked. This seeing each other is not just a participation in exterior perception of the world. It also has an interior dimension of participation in the vision of the Creator himself - that vision of which the Elohistic text speaks several times: "God saw everything that he had made, and behold, it was very good" (Gn 1:31).

Nakedness signifies the original good of God's vision. It signifies all the simplicity and fullness of the vision through which the "pure" value of humanity as male and female, the "pure" value of the body and of sex, is manifested. The situation that is indicated, in such a concise and at the same time inspiring way, by the original revelation of the body as seen especially by Genesis 2:25, does not know an interior rupture and opposition between what is spiritual and what is sensible. It does not know a rupture and opposition between what constitutes the person humanly and what in man is determined by sex - what is male and female.

Seeing each other, as if through the mystery of creation, man and woman see each other even more fully and distinctly than through the sense of sight itself, that is, through the eyes of the body. They see and know each other with all the peace of the interior gaze, which creates precisely the fullness of the intimacy of persons.

Shame brings with it a specific limitation in seeing with the eyes of the body. This takes place above all because personal intimacy is disturbed and almost threatened by this sight. According to Genesis 2:25, the man and the woman were not ashamed seeing and knowing each other in all the peace and tranquillity of the interior gaze. They communicate in the fullness of humanity, which is manifested in them as reciprocal

¹³ January 2, 1980

complementarity precisely because they are "male" and "female." At the same time, they communicate on the basis of that communion of persons in which, through femininity and masculinity, they become a gift for each other. In this way they reach in reciprocity a special understanding of the meaning of their own body.

The original meaning of nakedness corresponds to that simplicity and fullness of vision in which understanding the meaning of the body comes about at the very heart of their community-communion. We will call it "nuptial." The man and the woman in Genesis 2:23-25 emerge, precisely at the "beginning," with this consciousness of the meaning of their body. This deserves a careful analysis.

The two narratives of the creation of man, the Elohist and the Yahwist, enable us to establish the original meaning of solitude, unity and nakedness. They thereby enable us also to find ourselves on the ground of an adequate anthropology, which tries to understand and interpret man in what is essentially human.

The Bible texts contain the essential elements of this anthropology, which are manifested in the theological context of the "image of God." This concept conceals within it the root of the truth about man. This is revealed through that "beginning," which Christ referred to in the talk with the Pharisees (cf. Mt 19:3-9), when he treated of the creation of the human male and female. It must be recalled that all the analyses we make here are connected, at least indirectly, precisely with these words of his. Man, whom God created male and female, bears the divine image imprinted on his body "from the beginning." Man and woman constitute two different ways of the human "being a body" in the unity of that image.

Now, it is opportune to turn again to those fundamental words which Christ used, that is, the word "created" and the subject "Creator." They introduce in the considerations made so far a new dimension, a new criterion of understanding and interpretation, which we will call "hermeneutics of the gift." The dimension of the gift decides the essential truth and depth of meaning of the original solitude, unity and nakedness. It is also at the heart of the mystery of creation, which enables us to construct the theology of the body "from the beginning," but demands, at the same time, that we should construct it in this way.

On Christ's lips, the word "created" contains the same truth that we find in Genesis. The first account of creation repeats this word several times, from Genesis 1:1, "In the beginning God created the heavens and the earth," to Genesis 1:27, "So God created man in his own image."

God reveals himself above all as Creator. Christ referred to that fundamental revelation contained in Genesis. In it, the concept of creation has all its depth - not only metaphysical, but also fully theological.

The Creator is he who "calls to existence from nothingness," and who establishes the world in existence and man in the world, because he "is love" (1 Jn 4:8). Actually, we do not find this word in the narrative of creation. However, this narrative often repeats: "God

saw what he had made, and behold, it was very good." Through these words we are led to glimpse in love the divine motive of creation, the source from which it springs. Only love gives a beginning to good and delights in good (cf. 1 Cor 13). As the action of God, the creation signifies not only calling from nothingness to existence and establishing the existence of the world and of man in the world. It also signifies, according to the first narrative, *beresit bara*, giving. It is a fundamental and "radical" giving, that is, a giving in which the gift comes into being precisely from nothingness.

The first chapters of Genesis introduce us to the mystery of creation, that is, the beginning of the world by the will of God, who is omnipotence and love. Consequently, every creature bears within it the sign of the original and fundamental gift.

At the same time, however, the concept of "giving" cannot refer to a nothingness. It indicates the one who gives and the one who receives the gift, and also the relationship that is established between them. Now, this relationship emerges in the account of creation at the moment of the creation of man. This relationship is manifested above all by the expression: "God created man in his own image; in the image of God he created him" (Gn 1:27).

In the narrative of the creation of the visible world, the giving has a meaning only with regard to man. In the whole work of creation, it can be said only of him that a gift was conferred on him; the visible world was created "for him." The biblical account of creation offers us sufficient reasons to understand and interpret in this way. Creation is a gift, because man appears in it. As the "image of God," man is capable of understanding the meaning of gift in the call from nothingness to existence. He is capable of answering the Creator with the language of this understanding. Interpreting the narrative of creation with this language, it can be deduced from it that creation constitutes the fundamental and original gift. Man appears in creation as the one who received the world as a gift, and it can also be said that the world received man as a gift.

At this point, we must interrupt our analysis. What we have said so far is in close relationship with all the anthropological problems of the "beginning." Man appears as created, that is, as the one who, in the midst of the "world," received the other man as a gift. Later we will have to make precisely this dimension of the gift the subject of a deep analysis in order to understand also the meaning of the human body in its rightful extent. That will be the subject of our following meditations.

The Nuptial Meaning of the Body¹⁴

Rereading and analyzing the second narrative of creation, the Yahwist text, we must ask ourselves if the first "man" (adam), in his original solitude, really "lived" the world as a gift, with an attitude in conformity with the actual condition of one who has received a gift, as is seen from the narrative in the first chapter. The second narrative shows us man in the garden of Eden (cf. Gn 2:8). Though man was in this situation of original

¹⁴ January 9, 1980

happiness, the Creator himself (God-Yahweh) and then also "man," pointed out that man was alone - instead of stressing the aspect of the world as a subjectively beatifying gift created for man (cf. the first narrative and in particular Gn 26:29).

We have already analyzed the meaning of original solitude. Now we must note that a certain lack of good clearly appears for the first time: "It is not good that man should be alone" - God-Yahweh said - "I will make him a helper..." (Gn 2:18). The first man said the same thing. After having become thoroughly aware of his own solitude among all living beings on earth, waited for "a helper fit for him" (cf. Gn 2:20). None of these beings (animalia) offered man the basic conditions which make it possible to exist in a relationship of mutual giving.

In this way, these two expressions, namely, the adjective "alone" and the noun "helper," seem to be the key to understand the essence of the gift at the level of man, as existential content contained in the truth of the "image of God." The gift reveals, so to speak, a particular characteristic of personal existence, or rather, of the essence of the person. When God-Yahweh said, "It is not good that man should be alone," (Gn 2:18) he affirmed that "alone," man does not completely realize this essence. He realizes it only by existing "with someone" - and even more deeply and completely - by existing "for someone."

This norm of existence as a person is shown in Genesis as characteristic of creation, precisely by means of the meaning of these two words: "alone" and "helper." These words indicate as fundamental and constitutive for man both the relationship and the communion of persons. The communion of persons means existing in a mutual "for," in a relationship of mutual gift. This relationship is precisely the fulfillment of "man's" original solitude.

In its origin, this fulfillment is beatifying. It is certainly implicit in man's original happiness, and constitutes that happiness which belongs to the mystery of creation effected by love, which belongs to the essence of creative giving. When man, the male, awakening from the sleep of Genesis, saw the female, drawn from him, he said: "This at last is bone of my bones and flesh of my flesh" (Gen 2:23). These words express, in a way, the subjectively beatifying beginning of human existence in the world. Since it took place at the "beginning," this confirms the process of individuation of man in the world. It springs from the depths of his human solitude, which he lives as a person in the presence of all other creatures and all living beings.

This "beginning" belongs to an adequate anthropology and can always be verified on the basis of the latter. This purely anthropological verification brings us, at the same time, to the subject of the "person" and to the subject of the "body-sex." This simultaneousness is essential. If we dealt with sex without the person, the whole adequacy of the anthropology which we find in Genesis would be destroyed. For our theological study the essential light of the revelation of the body, which appears so fully in these first affirmations, would then be veiled.

There is a deep connection between the mystery of creation, as a gift springing from love, and that beatifying "beginning" of the existence of man as male and female, in the whole truth of their body and their sex, which is the pure and simple truth of communion between persons. When the first man exclaimed, at the sight of the woman: "This is bone of my bones, and flesh of my flesh" (Gn 2:23), he merely affirmed the human identity of both. Exclaiming in this way, he seems to say that here is a body that expresses the person.

According to a preceding passage of the Yahwist text, it can also be said that this "body" reveals the "living soul," such as man became when God-Yahweh breathed life into him (cf. Gn 2:7). This resulted in his solitude before all other living beings. By traversing the depth of that original solitude, man now emerged in the dimension of the mutual gift. The expression of that gift - and for that reason the expression of his existence as a person - is the human body in all the original truth of its masculinity and femininity.

The body which expresses femininity manifests the reciprocity and communion of persons. It expresses it by means of the gift as the fundamental characteristic of personal existence. This is the body - a witness to creation as a fundamental gift, and so a witness to Love as the source from which this same giving springs. Masculinity and femininity - namely, sex - is the original sign of a creative donation and an awareness on the part of man, male-female, of a gift lived in an original way. Such is the meaning with which sex enters the theology of the body.

That beatifying "beginning" of man's being and existing, as male and female, is connected with the revelation and discovery of the meaning of the body, which can be called "nuptial." If we speak of revelation and at the same time of discovery, we do so in relation to the specificity of the Yahwist text. In it, the theological thread is also anthropological, appearing as a certain reality consciously lived by man.

We have already observed that the words which express the first joy of man's coming to existence as "male and female" (Gn 2:23) are followed by the verse which establishes their conjugal unity (cf. Gn 2:24). Then follows the verse which testifies to the nakedness of both, without mutual shame (Gn 2:25). This significant confrontation enables us to speak of the revelation and at the same time the discovery of the "nuptial" meaning of the body in the mystery of creation.

This meaning (inasmuch as it is revealed and also conscious, "lived" by man) confirms completely that the creative giving, which springs from Love, has reached the original consciousness of man. It becomes an experience of mutual giving, as can already be seen in the ancient text. That nakedness of both progenitors, free from shame, seems also to bear witness to that, perhaps even specifically.

Genesis 2:24 speaks of the finality of man's masculinity and femininity, in the life of the spouses-parents. Uniting with each other so closely as to become "one flesh," they will subject their humanity to the blessing of fertility, namely, "procreation," which the first narrative speaks of (cf. Gn 1:28). Man comes "into being" with consciousness of this

finality of his own masculinity-femininity, that is, of his own sexuality. At the same time, the words of Genesis 2:25: "They were both naked, and were not ashamed," seem to add to this fundamental truth of the meaning of the human body, of its masculinity and femininity, another no less essential and fundamental truth. Aware of the procreative capacity of his body and of his sexuality, man is at the same time "free from the constraint" of his own body and sex.

That original nakedness, mutual and at the same time not weighed down by shame, expresses this interior freedom of man. Is this what freedom from the "sexual instinct" is? The concept of "instinct" already implies an interior constraint, similar to the instinct that stimulates fertility and procreation in the whole world of living beings (animalia). It seems, however, that both texts of Genesis, the first and the second narrative of the creation of man, connected sufficiently the perspective of procreation with the fundamental characteristic of human existence in the personal sense. Consequently the analogy of the human body and of sex in relation to the world of animals - which we can call an analogy of nature - is also raised, in a way, in both narratives (though in a different way in each), to the level of "image of God," and to the level of the person and communion between persons.

Further analyses will be dedicated to this essential problem. For the conscience of man - also for modern man - it is important to know that the revelation of the "nuptial meaning of the body" is found in those biblical texts which speak of the "beginning" of man. But it is even more important to establish what this meaning expresses precisely.

The Human Person Becomes a Gift in the Freedom of Love¹⁵

Let us continue today with the analysis of the texts of Genesis, which we have undertaken according to Christ's line of teaching. Let us recall that in the talk about marriage he referred to the "beginning."

The revelation, and at the same time the original discovery of the nuptial meaning of the body, consists in this: it presents man, male and female, in the whole reality and truth of his body and sex ("they were naked") and at the same time in full freedom from any constraint of the body and of sex. The nakedness of our progenitors, interiorly free from shame, seems to bear witness to this. It can be said that, created by Love, endowed in their being with masculinity and femininity, they are both "naked" because they are free with the freedom of the gift.

This freedom lies at the basis of the nuptial meaning of the body. The human body, with its sex, and its masculinity and femininity seen in the very mystery of creation, is not only a source of fruitfulness and procreation, as in the whole natural order. It includes right from the beginning the nuptial attribute, that is, the capacity of expressing love, that love in which the person becomes a gift and - by means of this gift - fulfills the meaning of his being and existence. Let us recall here the text of the last Council which declared that

¹⁵ January 16, 1980

man is the only creature in the visible world that God willed "for its own sake." It then added that man "can fully discover his true self only in a sincere giving of himself" (GS 24).

The root of that original nakedness free from shame, which Genesis 2:25 speaks of, must be sought in that complete truth about man. Man or woman, in the context of their beatifying beginning, are free with the freedom of the gift. To remain in the relationship of the "sincere gift of themselves" and to become such a gift for each other, through the whole of their humanity made of femininity and masculinity (also in relation to that perspective which Genesis 2:24 speaks of), they must be free precisely in this way.

We mean here freedom especially as mastery of oneself (self control). From this aspect, it is indispensable that man may be able to "give himself," that he may become a gift, that he will be able to "fully discover his true self" in "a sincere giving of himself" (referring to the words of the Council). Thus the words, "They were naked and were not ashamed" can and must be understood as the revelation - and at the same time rediscovery - of freedom. This freedom makes possible and qualifies the nuptial sense of the body.

Genesis 2:25 says even more, however. It indicates the possibility and the characteristic of this mutual "experience of the body." It enables us also to identify that nuptial meaning of the body in actu. When we read: "They were naked and were not ashamed," we directly touch its fruits and indirectly touch almost the root of it. Free interiorly from the constraint of their own bodies and sex, free with the freedom of the gift, man and woman could enjoy the whole truth, the whole self-evidence of man, just as God-Yahweh had revealed these things to them in the mystery of creation.

This truth about man, which the conciliar text states precisely in the words quoted above, has two main emphases. The first affirms that man is the only creature in the world that the Creator willed "for its own sake." The second consists in saying that this same man, willed by the Creator in this way right from "the beginning," can find himself only in the disinterested giving of himself. Now, this truth about man, which seems in particular to grasp the original condition connected with the very beginning of man in the mystery of creation, can be reread in both directions, on the basis of the conciliar text. This rereading helps us to understand even more the nuptial meaning of the body. This meaning seems inscribed in the original condition of man and woman (according to Genesis 2:23-25) and in particular in the meaning of their original nakedness.

As we have noted, at the root of their nakedness is the interior freedom of the gift - the disinterested gift of oneself. This gift enables them both, man and woman, to find one another, since the Creator willed each of them "for his (her) own sake" (cf. GS 24). Thus man, in the first beatifying meeting, finds the woman, and she finds him. In this way he accepts her interiorly. He accepts her as she is willed "for her own sake" by the Creator, as she is constituted in the mystery of the image of God through her femininity. Reciprocally, she accepts him in the same way, as he is willed "for his own sake" by the Creator, and constituted by him by means of his masculinity. The revelation and the discovery of the nuptial meaning of the body consists in this. The Yahwist narrative, and

in particular Genesis 2:25, enables us to deduce that man, as male and female, enters the world precisely with this awareness of the meaning of the body, of masculinity and femininity.

The human body, oriented interiorly by the sincere gift of the person, reveals not only its masculinity or femininity on the physical plane, but reveals also such a value and such a beauty as to go beyond the purely physical dimension of sexuality. In this manner awareness of the nuptial meaning of the body, connected with man's masculinity-femininity, is in a way completed. On the one hand, this meaning indicates a particular capacity of expressing love, in which man becomes a gift. On the other hand, the capacity and deep availability for the affirmation of the person corresponds to it. This is, literally, the capacity of living the fact that the other - the woman for the man and the man for the woman - is, by means of the body, someone willed by the Creator for his or her own sake. The person is unique and unrepeatable, someone chosen by eternal Love.

The affirmation of the person is nothing but acceptance of the gift, which, by means of reciprocity, creates the communion of persons. This communion is constructed from within. It comprises also the whole "exteriority" of man, that is, everything that constitutes the pure and simple nakedness of the body in its masculinity and femininity. Then, as we read in Genesis 2:25, man and woman were not ashamed. The biblical expression "were not ashamed" directly indicates "the experience" as a subjective dimension.

Precisely in this subjective dimension, as two human "egos" determined by their masculinity and femininity, both of them, man - and woman, appear in the mystery of their beatifying "beginning." (We are in the state of man's original innocence and at the same time, original happiness.) This is a short appearance, comprising only a few verses in Genesis. However it is full of a surprising content, theological and anthropological at the same time. The revelation and discovery of the nuptial meaning of the body explain man's original happiness. At the same time, it opens the perspective of his earthly history, in which he will never avoid this indispensable "theme" of his own existence.

The following verses of Genesis, according to the Yahwist text of chapter 3, show actually that this historical perspective will be constructed differently from the beatifying beginning (after original sin). It is all the more necessary, however, to penetrate deeply into the mysterious structure, theological and at the same time anthropological, of this beginning. In the whole perspective of his own history, man will not fail to confer a nuptial meaning on his own body. Even if this meaning will undergo many distortions, it will always remain the deepest level. It demands to be revealed in all its simplicity and purity, and to be shown in its whole truth, as a sign of the image of God. The way that goes from the mystery of creation to the "redemption of the body" also passes here (cf. Rom 8).

For the present we are remaining on the threshold of this historical perspective. On the basis of Genesis 2:23-25, we clearly realize the connection that exists between the revelation and the discovery of the nuptial meaning of the body, and man's original

happiness. This nuptial meaning is also beatifying. As such, it manifests in a word the whole reality of that donation which the first pages of Genesis speak to us of. Reading them, we are convinced of the fact that the awareness of the meaning of the body that is derived from them - in particular of its nuptial meaning - is the fundamental element of human existence in the world.

This nuptial meaning of the human body can be understood only in the context of the person. The body has a nuptial meaning because the human person, as the Council says, is a creature that God willed for his own sake. At the same time, he can fully discover his true self only in a sincere giving of himself.

Christ revealed to man and woman, over and above the vocation to marriage, another vocation namely, that of renouncing marriage, in view of the kingdom of heaven. With this vocation, he highlighted the same truth about the human person. If a man or a woman is capable of making a gift of himself for the kingdom of heaven, this proves in its turn (and perhaps even more) that there is the freedom of the gift in the human body. It means that this body possesses a full nuptial meaning.

The Mystery of Man's Original Innocence¹⁶

The reality of the gift and the act of giving, outlined in the first chapters of Genesis as the content constituting the mystery of creation, confirms that the radiation of love is an integral part of this same mystery. Only love creates the good. Love alone can, in a word, be perceived in all its dimensions and its aspects in created things and especially in man. Its presence is almost the final result of that interpretation of the gift, which we are carrying out here. Original happiness, the beatifying beginning of man whom God created "male and female" (Gn 1:27), the nuptial significance of the body in its original nakedness - all this expresses its radication in love.

This consistent giving goes back to the deepest roots of consciousness and subconsciousness, to the ultimate levels of the subjective existence of both, man and woman. This giving is reflected in their mutual experience of the body and bears witness to its radication in love. The first verses of the Bible speak about it so much as to remove all doubt. They speak not only of the creation of the world and of man in the world. They also speak of grace, that is, of the communication of holiness, of the radiation of the Spirit, which produced a special state of "spiritualization" in that man, who in fact was the first. In biblical language, that is, in the language of revelation, the adjective "first" means precisely "of God": "Adam, the son of God" (cf. Lk 3:38).

Happiness is being rooted in love. Original happiness speaks to us of the beginning of man, who emerged from love and initiated love. That happened in an irrevocable way, despite the subsequent sin and death. In his time, Christ will be a witness to this irreversible love of the Creator and Father, which had already been expressed in the mystery of creation and in the grace of original innocence. The common beginning of

¹⁶ January 30, 1980

man and woman, that is, the original truth of their body in masculinity and femininity, to which Genesis 2:25 draws our attention, does not know shame. This beginning can also be defined as the original and beatifying immunity from shame as the result of love.

This immunity directs us toward the mystery of man's original innocence. It is a mystery of his existence, prior to the knowledge of good and evil and almost "outside" it. The fact that man existed in this way, before breaking the first covenant with his Creator, belongs to the fullness of the mystery of creation. As we have already said, creation is a gift to man. His fullness and deepest dimension is determined by grace, that is, by participation in the interior life of God himself, in his holiness. This is also, in man, the interior foundation and source of his original innocence. With this concept, and more precisely with that of "original justice," theology defines the state of man before original sin.

In the present analysis of the beginning, which opens up for us the ways indispensable for understanding the theology of the body, we must dwell on the mystery of man's original state. That awareness of the body - rather, awareness of the meaning of the body - which we are trying to highlight through analysis of the beginning, reveals the peculiarity of original innocence.

Genesis 2:25 manifests in a direct way the mystery of this innocence which the original man and woman both bore, each in himself or herself. The body itself is, in a way, an "eyewitness" of this characteristic. Significantly, the affirmation contained in Genesis 2:25 about nakedness mutually free from shame is a statement unique in its kind in the whole Bible. It will never be repeated. On the contrary, we can quote many texts in which nakedness will be connected with shame or, in an even stronger sense, with ignominy.

In this wide context the reasons are all the more visible for discovering in Genesis 2:25 a particular trace of the mystery of original innocence and a particular factor of its radiation in the human subject. This innocence belongs to the dimension of grace contained in the mystery of creation, that is, to that mysterious gift made to the inner man, to the human heart. It enables both of them, man and woman, to exist from the beginning in the mutual relationship of the disinterested gift of oneself.

This contains the revelation and at the same time the discovery of the nuptial meaning of the body in its masculinity and femininity. It can be understood why we speak, in this case, of revelation and at the same time of discovery. From the point of view of our analysis, it is essential that the discovery of the nuptial meaning of the body, which we read in the testimony of Genesis, takes place through original innocence. In fact, this discovery reveals and highlights the latter.

Original innocence belongs to the mystery of man's beginning, from which historical man was then separated by committing original sin. This does not mean, however, that he is not able to approach that mystery by means of his theological knowledge.

Historical man tries to understand the mystery of original innocence almost by means of a contrast, that is, going back also to the experience of his own sin and his own sinfulness.

He tries to understand original innocence as an essential characteristic for the theology of the body, starting from the experience of shame. In fact, the Bible text itself directs him in this way. Original innocence, therefore, is what "radically," that is, at its roots, excludes shame of the body in the man-woman relationship. It eliminates its necessity in man, in his heart, that is, in his conscience.

Original innocence speaks above all of the Creator's gift. It speaks of the grace that made it possible for man to experience the meaning of the primary donation of the world. In particular it concerns the meaning of the mutual donation of one to the other through masculinity and femininity in this world. However, this innocence seems to refer above all to the interior state of the human heart, of the human will. At least indirectly, it includes the revelation and discovery of human moral conscience, of the whole dimension of conscience. Obviously, this was before the knowledge of good and evil. In a certain sense, it must be understood as original righteousness.

In the prism of our historical a posteriori, we are trying to reconstruct, in a certain way, the characteristic of original innocence. This is understood as the content of the reciprocal experience of the body as experience of its nuptial meaning (according to Genesis 2:23-25). Happiness and innocence are part of the framework of the communion of persons, as if it were a question of two convergent threads of man's existence in the mystery of creation. So the beatifying awareness of the meaning of the body - that is, of the nuptial meaning of human masculinity and femininity - is conditioned by original innocence.

We can understand that original innocence as a particular "purity of heart," which preserves an interior faithfulness to the gift according to the nuptial meaning of the body. Consequently, original innocence, conceived in this way, is manifested as a tranquil testimony of conscience which (in this case) precedes any experience of good and evil. Yet this serene testimony of conscience is something all the more beatifying. It can be said that awareness of the nuptial meaning of the body, in its masculinity and femininity, becomes humanly beatifying only by means of this testimony.

We shall devote the next meditation to this subject - that is, to the link which, in the analysis of man's beginning, can be seen between his innocence (purity of heart) and his happiness.

Man and Woman: A Gift for Each Other¹⁷

Let us continue the examination of that beginning, which Jesus referred to in his talk with the Pharisees on the subject of marriage. This reflection requires us to go beyond the threshold of man's history and arrive at the state of original innocence. To grasp the meaning of this innocence, we take as our basis, in a way, the experience of historical man, the testimony of his heart and conscience.

¹⁷ February 6, 1980

Following the historical a posteriori line, let us try to reconstruct the peculiarity of original innocence enclosed within the mutual experience of the body and its nuptial meaning, according to Genesis 2:23-25. The situation described here reveals the beatifying experience of the meaning of the body. Within the mystery of creation, man attains this in the complementarity of what is male and female in him. However, at the root of this experience there must be the interior freedom of the gift, united above all with innocence. The human will is originally innocent. In this way, the reciprocity and the exchange of the gift of the body, according to its masculinity and femininity, as the gift of the person, is facilitated. Consequently, the innocence to which Genesis 2:25 bears witness can be defined as innocence of the mutual experience of the body.

The sentence: "The man and his wife were both naked, and were not ashamed," expresses this innocence in the reciprocal experience of the body. This innocence inspires the interior exchange of the gift of the person. In the mutual relationship, this actualizes concretely the nuptial meaning of masculinity and femininity. To understand the innocence of the mutual experience of the body, we must try to clarify what the interior innocence in the exchange of the gift of the person consists of. This exchange constitutes the real source of the experience of innocence.

Interior innocence (that is, righteousness of intention) in the exchange of the gift consists in reciprocal "acceptance" of the other, such as to correspond to the essence of the gift. In this way, mutual donation creates the communion of persons. It is a question of "receiving" the other human being and "accepting" him. This is because in this mutual relationship, which Genesis 2:23-25 speaks of, the man and the woman become a gift for each other, through the whole truth and evidence of their own body in its masculinity and femininity. It is a question, then, of an "acceptance" or "welcome" that expresses and sustains, in mutual nakedness, the meaning of the gift. Therefore, it deepens the mutual dignity of it. This dignity corresponds profoundly to the fact that the Creator willed (and continually wills) man, male and female, "for his own sake." The innocence "of the heart," and consequently, the innocence of the experience, means a moral participation in the eternal and permanent act of God's will.

The opposite of this "welcoming" or "acceptance" of the other human being as a gift would be a privation of the gift itself. Therefore, it would be a changing and even a reduction of the other to an "object for myself" (an object of lust, of misappropriation, etc.).

We will not deal in detail now with this multiform, presumable antithesis of the gift. However, in the context of Genesis 2:23-25, we can note that this extorting of the gift from the other human being (from the woman by the man and vice versa) and reducing him or her interiorly to a mere "object for me," should mark the beginning of shame. The latter corresponds to a threat inflicted on the gift in its personal intimacy and bears witness to the interior collapse of innocence in the mutual experience.

According to Genesis 2:25, "The man and his wife were not ashamed." We can conclude that the exchange of the gift, in which the whole of their humanity participated, body and

soul, femininity and masculinity, was actualized by preserving the interior characteristic (that is, precisely, innocence) of the donation of oneself and of the acceptance of the other as a gift. These two functions of mutual exchange are deeply connected in the whole process of the gift of oneself. The giving and the accepting of the gift interpenetrate, so that the giving itself becomes accepting, and the acceptance is transformed into giving.

Genesis 2:23-25 enables us to deduce that woman, who in the mystery of creation "is given" to man by the Creator, is "received," thanks to original innocence. That is, she is accepted by man as a gift. The Bible text is quite clear and limpid at this point. At the same time, the acceptance of the woman by the man and the very way of accepting her, become, as it were, a first donation. In giving herself (from the very first moment in which, in the mystery of creation, she was "given" to the man by the Creator), the woman "rediscovers herself" at the same time. This is because she has been accepted and welcomed, and because of the way in which she has been received by the man.

So she finds herself again in the very fact of giving herself "through a sincere gift of herself," (cf. GS 24), when she is accepted in the way in which the Creator wished her to be, that is, "for her own sake," through her humanity and femininity. When the whole dignity of the gift is ensured in this acceptance, through the offer of what she is in the whole truth of her humanity and in the whole reality of her body and sex, of her femininity, she reaches the inner depth of her person and full possession of herself.

Let us add that this finding of oneself in giving oneself becomes the source of a new giving of oneself. This grows by virtue of the interior disposition to the exchange of the gift and to the extent to which it meets with the same and even deeper acceptance and welcome as the fruit of a more and more intense awareness of the gift itself.

It seems that the second narrative of creation has assigned to man "from the beginning" the function of the one who, above all, receives the gift (cf, especially Gn 2:23). "From the beginning" the woman is entrusted to his eyes, to his consciousness, to his sensitivity, to his heart. On the other hand, he must, in a way, ensure the same process of the exchange of the gift, the mutual interpenetration of giving and receiving as a gift. Precisely through its reciprocity, it creates a real communion of persons.

In the mystery of creation, the woman was "given" to the man. On his part, in receiving her as a gift in the full truth of her person and femininity, man thereby enriches her. At the same time, he too is enriched in this mutual relationship. The man is enriched not only through her, who gives him her own person and femininity, but also through the gift of himself. The man's giving of himself, in response to that of the woman, enriches himself. It manifests the specific essence of his masculinity which, through the reality of the body and of sex, reaches the deep recesses of the "possession of self." Thanks to this he is capable both of giving himself and of receiving the other's gift.

Therefore, the man not only accepts the gift. At the same time he is received as a gift by the woman, in the revelation of the interior spiritual essence of his masculinity, together

with the whole truth of his body and sex. Accepted in this way, he is enriched through this acceptance and welcoming of the gift of his own masculinity. Subsequently, this acceptance, in which the man finds himself again through the sincere gift of himself, becomes in him the source of a new and deeper enrichment of the woman. The exchange is mutual. In it the reciprocal effects of the sincere gift and of the finding oneself again are revealed and grow.

In this way, following the trail of the historical a posteriori - and above all, following the trail of human hearts - we can reproduce and, as it were, reconstruct that mutual exchange of the gift of the person, which was described in the ancient text of Genesis, so rich and deep.

Original Innocence and Man's Historical State¹⁸

Today's meditation presupposes what has already been established by the various analyses made up to now. They sprang from the answer Jesus gave to his interlocutors (cf. Mt 19:3-9; Mk 10:1-12). They had asked him a question about the indissolubility and unity of marriage. The Master had urged them to consider carefully that which was "from the beginning." For this reason, so far in this series of meditations we have tried to reproduce somehow the reality of the union, or rather of the communion of persons, lived "from the beginning" by the man and the woman. Subsequently, we tried to penetrate the content of Genesis 2:25, which is so concise: "And the man and his wife were both naked, and were not ashamed."

These words refer to the gift of original innocence, revealing its character synthetically, so to speak. On this basis, theology has constructed the global image of man's original innocence and justice, prior to original sin, by applying the method of objectivization, proper to metaphysics and metaphysical anthropology. In this analysis we are trying rather to consider the aspect of human subjectivity. The latter, moreover, seems to be closer to the original texts, especially the second narrative of creation, the Yahwist text.

Apart from a certain diversity of interpretation, it seems quite clear that "the experience of the body," such as it can be inferred from the ancient text of Genesis 2:23 and even more from Genesis 2:25, indicates a degree of "spiritualization" of man. This is different from that which the same text speaks of after original sin (cf. Gn 3) and which we know from the experience of historical man. It is a different measure of "spiritualization." It involves another composition of the interior forces of man himself. It involves almost another body-soul relationship, and other inner proportions between sensitivity, spirituality and affectivity, that is, another degree of interior sensitiveness to the gifts of the Holy Spirit. All this conditions man's state of original innocence and at the same time determines it, permitting us also to understand the narrative of Genesis. Theology and also the Magisterium of the Church have given these fundamental truths a specific form.

¹⁸ February 13, 1980

Undertaking the analysis of the beginning according to the dimension of the theology of the body, we do so on the basis of Christ's words in which he himself referred to that "beginning." When he said: "Have you not read that he who made them from the beginning made them male and female?" (Mt 19:4), he ordered us and he still orders us to return to the depths of the mystery of creation. We do so, fully aware of the gift of original innocence, characteristic of man before original sin. An insuperable barrier divides us from what man then was as male and female, by means of the gift of grace united with the mystery of creation, and from what they both were for each other, as a mutual gift. Yet we try to understand that state of original innocence in its connection with man's historical state after original sin: "status naturae lapsae simul et redemptae."

Through the category of the historical *a posteriori*, we try to arrive at the original meaning of the body. We try to grasp the connection existing between it and the nature of original innocence in the "experience of the body," as it is highlighted in such a significant way in the Genesis narrative. We conclude that it is important and essential to define this connection, not only with regard to man's "theological prehistory," in which the life of the couple was almost completely permeated by the grace of original innocence. We must also define this connection in relation to its possibility of revealing to us the permanent roots of the human and especially the theological aspect of the ethos of the body.

Man enters the world and enters the most intimate pattern of his future and his history with awareness of the nuptial meaning of his own body, of his own masculinity and femininity. Original innocence says that that meaning is conditioned "ethically," and furthermore, that on its part, it constitutes the future of the human ethos. This is very important for the theology of the body. It is the reason why we must construct this theology "from the beginning," carefully following the indication of Christ's words.

In the mystery of creation, man and woman were "given" in a special way to each other by the Creator. That was not only in the dimension of that first human couple and of that first communion of persons, but in the whole perspective of the existence of the human family. The fundamental fact of human existence at every stage of its history is that God "created them male and female." He always creates them in this way and they are always such. Understanding of the fundamental meanings contained in the mystery of creation, such as the nuptial meaning of the body (and of the fundamental conditionings of this meaning), is important. It is indispensable in order to know who man is and who he should be, and therefore how he should mold his own activity. It is an essential and important thing for the future of the human ethos.

Genesis 2:24 notes that the two, man and woman, were created for marriage: "Therefore, a man leaves his father and his mother and cleaves to his wife, and they become one flesh." In this way a great creative perspective is opened. It is precisely the perspective of man's existence, which is continually renewed by means of procreation, or, we could say, self-reproduction.

This perspective is deeply rooted in the consciousness of humanity (cf. Gn 2:23) and also in the particular consciousness of the nuptial meaning of the body (Gn 2:25). Before becoming husband and wife (later Genesis 4:1 speaks of this in the concrete), the man and the woman emerge from the mystery of creation in the first place as brother and sister in the same humanity. Understanding the nuptial meaning of the body in its masculinity and femininity reveals the depths of their freedom, which is freedom of giving.

From here that communion of persons begins, in which both meet and give themselves to each other in the fullness of their subjectivity. Thus both grow as persons-subjects. They grow mutually one for the other also through their body and through that nakedness free of shame. In this communion of persons the whole depth of the original solitude of man (of the first one and of all) is perfectly ensured. At the same time, this solitude becomes in a marvelous way permeated and broadened by the gift of the "other." If the man and the woman cease to be a disinterested gift for each other, as they were in the mystery of creation, then they recognize that "they are naked" (cf. Gn 3). Then the shame of that nakedness, which they had not felt in the state of original innocence, will spring up in their hearts.

Original innocence manifests and at the same time constitutes the perfect ethos of the gift.

Man Enters the World As a Subject of Truth and Love¹⁹

Genesis points out that man and woman were created for marriage: "A man leaves his father and his mother and cleaves to his wife, and they become one flesh" (Gn 2:24). This opens the great creative perspective of human existence, which is always renewed by means of procreation, which is self-reproduction. This perspective is rooted in the consciousness of mankind and also in the particular understanding of the nuptial meaning of the body, with its masculinity and femininity. In the mystery of creation, man and woman are a mutual gift. Original innocence manifests and at the same time determines the perfect ethos of the gift.

We spoke about that at the preceding meeting. Through the ethos of the gift the problem of the "subjectivity" of man, who is a subject made in the image and likeness of God, is partly outlined. In the narrative of creation (especially in Genesis 2:23-25) the woman is certainly not merely an object for the man. They both remain in front of each other in all the fullness of their objectivity as creatures, as "bone of my bones and flesh of my flesh," as male and female, both naked. Only the nakedness that makes woman an object for man, or vice versa, is a source of shame. The fact that they were not ashamed means that the woman was not an "object" for the man nor he for her.

Interior innocence as purity of heart made it impossible somehow for one to be reduced by the other to the level of a mere object. The fact that they were not ashamed means that they were united by awareness of the gift. They were mutually conscious of the nuptial

¹⁹ February 20, 1980

meaning of their bodies, in which the freedom of the gift is expressed and all the interior riches of the person as subject are manifested.

This mutual interpenetration of the "self" of the human persons, of the man and of the woman, seems to exclude subjectively any reduction to an object. This reveals the subjective profile of that love. It can be said that this love "is objective" to the depths, since it is nourished by the mutual "objectivity" of the gift.

After original sin, man and woman will lose the grace of original innocence. The discovery of the nuptial meaning of the body will cease to be for them a simple reality of revelation and grace. However, this meaning will remain as a commitment given to man by the ethos of the gift, inscribed in the depths of the human heart, as a distant echo of original innocence. From that nuptial meaning human love in its interior truth and its subjective authenticity will be formed. Through the veil of shame, man will continually rediscover himself as the guardian of the mystery of the subject, that is, of the freedom of the gift. This is so as to defend it from any reduction to the position of a mere object.

For the present, however, we are before the threshold of man's earthly history. The man and the woman have not yet crossed it toward knowledge of good and evil. They are immersed in the mystery of creation. The depth of this mystery hidden in their hearts is innocence, grace, love and justice: "And God saw everything that he had made, and behold, it was very good" (Gn 1:31).

Man appears in the visible world as the highest expression of the divine gift, because he bears within him the interior dimension of the gift. With it he brings into the world his particular likeness to God, with which he transcends and dominates also his "visibility" in the world, his corporality, his masculinity or femininity, his nakedness. A reflection of this likeness is also the primordial awareness of the nuptial meaning of the body, pervaded by the mystery of original innocence.

Thus, in this dimension, a primordial sacrament is constituted, understood as a sign that transmits effectively in the visible world the invisible mystery hidden in God from time immemorial. This is the mystery of truth and love, the mystery of divine life, in which man really participates. In the history of man, original innocence begins this participation and it is also a source of original happiness. The sacrament, as a visible sign, is constituted with man, as a body, by means of his visible masculinity and femininity. The body, and it alone, is capable of making visible what is invisible: the spiritual and the divine. It was created to transfer into the visible reality of the world the mystery hidden since time immemorial in God, and thus be a sign of it.

So the very sacramentality of creation, the sacramentality of the world was revealed in a way, in man created in the image of God. By means of his corporality, his masculinity and femininity, man becomes a visible sign of the economy of truth and love, which has its source in God himself and which was revealed already in the mystery of creation. Against this vast background we understand fully the words that constitute the sacrament

of marriage, present in Genesis 2:24: "A man leaves his father and his mother and cleaves to his wife, and they become one flesh."

Against this vast background, we further understand that the words of Genesis 2:25, "They were both naked, and were not ashamed," through the whole depth of their anthropological meaning, express the fact that, together with man, holiness entered the visible world, created for him. The sacrament of the world, and the sacrament of man in the world, comes from the divine source of holiness, and at the same time is instituted for holiness. Connected with the experience of the nuptial meaning of the body, original innocence is the same holiness that enables man to express himself deeply with his own body. That happens precisely by means of the sincere gift of himself. In this case, awareness of the gift conditions "the sacrament of the body." In his body as male or female, man feels he is a subject of holiness.

With this consciousness of the meaning of his own body, man, as male and female, enters the world as a subject of truth and love. It can be said that Genesis 2:23-25 narrates the first feast of humanity in all the original fullness of the experience of the nuptial meaning of the body. It is a feast of humanity, which draws its origin from the divine sources of truth and love in the mystery of creation. Very soon, the horizon of sin and death will be extended over that original feast (cf. Gn 3). Yet right from the mystery of creation we already draw a first hope, that is, that the fruit of the divine economy of truth and love, which was revealed "at the beginning," is not death, but life. It is not so much the destruction of the body of the man created "in the image of God," as rather the "call to glory" (cf. Rom 8:30).

Analysis of Knowledge and of Procreation²⁰

To our analyses dedicated to the biblical beginning, we wish to add another short passage, taken from chapter 4 of Genesis. For this purpose, however, we must refer first of all to the words spoken by Jesus Christ in the talk with the Pharisees (cf. Mt 19 and Mk 10), in the compass of which our reflections take place. They concern the context of human existence, according to which death and the destruction of the body connected with it have become the common fate of man (according to the words, "to dust you shall return" of Genesis 3:19). Christ referred to "the beginning," to the original dimension of the mystery of creation, when this dimension had already been shattered by the *mysterium iniquitatis*, that is, by sin and, together with it, by death, *mysterium mortis*.

Sin and death entered man's history, in a way, through the very heart of that unity which, from the beginning, was formed by man and woman, created and called to become "one flesh" (Gn 2:24). Already at the beginning of our meditations we saw that in referring to "the beginning," Christ leads us, in a certain way, beyond the limit of man's hereditary sinfulness to his original innocence. In this way he enables us to find the continuity and the connection existing between these two situations. By means of them, the drama of the origins was produced, as well as the revelation of the mystery of man to historical man.

²⁰ March 5, 1980

This authorizes us to pass, after the analyses concerning the state of original innocence, to the last of them, that is, to the analysis of "knowledge and of procreation." Thematically, it is closely bound up with the blessing of fertility, which is inserted in the first narrative of man's creation as male and female (cf. Gn 1:27-28). Historically, on the other hand, it is already inserted in that horizon of sin and death. As Genesis teaches (cf. Gn 3), this has weighed on the consciousness of the meaning of the human body, together with the breaking of the first covenant with the Creator.

In Genesis 4, and therefore still within the scope of the Yahwist text, we read: "Adam knew Eve his wife, and she conceived and bore Cain, saying, 'I have begotten a man with the help of the Lord.' And again, she bore his brother Abel" (Gn 4:1-2). If we connect with knowledge that first fact of the birth of a man on earth, we do so on the basis of the literal translation of the text. According to it, the conjugal union is defined as knowledge. "Adam knew Eve his wife," which is a translation of the Semitic term *jadac*.

We can see in this a sign of the poverty of the archaic language, which lacked varied expressions to define differentiated facts. Nevertheless, it is significant that the situation in which husband and wife unite so closely as to become one flesh has been defined as knowledge. In this way, from the very poverty of the language a specific depth of meaning seems to emerge. It derives precisely from all the meanings hitherto analyzed.

Evidently, this is also important as regards the "archetype" of our way of conceiving corporeal man, his masculinity and his femininity, and therefore his sex. In this way, through the term knowledge used in Genesis 4:1-2 and often in the Bible, the conjugal relationship of man and woman - that they become, through the duality of sex, "one flesh" - was raised and introduced into the specific dimension of persons. Genesis 4:1-2 speaks only of knowledge of the woman by the man, as if to stress above all the activity of the latter. It is also possible, however, to speak of the reciprocity of this knowledge, in which man and woman participate by means of their body and their sex. Let us add that a series of subsequent biblical texts, as, moreover, the same chapter of Genesis (cf. Gn 4:17, 4:25), speak with the same language. This goes up to the words Mary of Nazareth spoke in the annunciation: "How shall this be, since I know not man?" (Lk 1:34).

That biblical "knew" appears for the first time in Genesis 4:1-2. With it, we find ourselves in the presence of both the direct expression of human intentionality (because it is characteristic of knowledge), and of the whole reality of conjugal life and union. In it, man and woman become "one flesh."

Even though due to the poverty of the language, in speaking here of knowledge, the Bible indicates the deepest essence of the reality of married life. This essence appears as an element and at the same time a result of those meanings, the trace of which we have been trying to follow from the beginning of our study. It is part of the awareness of the meaning of one's own body. In Genesis 4:1, becoming "one flesh," the man and the woman experience in a particular way the meaning of their body. In this way, together they become almost the one subject of that act and that experience, while remaining, in

this unity, two really different subjects. In a way, this authorizes the statement that "the husband knows his wife" or that both "know" each other. Then they reveal themselves to each other, with that specific depth of their own human self. Precisely this self is revealed also by means of their sex, their masculinity and femininity. Then, in a unique way, the woman "is given" to the man to be known, and he to her.

To maintain continuity with regard to the analyses made up to the present (especially the last ones, which interpret man in the dimension of a gift), it should be pointed out that, according to Genesis, datum and donum are equivalent.

However, Genesis 4:1-2 stresses datum above all. In conjugal knowledge, the woman is given to the man and he to her, since the body and sex directly enter the structure and the content of this knowledge. In this way, the reality of the conjugal union, in which the man and the woman become one flesh, contains a new and, in a way, definitive discovery of the meaning of the human body in its masculinity and femininity. But in connection with this discovery, is it right to speak only of "sexual life together"? We must consider that each of them, man and woman, is not just a passive object, defined by his or her own body and sex, and in this way determined "by nature." On the contrary, because they are a man and a woman, each of them is "given" to the other as a unique and unrepeatable subject, as "self," as a person.

Sex decides not only the somatic individuality of man, but defines at the same time his personal identity and concreteness. Precisely in this personal identity and concreteness, as an unrepeatable female-male "self," man is "known" when the words of Genesis 2:24 come true: "A man... cleaves to his wife, and they become one flesh." The knowledge which Genesis 4:1-2 and all the following biblical texts speak of, arrives at the deepest roots of this identity and concreteness, which man and woman owe to their sex. This concreteness means both the uniqueness and the unrepeatability of the person.

It was worthwhile, therefore, to reflect on the eloquence of the biblical text quoted and of the word "knew." In spite of the apparent lack of terminological precision, it allows us to dwell on the depth and dimension of a concept, which our contemporary language, precise though it is, often deprives us of.

The Mystery of Woman Is Revealed in Motherhood²¹

In the preceding meditation, we analyzed the sentence of Genesis 4:1 and, in particular, the term "knew." The original text used this word to define conjugal union. We also pointed out that this biblical knowledge establishes a kind of personal archetype of corporality and human sexuality. That seems absolutely fundamental in order to understand man, who, from the beginning, searches for the meaning of his own body. This meaning is at the basis of the theology of the body itself. The term "knew" (cf. Gn 4:1-2) synthesizes the whole density of the biblical text analyzed so far.

²¹ March 12, 1980

According to Genesis 4:1, the man "knows" the woman, his wife, for the first time in the act of conjugal union. He is that same man who, by imposing names, that is, also by "knowing," differentiated himself from the whole world of living beings or animalia, affirming himself as a person and subject. The knowledge of which Genesis 4:1 speaks does not and cannot take him away from the level of that original and fundamental self-awareness. Whatever a one-sidedly "naturalistic" mentality might say about it, in Genesis 4:1 it cannot be a question of passive acceptance of one's own determination by the body and by sex, precisely because it is a question of knowledge.

On the contrary, it is a further discovery of the meaning of one's own body. It is a common and reciprocal discovery, just as the existence of man, whom "God created male and female," is common and reciprocal from the beginning. Knowledge, which was at the basis of man's original solitude, is now at the basis of this unity of the man and the woman. The Creator enclosed the clear perspective of this in the mystery of creation (cf. Gn 1:27; 2:23). In this knowledge, man confirms the meaning of the name "Eve," given to his wife, "because she was the mother of all the living" (Gn 3:20).

According to Genesis 4:1, the one who knows is the man, and the one who is known is the woman-wife. It is as if the specific determination of the woman, through her own body and sex, hid what constitutes the depth of her femininity. On the other hand, after the sin, the man was the first to feel the shame of his nakedness. He was the first to say: "I was afraid, because I was naked, and I hid myself" (Gn 3:10). It will be necessary to return separately to the state of mind of them both after the loss of original innocence.

However, in the knowledge which Genesis 4:1 speaks of, the mystery of femininity is manifested and revealed completely by means of motherhood, as the text says: "She conceived and bore...." The woman stands before the man as a mother, the subject of the new human life that is conceived and develops in her, and from her is born into the world. Likewise, the mystery of man's masculinity, that is, the generative and fatherly meaning of his body, is also thoroughly revealed.

The theology of the body contained in Genesis is concise and sparing of words. At the same time, fundamental contents, in a certain sense primary and definitive, find expression in it. Everyone finds himself again in his own way, in that biblical knowledge. The constitution of the woman is different, as compared with the man. We know today that it is different even in the deepest bio-physiological determinants. It is manifested externally only to a certain extent, in the construction and form of her body. Maternity manifests this constitution internally, as the particular potentiality of the female organism. With creative peculiarity it serves for the conception and begetting of the human being, with the help of man. Knowledge conditions begetting.

Begetting is a perspective, which man and woman insert in their mutual knowledge. The latter goes beyond the limits of subject-object, such as man and woman seem to be mutually. Knowledge indicates on the one side him who knows and on the other side her who is known or vice versa. The consummation of marriage, the specific consummatum, is also enclosed in this knowledge. In this way the reaching of the "objectivity" of the

body, hidden in the somatic potentialities of the man and of the woman, is obtained, and at the same time the reaching of the objectivity of the man who "is" this body. By means of the body, the human person is husband and wife. At the same time, in this particular act of knowledge, mediated by personal femininity and masculinity, the discovery of the pure subjectivity of the gift - that is, mutual self-fulfillment in the gift - seems to be reached.

Procreation brings it about that the man and the woman (his wife) know each other reciprocally in the "third," sprung from them both. Therefore, this knowledge becomes a discovery. In a way it is a revelation of the new man, in whom both of them, man and woman, again recognize themselves, their humanity, their living image. In everything that is determined by both of them through the body and sex, knowledge inscribes a living and real content. So knowledge in the biblical sense means that the biological determination of man, by his body and sex, stops being something passive. It reaches the specific level and content of self-conscious and self-determinant persons. Therefore, it involves a particular consciousness of the meaning of the human body, bound up with fatherhood and motherhood.

The whole exterior constitution of woman's body, its particular aspect, the qualities which, with the power of perennial attractiveness, are at the beginning of the knowledge, which Genesis 4:1-2 speaks of ("Adam knew Eve his wife"), are in close union with motherhood. The Bible (and subsequently the liturgy), with its characteristic simplicity, honors and praises throughout the centuries "the womb that bore you and the breasts that you sucked" (Lk 11:27). These words constitute a eulogy of motherhood, of femininity, of the female body in its typical expression of creative love. In the Gospel these words are referred to the Mother of Christ, Mary, the second Eve. The first woman, on the other hand, at the moment when the maternal maturity of her body was revealed for the first time, when she conceived and bore, said: "I have begotten a man with the help of the Lord" (Gn 4:1).

These words express the whole theological depth of the function of begetting-procreating. The woman's body becomes the place of the conception of the new man. In her womb, the conceived man assumes his specific human aspect before being born. The somatic homogeneousness of man and woman, which found its first expression in the words: "This is bone of my bones and flesh of my flesh" (Gn 2:23), is confirmed in turn by the words of the first woman-mother: "I have begotten a man!" In giving birth, the first woman is fully aware of the mystery of creation, which is renewed in human generation. She is also fully aware of the creative participation that God has in human generation, his work and that of her husband, since she says: "I have begotten a man with the help of the Lord."

There cannot be any confusion between the spheres of action of the causes. The first parents transmit to all human parents the fundamental truth about the birth of man in the image of God, according to natural laws. They transmit this even after sin, together with the fruit of the tree of knowledge of good and evil and almost at the threshold of all historical experiences. In this new man - born of the woman-parent thanks to the man-

parent - there is reproduced every time the "image of God," of that God who constituted the humanity of the first man: "God created man in his own image; male and female he created them" (Gn 1:27).

There are deep differences between man's state of original innocence and his state of hereditary sinfulness. However, that "image of God" constitutes a basis of continuity and unity. The "knowledge" which Genesis 4:1 speaks of is the act which originates being. Rather, in union with the Creator, it establishes a new man in his existence. In his transcendental solitude, the first man took possession of the visible world, created for him, knowing and imposing names on living beings (animalia). The same "man," as male and female, knowing each other in this specific community-communion of persons, in which they are united so closely with each other as to become "one flesh," constitutes humanity. That is, they confirm and renew the existence of man as the 'image of God.' This happens every time both of them, man and woman, take up again, so to speak, this image from the mystery of creation and transmit it "with the help of the Lord God."

The words of Genesis are a testimony of the first birth of man on earth. They enclose within them at the same time everything that can and must be said of the dignity of human generation.

The Knowledge-Generation Cycle and the Perspective of Death²²

We are drawing to the end of the cycle of reflections wherein we have tried to follow Christ's appeal handed down to us by Matthew 19:3-9 and by Mark 10:1-12: "Have you not read that he who made them from the beginning made them male and female, and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh?'" (Mt 19:4-5). In Genesis, conjugal union is defined as knowledge. "Adam knew Eve his wife, and she conceived and bore...saying, 'I have begotten a man with the help of the Lord'" (Gn 4:1). In our preceding meditations, we have tried to throw light on the content of that biblical knowledge. With it man, male-female, not only gives his own name, as he did when he gave names to the other living beings (animalia), thus taking possession of them, but he knows in the sense of Genesis 4:1 (and other passages of the Bible). That is, he realizes what the name "man" expresses. He realizes humanity in the new man generated. In a sense, therefore, he realizes himself, that is, the man-person.

In this way, the biblical cycle of "knowledge-generation" closes. This cycle of knowledge is constituted by the union of persons in love, which enables them to unite so closely that they become one flesh. Genesis reveals to us fully the truth of this cycle. By means of the knowledge of which the Bible speaks, man - male and female - conceives and generates a new being, like himself, to whom he can give the name of man ("I have begotten a man"). Thus man takes possession of his humanity, or rather retakes possession of it. However, that happens in a different way from the manner in which he had taken possession of all other living beings when he had given them their names. On that occasion, he had

²² March 26, 1980

become their master. He had begun to carry out the content of the Creator's mandate: "Subdue the earth and have dominion over it" (cf. Gn 1:28).

However, the first part of the same command: "Be fruitful and multiply, and fill the earth" (Gn 1:28), conceals another content and indicates another element. In this knowledge, the man and the woman give rise to a being similar to them. They can say of it: "This is bone of my bones and flesh of my flesh" (Gn 2:24). In this knowledge they are almost "carried off" together. They are both taken possession of by the humanity which they, in union and in mutual knowledge, wish to express again. They wish to take possession of it again, deriving it from themselves, from their own humanity. They derive it from the marvelous male and female maturity of their bodies. Finally, through the whole sequence of human conceptions and generations right from the beginning, they derive it from the mystery of creation.

In this sense, biblical knowledge can be explained as "possession." Is it possible to see in it some biblical equivalent of eros? It is a question here of two conceptual spheres, of two languages, biblical and Platonic. Only with great caution can they be used to interpret each other. However, it seems that in the original revelation the idea of man's possession of the woman, or vice versa, as of an object, is not present. On the other hand, it is well known that as a result of the sinfulness contracted after original sin, man and woman must reconstruct, with great effort, the meaning of the disinterested mutual gift. This will be the subject of our further analyses.

The revelation of the body, contained in Genesis, especially in chapter 3, shows with impressive clearness the cycle of "knowledge-generation." It shows that this cycle, so deeply rooted in the potentiality of the human body, was subjected, after sin, to the law of suffering and death. God-Yahweh says to the woman: "I will greatly multiply your pain in child-bearing; in pain you shall bring forth children" (Gn 3:16). The horizon of death opens up before man, together with revelation of the generative meaning of the body in the spouses' act of mutual knowledge. The first man gives his wife the name Eve, "because she was the mother of all living" (Gn 3:20), when he had already heard the words of the sentence which determined the whole perspective of human existence "within" the knowledge of good and evil. This perspective is confirmed by the words: "You shall return to the ground, for out of it you were taken. You are dust, and to dust you shall return" (Gn 3:19).

The radical character of this sentence is confirmed by the evidence of the experiences of man's whole earthly history. The horizon of death extends over the whole perspective of human life on earth, life that was inserted in that original biblical cycle of "knowledge-generation." Man has broken the covenant with his Creator by picking the fruit of the tree of the knowledge of good and evil. He is detached by God-Yahweh from the tree of life: "Now, let him not put forth his hand and take also of the tree of life, and eat, and live forever" (Gn 3:21). In this way, the life given to man in the mystery of creation has not been taken away. But it is restricted by the limit of conceptions, births and deaths, and further aggravated by the perspective of hereditary sinfulness. But it is given to him again, in a way, as a task in the same ever-recurring cycle.

The sentence: "Adam knew his wife, and she conceived and bore..." (Gn 4:1) is like a seal impressed on the original revelation of the body at the very beginning of man's history on earth. This history is always formed anew in its most fundamental dimension as if from the beginning, by means of the same "knowledge-generation" which Genesis speaks of.

Thus, each person bears within him the mystery of his beginning, closely bound up with awareness of the generative meaning of the body. Genesis 4:1-2 seems to be silent on the subject of the relationship between the generative and the nuptial meaning of the body. Perhaps it is not yet the time or the place to clarify this relationship, even though it seems indispensable in the further analysis. It will be necessary, then, to raise again the questions connected with the appearance of shame in man, shame of his masculinity and femininity, not experienced before. However, for now this is in the background.

In the foreground there remains, however, the fact that "Adam knew Eve his wife, and she conceived and bore...." This is precisely the threshold of man's history. It is his beginning on the earth. On this threshold man, as male and female, stands with the awareness of the generative meaning of his own body. Masculinity conceals within it the meaning of fatherhood, and femininity that of motherhood. In the name of this meaning, Christ will one day give a categorical answer to the question that the Pharisees will ask him (cf. Mt 19; Mk 10). On the other hand, penetrating the simple content of this answer, we are trying at the same time to shed light on the context of that beginning to which Christ referred. The theology of the body has its roots in it.

Awareness of the meaning of the body and awareness of its generative meaning come into contact, in man, with awareness of death, the inevitable horizon of which they bear within them. Yet the "knowledge-generation" cycle always returns in human history. In it, life struggles ever anew with the inexorable perspective of death, and always overcomes it. It is as if the reason for this refusal of life to surrender, which is manifested in generation, were always the same knowledge. With that knowledge, man goes beyond the solitude of his own being, and decides again to affirm this being in an "other." Both of them, man and woman, affirm it in the new person generated.

In this affirmation, biblical knowledge seems to acquire an even greater dimension. It seems to take its place in that "vision" of God himself, which the first narrative of the creation of man ends with. The narrative is about the male and the female made in the image of God. "God saw everything that he had made and...it was very good" (Gn 1:31). In spite of all the experiences of his life, in spite of suffering, disappointment with himself, his sinfulness, and, finally, in spite of the inevitable prospect of death, man always continues to put knowledge at the beginning of generation. In this way, he seems to participate in that first "vision" of God himself: God the Creator "saw...and behold, it was very good." He confirms the truth of these words ever anew.

Marriage in the Integral Vision of Man²³

The Gospels according to Matthew and Mark report the answer Christ gave to the Pharisees when they questioned him about the indissolubility of marriage. They referred to the law of Moses, which in certain cases admitted the practice of the so-called certificate of divorce. Reminding them of the first chapters of Genesis, Christ answered: "Have you not read that he who made them from the beginning made them male and female, and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh'? So they are no longer two but one flesh. What, therefore, God has joined together, let not man put asunder." Then, referring to their question about the law of Moses, Christ added: "For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so" (Mt 19:3ff.; cf. Mk 12:2ff.). In his answer, Christ referred twice to the "beginning." Therefore we, too, in the course of our analyses, have tried to clarify in the deepest possible way the meaning of this "beginning." It is the first inheritance of every human being in the world, man and woman. It is the first attestation of human identity according to the revealed word, the first source of the certainty of man's vocation as a person created, in the image of God himself.

Christ's reply has a historical meaning, but not only a historical one. People of all times raise the question on the same subject. Our contemporaries also do so. But in their questions they do not refer to the law of Moses, which admitted the certificate of divorce, but to other circumstances and other laws. These questions of theirs are charged with problems, unknown to Christ's interlocutors. We know what questions concerning marriage and the family were addressed to the last Council, to Pope Paul VI, and are continually formulated in the post-conciliar period, day after day, in the most varied circumstances. They are addressed by single persons, married couples, fiances and young people. But they are also addressed by writers, journalists, politicians, economists and demographers, in a word, by contemporary culture and civilization.

I think that among the answers that Christ would give to the people of our time and to their questions, often so impatient, the one he gave to the Pharisees would still be fundamental. Answering those questions, Christ would refer above all to the "beginning." Perhaps he would do so all the more resolutely and essentially in that the interior and at the same time the cultural situation of modern man seems to be moving away from that beginning. It is assuming forms and dimensions which diverge from the biblical image of the beginning into points that are clearly more and more distant.

However, Christ would not be surprised by any of these situations, and I suppose that he would continue to refer mainly to the beginning. For this reason, Christ's answer called for an especially thorough analysis. In that answer, fundamental and elementary truths about the human being, as man and woman, were recalled. It is the answer through which we catch a glimpse of the structure of human identity in the dimensions of the mystery of creation and, at the same time, in the perspective of the mystery of redemption. Without

²³ April 2, 1980

that there is no way of constructing a theological anthropology and, in its context, a theology of the body. From this the fully Christian view of marriage and the family takes its origin. Paul VI pointed this out when, in his encyclical dedicated to the problems of marriage and procreation in its responsible meaning on the human and Christian planes, he referred to the "total vision of man" (*Humanae Vitae* 7). In the answer to the Pharisees, Christ also put forward to his interlocutors this "total vision of man," without which no adequate answer can be given to questions connected with marriage and procreation. This total vision of man must be constructed from the beginning.

This applies also to the modern mentality, just as it did, though in a different way, to Christ's interlocutors. We are children of an age in which, owing to the development of various disciplines, this total vision of man may easily be rejected and replaced by multiple partial conceptions. Dwelling on one or other aspect of the *compositum humanum*, these do not reach man's *integrum*, or they leave it outside their own field of vision. Various cultural trends then take their place. On the basis of these partial truths, these trends formulate their proposals and practical indications on human behavior and, even more often, on how to behave with "man." Man then becomes more an object of determined techniques than the responsible subject of his own action. The answer Christ gave to the Pharisees also wishes man, male and female, to be this subject. This subject decides his own actions in the light of the complete truth about himself, since it is the original truth, or the foundation of genuinely human experiences. This is the truth that Christ makes us seek from the beginning. Thus we turn to the first chapters of Genesis.

The study of these chapters, perhaps more than of others, makes us aware of the meaning and the necessity of the theology of the body. The beginning tells us relatively little about the human body, in the naturalistic and modern sense of the word. From this point of view, in our study we are at a completely pre-scientific level. We know hardly anything about the interior structures and the regularities that reign in the human organism. However, at the same time, perhaps precisely because of the antiquity of the text, the truth that is important for the total vision of man is revealed in the most simple and full way. This truth concerns the meaning of the human body in the structure of the personal subject. Subsequently, reflection on those archaic texts enables us to extend this meaning of the whole sphere of human inter-subjectivity, especially in the perennial man-woman relationship. Thanks to that, we acquire with regard to this relationship a perspective which we must necessarily place at the basis of all modern science on human sexuality, in the bio-physiological sense. That does not mean that we must renounce this science or deprive ourselves of its results. On the contrary, it can teach us something about the education of man, in his masculinity and femininity, and about the sphere of marriage and procreation. If it is to do so, it is necessary - through all the single elements of contemporary science - always to arrive at what is fundamental and essentially personal, both in every individual, man or woman, and in their mutual relations.

It is precisely at this point that reflection on the ancient text of Genesis is irreplaceable. It is the beginning of the theology of the body. The fact that theology also considers the body should not astonish or surprise anyone who is aware of the mystery and reality of the Incarnation. Theology is that science whose subject is divinity. Through the fact that

the Word of God became flesh, the body entered theology through the main door. The Incarnation and the redemption that springs from it became also the definitive source of the sacramentality of marriage, which we will deal with at greater length in due time.

The questions raised by modern man are also those of Christians - those who are preparing for the sacrament of marriage or those who are already living in marriage, which is the sacrament of the Church. These are not only the questions of science, but even more, the questions of human life. So many men and so many Christians seek the accomplishment of their vocation in marriage. So many people wish to find in it the way to salvation and holiness.

The answer Christ gave to the Pharisees, zealots of the Old Testament, is especially important for them. Those who seek the accomplishment of their own human and Christian vocation in marriage are called, first of all, to make this theology of the body, whose beginning we find in the first chapters of Genesis, the content of their life and behavior. How indispensable is a thorough knowledge of the meaning of the body, in its masculinity and femininity, along the way of this vocation! A precise awareness of the nuptial meaning of the body, of its generating meaning, is necessary. This is so since all that forms the content of the life of married couples must constantly find its full and personal dimension in life together, in behavior, in feelings! This is all the more so against the background of a civilization which remains under the pressure of a materialistic and utilitarian way of thinking and evaluating. Modern bio-physiology can supply a great deal of precise information about human sexuality. However, knowledge of the personal dignity of the human body and of sex must still be drawn from other sources. A special source is the Word of God himself, which contains the revelation of the body, going back to the beginning.

How significant it is that Christ, in the answer to all these questions, orders man to return, in a way, to the threshold of his theological history! He orders him to put himself at the border between original innocence, happiness and the inheritance of the first fall. Does he not perhaps mean to tell him that the path along which he leads man, male and female, in the sacrament of marriage, the path of the redemption of the body, must consist in regaining this dignity. In it there is simultaneously accomplished the real meaning of the human body, its personal meaning and its meaning of communion.

For the present, let us conclude the first part of our meditations dedicated to this important subject. To give an exhaustive answer to our questions, sometimes anxious ones, on marriage - or even more precisely, on the meaning of the body-we cannot dwell only on what Christ told the Pharisees, referring to the beginning (cf. Mt 19:3ff.; Mk 10:2ff.). We must also consider all his other statements. Two of them, of an especially comprehensive character, emerge especially. The first one is from the Sermon on the Mount, on the possibilities of the human heart in relation to the lust of the body (cf. Mt 5:8). The second one is when Jesus referred to the future resurrection (cf. Mt 22:24-30; Mk 12:18-27; Lk 20:27-36).

We intend to make these two statements the subject of our following reflections.

Christ Appeals to Man's Heart²⁴

1. As the subject of our future reflections—at the Wednesday meetings—I wish to develop the following statement of Christ, which is part of the Sermon on the Mount: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her *in his heart*" (Mt 5:27-28).

This passage seems to have a key meaning for the theology of the body, like the one in which Christ referred to the "beginning," which served as the basis of the preceding analyses. We then realized how wide was the context of a sentence, or rather of a word, uttered by Christ. It was a question not only of the immediate context, which emerged in the course of the conversation with the Pharisees, but of the global context. We could not penetrate that without going back to the first chapters of Genesis (omitting what refers there to the other books of the Old Testament). The preceding analyses have shown what an extensive content Christ's reference to the "beginning" involves.

Need of fulfilment of the Law

The statement to which we are now referring, Matthew 5:27-28, will certainly introduce us not only to the immediate context in which it appears. It will also introduce us to its wider context, the global context, through which the key meaning of the theology of the body will be revealed to us. This statement is one of the passages of the Sermon on the Mount in which Jesus Christ fundamentally revises the way of understanding and carrying out the moral law of the old covenant. It refers, in order, to the following commandments of the Decalogue: the fifth, "You shall not kill" (cf. Mt 5:21-26); the sixth, "You shall not commit adultery" (cf. Mt 5:27-32)—it is significant that at the end of this passage there also appears the question of the "certificate of divorce" (cf. Mt 5:31-32), already mentioned in the preceding chapter—and the eighth commandment, according to the text of Exodus (cf. Ex 20:7): "You shall not swear falsely, but shall perform to the Lord what you have sworn" (cf. Mt 5:33-37).

Significant, above all, are the words that precede these articles—and the following ones—of the Sermon on the Mount, the words in which Jesus declares: "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them" (Mt 5:17). In the sentences that follow, Jesus explains the meaning of this opposition and the necessity of the fulfillment of the law in order to realize the kingdom of God: "Whoever...does them [these commandments] and teaches them shall be called great in the kingdom of heaven" (Mt 5:19). "The kingdom of heaven" means the kingdom of God in the eschatological dimension.

The fulfillment of the law fundamentally conditions this kingdom in the temporal dimension of human existence. However, it is a question of a fulfillment that fully

²⁴ April 16, 1980

corresponds to the meaning of the law, of the Decalogue, of the individual commandments. Only this fulfillment constructs that justice which God the legislator willed. Christ the Teacher urges us not to give such a human interpretation to the whole law and the individual commandments contained in it that it does not foster the justice willed by God the legislator: "Unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven" (Mt 5:20).

Aspects of fulfilment

2. In this context there appears Christ's statement according to Matthew 5:27-28, which we intend to take as the basis for the present analyses, considering it together with the other statement in Matthew 19:3-9 (and Mark 10) as the key to the theology of the body. Like the other one, this one has an explicitly normative character. It confirms the principle of human morality contained in the commandment, "You shall not commit adultery." At the same time, it determines an appropriate and full understanding of this principle, that is, an understanding of the foundation and at the same time of the condition for its adequate fulfillment. The latter is to be considered precisely in the light of the words of Matthew 5:17-20, already quoted, which we have just drawn attention to.

On the one hand, it is a question here of adhering to the meaning that God the legislator enclosed in the commandment, "You shall not commit adultery." On the other hand, it is a question of carrying out that "justice" on the part of man. This justice must superabound in man himself, that is, it must reach its specific fullness in him. These are the two aspects of fulfillment in the evangelical sense.

At the heart of "ethos"

3. We find ourselves in this way at the heart of *ethos*, that is, in what can be defined as the interior form, almost the soul, of human morality. Contemporary thinkers (e.g., Scheler) see in the Sermon on the Mount a great turning point in the field of *ethos*.²⁵ A living morality in the existential sense is not formed only by the norms that invest the form of the commandments, precepts and prohibitions, as in the case of "You shall not commit adultery." The morality in which there is realized the meaning of being a man—which is, at the same time, the fulfillment of the law by means of the "superabounding" of justice through subjective vitality—is formed in the interior perception of values, from which there springs duty as the expression of conscience, as the response of one's own personal "ego." At the same time *ethos* makes us enter the depth of the norm itself and descend within the human subject of morality. Moral value is connected with the dynamic process of man's intimacy. To reach it, it is not enough to stop at the surface of human actions. It is necessary to penetrate inside.

²⁵ Ich kenne kein grandioseres Zeugnis für eine solche Neuerschliessung eines ganzen Wertbereiches, die das ältere Ethos relativiert, als die Bergpredigt, die auch in ihrer Form als Zeugnis solcher Neuerschliessung und Relativierung der älteren "Gesetzes"-werte sich überall kundgibt: "Ich aber sage euch" (Max Scheler, *Der Formalismus in der Ethik und die materiale Wertethik* [Halle a.d.s., Verlag M. Niemeyer, 1921], p. 316, no. 1).

Interior justice

4. In addition to the commandment, "You shall not commit adultery," the Decalogue has also, "You shall not covet your neighbor's wife."²⁶ In the Sermon on the Mount, Christ connects them with each other, in a way: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart." However, it is not so much a question of distinguishing the scope of those two commandments of the Decalogue as of pointing out the dimension of the interior action, referred to also in the words: "You shall not commit adultery."

This action finds its visible expression in the "act of the body," an act in which the man and the woman participate against the law of matrimonial exclusiveness. The casuistry of the books of the Old Testament aimed at investigating what constituted this "act of the body" according to exterior criteria. At the same time, it was directed at combating adultery, and opened to the latter various legal "loopholes."²⁷ In this way, on the basis of the multiple compromises "for hardness of heart" (Mt 19:8), the meaning of the commandment as willed by the legislator underwent a distortion. People kept to legalistic observance of the formula, which did not superabound in the interior justice of hearts.

Christ shifts the essence of the problem to another dimension when he says: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart." (According to ancient translations, the text is: "...has already made her an adulteress in his heart," a formula which seems to be more exact).²⁸

In this way, therefore, Christ appeals to the interior man. He does so several times and under different circumstances. In this case it seems especially explicit and eloquent, not only with regard to the configuration of evangelical *ethos*, but also with regard to the way of viewing man. Not only the ethical reason, but also the anthropological one makes it advisable to dwell at greater length on the text of Matthew 5:27-28, which contains the words Christ spoke in the Sermon on the Mount.

The Ethical and Anthropological Content of the Commandment: "You Shall Not Commit Adultery"²⁹

1. Let us recall the words of the Sermon on the Mount, to which we are referring in this cycle of our Wednesday reflections. "You have heard — the Lord says — that it was said: 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28).

²⁶ Cf. Ex 20:17; Dt. 5:21.

²⁷ On this point, see the continuation of the present meditations.

²⁸ The text of the Vulgate offers a faithful translation of the original: *iam moechatus est eam in corde suo*. In fact, the Greek verb *moicheuo* is transitive. In modern European languages, on the other hand, "to commit adultery" is an intransitive verb; so we get the translation: "...has committed adultery *with* her." And thus, in English: "...has already committed adultery with her in his heart" (*Douay Version*, 1582, similarly *Revised Standard Version*, from 1611 to 1966; R. Knox, *New English Bible, Jerusalem Bible*, 1966).

²⁹ April 23, 1980

The man to whom Jesus refers here is precisely "historical" man, the one whose "beginning" and "theological prehistory" we traced in the preceding series of analyses. Directly, it is the one who hears with his own ears the Sermon on the Mount. But together with him, there is also every other man, set before that moment of history, both in the immense space of the past, and in the equally vast one of the future. To this "future," confronted with the Sermon on the Mount, our present, our contemporary age also belongs.

This man is, in a way, "every" man, each of us. Both the man of the past and also the man of the future can be the one who knows the positive commandment, "You shall not commit adultery" as "contained in the Law" (cf. Rom 2:22-23). But he can equally be the one who, according to the Letter to the Romans, has this commandment only "written on his heart" (cf. Rom 2:15).³⁰ⁱ In the light of the previous reflections, he is the man who from his beginning has acquired a precise sense of the meaning of the body. He has acquired it even before crossing the threshold of his historical experiences, in the mystery of creation, since he emerged from it as "male and female" (cf. Gn 1:27). He is the historical man, who, at the beginning of his earthly vicissitudes, found himself "inside" the knowledge of good and evil, breaking the covenant with his Creator. He is the man who knew (the woman), his wife, and knew her several times. She "conceived and bore" (cf. Gn 4:1-2) according to the Creator's plan, which went back to the state of original innocence (cf. Gn 1:28; 2:24).

Entering into his full image

2. In his Sermon on the Mount, especially in the words of Matthew 5:27-28, Christ addresses precisely that man. He addresses the man of a given moment of history and, at the same time, all men belonging to the same human history. As we have already seen, he addresses the "interior" man. Christ's words have an explicit anthropological content. They concern those perennial meanings through which an "adequate" anthropology is constituted.

By means of their ethical content, these words simultaneously constitute such an anthropology. They demand that man should enter into his full image. The man who is "flesh," as a male remains in relationship with woman through his body and sex. (The expression "You shall not commit adultery" indicates this.) In the light of these words of Christ, this man must find himself again interiorly, in his heart.³¹ⁱⁱ The heart is this

³⁰ In this way, the content of our reflections shifts, in a way, to the field of natural law. The words quoted from the Letter to the Romans (2:15) have always been considered, in revelation, as a source of confirmation for the existence of natural law. Thus the concept of natural law also acquires a theological meaning.

³¹ "The typically Hebraic usage reflected in the New Testament implies an understanding of man as unity of thought, will and feeling... It depicts man as a whole, viewed from his intentionality; the heart as the center of man is thought of as source of will, emotion, thoughts and affections. This traditional Judaic conception was related by Paul to Hellenistic categories, such as "mind", "attitude", "thoughts" and "desires". Such a coordination between the Judaic and Hellenistic categories is found in Phil

dimension of humanity with which the sense of the meaning of the human body, and the order of this sense, is directly linked. Here it is a question both of the meaning which, in the preceding analyses, we called nuptial, and of that which we called generative. What order are we treating of?

Meaning of adultery

3. This part of our considerations must give an answer precisely to this question—an answer that reaches not only the ethical reasons, but also the anthropological; they remain, in fact, in a mutual relationship. For the time being, as a preliminary it is necessary to establish the meaning of Matthew 5:27-28, the meaning of the expressions used in it and their mutual relationship.

Adultery, to which the aforesaid commandment refers, means a breach of the unity by means of which man and woman, only as husband and wife, can unite so closely as to be "one flesh" (Gn 2:24). Man commits adultery if he unites in this way with a woman who is not his wife. The woman likewise commits adultery if she unites in this way with a man who is not her husband. It must be deduced from this that the "adultery in the heart," committed by the man when he "looks at a woman lustfully," means a quite definite interior act. It concerns a desire directed, in this case, by the man toward a woman who is not his wife, in order to unite with her as if she were, that is — using once more the words of Genesis 2:24 — in such a way that "they become one flesh." This desire, as an interior act, is expressed by means of the sense of sight, that is, with looks. This was the case of David and Bathsheba, to use an example taken from the Bible (cf. 2 Sm 11:2).⁽³⁾ The connection of lust with the sense of sight has been highlighted especially in Christ's words.

Man's interior act

4. These words do not say clearly whether the woman—the object of lust—is the wife of another or whether simply she is not the wife of the man who looks at her in this way. She may be the wife of another, or even not bound by marriage. Rather, it is necessary to intuit it, especially on the basis of the expression which precisely defines as adultery what man has committed in his heart with his look. It must be correctly deduced that this lustful look, if addressed to his own wife, is not adultery "in his heart." This is precisely because the man's interior act refers to the woman who is his wife, with regard to whom adultery cannot take place. The conjugal act as an exterior act, in which "they become one flesh," is lawful in the relationship of the man in question with the woman who is his wife. In like manner, the interior act in the same relationship is in conformity with morality.

Clarifying the text

1:7, 4:7; Rom 1:21-24, where "heart" is thought of as the center from which these things flow (R. Jewett, *Paul's Anthropological Terms, A Study of Their Use in Conflict Settings* [Leiden: Brill, 1971], p. 448)

5. Nevertheless, that desire, indicated by the expression "everyone who looks at a woman lustfully," has a biblical and theological dimension of its own, which we must clarify here. Even if this dimension is not manifested directly in this one concrete expression of Matthew 5:27-28, it is deeply rooted in the global context, which refers to the revelation of the body. We must go back to this context, so that Christ's appeal to the heart, to the interior man, may ring out in all the fullness of its truth.

This statement of the Sermon on the Mount (Mt 5:27-28) fundamentally has an indicative character. The fact that Christ directly addresses man as the one "who looks at a woman lustfully," does not mean that his words, in their ethical meaning, do not refer also to woman. Christ expresses himself in this way to illustrate with a concrete example how the fulfillment of the law must be understood, according to the meaning that God the legislator gave to it. Furthermore, it is to show how that "superabounding of justice" in the man who observes the sixth commandment of the Decalogue must be understood. Speaking in this way, Christ wants us not to dwell on the example in itself, but to penetrate the full ethical and anthropological meaning of the statement. If it has an indicative character, this means that, following its traces, we can arrive at understanding the general truth about historical man. This is valid also for the theology of the body. The further stages of our reflections will have the purpose of bringing us closer to understanding this truth.

Lust Is the Fruit of the Breach of the Covenant with God³²

1. During our last reflection, we said that the words of Christ in the Sermon on the Mount directly refer to the lust that arises immediately in the human heart. Indirectly, however, those words guide us to understanding a truth about man, which is of universal importance.

The words of Christ, taken from Matthew 5:27-28, direct us toward this truth about "historical" man, of universal importance. It seems to be expressed in the biblical doctrine on the three forms of lust. We are referring here to the concise statement in 1 John 2:16-17: "For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. And the world passes away, and the lust of it, but he who does the will of God abides forever."

To understand these words, obviously it is necessary to carefully consider the context in which they appear, that is, the context of the whole Johannine theology.ⁱⁱⁱ However, the same words are inserted, at the same time, in the context of the whole Bible. They belong to the whole revealed truth about man, and are important for the theology of the body. They do not explain lust itself in its threefold form, since they seem to assume that "the lust of the flesh and the lust of the eyes and the pride of life," are, in some way, a clear and known concept. However, they explain the genesis of lust in its threefold form, indicating its origin which is "not of the Father," but "of the world."

³² April 30, 1980

2. The lust of the flesh and, together with it, the lust of the eyes and the pride of life, is "in the world." At the same time it "is of the world," not as the fruit of the mystery of creation, but as the fruit of the tree of knowledge of good and evil in man's heart (cf. Gn 2:17). What fructifies in the three forms of lust is not the "world" God created for man, the fundamental "goodness" of which we have read several times in Genesis 1: "God saw that it was good.... It was very good." On the contrary, in the three forms of lust there fructifies the breaking of the first covenant with the Creator, with God-Elohim, with God-Yahweh. This covenant was broken in man's heart. It would be necessary to make here a careful analysis of the events described in Genesis 3:1-6. However, we are referring only in general to the mystery of sin, to the beginnings of human history. The "world" of Genesis has become the "world" of the Johannine words (cf. 1 Jn 2:15-16), the place and source of lust, only as the consequence of sin, as the fruit of the breaking of the covenant with God in the human heart, in the inner recesses of man.

In this way, therefore, the statement that lust "is not of the Father but is of the world," seems to direct us once more to the biblical beginning. The genesis of lust in its three forms presented by John finds in this beginning its first and fundamental elucidation. This explanation is essential for the theology of the body. To understand that truth of universal importance about historical man, contained in Christ's words in the Sermon on the Mount (Mt 5:27-28), we must return once more to Genesis. We must linger once more at the threshold of the revelation of historical man. This is all the more necessary, since this threshold of the history of salvation proves to be at the same time the threshold of authentic human experiences, as we will see in the following analyses. The same fundamental meanings that we drew from the preceding analyses will come to life in them again, as essential elements of a fitting anthropology and the deep substratum of the theology of the body.

3. The question may arise again whether it is permissible to transport the content typical of the Johannine theology, contained in the entire First Letter (especially in 1 Jn 2:15-16), to the ground of the Sermon on the Mount according to Matthew, and precisely of Christ's statement in Matthew 5:27-28. ("You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart.") We will come back to this matter several times. Nevertheless, we are referring straightway to the general biblical context, to the whole truth about man revealed and expressed in it. Precisely in the name of this truth, we are trying to understand completely the man that Christ indicates in the text of Matthew 5:27-28, that is, the man who looks at a woman lustfully.

Is not this look to be explained by the fact that man is precisely a "man of lust," in the sense of the First Letter of St. John? Both the man who looks lustfully and the woman who is the object of this look are in the dimension of lust in its three forms, which "is not of the Father but is of the world." It is necessary to understand what that lust is, or rather who that "lustful man" of the Bible is. This is necessary in order to discover the depths of Christ's words according to Matthew 5:27-28, and to explain the significance of their reference to the human heart, so important for the theology of the body.

4. Let us return again to the Yahwist narrative. In it, the same man, male and female, appears at the beginning as a man of original innocence before original sin. Then he appears as the one who lost innocence, by breaking the original covenant with his Creator. We do not intend here to make a complete analysis of temptation and sin, according to the same text of Genesis 3:1-5, the doctrine of the Church in this connection and theology. It should merely be observed that the biblical description itself seems to highlight especially the key moment, in which the gift is questioned in man's heart. The man who gathers the fruit of the "tree of the knowledge of good and evil" makes, at the same time, a fundamental choice. He carries it out against the will of the Creator, God-Yahweh, accepting the motivation suggested by the tempter: "You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." According to old translations: "You will be like gods, who know good and evil."³³

This motivation clearly includes questioning the gift and the love from which creation has its origin as donation. As regards man, he receives the "world" as a gift and at the same time the image of God that is, humanity itself in all the truth of its male and female duality. It is enough to read carefully the whole passage of Genesis 3:1-5, to detect in it the mystery of man who turns his back on the Father (even if we do not find this name applied to God in the narrative). Questioning in his heart the deepest meaning of the donation, that is, love as the specific motive of the creation and of the original covenant (cf. Gn 3:5), man turns his back on God-Love, on the Father. In a way he casts God out of his heart. At the same time, he detaches his heart and almost cuts it off from what "is of the Father." Thus, there remains in him what "is of the world."

5. "Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made themselves aprons" (Gn 3:7). This is the first sentence of the Yahwist narrative, which refers to man's situation after sin and shows the new state of human nature. Does not this sentence also suggest the beginning of lust in man's heart? To answer this question more thoroughly, we cannot stop at that first sentence, but must read the whole text again. However, it is worth recalling here what was said in the first analyses on the subject of shame as the experience "of the limit."³⁴(3) Genesis refers to this experience to show the "frontier" between the state of original innocence (cf. Gn 2:25, to which we devoted a great deal of attention in the preceding analyses) and man's sinfulness at the very "beginning." Genesis 2:25 emphasizes that they "were both naked, and were not ashamed." But Genesis 3:6 speaks explicitly of shame in connection with sin. That shame is almost the first source of the manifestation in both man and woman of what "is not of the Father, but of the world."

³³ The Hebrew text can have both meanings, because it runs: "ELOHIM knows that when you eat of it [the fruit of the tree of the knowledge of good and evil] your eyes will be opened, and you will be like ELOHIM, knowing good and evil." The term *elohim* is the plural of *eloah* (*pluralis excellentiae*). In English: "you will be *like God*, knowing good and evil" (*Revised Standard Version*, 1966). In relation to Yahweh, it has a singular meaning, but it may indicate the plural of other heavenly beings or pagan divinities (e.g. Ps 8:6; Ex 12:12; Jgs 10:16; Hos 31:1 and others).

³⁴ Cf. general audience of December 12, 1979

Real Significance of Original Nakedness³⁵

1. We have already spoken of the shame which arose in the heart of the first man, male and female, together with sin. The first sentence of the biblical narrative concerning this runs as follows: "Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made themselves aprons" (Gn 3:7). This passage, which speaks of the mutual shame of the man and the woman as a symptom of the fall (*status naturae lapsae*), must be considered in its context. At that moment shame reaches its deepest level and seems to shake the foundations of their existence. "And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden" (Gn 3:8).

The necessity of hiding themselves indicates that in the depths of the shame they both feel before each other, as the immediate fruit of the tree of the knowledge of good and evil, a sense of fear before God has matured, a fear previously unknown. The "Lord God called to the man, and said to him, 'Where are you?' And he said, 'I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself'" (Gn 3:9-10). A certain fear always belongs to the essence of shame. Nevertheless, original shame reveals its character in a particular way: "I was afraid, because I was naked." We realize that something deeper than physical shame, bound up with a recent consciousness of his own nakedness, is in action here. Man tries to cover the real origin of fear with the shame of his own nakedness. Thus he indicates its effect, in order not to call its cause by name. Then God-Yahweh says in his turn: "Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?" (Gn 3:11).

Man alienated from love

2. The precision of that dialogue is overwhelming; the precision of the whole narrative is overwhelming. It manifests the surface of man's emotions in living the events, in such a way as to reveal their depth at the same time. In all this, nakedness does not have solely a literal meaning. It does not refer only to the body; it is not the origin of a shame related only to the body. Actually, through nakedness, man deprived of participation in the gift is manifested, man alienated from that love which had been the source of the original gift, the source of the fullness of the good intended for the creature.

According to the formulas of the theological teaching of the Church,^{36iv} this man was deprived of the supernatural and preternatural gifts which were part of his endowment before sin. Furthermore, he suffered a loss in what belongs to his nature itself, to

³⁵ May 14, 1980

³⁶ The Magisterium of the Church dealt more closely with these problems, in three periods, according to the needs of the age.

The declarations of the period of the controversies with the Pelagians (V-VI centuries) affirm that the first man, by virtue of divine grace, possessed "*naturalem possibilitatem et innocentiam*" (DS 239), also called "freedom" ("*libertas*," "*libertas arbitrii*"), (DS 371, 242, 383, 622). He remained in a state which the Synod of Orange (in the year 529) calls "*integritas*": "*Natura humana, etiamsi in illa integritate, in qua condita est, permaneret, nullo modo se ipsam, Creatore suo non adiuvante, servaret...*" (DS 389).

humanity in the original fullness of the image of God. The three forms of lust do not correspond to the fullness of that image, but precisely to the loss, the deficiencies, the limitations that appeared with sin.

Lust is explained as a lack which has its roots in the original depth of the human spirit. If we wish to study this phenomenon in its origins, that is, at the threshold of the experiences of historical man, we must consider all the words that God-Yahweh addressed to the woman (Gn 3:16) and to the man (Gn 3:17-19). Furthermore, we must examine the state of their consciousness. The Yahwist text expressly enables us to do so. We have already called attention to the literary specificity of the text in this connection. A radical change

3. What state of consciousness can be manifested in the words: "I was afraid, because I was naked, and I hid myself"? What interior truth do they correspond to? What meaning of the body do they testify to? Certainly this new state differs a great deal from the original one. The words of Genesis 3:10 witness directly to a radical change of the meaning of original nakedness. As we pointed out previously, in the state of original innocence nakedness did not express a lack. Rather, it represented full acceptance of the body in all its human and therefore personal truth.

The body, as the expression of the person, was the first sign of man's presence in the visible world. In that world, right from the beginning, man was able to distinguish himself, almost to be individualized—that is, confirm himself as a person—through his own body. It had been marked as a visible factor of the transcendence in virtue of which man, as a person, surpasses the visible world of living beings (animalia). In this sense, the human body was from the beginning a faithful witness and a tangible verification of man's original solitude in the world. At the same time, by means of his masculinity and femininity, it became a limpid element of mutual donation in the communion of persons. In this way, the human body bore in itself, in the mystery of creation, an unquestionable sign of the image of God. It also constituted the specific source of the certainty of that image, present in the whole human being. In a way, original acceptance of the body was the basis of the acceptance of the whole visible world. In its turn it was for man a guarantee of his dominion over the world, over the earth, which he was to subdue (cf. Gn 1:28).

Loss of God's image

4. The words "I was afraid, because I was naked, and I hid myself" (Gn 3:10), witness to a radical change in this relationship. In a way, man loses the original certainty of the image of God, expressed in his body. He also loses to some extent the sense of his right to participate in the perception of the world, which he enjoyed in the mystery of creation. This right had its foundation in man's inner self, in the fact that he himself participated in the divine vision of the world and of his own humanity. This gave him deep peace and joy in living the truth and value of his own body, in all its simplicity, transmitted to him by the Creator: "God saw [that] it was very good" (Gn 1:31).

The words of Genesis 3:10, "I was afraid, because I was naked, and I hid myself," confirm the collapse of the original acceptance of the body as a sign of the person in the visible world. At the same time, the acceptance of the material world in relation to man also seems to be shaken. The words of God-Yahweh forewarn the hostility of the world, the resistance of nature with regard to man and his tasks. They forewarn the fatigue that the human body was to feel in contact with the earth subdued by him: "Cursed is the ground because of you; in toil you shall eat of it all the days of your life; thorns and thistles it shall bring forth to you, and you shall eat the plants of the field. In the sweat of your face you shall eat bread till you return to the ground, for out of it you were taken" (Gn 3:17-19). Death is the end of this toil, of this struggle of man with the earth: "You are dust, and to dust you shall return" (Gn 3:19).

In this context, or rather in this perspective, Adam's words in Genesis 3:10, "I was afraid, because I was naked, and I hid myself," seem to express the awareness of being defenseless. They express the sense of insecurity of his bodily structure before the processes of nature, operating with inevitable determinism. Perhaps in this overwhelming statement a certain "cosmic shame" is implicit. In it, man's being created in the image of God and called to subdue the earth and dominate it (cf. Gn 1:28) expresses his own self. This happens precisely when, at the beginning of his historical experiences and in a manner so explicit, he is subjected to the earth, especially in the "part" of his transcendent constitution represented precisely by the body.

It is necessary to interrupt here our reflections on the meaning of original shame, in the book of Genesis. We will resume them in a week's time.

A Fundamental Disquiet in All Human Existence³⁷

1. We are reading again the first chapters of Genesis, to understand how—with original sin—the "man of lust" took the place of the "man of original innocence." The words of Genesis 3:10, "I was afraid, because I was naked, and I hid myself," provide evidence of the first experience of man's shame with regard to his Creator—a shame that could also be called "cosmic".

However, this "cosmic shame"—if it is possible to perceive its features in man's total situation after original sin—makes way in the biblical text for another form of shame. It is the shame produced in humanity itself. It is caused by the deep disorder in that reality on account of which man, in the mystery of creation, was God's image. He was God's image both in his personal "ego" and in the interpersonal relationship, through the original communion of persons, constituted by the man and the woman together. That shame, the cause of which is in humanity itself, is at once immanent and relative. It is manifested in the dimension of human interiority and at the same time refers to the "other." This is the woman's shame with regard to the man, and also the man's with regard to the woman. This mutual shame obliges them to cover their own nakedness, to

³⁷ May 28, 1980

hide their own bodies, to remove from the man's sight what is the visible sign of femininity, and from the woman's sight what is the visible sign of masculinity.

The shame of both was turned in this direction after original sin, when they realized that they were naked, as Genesis 3:7 bears witness. The Yahwist text seems to indicate explicitly the sexual character of this shame. "They sewed fig leaves together and made themselves aprons." However, we may wonder if the sexual aspect has only a relative character, in other words, if it is a question of shame of one's own sexuality only in reference to a person of the other sex.

Relative character of original shame

2. Although in the light of that one decisive sentence of Genesis 3:7, the answer to the question seems to support especially the relative character of original shame, nevertheless reflection on the whole immediate context makes it possible to discover its more immanent background. That shame, which is certainly manifested in the "sexual" order, reveals a specific difficulty in perceiving the human essentiality of one's own body. Man had not experienced this difficulty in the state of original innocence. The words, "I was afraid, because I was naked," can be understood in this way. They show clearly the consequences in the human heart of the fruit of the tree of the knowledge of good and evil.

Through these words a certain constitutive break within the human person is revealed, which is almost a rupture of man's original spiritual and somatic unity. He realizes for the first time that his body has ceased drawing upon the power of the spirit, which raised him to the level of the image of God. His original shame bears within it the signs of a specific humiliation mediated by the body. It conceals the germ of that contradiction, which will accompany historical man in his whole earthly path, as St. Paul writes: "For I delight in the law of God, in my inmost self, but I see in my members another law at war with the law of my mind" (Rom 7:22-23).

Centre of resistance

3. In this way, that shame is immanent. It contains such a cognitive acuteness as to create a fundamental disquiet in all human existence. This is not only in face of the prospect of death, but also before that on which the value and dignity of the person in his ethical significance depends. In this sense the original shame of the body ("I am naked") is already fear ("I was afraid"), and announces the uneasiness of conscience connected with lust.

The body is not subordinated to the spirit as in the state of original innocence. It bears within it a constant center of resistance to the spirit. It threatens, in a way, the unity of the person, that is, of the moral nature, which is firmly rooted in the constitution of the person. Lust, especially the lust of the body, is a specific threat to the structure of self-control and self-mastery, through which the human person is formed. It also constitutes a specific challenge for it. In any case, the man of lust does not control his own body in the

same way, with equal simplicity and naturalness, as the man of original innocence did. The structure of self-mastery, essential for the person, is shaken to the very foundations in him. He again identifies himself with it in that he is continually ready to win it.

Interior imbalance

4. Immanent shame is connected with this interior imbalance. It has a "sexual" character, because the very sphere of human sexuality seems to highlight especially that imbalance, which springs from lust and especially from the lust of the body. From this point of view, that first impulse which Genesis 3:7 speaks of is very eloquent: "They knew that they were naked, and they sewed fig leaves together and made themselves aprons." It is as if the "man of lust" (man and woman "in the act of knowledge of good and evil") felt that he had just stopped, also through his own body and sex, being above the world of living beings or animalia. It is as if he felt a specific break of the personal integrity of his own body, especially in what determines its sexuality and is directly connected with the call to that unity in which man and woman "become one flesh" (Gn 2:24).

Therefore, that immanent and at the same time sexual shame is always, at least indirectly, relative. It is the shame of his own sexuality with regard to the other human being. Shame is manifested in this way in the narrative of Genesis 3. As a result of it we are, in a certain sense, witnesses of the birth of human lust. Also the motivation to go back from Christ's words about the man who "looks at a woman lustfully" (Mt 5:27-28), to that first moment in which shame is explained by means of lust, and lust by means of shame, is therefore sufficiently clear. In this way we understand better why and in what sense Christ speaks of desire as adultery committed in the heart, because he addresses the human "heart".

Desire and shame

5. The human heart keeps within it simultaneously desire and shame. The birth of shame directs us toward that moment in which the inner man, "the heart," closing himself to what "comes from the Father," opens to what "comes from the world." The birth of shame in the human heart keeps pace with the beginning of lust—of the threefold concupiscence according to Johannine theology (cf. 1 Jn 2:16), and in particular the concupiscence of the body.

Man is ashamed of his body because of lust. In fact, he is ashamed not so much of his body as precisely of lust. He is ashamed of his body owing to lust. He is ashamed of his body owing to that state of his spirit to which theology and psychology give the same name: desire or lust, although with a meaning that is not quite the same.

The biblical and theological meaning of desire and lust is different from that used in psychology. For the latter, desire comes from lack or necessity, which the value desired must satisfy. As we can deduce from 1 Jn 2:16, biblical lust indicates the state of the human spirit removed from the original simplicity and the fullness of values that man and the world possess in the dimensions of God. This simplicity and fullness of the value of the human body in the first experience of its masculinity-femininity, which Genesis 2:23-

25 speaks of, has subsequently undergone, in the dimensions of the world, a radical transformation. Then, together with the lust of the body, shame was born.

Double meaning

6. Shame has a double meaning. It indicates the threat to the value and at the same time preserves this value interiorly.³⁸ The human heart, from the moment when the lust of the body was born in it, also keeps shame within itself. This fact indicates that it is possible and necessary to appeal to the heart when it is a question of guaranteeing those values from which lust takes away their original and full dimension. If we keep that in mind, we can understand better why Christ, speaking of lust, appeals to the human "heart".

Relationship of Lust to Communion of Persons³⁹

1. Speaking of the birth of lust, on the basis of the book of Genesis, we analyzed the original meaning of shame, which appeared with the first sin. In the light of the biblical narrative, the analysis of shame enables us to understand even more thoroughly the meaning it has for interpersonal man-woman relations as a whole. The third chapter of Genesis shows without any doubt that shame appeared in man's mutual relationship with woman. By reason of the shame itself, this relationship underwent a radical transformation. It was born in their hearts together with the lust of the body. Thus, the analysis of original shame enables us at the same time to examine what relationship this lust remains in with regard to the communion of persons. This communion was granted and assigned from the beginning as the task of the man and woman, owing to the fact that they had been created "in the image of God." Therefore, the further stage of the study of lust, which had been manifested "at the beginning" through the man and woman's shame, according to Genesis 3, is the analysis of the insatiability of the union, that is, of the communion of persons. This was to be expressed also by their bodies, according to their specific masculinity and femininity.

Changes in man-woman relationship

2. According to the biblical narrative, this shame induces man and woman to hide from each other their bodies and especially their sexual differentiation. This shame confirms that the original capacity of communicating themselves to each other, which Genesis 2:25 speaks of, has been shattered. The radical change of the meaning of original nakedness leads us to presume negative changes in the whole interpersonal man-woman relationship. That mutual communion in humanity itself by means of the body and by means of its masculinity and femininity, which resounded so strongly in the preceding passage of the Yahwist narrative (cf. Gn 2:23-25), is upset at this moment. It is as if the body, in its masculinity and femininity, no longer constituted the trustworthy substratum of the communion of persons, as if its original function were called in question in the consciousness of man and woman.

³⁸ Cf. Karol Wojtyła, *Amore e responsabilità* (Turin: 1978), chap. "Metafisica del pudore," pp. 161-178.

³⁹ June 4, 1980

Having facilitated an extraordinary fullness in their mutual communication, the simplicity and purity of the original experience disappear. Obviously, our first progenitors did not stop communicating with each other through the body and its movements, gestures and expressions. But that simple and direct communion with each other, connected with the original experience of reciprocal nakedness, disappeared. Almost unexpectedly, an insuperable threshold appeared in their consciousness. It limited the original giving of oneself to the other, in full confidence in what constituted their own identity and, at the same time, their diversity, female on the one side, male on the other. The diversity, that is, the difference of the male sex and the female sex, was suddenly felt and understood as an element of mutual confrontation of persons. The concise expression of Genesis 3:7 and its immediate context testify to this: "They knew that they were naked." All that is also part of the analysis of the first shame. The Book of Genesis not only portrays its origin in the human being, but also makes it possible to reveal its degrees in both man and woman.

Loss of that original certainty

3. The ending of the capacity of a full mutual communion, which is manifested as sexual shame, enables us to understand better the original value of the unifying meaning of the body. It is not possible to understand otherwise that respective closure to each other, or shame, unless in relation to the meaning that the body, in its femininity and masculinity, previously had for man in the state of original innocence. That unifying meaning is understood with regard to the unity that man and woman, as spouses, were to constitute, becoming "one flesh" (Gn 2:24) through the conjugal act. It is also understood in reference to the communion of persons itself, which had been the specific dimension of man and woman's existence in the mystery of creation. The body in its masculinity and femininity constituted the peculiar "substratum" of this personal communion. Sexual shame, with which Genesis 3:7 deals, bears witness to the loss of the original certainty that the human body, through its masculinity and femininity, is precisely that "substratum" of the communion of persons, that expresses it "simply", that it serves the purpose of realizing it (and thus also of completing the image of God in the visible world).

This state of consciousness in both has strong repercussions in the further context of Genesis 3, with which we shall deal shortly. If after original sin, man had lost the sense of the image of God in himself, that loss was manifested with shame of the body (cf. Gn 3:10-11). That shame, encroaching upon the man-woman relationship in its totality, was manifested with the imbalance of the original meaning of corporeal unity, that is, of the body as the peculiar "substratum" of the communion of persons. As if the personal profile of masculinity and femininity, which before highlighted the meaning of the body for a full communion of persons, had made way only for the sensation of sexuality with regard to the other human being. It is as if sexuality became an obstacle in the personal relationship of man and woman. Concealing it from each other, according to Genesis 3:7, they both express it almost instinctively.

Second discovery of sex

4. At the same time, this is the second discovery of sex, which in the biblical narrative differs radically from the first one. The whole context of the narrative confirms that this new discovery distinguishes historical man with his lust (with the three forms of lust) from the man of original innocence. What relationship does lust have, especially the lust of the flesh, with regard to the communion of persons mediated by the body, by its masculinity and femininity, that is, to the communion assigned "from the beginning" to man by the Creator? This question must be posed, precisely with regard to the beginning, about the experience of shame, which the biblical narrative refers to.

As we have already observed, shame is manifested in Genesis 3 as a symptom of man's detachment from the love in which he participated in the mystery of creation according to the Johannine expression, the love that "comes from the Father." "The love that is in the world," that is, lust, brings with it an almost constitutive difficulty of identification with one's own body. This is not only in the sphere of one's own subjectivity, but even more with regard to the subjectivity of the other human being, of woman for man, of man for woman.

Collapse of original communion

5. Hence the necessity of hiding before the other with one's own body, with what determines one's own femininity-masculinity. This necessity proves the fundamental lack of trust, which in itself indicates the collapse of the original relationship of communion. Regard for the subjectivity of the other, and at the same time for one's own subjectivity, has aroused in this new situation, that is, in the context of lust, the necessity of hiding oneself, which Genesis 3:7 speaks of.

Here it seems to us that we can discover a deeper meaning of sexual shame and also the full meaning of that phenomenon, to which the biblical text refers, to point out the boundary between the man of original innocence and the historical man of lust. The complete text of Genesis 3 supplies us with elements to define the deepest dimension of shame, but that calls for a separate analysis. We will begin it in the next reflection.

Dominion over the Other in the Interpersonal Relation⁴⁰

1. The phenomenon of shame, which appeared in the first man together with original sin, is described with surprising precision in Genesis 3. Careful reflection on this text enables us to deduce from it that shame has a deeper dimension. This shame took the place of the absolute trust connected with the previous state of original innocence in the mutual relationship between man and woman. In this connection it is necessary to reread chapter 3 of Genesis to the end, and not limit ourselves to verse 7 or verses 10-11, which contain the testimony about the first experience of shame. After this narrative, the dialogue of God-Yahweh with the man and the woman breaks off and a monologue begins. Yahweh

⁴⁰ June 18, 1980

turns to the woman and speaks first of the pain of childbirth, which will accompany her from now on: "I will greatly multiply your pain in childbearing; in pain you shall bring forth children..." (Gn 3:16).

That is followed by the expression which characterizes the future relationship of both the man and the woman: "Your desire shall be for your husband, and he shall rule over you" (Gn 3:16).

A particular "disability" of woman

2. These words, like those of Genesis 2:24, have a perspective character. The incisive formulation of 3:16 seems to regard the facts as a whole. They have already emerged, in a way, in the original experience of shame, and will subsequently be manifested in the entire interior experience of historical man. The history of consciences and of human hearts will continually confirm the words of Genesis 3:16. The words spoken at the beginning seem to refer to a particular "disability" of woman as compared with man. But there is no reason to understand it as a social disability or inequality. The expression: "Your desire shall be for your husband, and he shall rule over you" immediately indicates, on the other hand, another form of inequality. Woman will feel this as a lack of full unity precisely in the vast context of union with man, to which both were called according to Genesis 2:24.

A fundamental loss

3. The words of God-Yahweh: "Your desire shall be for your husband, and he shall rule over you" (Gn 3:16), do not concern exclusively the moment of man and woman's union, when both unite in such a way as to become one flesh (cf. Gn 2:24). They refer to the ample context of relations, including indirect ones, of conjugal union as a whole. For the first time the man is defined here as "husband." In the whole context of the Yahwist narrative these words mean above all, a violation, a fundamental loss, of the original community-communion of persons. The latter should have made man and woman mutually happy by the pursuit of a simple and pure union in humanity, by a reciprocal offering of themselves. That is the experience of the gift of the person expressed with the soul and with the body, with masculinity and femininity ("flesh of my flesh"—Gn 2:23). Finally, it should have made them happy by the subordination of this union to the blessing of fertility with procreation.

Distorted by lust

4. It seems that in the words which God-Yahweh addressed to the woman, there is a deeper echo of the shame which the man and woman began to experience after breaking the original covenant with God. We find, moreover, a fuller motivation of this shame. In a very discreet way, which is still decipherable and expressive, Genesis 3:16 testifies how that original beatifying conjugal union of persons will be distorted in man's heart by lust. These words are addressed directly to woman, but they refer to man, or rather to both together.

Dominion over woman

5. The previous analysis of Genesis 3:7 showed that in the new situation, after breaking the original covenant with God, the man and the woman found themselves more divided. Instead of being united, they were even opposed because of their masculinity and femininity. The biblical narrative stresses the instinctive impulse that had driven them both to cover their bodies. It describes at the same time the situation in which man, as male or female—before it was rather male and female—feels more estranged from the body, as from the source of the original union in humanity ("flesh of my flesh"). They were more opposed to the other precisely on the basis of the body and sex. This opposition does not destroy or exclude conjugal union, willed by the Creator (cf. Gn 2:24), or its procreative effects. But it confers on the realization of this union another direction, which will be that of the man of lust. Genesis 3:16 speaks precisely of this. The woman, whose "desire shall be for her husband" (cf. Gn 3:16), and the man who responds to this desire, as we read: "He shall rule over you," unquestionably form the same human couple. It was the same marriage as in Genesis 2:24, the same community of persons. However, they are now something different. They are no longer called only to union and unity, but are also threatened by the insatiability of that union and unity. It does not cease to attract man and woman precisely because they are persons, called from eternity to exist in communion. In the light of the biblical narrative, sexual shame has its deep meaning. It is connected with the failure to satisfy the aspiration to realize in the conjugal union of the body (cf. Gn 2:24) the mutual communion of persons.

Threefold lust

6. All that seems to confirm, from various aspects, that at the basis of shame, in which historical man has become a participant, there is the threefold lust spoken of in the First Letter of John. It is not only the lust of the flesh, but also "the lust of the eyes and the pride of life" (1 Jn 2:16). Does not the expression of Genesis 3:16 regarding "rule" ("He shall rule over you") indicate this last form of lust? Does not the rule over the other—of man over woman—change essentially the structure of communion in the interpersonal relationship? Does it not transpose into the dimension of this structure something that makes the human being an object, which can, in a way, be desired by the lust of the eyes? These questions spring from reflection on the words of God-Yahweh according to Genesis 3:16. Delivered almost on the threshold of human history after original sin, those words reveal to us not only the exterior situation of man and woman, but enable us also to penetrate into the deep mysteries of their hearts.

Lust Limits Nuptial Meaning of the Body⁴¹

1. The analysis we made during the preceding reflection was centered on the words which God-Yahweh addressed to the first woman after original sin: "Your desire shall be for your husband, and he shall rule over you" (Gn 3:16). We concluded that these words

⁴¹ June 25, 1980

contain an adequate clarification and a deep interpretation of original shame (cf. Gn 3:7), which became part of man and of woman together with lust. The explanation of this shame is not to be sought in the body itself, in the somatic sexuality of both. It goes back to the deeper changes undergone by the human spirit. This spirit is especially aware of how insatiable it is with regard to the mutual unity between man and woman.

This awareness blames the body, so to speak, and deprives it of the simplicity and purity of the meaning connected with the original innocence of the human being. In relation to this awareness, shame is a secondary experience. If it reveals the moment of lust, at the same time it can protect from the consequences of the three forms of lust. It can even be said that man and woman, through shame, almost remain in the state of original innocence. They continually become aware of the nuptial meaning of the body and aim at preserving it from lust. Similarly, they try to maintain the value of communion, that is, of the union of persons in the unity of the body.

Better understanding

2. Genesis 2:24 speaks with discretion but also with clarity of the union of bodies in the sense of the authentic union of persons: "A man...cleaves to his wife, and they become one flesh." From the context it is seen that this union comes from a choice, since the man leaves his father and mother to unite with his wife. Such a union of persons entails that they should become one flesh. Starting from this "sacramental" expression, which corresponds to the communion of persons—of the man and the woman—in their original call to conjugal union, we can understand better the specific message of Genesis 3:16: that is, we can establish and, as it were, reconstruct what the imbalance, in fact the peculiar distortion of the original interpersonal relationship of communion, to which the "sacramental" words of Genesis 2:24 refer, consists of.

Impulse to dominate

3. It can therefore be said—studying Genesis 3:16—that while on the one hand the "body," constituted in the unity of the personal subject, does not cease to stimulate the desires of personal union, precisely because of masculinity and femininity ("your desire shall be for your husband"), on the other hand and at the same time, lust directs these desires in its own way. That is confirmed by the expression, "he shall rule over you". The lust of the flesh directs these desires, however, to satisfaction of the body, often at the cost of a real and full communion of persons. In this sense, attention should be paid to the way in which semantic accentuations are distributed in the verses of Genesis 3. Although there are few of them, they reveal interior consistency. The man seems to feel ashamed of his own body with particular intensity: "I was afraid, because I was naked, and I hid myself" (Gn 3:10). These words emphasize the metaphysical character of shame. At the same time, for the man, shame united with lust will become an impulse to "dominate" the woman. ("he shall rule over you.")

Subsequently, the experience of this domination is manifested more directly in the woman as the insatiable desire for a different union. From the moment when the man

"dominates" her, the communion of persons—made of the full spiritual union of the two subjects giving themselves to each other—is followed by a different mutual relationship. This is the relationship of possession of the other as the object of one's own desire. If this impulse prevails on the part of the man, the instincts that the woman directs to him, according to the expression of Genesis 3:16, can—and do—assume a similar character. Sometimes, perhaps, they precede the man's "desire," or even aim at arousing it and giving it impetus.

And interior dimension

4. The text of Genesis 3:16 seems to indicate the man especially as the one who "desires." This is similar to the text of Matthew 5:27-28, the starting point of these meditations. Nevertheless, both the man and the woman have become a human being subject to lust. Therefore the lot of both is shame. With its deep resonance, it touches the innermost recesses both of the male and of the female personality, even though in a different way. What we learn from Genesis 3 enables us barely to outline this duality, but even the mere references are very significant. Since it is a question of such an archaic text, it is surprisingly eloquent and acute.

Similar experiences

5. An adequate analysis of Genesis 3 leads to the conclusion that the three forms of lust, including that of the body, bring with them a limitation of the nuptial meaning of the body itself, in which man and woman participated in the state of original innocence. When we speak of the meaning of the body, we refer first to the full awareness of the human being. But we also include all actual experience of the body in its masculinity and femininity, and, in any case, the constant predisposition to this experience.

The meaning of the body is not just something conceptual. We have already drawn attention to this sufficiently in the preceding analyses. The meaning of the body is at the same time what determines the attitude—it is the way of living the body. It is a measure which the interior man, that is, that heart which Christ referred to in the Sermon on the Mount, applies to the human body with regard to his masculinity/femininity (therefore with regard to his sexuality).

That meaning does not change the reality in itself, what the human body is and does not cease to be in the sexuality that is characteristic of it, independently of the states of our conscience and our experiences. However, this purely objective significance of the body and of sex, outside the system of real and concrete interpersonal relations between man and woman, is, in a certain sense, "ahistorical." In the present analysis, on the contrary—in conformity with the biblical sources—we always take man's historicity into account (also because we start from his theological prehistory). Obviously it is a question here of an interior dimension, which eludes the external criteria of historicity, but which, however, can be considered historical. It is precisely at the basis of all the facts which constitute the history of man—also the history of sin and of salvation—and thus reveal the depth and very root of his historicity.

Linked with Sermon on the Mount

6. When, in this vast context, we speak of lust as a limitation, infraction or even distortion of the nuptial meaning of the body, we are referring above all to the preceding analyses regarding the state of original innocence, that is, the theological prehistory of man. At the same time, we have in mind the measure that historical man, with his "heart," applies to his own body in relation to male/female sexuality. This measure is not something exclusively conceptual. It determines the attitudes and decides in general the way of living the body.

Certainly, Christ refers to that in his Sermon on the Mount. We are trying here to link the words taken from Matthew 5:27-28 to the threshold of man's theological history, considering them in the context of Genesis 3. Lust as a limitation, infraction or even distortion of the nuptial meaning of the body can be ascertained in an especially clear way in our first progenitors, Adam and Eve (despite the concise nature of the biblical narrative). Thanks to them we have been able to find the nuptial meaning of the body and rediscover what it consists of as a measure of the human heart, such as to mold the original form of the communion of persons. In their personal experience (which the biblical text enables us to follow) that original form has undergone imbalance and distortion—as we have sought to prove through the analysis of shame—also the nuptial meaning of the body, which in the situation of original innocence constituted the measure of the heart of both the man and the woman, must have undergone a distortion. If we succeed in reconstructing what this distortion consists of, we shall also have the answer to our question. That is, what does lust of the flesh consist of, and what constitutes its theological and at the same time anthropological specific character? It seems that an answer theologically and anthropologically adequate—important as regards the meaning of Christ's words in the Sermon on the Mount (cf. Mt 5:27-28)—can already be obtained from the context of Genesis 3 and from the whole Yahwist narrative, which previously enabled us to clarify the nuptial meaning of the human body.

The Heart a Battlefield Between Love and Lust⁴²

1. The human body in its original masculinity and femininity, according to the mystery of creation—as we know from the analysis of Genesis 2:23-25—is not only a source of fertility, that is, of procreation, but right "from the beginning" it has a nuptial character: that is to say, it is capable of expressing the love with which the man-person becomes a gift, thus fulfilling the deep meaning of his being and his existence. In this peculiarity, the body is the expression of the spirit and is called, in the mystery of creation, to exist in the communion of persons in the image of God. The concupiscence "that comes from the world"—here it is directly a question of the concupiscence of the body—limits and distorts the body's objective way of existing, of which man has become a participant. The human heart experiences the degree of this limitation or distortion, especially in the sphere of man-woman mutual relations. Precisely in the experience of the heart,

⁴² July 23, 1980

femininity and masculinity, in their mutual relations, no longer seem to express the spirit which aims at personal communion. They remain only an object of attraction, in a certain sense as happens in the world of living beings, which, like man, have received the blessing of fertility (cf. Gn 1).

2. This similarity is certainly contained in the work of creation. Genesis 2 and especially verse 24 confirm this. However, already in the mystery of creation, that which constituted the natural, somatic and sexual substratum of that attraction, fully expressed the call of man and woman to personal communion. After sin, on the contrary, in the new situation of which Genesis 3 speaks, this expression was weakened and dimmed. It is as if it were lacking in the shaping of mutual relations, or as if it were driven back to another plane. The natural and somatic substratum of human sexuality was manifested as an almost autogenous force. It is marked by a certain "coercion of the body," operating according to its own dynamics, which limits the expression of the spirit and the experience of the exchange of the gift of the person. The words of Genesis 3:15 addressed to the first woman seem to indicate this quite clearly: "Your desire shall be for your husband, and he shall rule over you."

3. The human body in its masculinity and femininity has almost lost the capacity of expressing this love. In it, the man-person becomes a gift, in conformity with the deepest structure and finality of his personal existence, as we have already observed in preceding analyses. Here we do not formulate this judgment absolutely and we add the adverb "almost." We do so because the dimension of the gift—namely, the capacity of expressing love with which man, by means of femininity or masculinity, becomes a gift for the other—has continued to some extent to permeate and mold the love that is born in the human heart. The nuptial meaning of the body has not been completely suffocated by concupiscence, but only habitually threatened.

The heart has become a battlefield between love and lust. The more lust dominates the heart, the less the heart experiences the nuptial meaning of the body. It becomes less sensitive to the gift of the person, which expresses that meaning in the mutual relations of man and woman. Certainly, that lust which Christ speaks of in Matthew 5:27-28 appears in many forms in the human heart. It is not always plain and obvious. Sometimes it is concealed, so that it passes itself off as love, although it changes its true profile and dims the limpidity of the gift in the mutual relationship of persons. Does this mean that it is our duty to distrust the human heart? No! It only means that we must keep it under control.

4. The image of the concupiscence of the body, which emerges from the present analysis, has a clear reference to the image of the person, with which we connected our preceding reflections on the nuptial meaning of the body. Man as a person is "the only creature on earth that God has willed for its own sake" and, at the same time, he is the one who "can fully discover his true self only in a sincere giving of himself."⁴³ Lust in general—and

⁴³ Gaudium et spes, no. 24: "Indeed, the Lord Jesus, when he prayed to the Father 'that all may be one...even as we are one' (Jn 17:21-22), opened up vistas closed to human reason, for he implied a certain likeness between the union of the divine Persons, and the unity of God's sons in truth and charity. This

the lust of the body in particular—attacks this "sincere giving." It deprives man of the dignity of giving, which is expressed by his body through femininity and masculinity. In a way it depersonalizes man, making him an object "for the other." Instead of being "together with the other"—a subject in unity, in the sacramental unity of the body—man becomes an object for man, the female for the male and vice versa. Genesis 3:16 and Genesis 3:7 bear witness to this, with all the clearness of the contrast, as compared with Genesis 2:23-25.

5. Violating the dimension of the mutual giving of the man and the woman, concupiscence also calls in question the fact that each of them was willed by the Creator "for his own sake." In a certain sense, the subjectivity of the person gives way to the objectivity of the body. Owing to the body, man becomes an object for man—the female for the male and vice versa. Concupiscence means that the personal relations of man and of woman are unilaterally and reductively linked with the body and sex, in the sense that these relations become almost incapable of accepting the mutual gift of the person. They do not contain or deal with femininity/masculinity according to the full dimension of personal subjectivity. They do not express communion, but they remain unilaterally determined by sex.

6. Concupiscence entails the loss of the interior freedom of the gift. The nuptial meaning of the human body is connected precisely with this freedom. Man can become a gift—that is, the man and the woman can exist in the relationship of mutual self-giving—if each of them controls himself. Manifested as a "coercion sui generis of the body," concupiscence limits interiorly and reduces self-control. For that reason, in a certain sense it makes impossible the interior freedom of giving. Together with that, the beauty that the human body possesses in its male and female aspect, as an expression of the spirit, is obscured. The body remains as an object of lust and, therefore, as a "field of appropriation" of the other human being. In itself, concupiscence is not capable of promoting union as the communion of persons. By itself, it does not unite, but appropriates. The relationship of the gift is changed into the relationship of appropriation. At this point, let us interrupt our reflections today. The last problem dealt with has such great importance, and is so subtle, from the point of view of the difference between authentic love (that is, between the "communion of persons") and lust, that we shall have to take it up again at our next meeting.

Opposition in the Human Heart between the Spirit and the Body⁴⁴

1. The reflections we are developing in the present cycle refer to the words which Christ uttered in the Sermon on the Mount on man's lust for woman. In the attempt to proceed with a thorough examination of what characterizes the man of lust, we went back again to Genesis. Here, the situation that came into being in the mutual relationship of man and woman is portrayed with great delicacy. The single sentences of Genesis 3 are very eloquent. In Genesis 3:16 God-Yahweh addressed the woman: "Your desire shall be for

likeness reveals that man, who is the only creature on earth which God willed for itself, cannot fully find himself except through a sincere gift of himself."

⁴⁴ July 30, 1980

your husband, and he shall rule over you." Upon a careful analysis, these words seem to reveal in what way the relationship of mutual giving, which existed between them in the state of original innocence, changed after original sin to a relationship of mutual appropriation.

If man in his relationship with woman considers her only as an object to gain possession of and not as a gift, he condemns himself thereby to become also for her only an object of appropriation, and not a gift. It seems that the words of Genesis 3:16 deal with this bilateral relationship, although the only thing they say directly is: "He shall rule over you." Furthermore, in unilateral appropriation (which indirectly is bilateral) the structure of communion between persons disappears. Both human beings become almost incapable of attaining the interior measure of the heart, directed to the freedom of the giving of oneself and the nuptial meaning of the body, which is intrinsic to it. Genesis 3:16 seems to suggest that it is often at the expense of the woman that this happens, and that in any case she feels it more than man.

2. It is worth turning our attention now to this detail at least. It is possible to perceive a certain parallelism between the words of God-Yahweh according to Genesis 3:16, "Your desire shall be for your husband, and he shall rule over you," and those of Christ according to Matthew 5:27-28, "Everyone who looks at a woman lustfully...." Perhaps it is not a question here of the fact that the woman especially becomes the object of man's lust, but rather that—as we have already stressed previously—"from the beginning" man was to have been the guardian of the reciprocity of donation and its true balance. The analysis of that "beginning" (cf. Gn 2:23-25) shows precisely man's responsibility in accepting femininity as a gift and in borrowing it in a mutual, bilateral exchange. To take from woman her own gift by means of concupiscence is in open contrast with that. The maintenance of the balance of the gift seems to have been entrusted to both. But a special responsibility rests with man above all, as if it depended more on him whether the balance is maintained or broken or even—if already broken—re-established.

Certainly, the diversity of roles according to these statements, to which we are referring here as to key-texts, was also dictated by the social emargination of woman in the conditions of that time. (The Sacred Scripture of the Old and the New Testament gives us sufficient proofs of this.) Nevertheless, it contains a truth, which has its weight independently of specific conditionings due to the customs of that given historical situation.

3. As a consequence of lust, the body becomes almost a "ground" of appropriation of the other person. As is easy to understand, that entails the loss of the nuptial meaning of the body. Together with that, the mutual belonging of persons—who, uniting so as to "become one flesh" (Gn 2:24), are called at the same time to belong to each other—acquires another meaning. The particular dimension of the personal union of man and woman through love is expressed in the word "my." This pronoun, which has always belonged to the language of human love, often recurs in the verses of the Song of Songs

and in other biblical texts.⁴⁵ In its "material" meaning, this pronoun denotes a relationship of possession. But in our case it indicates the personal analogy of this relationship.

The mutual belonging of man and woman, especially when they belong to each other as spouses "in the unity of the body," is formed according to this personal analogy. As is well known, an analogy indicates at the same time a similarity and also the lack of identity (namely, a substantial dissimilarity). We can speak of persons belonging to each other only if we consider such an analogy. In its original and specific meaning, belonging presupposes the relationship of the subject to the object, a relationship of possession and ownership. This relationship is not only objective, but above all "material"—the belonging of something, and therefore of an object to someone.

4. In the eternal language of human love, the term "my" certainly does not have this meaning. It indicates the reciprocity of the donation. It expresses the equal balance of the gift—perhaps precisely this, in the first place—namely, that in which the mutual *communio personarum* is established. If this is established by the mutual gift of masculinity and femininity, the nuptial meaning of the body is also preserved in it. In the language of love, the word "my" seems a radical negation of belonging in the sense in which an object-thing belongs to the subject-person. The analogy preserves its functions until it falls into the meaning set forth above. Triple lust, and in particular the lust of the flesh, takes away from the mutual belonging of man and woman the specific dimension of the personal analogy, in which the term "my" preserves its essential meaning. This essential meaning lies outside the "law of ownership," outside the meaning of "object of possession." On the contrary, concupiscence is directed toward the latter meaning.

From possessing, a further step goes toward "enjoyment." The object I possess acquires a certain meaning for me since it is at my disposal and I avail myself of it, I use it. It is evident that the personal analogy of belonging is decidedly opposed to this meaning. This opposition is a sign that what "comes from the Father" in the mutual relationship of man and woman, still persists and continues in confrontation with what comes "from the world." However, concupiscence in itself drives man toward possession of the other as an object. It drives him to enjoyment, which brings with it the negation of the nuptial meaning of the body. In its essence, disinterested giving is excluded from selfish enjoyment. Do not the words of God-Yahweh addressed to woman in Genesis 3:16 already speak of this?

5. According to the first letter of John (2:16), lust bears witness in the first place to the state of the human spirit. It will be opportune to devote a further analysis to this problem. We can apply Johannine theology to the field of the experiences described in Genesis 3, as well as to the words Christ spoke in the Sermon on the Mount (Mt 5:27-28). We find a concrete dimension of that opposition which—together with sin—was born in the human heart between the spirit and the body.

⁴⁵ Cf., for example, Song of Songs, 1:9, 13, 14, 15, 16; 2:2, 3, 8, 9, 10, 13, 14, 16, 17; 3:2, 4, 5; 4:1, 10; 5:1, 2, 4; 6:2, 3, 4, 9; 7:11; 8:12, 14. Cf. also, for example, Ez 16:8; Hos 2:18; Tb 8:7.

Its consequences are felt in the mutual relationship of persons, whose unity in humanity is determined right from the beginning by the fact that they are man and woman.

"Another law at war with the law of my mind" (Rom 7:23) has been installed in man. So almost a constant danger exists of this way of seeing, evaluating, and loving, so that "the desire of the body" is more powerful than "the desire of the mind." We must always keep in mind this truth about man, this anthropological element, if we wish to understand completely the appeal Christ made to the human heart in the Sermon on the Mount.

Sermon on the Mount to the Men of Our Day⁴⁶

1. Continuing our cycle, let us take up again today the Sermon on the Mount, and the statement: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:28). Jesus appeals here to the heart.

In his talk with the Pharisees, referring to the "beginning" (cf. the preceding analyses), Jesus uttered the following words with regard to the certificate of divorce: "For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so" (Mt 19:8). This sentence undoubtedly contains an accusation. "Hardness of heart"⁴⁷ indicates what, according to the ethos of the people of the Old Testament, had brought about the situation contrary to the original plan of God-Yahweh in Genesis 2:24. There we must seek the key to interpret the whole legislation of Israel in the sphere of marriage and, in the wider sense, in relations between man and woman as a whole. Speaking of hardness of heart, Christ accuses the whole "interior subject" who is responsible for the distortion of the law. In the Sermon on the Mount (Mt 5:27-28), he also refers to the heart, but the words pronounced here do not seem only to accuse.

2. We must reflect on them once more, placing them as far as possible in their historical dimension. The analysis made so far—aimed at highlighting the man of lust in his genetic moment, almost at the initial point of his history interwoven with theology—constitutes an ample introduction, especially an anthropological one, to the work that must still be undertaken. The following stage of our analysis will have an ethical character.

The Sermon on the Mount, and in particular that passage we have chosen as the center of our analyses, is part of the proclamation of the new ethos, the ethos of the Gospel. In the teaching of Christ, it is deeply connected with awareness of the "beginning," namely with the mystery of creation in its original simplicity and richness. At the same time, the ethos that Christ proclaims in the Sermon on the Mount is realistically addressed to historical

⁴⁶ August 6, 1980

⁴⁷ The Greek term *sklerokardia* was formed by the authors of the Septuagint to express what in the Hebrew meant: "non-circumcision of the heart" (cf. e.g., Dt 10:16; Jer 4:4; Sir 3:26f.) and which, in the literal translation of the New Testament, appears only once (cf. Acts 7:51). Non-circumcision meant "paganism," "immodesty," "distance from the covenant with God"; "non-circumcision of the heart" expressed unyielding obstinacy in opposing God. This is confirmed by the exclamation of the deacon Stephen: "You stiff-necked people, uncircumcised in heart and ears, you always resist the Holy Spirit. As your fathers did, so do you" (Acts 7:51).

man, who has become the man of lust. Lust in its three forms is the heritage of all humanity, and the human heart really participates in it.

Christ knows "what is in every man" (cf. Jn 2:25).⁴⁸ He cannot speak in any other way than with this awareness. From this point of view, in the words of Matthew 5:27-28 it is not the accusation that prevails but the judgment, a realistic judgment on the human heart. It is a judgment which has both an anthropological foundation and a directly ethical character. For the ethos of the Gospel it is a constitutive judgment.

3. In the Sermon on the Mount, Christ directly addresses the man who belongs to a well defined society. The Master, too, belongs to that society, to that people. So we must look in Christ's words for a reference to the facts, the situations and the institutions which he was familiar with in everyday life. These references must be analyzed at least in a summary way, so that the ethical meaning of the words of Matthew 5:27-28 may emerge more clearly.

However, with these words, Christ also addresses, in an indirect but real way, every historical man (understanding this adjective mainly in a theological sense). This man is precisely the man of lust, whose mystery and whose heart is known to Christ. "For he himself knew what was in man" (Jn 2:25). The Sermon on the Mount enables us to contact the interior experience of this man almost at every geographical latitude and longitude, in the various ages, in the different social and cultural conditionings. The man of our time feels called by name with this statement of Christ, no less than the man of that time, whom the Master was addressing directly.

4. The universality of the Gospel, which is not at all a generalization, lies in this. Perhaps precisely in this statement of Christ, which we are analyzing here, this is manifested with particular clarity. By virtue of this statement, the man of all times and all places feels called, in an adequate, concrete and unrepeatable way. This is because Christ appeals to the human heart, which cannot be subject to any generalization. With the category of the heart, everyone is characterized individually, even more than by name. Everyone is reached in what determines him in a unique and unrepeatable way, and is defined in his humanity from within.

5. The image of the man of lust concerns his inner being in the first place.⁴⁹ The history of the human heart after original sin is written under the pressure of lust in its three forms. Even the deepest image of ethos in its various historical documents is also connected with this lust. However, that inner being is also the force that decides exterior human behavior, and also the form of multiple structures and institutions at the level of social life. If we deduce the content of ethos, in its various historical formulations, from these structures and institutions, we always meet this inner aspect, characteristic of the interior image of man. This is the most essential element. Christ's words in the Sermon on

⁴⁸ Cf. Rv 2:23: "...he who searches mind and heart..."; Acts 1:24: "Lord, who knows the hearts of all men..." (kardiognostes).

⁴⁹ "For out of the heart come evil thoughts, murder, adultery, fornication, theft, false witness, slander. These are what defile a man..." (Mt 15:19-20).

the Mount, especially those of Matthew 5:27-28, indicate it unmistakably. No study on human ethos can regard it with indifference.

Therefore, in our subsequent reflections, we shall try to analyze in a more detailed way that statement of Christ which says: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (or "has already made her adulterous in his heart").

To understand this text better, we shall first analyze its single parts, so as to obtain afterward a deeper overall view. We shall take into consideration not only those for whom it was intended at that time, those who actually heard the Sermon on the Mount, but also, as far as possible, modern men, the men of our time.

The Content of the Commandment: You Shall Not Commit Adultery⁵⁰

1. The affirmation Christ made during the Sermon on the Mount regarding adultery and desire, which he called "adultery of the heart," must be analyzed from the very beginning. Christ said: "You have understood that it was said: 'You shall not commit adultery'" (Mt 5:27). He had in mind God's commandment, the sixth in the Decalogue, included in the so-called second Table of the Law which Moses received from God-Yahweh.

First of all, let's place ourselves in the situation of the audience present during the Sermon on the Mount, those who actually heard the words of Christ. They are sons and daughters of the chosen people—people who had received the law from God—Yahweh himself. These people had also received the prophets. Time and time again throughout the centuries, the prophets had reproved the people's behavior regarding this commandment, and the way in which it was continually broken. Christ also speaks of similar transgressions. But he speaks more precisely about a certain human interpretation of the law, which negates and does away with the correct meaning of right and wrong as specified by the will of the divine legislator. Above all, the law is a means—an indispensable means if "justice is to abound" (Mt 5:20). Christ desires such justice to be "superior to that of the scribes and Pharisees." He does not accept the interpretation they gave to the authentic content of the law through the centuries. In a certain way, this interpretation subjected this content, or rather the purpose and will of the legislator, to the varied weaknesses and limits of human willpower deriving precisely from the threefold concupiscence. This was a casuistic interpretation which was superimposed on the original version of right and wrong connected with the law of the Decalogue. If Christ tends to transform the ethos, he does so mainly to recover the fundamental clarity of the interpretation: "Do not think that I have come to abolish the law or the prophets; I have not come to abolish but to fulfill" (Mt 5:17). Fulfillment is conditioned by a correct understanding, and this is applied, among others, also to the commandment: "You shall not commit adultery."

⁵⁰ August 13, 1980

2. Those who follow the history of the chosen people in the Old Testament from the time of Abraham will find many facts which witness to how this commandment was put into practice. As a result of such practice, the casuistic interpretation of the law developed. First, it is well known that the history of the Old Testament is the scene for the systematic defection from monogamy. This fact must have a fundamental significance in our understanding of the prohibition: "You shall not commit adultery." Especially at the time of the patriarchs, the abandonment of monogamy was dictated by the desire for offspring, a very numerous offspring. This desire was very profound, and procreation as the essential end of marriage was very evident. This was so much so that wives who loved their husbands but were not able to give them children, on their own initiative asked their husbands who loved them, if they could carry "on their own knees," or welcome, his children born of another woman, for example, those of the serving woman, the slave. Such was the case of Sarah regarding Abraham (cf. Gn 16:2) or the case of Rachel and Jacob (cf. Gn 30:3). These two narratives reflect the moral atmosphere in which the Decalogue was practiced. They illustrate the way in which the Israelite ethos was prepared to receive the commandment, "You shall not commit adultery," and how such a commandment was applied in the most ancient tradition of this people. The authority of the patriarchs was the highest in Israel and had a religious character. It was strictly bound to the covenant and to the promise.

The commandment, "You shall not commit adultery," did not change this tradition. Everything points to the fact that its further development was not limited by the motives (however exceptional) which had guided the behavior of Abraham and Sarah, or of Jacob and Rachel. For example, the lives of the most renowned Israelites after Moses, the kings of Israel, David and Solomon, show the establishing of real polygamy, which was undoubtedly for reasons of concupiscence.

3. In the history of David, who also had other wives, we are struck not only by the fact that he had taken the wife of one of his subjects, but also by the fact that he was clearly aware of having committed adultery. This fact, as well as the king's repentance, is described in a detailed and evocative way (cf. 2 Sm 11:2-27). Adultery is understood to mean only the possession of another man's wife, but it is not considered to be the possession of other women as wives together with the first one. All Old Testament tradition indicates that the real need for monogamy as an essential and indispensable implication of the commandment, "You shall not commit adultery," never reached the conscience and the ethos of the following generations of the chosen people.

Against this background one must also understand all the efforts which aim at putting the specific content of the commandment, "You shall not commit adultery," within the framework of the promulgated laws. It is confirmed by the books of the Bible in which we find the Old Testament legislation fully recorded as a whole. If we consider the letter of such legislation, we find that it takes a determined and open stand against adultery, using radical means, including the death penalty (cf. Lv 20:10; Dt 22:22). It does so, however, by effectively supporting polygamy, even fully legalizing it, at least indirectly. Therefore, adultery was opposed only within special limits and within the sphere of definitive premises which make up the essential form of the Old Testament ethos.

Adultery is understood above all (and perhaps exclusively) as the violation of man's right of possession regarding each woman who may be his own legal wife (usually, one among many). On the contrary, adultery is not understood as it appears from the point of view of monogamy as established by the Creator. We know now that Christ referred to the "beginning" precisely in regard to this argument (Mt 19:8).

4. Furthermore, the occasion in which Christ took the side of the woman caught in adultery and defended her from being stoned to death is most significant. He said to the accusers: "Whoever of you is without sin, let him throw the first stone" (Jn 3:7). When they put down the stones and went away, he said to the woman: "Go, and from now on, sin no more" (Jn 8:11). Therefore, Christ clearly identified adultery with sin. On the other hand, when he turned to those who wanted to stone the adulteress, he did not refer to the precepts of Israel's law but exclusively to conscience. The discernment between right and wrong engraved on the human conscience can show itself to be deeper and more correct than the content of a norm.

As we have seen, the history of God's people in the Old Testament (which we have tried to illustrate through only a few examples) took place mainly outside the normative content contained in God's commandment, "You shall not commit adultery." It went along, so to speak, side by side with it. Christ wanted to straighten out these errors, and thus we have his words spoken during the Sermon on the Mount.

Adultery According to the Law and as Spoken by the Prophets⁵¹

1. In the Sermon on the Mount, Christ said: "You have heard that it was said: 'You shall not commit adultery'" (Mt 5:27). He referred to what each person present knew perfectly well, and by which everyone felt himself bound by virtue of the commandment of God-Yahweh. However, the history of the Old Testament shows us that both the life of the people bound to God-Yahweh by a special covenant, and the life of each person, often wanders away from this commandment. A brief look at the legislation which the Old Testament comprehensively documents also shows this.

The precepts of the law of the Old Testament were very severe. They were also very detailed and entered into the smallest details of the daily life of the people.⁵² One can presume that the more the legalizing of actual polygamy became evident in this law, the necessity to uphold its juridical dimension and protect its legal limits increased even more. Hence, we find the great number of precepts, and also the severity of the punishments the legislator provided for the violation of such norms. On the basis of the analysis which we have previously carried out regarding Christ's reference to the "beginning," in his discourse on the indissolubility of marriage and on the act of repudiation, the following is evident. He clearly saw the basic contradiction that the matrimonial law of the Old Testament had hidden within itself by accepting actual polygamy, namely the institution of the concubine, together with legal wives, or else the

⁵¹ August 20, 1980

⁵² Cf., for example, Dt 21:10-13; Nm 30:7-16; Dt 24:1-4; Dt 22:13-21; Lv 20:10-21 and others.

right of cohabitation with the slave.⁵³ Such a right, while it combated sin, at the same time contained within itself, or rather protected, the social dimension of sin, which it actually legalized. In these circumstances it became necessary for the fundamental ethical sense of the commandment, "You shall not commit adultery," to also undergo a basic reassessment. In the Sermon on the Mount, Christ revealed that sense again, namely by going beyond its traditional and legal restrictions.

Old Testament's matrimonial law

2. It is worth adding that in the interpretation of the Old Testament, to the extent that the prohibition of adultery is balanced—you could say—by the compromise with bodily concupiscence, the more the position regarding sexual deviations is clearly determined. This is confirmed by the relevant precepts which provide the death penalty for homosexuality and bestiality. Onanism had already been condemned in the tradition of the patriarchs (cf. Gn 38:8-10). The behavior of Onan, son of Judah (from where we have the origin of the word "onanism") "...was displeasing in the sight of the Lord, and he slew him also" (Gn 38:10).

The matrimonial law of the Old Testament, in its widest and fullest meaning, puts in the foreground the procreative end of marriage. In certain cases it tries to be juridically equitable in the treatment of the woman and the man—for example, it says explicitly, regarding the punishment for adultery: "If a man commits adultery with his neighbor's wife, both the adulterer and the adulteress shall be put to death" (Lv 20:10). But on the whole, it judges the woman with greater severity.

Judgment marked by an objectivism

3. Perhaps the terminology of this legislation should be emphasized. As always in such cases, the terminology tends to make objective the sexuality of that time. This terminology is important for the completeness of reflections on the theology of the body. We find the specific confirmation of the characteristic of shame which surrounds what pertains to sex in man. More than that, what is sexual is in a certain way considered as impure, especially when it regards physiological manifestations of human sexuality. The discovery of nudity (cf. Lv 20:11; 17:21) is branded as being the equivalent of an illicit and completed sexual act. The expression itself seems eloquent enough here. There is no doubt that the legislator has tried to use the terminology relating to the conscience and

⁵³ Although Genesis may present the monogamous marriages of Adam, Seth and Noah as models to be imitated, and seems to condemn bigamy, which only appeared among Cain's descendants, (cf. Gn 4:19), the lives of the patriarchs provide other examples to the contrary. Abraham observed the precepts of the law of Hammurabi, which allowed the taking of a second wife in marriage if the first wife was sterile, and Jacob had two wives and two concubines (cf. Gn 30:1-19).

Deuteronomy admits the legal existence of bigamy (cf. Dt 21:15-17) and even of polygamy, warning the king not to have too many wives (cf. Dt 17:17); it also confirms the institution of concubines—prisoners of war (cf. Dt 21:10-14) or even slaves (cf. Est 21:7-11). Cf. R. De Vaux, *Ancient Israel, Its Life and Institutions* (London: Darton, Longman, Todd, 1976), pp. 24-25, 83. In the Old Testament there is no explicit mention of the obligation of monogamy, although the picture given in the following books shows that it prevailed in the social practice (cf., for example, the Wisdom books, except Sirach 37:11; Tobit).

customs of contemporary society. Therefore, the terminology of the legislation of the Old Testament confirms our conviction that, not only are the physiology of sex and the bodily manifestations of sexual life known to the legislator, but also that these things are evaluated in a specific way. It is difficult to avoid the impression that such an evaluation was of a negative character. Certainly this in no way nullifies the truths which we know from Genesis. Nor does it lay the blame on the Old Testament—and, among others, on the books of laws—as forerunners of a type of Manichaeism. The judgment expressed therein regarding the body and sex is not so much "negative" or severe, but rather marked by an objectivism, motivated by a desire to put this area of human life in order. This is not concerned directly with putting some order in the heart of man, but with putting order in the entire social life, at the base of which stands, as always, marriage and the family.

Practical precepts

4. If we consider the sexual problem as a whole, perhaps we should briefly turn our attention again to another aspect. That is the existing bond among morality, law and medicine, emphasized in their respective books of the Old Testament. These contain many practical precepts regarding hygiene, or medicine, drawn rather from experience than from science, according to the level reached at that time.⁵⁴ Besides, the link between experience and science is distinctly still valid today. In this vast sphere of problems, medicine is always closely accompanied by ethics. As theology does, ethics seeks ways of collaborating with it.

Prophets present analogy

5. When Christ said in the Sermon on the Mount: "You have heard that it was said: 'You shall not commit adultery,'" he immediately added: "But I say to you...." It is clear that he wanted to restore in the conscience of his audience the ethical significance of this commandment. He was disassociating himself from the interpretation of the "doctors of the law," official experts in it. But other than the interpretation derived from tradition, the Old Testament offers us still another tradition to understand the commandment, "Do not commit adultery." This is the tradition of the prophets. In reference to adultery, they wanted to remind Israel and Judah that their greatest sin was in abandoning the one true God in favor of the cult of various idols. In contact with other peoples, the chosen people had easily and thoughtlessly adopted such cults. Therefore, a precise characteristic of the language of the prophets is the analogy with adultery, rather than adultery itself. Such an

⁵⁴ Although Genesis may present the monogamous marriages of Adam, Seth and Noah as models to be imitated, and seems to condemn bigamy, which only appeared among Cain's descendants, (cf. Gn 4:19), the lives of the patriarchs provide other examples to the contrary. Abraham observed the precepts of the law of Hammurabi, which allowed the taking of a second wife in marriage if the first wife was sterile, and Jacob had two wives and two concubines (cf. Gn 30:1-19).

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analogy also helps to understand the commandment, "Do not commit adultery," and the relevant interpretation, the absence of which is noted in the legislative documents. In the pronouncements of the prophets, especially Isaiah, Hosea and Ezekiel, the God of the covenant—Yahweh—is often represented as a spouse. The love which united him to Israel can and must be identified with the nuptial love of a married couple. Because of its idolatry and abandonment of God-the-Spouse, in regard to him Israel commits a betrayal which can be compared to that of a woman in regard to her husband. Israel commits "adultery."

6. The prophets, using eloquent words, and often by means of images and extraordinarily flexible metaphors, show both the love of Yahweh-Spouse and the betrayal of Israel-spouse who gives itself over to adultery. This theme must be taken up again in our meditations when we will analyze the question of the "Sacrament." However, we must already touch on the subject, inasmuch as it is necessary to understand the words of Christ in Matthew 5:27-28, to appreciate that renewal of the ethos, implied in these words: "But I say unto you...." On the one hand, Isaiah⁵⁵ in his texts emphasizes, above all, the love of Yahweh-Spouse who always takes the first step toward his spouse, passing over all her infidelities. On the other hand, Hosea and Ezekiel abound in comparisons which clarify primarily the ugliness and moral evil of the adultery by Israel-spouse. In the next meditation we will try to penetrate still more profoundly the texts of the prophets, to further clarify the content which, in the conscience of those present during the Sermon on the Mount, corresponded to the commandment: "You shall not commit adultery."

Adultery: A Breakdown of the Personal Covenant⁵⁶

1. In the Sermon on the Mount Christ said: "Think not that I have come to abolish the Law and the prophets; I have come not to abolish them but to fulfill them" (Mt 5:17). In order to understand clearly what such a fulfillment consists of, he then passes on to each single commandment. He also refers to the one which says: "You shall not commit adultery." Our previous meditation aimed at showing in what way the correct content of this commandment, desired by God, was obscured by the numerous compromises in the particular legislation of Israel. The prophets point out such content in a very true way. In their teachings they often denounce the abandonment of the true God-Yahweh by the people, comparing it to adultery.

Hosea, not only with words, but (as it seems) also in his behavior, is anxious to reveal to us,⁵⁷ that the people's betrayal is similar to that in marriage, or rather, even more, to adultery practiced as prostitution: "Go, take to yourself a wife of harlotry, and have children of harlotry, for the land commits great harlotry by forsaking the Lord" (Hos 1:2). The prophet heeds this command within himself and accepts it as coming from God-Yahweh: "The Lord said to me, 'Go again, love a woman who is beloved of a paramour and is an adulteress'" (Hos 3:1). Although Israel may be so unfaithful with regard to its

⁵⁵ Cf., for example, Is 54; 62:1-5.

⁵⁶ August 27, 1980

⁵⁷ Cf. Hos 1-3

God, like the wife who "went after her lovers and forgot me" (Hos 2:13), Yahweh never ceases to search for his spouse. He does not tire of waiting for her conversion and her return, confirming this attitude with the words and actions of the prophet: "In that day, says the Lord, you will call me, 'My Husband,' and no longer will you call me, 'My Ba'al.... I will betroth you to me forever; I will betroth you to me in righteousness and in justice, in steadfast love and mercy. I will betroth you to me in faithfulness, and you shall know the Lord" (Hos 2:16, 19-20). This fervent call to conversion of the unfaithful wife-consort goes hand in hand with the following threat: "That she put away harlotry from her face, and her adultery from between her breasts, lest I strip her naked and make her as in the day she was born" (Hos 2:4-5).

2. The unfaithful Israel-spouse was reminded of this image of the humiliating nudity of birth, by the prophet Ezekiel, and even within a wider sphere.⁵⁸ "...but you were cast out on the open field, for you were abhorred, on the day that you were born. And when I passed by you, and saw you weltering in your blood, I said to you in your blood, "Live, and grow like a plant in the field." And you grew and became tall and arrived at full maidenhood. Your breasts were formed, and your hair had grown, yet you were naked and bare. When I passed by you again and looked upon you, behold, you were at the age for love, and I spread my skirt over you, and covered your nakedness. I plighted my troth to you and entered into a covenant with you, says the Lord God, and you became mine.... And I put a ring on your nose, and earrings in your ears, and a beautiful crown upon your head. Thus you were decked with gold and silver, and your raiment was of fine linen, and silk and embroidered cloth.... And your renown went forth among the nations because of your beauty, for it was perfect through the splendor which I had bestowed upon you.... But you trusted in your beauty, and played the harlot because of your renown, and lavished your harlotries on any passerby.... How lovesick is your heart, says the Lord God, seeing you did all these things, the deeds of a brazen harlot, making your lofty place in every square. Yet you were not like a harlot, because you scorned hire. Adulterous wife, who receives strangers instead of her husband" (Ez 16:5-8, 12-15, 30-32).

3. The quotation is rather long. However, the text is so important that it was necessary to bring it up again. It expresses the analogy between adultery and idolatry in an especially strong and exhaustive way. The similarity between the two parts of the analogy consists in the covenant accompanied by love. Out of love, God-Yahweh settles the covenant with Israel—which is not worthy of it—and for him Israel becomes as a most affectionate, attentive, and generous spouse-consort is towards his own wife. In exchange for this love, which ever since the dawning of history accompanies the chosen people, Yahweh-Spouse receives numerous betrayals: "haughtiness"—here we have the cult of idols, in which "adultery" is committed by Israel-spouse. In the analysis we are carrying out here, the essential thing is the concept of adultery, as put forth by Ezekiel. However, it can be said that the situation as a whole, in which this concept is included (in the analogical sphere), is not typical. Here it is not so much a question of the mutual choice made by the husband and wife, which is born from mutual love, but of the choice of the wife (which was already made at the moment of her birth). This choice derives from the love of the husband, a love which on the part of the husband himself is an act of pure mercy. This

⁵⁸ Cf. Ez 16:5-8, 12-15, 30-32

choice is outlined in the following way. It corresponds to that part of the analogy which defines the covenant of Yahweh with Israel. But on the other hand, it corresponds to a lesser degree to the second part of it, which defines the nature of marriage. Certainly, the mentality of that time was not very sensitive to this reality—according to the Israelites, marriage was rather the result of a unilateral choice, often made by the parents—nevertheless, such a situation seldom forms part of our mentality.

4. Apart from this detail, we can note that the texts of the prophets have a different meaning of adultery from that given by the legislative tradition. Adultery is a sin because it constitutes the breakdown of the personal covenant between the man and the woman. In the legislative texts, the violation of and the right of ownership is pointed out, primarily the right of ownership of the man in regard to that woman who was his legal wife, one of many. In the text of the prophets, the background of real and legalized polygamy does not alter the ethical meaning of adultery. In many texts monogamy appears as the only correct analogy of monotheism as understood in the categories of the covenant, that is, of faithfulness and confidence toward the one true God-Yahweh, the Spouse of Israel. Adultery is the antithesis of that nuptial relationship. It is the antinomy of marriage (even as an institution) inasmuch as the monogamous marriage accomplishes within itself the interpersonal alliance of the man and the woman. It achieves the alliance born from love and received by both parties, precisely as marriage (and, as such, is recognized by society). This type of covenant between two people constitutes the foundation of that union when "man...cleaves to his wife and they become one flesh" (Gn 2:24). In the above-mentioned context, one can say that such bodily union is their "right" (bilateral). But above all, it is the regular sign of the communion of the two people, a union formed between the man and the woman in the capacity of husband and wife. Adultery committed by either one of them is not only the violation of this right, which is exclusive to the other marriage partner, but at the same time it is a radical falsification of this sign. It seems that in the pronouncements of the prophets, this aspect of adultery is expressed in a sufficiently clear manner.

5. Adultery is a falsification of that sign which does not have its "legality" so much as its simple interior truth in marriage—that is, in the cohabitation of the man and the woman who have become a married couple—then, in a certain sense, we refer again to the basic statements made previously, considering them essential and important for the theology of the body, from both an ethical and anthropological point of view. Adultery is a "sin of the body." The whole tradition of the Old Testament bears witness to it, and Christ confirms it. The comparative analysis of his words in the Sermon on the Mount (Mt 5:27-28), like the several relevant enunciations contained in the Gospels and in other parts of the New Testament, allows us to establish the exact reason for the sinfulness of adultery. It is obvious that we determine the reason for sinfulness, or rather for moral evil, basing ourselves on the principle of contraposition, in regard to that moral goodness which is faithfulness in marriage. That goodness can be adequately achieved only in the exclusive relationship of both parties (that is, in the marriage relationship between a man and a woman). Such a relationship needs precisely nuptial love. As we have already pointed out, the interpersonal structure of this love is governed by the interior "normativity" of the communion of the two people concerned. Precisely this gives a fundamental

significance to the covenant (either in the relationship of man-woman, or, analogously, in the relationship of Yahweh-Israel). One can judge on the basis of the contraposition of the marriage pact as it is understood, with adultery, its sinfulness, and the moral evil contained in it.

6. All this must be kept in mind when we say that adultery is a sin of the body. The body is considered here in the conceptual bond with the words of Genesis 2:24. This speaks of the man and the woman, who, as husband and wife, unite so closely as to form "one body only." Adultery indicates an act through which a man and a woman, who are not husband and wife, unite as "one body only" (that is, those who are not husband and wife in a monogamous sense, as was originally established, rather than in the legal casuistic sense of the Old Testament). The sin of the body can be identified only in regard to the relationship between the people concerned. One can speak of moral good and evil according to whether in this relationship there is a true "union of the body" and whether or not it has the character of the truthful sign. In this case, we can therefore judge adultery as a sin, according to the objective content of the act.

This is the content which Christ had in mind when, in the Sermon on the Mount, he reminded us: "You have understood that it was said: 'You shall not commit adultery.'" However Christ did not dwell on such an aspect of the problem.

Meaning of Adultery Transferred from the Body to the Heart⁵⁹

1. In the Sermon on the Mount Christ limited himself to recalling the commandment: "You shall not commit adultery," without evaluating the relative behavior of his listeners. What we previously said concerning this theme comes from other sources, especially from Christ's discussion with the Pharisees, in which he hearkened back to the "beginning" (cf. Mt 19:8; Mk 10:6). In the Sermon on the Mount Christ omitted such an evaluation, or rather, he implied it. What he will say in the second part of the statement, which begins with the words: "But I say to you..." will be something more than the dispute with the "doctors of the law" or with the moralists of the Torah. It will also be something more with respect to the evaluation of the Old Testament ethos. It will be a direct transition to the new ethos. Christ seemed to leave aside the whole dispute about the ethical significance of adultery on the plane of legislation and casuistry—in which the essential interpersonal relationship between husband and wife was considerably darkened by the objective relationship of property— and it acquires another dimension. Christ said: "But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:28: when reading this passage there always comes to mind the ancient translation: "He has already made her an adulteress in his heart", a version that perhaps better than the present text, this version expresses the fact that here it deals with a purely interior and unilateral act.) Thus, adultery committed in the heart is in a certain sense counterposed with adultery committed in the body. We should ask ourselves why the point of gravity of sin is shifted, and what is the authentic significance of the analogy. If according to its fundamental meaning, adultery can only be a sin

⁵⁹ September 3, 1980

committed in the body, in what sense does that which man commits in his heart deserve to be called adultery also? Christ posed the foundation of the new ethos with words which for their part demand a thorough grounding in anthropology. Before answering these queries, let us pause for a while on the expression that, according to Matthew 5:27-28, in a certain way effects the transfer or rather the shifting of the significance of adultery of the body to the heart. These are words which concern desire.

Requires special analysis

2. Christ spoke of concupiscence: "Whoever looks lustfully." This expression requires a special analysis in order to understand the statement in its entirety. Here it is necessary to go back to the preceding analysis that aims, I would say, at reconstructing the image of the lustful man dating back to the beginning of history (cf. Gn 3). In the Sermon on the Mount Christ spoke about the man who "looks lustfully," who is without doubt the concupiscent man. For this reason, because it is part of bodily concupiscence, he desires and looks lustfully. The figure of the concupiscent man, reconstructed in the preceding aspect, will aid us now in interpreting desire, which Christ spoke about according to Matthew 5:27-28. This concerns here not only a psychological interpretation, but at the same time a theological interpretation. Christ spoke in the context of human experience and simultaneously in the context of the work of salvation. These two contexts in a certain way are superimposed upon and pervade one another. This has an essential and elemental significance for the entire ethos of the Gospel, and in particular for the content of the word "lust" or "looking lustfully."

Relevant in every time and place

3. Using such expressions, the Master first referred to the experience of his direct listeners. Then he also referred to the experience and conscience of the man of every time and place. Evangelical language may have a universal communicativeness. Yet for a direct listener, whose conscience was formed on the Bible, lust must be linked with many precepts and warnings. These are present in the first place in the Wisdom books, which contain repeated admonitions about concupiscence of the body and also advice on how to preserve oneself from it.

4. As we know, the Wisdom tradition had a special interest for the ethics and morality of Israelite society. What strikes us immediately in these admonitions and advice, appearing for example in Proverbs,⁶⁰ Sirach⁶¹ or even Ecclesiastes,⁶² is a certain one-sidedness they have in that the admonitions are above all directed to men. This can mean that for them they are particularly necessary. As far as woman is concerned, it is true that in these warnings and advices she appears most often as an occasion of sin or as a downright seducer of whom to beware. Yet one must recognize that besides the warning to beware of woman and the seduction of her charm which lead man to sin (cf. Prv 5:1-6; 6:24-29; Sir 26:9-12), both Proverbs and Sirach also praise woman who is the "perfect life

⁶⁰ Cf., e.g., Prv 5:3-6, 15-20; 6:24-7:27; 21:9, 19; 22:14; 30:20.

⁶¹ Cf., e.g., Sir 7:19, 24-26; 9:1-9; 23:22-27; 25:13-26, 18; 36:21-25; 42:6, 9-14.

⁶² Cf., e.g., Eccl 7:26-28; 9:9.

companion of her own husband" (cf. Prv 31:10ff.). They likewise praise the beauty and graciousness of a good wife who can make her husband happy.

"A modest wife adds charm to charm,
and no balance can weigh the value of a chaste soul.
Like the sun rising in the heights of the Lord,
so is the beauty of a good wife in her well-ordered home.
Like the shining lamp on the holy lampstand,
so is a beautiful face on a stately figure.
Like pillars of gold on a base of silver,
so are beautiful feet with a steadfast heart.
A wife's charm delights her husband,
and her skill puts fat on his bones"
(Sir 26:15-18, 13).

Warning against temptation

5. In Wisdom tradition a frequent admonition contrasts with the above praise of the woman-wife: it is the one that refers to the beauty and graciousness of the woman who is not one's own wife and is the cause of temptation and an occasion for adultery: "Do not desire her beauty in your heart..." (Prv 6:25). In Sirach the same warning is expressed in a more peremptory manner:

"Turn away your eyes from a shapely woman,
and do not look intently at beauty belonging to another;
Many have been misled by a woman's beauty,
and by it passion is kindled like a fire"
(Sir 9:8-9).

The sense of the Wisdom texts has a prevalent pedagogical significance. They teach virtue and seek to protect the moral order, going back to God's law and to widely understood experience. Moreover, they are distinguished for their special knowledge of the human heart. We can say that they develop a specific moral psychology, yet without falling into psychologism. In a certain sense, they are close to that call of Christ to the heart that Matthew has handed down to us (cf. 5:27-28), even though it cannot be affirmed that they reveal any tendency to change ethos in a fundamental way. The authors of these books use the conscience of human inner life to teach morals somewhat in the sphere of ethos historically in action, and substantially confirmed by them. Sometimes one of them, such as Ecclesiastes, synthesizes this confirmation with its own "philosophy" of human existence. However, if it has an influence on the method with which warnings and advices are formulated, it does not change the fundamental structure of ethical evaluation.

"Wisdom" a tradition of preparation

6. For such transformation it is necessary to wait until the Sermon on the Mount. Nonetheless, this very sagacious knowledge of human psychology present in wisdom tradition was certainly not without significance for the circle of personal and immediate hearers of this sermon. If by virtue of the prophetic tradition these listeners were in a certain sense prepared for adequately understanding the concept of adultery, likewise by virtue of the wisdom tradition they were prepared to understand the words that referred to the "lustful look" or alternatively to "adultery committed in the heart".

It will be well for us to come back again to analyze the concept of concupiscence in the Sermon on the Mount.

Concupiscence as a Separation From Matrimonial Significance of the Body⁶³

1. Let us reflect on the following words of Jesus from the Sermon on the Mount: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart" ("has already made her an adulteress in his heart") (Mt 5:28). Christ said this before listeners who, on the basis of the books of the Old Testament, were in a certain sense prepared to understand the significance of the look that comes from concupiscence. Last Wednesday we referred to the texts taken from the so-called Wisdom Books. Here is, for example, another passage in which the biblical author analyzes the state of the soul of the man dominated by concupiscence of the flesh:

"The soul heated like a burning fire
will not be quenched until it is consumed;
a man who commits fornication
will never cease until the fire burns him up;
to a fornicator all bread tastes sweet;
he will never cease until he dies.
A man who breaks his marriage vows
says to himself: 'Who sees me?
Darkness surrounds me, and the walls hide me;
no one sees me. Why should I fear?
The Most High will not take notice of my sins.'
His fear is confined to the eyes of men;
he does not realize that the eyes of the Lord
are ten thousand times brighter than the sun;
they look upon all the ways of men,
and perceive even the hidden places.
So it is with a woman who leaves her husband,
and provides an heir by a stranger."
(Sir 23:17-22).

⁶³ September 10, 1980

2. Analogous descriptions are not lacking in world literature.⁶⁴ Certainly, many of them are distinguished by a more penetrating discernment of psychological analysis and a more intense significance and expressive force. Yet, the biblical description from Sirach (23:17-22) includes some elements maintained to be "classic" in the analysis of carnal concupiscence. One element of this kind, for example, is a comparison between concupiscence of the flesh and fire. Flaring up in man, this invades his senses, excites his body, involves his feelings and in a certain sense takes possession of his heart. Such passion, originating in carnal concupiscence, suffocates in his heart the most profound voice of conscience, the sense of responsibility before God; and in fact that is particularly placed in evidence in the biblical text just now quoted. On the other hand, external modesty with respect to men does persist... or rather an appearance of decency. It shows itself as fear of the consequences rather than of the evil in itself. In suffocating the voice of conscience, passion carries with itself a restlessness of the body and the senses. It is the restlessness of the external man. When the internal man has been reduced to silence, then passion, once it has been given freedom of action, exhibits itself as an insistent tendency to satisfy the senses and the body.

This gratification, according to the criterion of the man dominated by passion, should put out the fire; but on the contrary, it does not reach the source of internal peace and it only touches the outermost level of the human individual. And here the biblical author rightly observes that man, whose will is committed to satisfying the senses, finds neither peace nor himself, but, on the contrary, "is consumed." Passion aims at satisfaction; therefore it blunts reflective activity and pays no attention to the voice of conscience. Thus, without itself having any principle of indestructibility, it "wears out." The dynamism of usage is natural for its continuity, but it tends to exhaust itself. Where passion enters into the whole of the most profound energies of the spirit, it can also become a creative force. In this case, however, it must undergo a radical transformation. If instead it suppresses the deepest forces of the heart and conscience (as occurs in the text of Sirach 23:17-22), it "wears out" and indirectly, man, who is its prey, is consumed.

3. When Christ in the Sermon on the Mount spoke of the man who lusts, who looks lustfully, it can be presumed that he had before his eyes also the images known to his listeners from the Wisdom tradition. Yet, at the same time he referred to every man who on the basis of his own internal experience knows the meaning of lust, looking at lustfully. The Master did not analyze this experience nor did he describe it, as Sirach had, for example (cf. 23:17-22). He seemed to presuppose, I would say, an adequate knowledge of that interior fact, to which he called the attention of his listeners, present and potential. Is it possible that some of them do not know what it is all about? If they really know nothing about it, the content of Christ's words would not apply to him, nor would any analysis or description be capable of explaining it to him. If instead he knows—this in fact in such case deals with a knowledge completely internal, intrinsic to the heart and the conscience—he will immediately understand when the quoted words refer to him.

⁶⁴ Cf. Confessions of St. Augustine, VI, 12, 21, 22; VII, 17; VIII, 11; Dante, *The Divine Comedy*, "Inferno" V. 37-43; C. S. Lewis, *The Four Loves* (New York: Harcourt, Brace, 1960), p. 28.

4. Christ, therefore, does not describe or analyze what constitutes the experience of lust, the experience of concupiscence of the flesh. One even has the impression that he did not penetrate this experience in all the breadth of its interior dynamism, as occurs, for example, in the text quoted from Sirach, but rather he paused on its threshold. Lust has not yet been changed into an exterior action. It has still not become the act of the body, but is until now the interior act of the heart. It expresses itself in a look, in the way of looking at the woman. Nevertheless, it already lets itself be understood and reveals its content and its essential quality. It is now necessary for us to make this analysis. A look expresses what is in the heart. A look expresses, I would say, the man within. In general it is maintained that man "acts according to his lights," (*operari sequitur esse*), Christ in this case wanted to bring out that the man looks in conformity with what he is: *intueri sequitur esse*. In a certain sense, man by his look reveals himself to the outside and to others. Above all he reveals what he perceives on the "inside."⁶⁵

5. Christ, then, teaches us to consider a look almost like the threshold of inner truth. In a look, "in the way in which one looks," it is already possible to single out completely what concupiscence is. Let us try to explain it. Lust, looking at lustfully, indicates an experience of value to the body, in which its nuptial significance ceases to be that, just because of concupiscence. Its procreative meaning likewise ceases (we spoke about this in our previous considerations). When it concerns the conjugal union of man and woman, it is rooted in the nuptial meaning of the body and almost organically emerges from it. Now then, man, lusting, looking at lustfully (as we read in Mt 5:27-28), attempts in a more or less explicit way the separation of that meaning of the body. As we have already observed in our reflections, this is at the basis of the communion of persons, whether outside of marriage, or—in a special way—when man and woman are called to build their union "in the body" (as the "gospel of the beginning" proclaims in the classic text of Gn 2:24). The experience of the nuptial meaning of the body is subordinate in a special way to the sacramental call, but is not limited to this. This meaning qualifies the liberty of the gift that—as we shall see more precisely in further analyses—can be fulfilled not only in marriage but also in a different way.

Christ says: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:28). Did he not perhaps mean by this that concupiscence itself—like adultery—is an interior separation from the nuptial meaning of the body? Did he not want to refer his listeners to their internal experiences of such detachment? Is it not perhaps for this reason that he defines it as "adultery committed in the heart"?

Mutual Attraction Differs from Lust⁶⁶

⁶⁵ A philological analysis confirms the significance of the expression *ho blépon* ("one who looks"; Mt 5:28).

"If *blépo* of Mt 5:28 has the value of internal perception, equivalent to 'I think, I pay attention to, I look'—a more precise and more sublime evangelical teaching may result regarding the interpersonal relationship among the disciples of Christ.

"According to Jesus not just a lustful glance makes a person adulterous, but a thought in the heart suffices" (M. Adinolfi, "The Desire of a Woman in Matthew 5:28," *Fondamenti biblici della teologia morale*. Proceedings of 22nd Italian Biblical Week, Brescia 1973, Paideia, p. 279).

⁶⁶ September 17, 1980

1. During our last reflection, we asked ourselves what the lust was which Christ spoke of in the Sermon on the Mount (Mt 5:27-28). Let us recall that he spoke of it in relation to the commandment: "Do not commit adultery." Lust itself (more exactly: looking at lustfully), is defined as "adultery committed in the heart." That gives much food for thought. In the preceding reflections we said that by expressing himself in that way, Christ wanted to indicate to his listeners the separation from the matrimonial significance of the body felt by a human being (in this case the man) when concupiscence of the flesh is coupled with the inner act of lust. The separation of the matrimonial significance of the body causes at the same time a conflict with his personal dignity, a veritable conflict of conscience.

At this point it appears that the biblical (hence also theological) meaning of lust is different from the purely psychological. The latter describes lust as an intense inclination toward the object because of its particular value, and in the case considered here, its sexual value. As it seems, we will find such a definition in most of the works dealing with similar themes. Yet the biblical interpretation, while not underestimating the psychological aspect, places that ethic in relief above all, since a value is being impaired. I would say that lust is a deception of the human heart in the perennial call of man and woman—a call revealed in the mystery of creation—to communion by means of mutual giving. In the Sermon on the Mount (Mt 5:27-28) Christ referred to the heart or the internal man. His words do not cease being charged with that truth concerning the principle to which, in replying to the Pharisees (cf. Mt 19:8), he had reverted to the whole problem of man, woman and marriage.

2. The perennial call, which we have tried to analyze following Genesis (especially Gn 2:23-25) and, in a certain sense, the perennial mutual attraction on man's part to femininity and on woman's part to masculinity, is an indirect invitation of the body. But it is not lust in the sense of the word in Matthew 5:27-28. That lust carries into effect the concupiscence of the flesh (also and especially in the purely internal act). It diminishes the significance of what were—and that in reality do not cease being—that invitation and that reciprocal attraction. The "eternal feminine" (*das ewig weibliche*), just like the "eternal masculine" for that matter, on the level of historicity, too, tends to free itself from pure concupiscence and seeks a position of achievement in the world of people. It testifies to that original sense of shame of which Genesis 3 speaks. The dimension of intentionality of thought and heart constitutes one of the main streams of universal human culture. Christ's words in the Sermon on the Mount exactly confirm this dimension.

3. Nonetheless, these words clearly assert that lust is a real part of the human heart. When compared with the original mutual attraction of masculinity and femininity, lust represents a reduction. In stating this, we have in mind an intentional reduction, almost a restriction or closing down of the horizon of mind and heart. It is one thing to be conscious that the value of sex is a part of all the rich storehouse of values with which the female appears to the man. It is another to "reduce" all the personal riches of femininity to that single value, that is, of sex, as a suitable object for the gratification of sexuality itself. The same reasoning can be valid concerning what masculinity is for the woman,

even though Matthew's words in 5:27-28 refer directly to the other relationship only. As can be seen, the intentional reduction is primarily of an axiological nature. On one hand the eternal attraction of man toward femininity (cf. Gn 2:23) frees in him—or perhaps it should free—a gamut of spiritual-corporal desires of an especially personal and "sharing" nature (cf. the analysis of the "beginning"), to which a proportionate pyramid of values corresponds. On the other hand, lust limits this gamut, obscuring the pyramid of values that marks the perennial attraction of male and female.

4. Lust has the internal effect, that is, in the heart, on the interior horizon of man and woman, of obscuring the significance of the body, of the person itself. Femininity thus ceases being above all else an object for the man. It ceases being a specific language of the spirit. It loses its character of being a sign. I would say that it ceases bearing in itself the wonderful matrimonial significance of the body. It ceases its correlation to this significance in the context of conscience and experience. Lust arising from concupiscence of the flesh itself, from the first moment of its existence within the man—its existence in his heart—passes in a certain sense close to such a context. (Using an image, one could say that it passes on the ruins of the matrimonial significance of the body and all its subjective parts.) By virtue of axiological intentionality itself, it aims directly at an exclusive end: to satisfy only the sexual need of the body, as its precise object.

5. According to the words of Christ (Mt 5:27-28), such an intentional and axiological reduction can take place in the sphere of the look (of looking). Rather, it takes place in the sphere of a purely interior act expressed by the look. A look (or rather looking) is in itself a cognitive act. When concupiscence enters its inner structure, the look takes on the character of lustful knowledge. The biblical expression "to look at lustfully" can indicate both a cognitive act, which the lusting man "makes use of," (that is, giving him the character of lust aiming at an object), and a cognitive act that arouses lust in the other object and above all in its will and in its heart. As is seen, it is possible to place an intentional interpretation on an interior act, being aware of one and the other pole of man's psychology: knowledge or lust understood as appetitus (which is something broader than lust, since it indicates everything manifested in the object as aspiration, and as such always tends to aim at something, that is, toward an object known under the aspect of value.) Yet, an adequate interpretation of Matthew 5:27-28 requires us—by means of the intentionality itself of knowledge or of the appetitus to discern something more, that is, the intentionality of the very existence of man in relation to the other man. In our case, it is the man in relation to the woman and the woman in relation to the man. It will be well for us to return to this subject. Concluding today's reflection, we add again that in that lust, in looking at lustfully, which the Sermon on the Mount deals with, for the man who looks in that way, the woman ceases to exist as an object of eternal attraction. She begins to be only an object of carnal concupiscence. To that is connected the profound inner separation of the matrimonial significance of the body, about which we spoke in the preceding reflection.

Depersonalizing Effect of Concupiscence⁶⁷

1. In the Sermon on the Mount Christ said: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). We have been trying for some time to penetrate the meaning of this statement, analyzing the single elements in order to understand better the text as a whole.

When Christ spoke of a man who looks lustfully, he indicated not only the dimension of intentionality in looking, thus indicating lustful knowledge, the psychological dimension, but also the dimension of the intentionality of man's very existence. In the situation Christ described, that dimension passes unilaterally from the man, who is the subject, to the woman, who has become the object (this does not mean, however, that such a dimension is only unilateral). For the present we will not reverse the situation analyzed, or extend it to both parties, to both subjects. Let us dwell on the situation outlined by Christ, stressing that it is a question of a purely interior act, hidden in the heart and stopping on the threshold of the look.

It is enough to note that in this case the woman—who owing to her personal subjectivity exists perennially "for man," waiting for him, too, for the same reason, to exist "for her"—is deprived of the meaning of her attraction as a person. Though being characteristic of the "eternal feminine," she becomes at the same time only an object for the man. That is, she begins to exist intentionally as an object for the potential satisfaction of the sexual need inherent in his masculinity. Although the act is completely interior, hidden in the heart and expressed only by the look, there already occurs in him a change (subjectively unilateral) of the very intentionality of existence. If it were not so, if it were not a question of such a deep change, the following words of the same sentence: "...has already committed adultery with her in his heart" (Mt 5:28) would have no meaning.

2. That change of the intentionality of existence, by means of which a certain woman begins to exist for a certain man not as a subject of call and personal attraction or as a subject of communion, but exclusively as an object for the potential satisfaction of the sexual need, is carried out in the heart, since it is carried out in the will. Cognitive intentionality itself does not yet mean enslavement of the heart. Only when the intentional reduction, illustrated previously, sweeps the will along into its narrow horizon, when it brings forth the decision of a relationship with another human being (in our case: with the woman) according to the specific scale of values of lust, only then can it be said that desire has also gained possession of the heart. Only when lust has gained possession of the will is it possible to say that it is dominant over the subjectivity of the person and that it is at the basis of the will, and of the possibility of choosing and deciding, through which—by virtue of self-decision or self-determination—the very way of existing with regard to another person is established. The intentionality of this existence then acquires a full subjective dimension.

⁶⁷ September 24, 1980

3. Only then—that is from that subjective moment and on its subjective prolongation—is it possible to confirm what we read, for example, in Sirach (23:17-22), about the man dominated by lust, and what we read in even more eloquent descriptions in world literature. Then we can also speak of that more or less complete compulsion, which is called elsewhere compulsion of the body. This brings with it loss of the freedom of the gift, congenial in deep awareness of the matrimonial meaning of the body, of which we have also spoken in preceding analyses.

4. When we speak of desire as the transformation of the intentionality of a concrete existence, of the man, for example, for whom (according to Mt 5:27-28), a certain woman becomes merely the object of the potential satisfaction of the sexual need inherent in his masculinity, it is not at all a matter of questioning that need, as an objective dimension of human nature with the procreative finality that is characteristic of it. Christ's words in the Sermon on the Mount (in its whole context) are far from Manichaeism, as the true Christian tradition also is. In this case, there cannot arise, therefore, objections of the kind. It is a question, on the contrary, of the man's and the woman's way of existing as persons, that is, of that existing in a mutual "for," which—also on the basis of what, according to the objective dimension of human nature, can be defined as the sexual need—can and must serve the building up of the unity of communion in their mutual relations. Such is the fundamental meaning characteristic of the perennial and reciprocal attraction of masculinity and femininity, contained in the very reality of the constitution of man as a person, body and sex together.

5. The possible circumstance that one of the two persons exists only as the subject of the satisfaction of the sexual need, and the other becomes exclusively the object of this satisfaction, does not correspond to the union or personal communion to which man and woman were mutually called from the beginning—on the contrary, it is in conflict with it. Moreover, the case in which both the man and the woman exist reciprocally as the object of satisfaction of the sexual need, and each on his or her part is only the subject of that satisfaction, does not correspond to this unity of communion—but on the contrary it clashes with it. This reduction of such a rich content of the reciprocal and perennial attraction of human persons in their masculinity or femininity does not at all correspond to the "nature" of the attraction in question. This reduction extinguishes the personal meaning of communion, characteristic of man and woman, through which, according to Genesis 2:24, "a man...cleaves to his wife, and they become one flesh." Lust turns away the intentional dimension of the man's and woman's mutual existence from the personal perspectives, "of communion," characteristic of their perennial and mutual attraction, reducing it, and, so to speak, pushing it toward utilitarian dimensions, within which the human being uses the other human being, for the sake merely of satisfying his own needs.

6. It seems possible to find this content again, charged with the human interior experience characteristic of different ages and environments, in Christ's concise affirmation in the Sermon on the Mount. At the same time, we cannot in any case lose sight of the meaning that this affirmation attributes to man's interiority, to the integral dimension of the heart as the dimension of the inner man. Here lies the core of the transformation of ethos aimed

at by Christ's words according to Matthew 5:27-28, expressed with powerful forcefulness and at the same time with admirable simplicity.

Establishing the Ethical Sense⁶⁸

1. We arrive in our analysis at the third part of Christ's enunciation in the Sermon on the Mount (Mt 5:27-28). The first part was: "You have heard that it was said, 'You shall not commit adultery.'" The second: "But I say to you that everyone who looks at a woman lustfully....", is grammatically connected with the third part: "...has already committed adultery with her in his heart."

The method applied here, which is that of dividing or splitting Christ's enunciation into three parts which follow one another may seem artificial. However, when we seek the ethical meaning of the enunciation in its totality, the division of the text used by us may be useful. This is provided that it is applied not only in a disjunctive, but in a conjunctive way. This is what we intend to do. Each of the distinct parts has its own specific content and connotations, and we wish to stress this by dividing the text. But it must be pointed out at the same time that each of the parts is explained in direct relationship with the others. That referred in the first place to the principal semantic elements by which the enunciation constitutes a whole. These elements are: to commit adultery, to desire to commit adultery in the body, to commit adultery in the heart. It would be especially difficult to establish the ethical sense of desiring without the element indicated here last, that is adultery in the heart. The preceding analysis has already considered this element to a certain extent. However, a fuller understanding of "to commit adultery in the heart" is possible only after a special analysis.

Rediscovering values

2. As we have already mentioned, it is a question here of establishing the ethical sense. Christ's enunciation in Matthew 5:27-28 starts from the commandment: "Do not commit adultery", in order to show how it must be understood and put into practice, so that the justice that God-Yahweh wished as legislator may abound in it. It is in order that it may abound to a greater extent than appeared from the interpretation and casuistry of the Old Testament doctors. If Christ's words in this sense aim at constructing the new ethos (and on the basis of the same commandment), the way to that passes through the rediscovery of the values which—in the general Old Testament understanding and in the application of this commandment—have been lost.

That justice may abound

3. From this point of view also the formulation of the text of Matthew 5:27-28 is significant. The commandment "Do not commit adultery" is formulated as a prohibition which categorically excludes a given moral evil. It is well known that the same law (the Ten Commandments), as well as the prohibition "do not commit adultery," also include

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the prohibition, "Do not covet your neighbor's wife" (Ex 20:14, 17; Dt 5:18, 21). Christ did not nullify one prohibition with regard to the other. Although he spoke of desire, he aimed at a deeper clarification of adultery. It is significant that after mentioning the prohibition, "Do not commit adultery," as well known to his listeners, in the course of his enunciation he changed his style and the logical structure from the normative to the narrative-affirmative. When he said: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart," he described an interior fact, whose reality can easily be understood by his listeners. At the same time, through the fact thus described and qualified, he indicated how the commandment, "Do not commit adultery" must be understood and put into practice, so that it will lead to the justice willed by the legislator.

Establishing the sense

4. In this way we have reached the expression "has committed adultery in his heart." This is the key-expression, as it seems, for understanding its correct ethical meaning. This expression is at the same time the principal source for revealing the essential values of the new ethos, the ethos of the Sermon on the Mount. As often happens in the Gospel, here, too, we come up against a certain paradox. How can adultery take place without committing adultery, that is, without the exterior act which makes it possible to identify the act forbidden by the law? We have seen how much the casuistry of the doctors of the law devoted itself to defining this problem. But even apart from casuistry, it seems clear that adultery can be identified only in the flesh, that is, when the two, the man and the woman who unite with each other in such a way as to become one flesh (cf. Gn 2:24), are not legal spouses, husband and wife. What meaning, then, can adultery committed in the heart have? Is it not perhaps just a metaphorical expression the Master used to highlight the sinfulness of lust?

Ethical consequences

5. If we admitted this semantic reading of Christ's enunciation (Mt 5:27-28), it would be necessary to reflect deeply on the ethical consequences that would be derived from it, that is, on the conclusions about the ethical regularity of the behavior. Adultery takes place when the man and the woman who unite with each other so as to become one flesh (cf. Gn 2:24), that is, in the way characteristic of spouses, are not legal spouses. The detecting of adultery as a sin committed in the body is closely and exclusively united with the exterior act, with living together in a conjugal way. This referred also to the status of the acting persons, recognized by society. In the case in question, this status is improper and does not authorize such an act (hence the term "adultery").

The affirmative answer

6. Going on to the second part of Christ's enunciation (that is, the one in which the new ethos begins to take shape), it would be necessary to understand the expression, "Everyone who looks at a woman lustfully," in exclusive reference to persons according to their civil status. This is their status recognized by society, whether or not they are

husband and wife. Here the questions begin to multiply. There can be no doubt about the fact that Christ indicated the sinfulness of the interior act of lust expressed through a way of looking at every woman who is not the wife of the one who so looks at her. Therefore we can and even must ask ourselves if, with the same expression, Christ admitted and approved such a look, such an interior act of lust, directed toward the woman who is the wife of the man who so looks at her.

The following logical premise seems to favor the affirmative answer to such a question. In the case in question, only the man who is the potential subject of adultery in the flesh can commit adultery in the heart. Since this subject cannot be the husband with regard to his own legitimate wife, therefore adultery in the heart cannot refer to him, but any other man can be considered guilty of it. If he is the husband, he cannot commit it with regard to his own wife. He alone has the exclusive right to desire, to look lustfully at the woman who is his wife. It can never be said that due to such an interior act he deserves to be accused of adultery committed in the heart. If by virtue of marriage he has the right to unite with his wife, so that the two become one flesh, this act can never be called adultery. Similarly the interior act of desire, dealt with in the Sermon on the Mount, cannot be defined as adultery committed in the heart.

Considering the results

7. This interpretation of Christ's words in Mt 5:27-28 seems to correspond to the logic of the Ten Commandments. In addition to the commandment, "Do not commit adultery" they also contain the commandment, "Do not covet your neighbor's wife." Furthermore, the reasoning in support of this interpretation has all the characteristics of objective correctness and accuracy. Nevertheless, good grounds for doubt remain as to whether this reasoning takes into account all the aspects of revelation, as well as of the theology of the body. This must be considered, especially when we wish to understand Christ's words. We have already seen what the "specific weight" of this expression is, how rich the anthropological and theological implications are of the one sentence in which Christ referred "to the beginning" (cf. Mt 19:8). These implications of the enunciation in the Sermon on the Mount in which Christ referred to the human heart confer on the enunciation itself also a "specific weight" of its own. At the same time they determine its consistency with evangelical teaching as a whole. Therefore we must admit that the interpretation presented above, with all its objective correctness and logical precision, requires a certain amplification and, above all, a deepening. We must remember that the reference to the human heart, expressed perhaps in a paradoxical way (cf. Mt 5:27-28), comes from him who "knew what was in man" (Jn 2:25). If his words confirm the Decalogue (not only the sixth, but also the ninth commandment), at the same time they express that knowledge of man, which—as we have pointed out elsewhere—enables us to unite awareness of human sinfulness with the perspective of the redemption of the body (cf. Rom 8:23). This knowledge lies at the basis of the new ethos which emerges from the words of the Sermon on the Mount.

Taking all that into consideration, we conclude that, as in understanding adultery in the flesh, Christ criticized the erroneous and one-sided interpretation of adultery that is

derived from the failure to observe monogamy (that is, marriage understood as the indefectible covenant of persons), so also in understanding adultery in the heart, Christ takes into consideration not only the real juridical status of the man and woman in question. Christ also makes the moral evaluation of the desire depend above all on the personal dignity itself of the man and the woman; and this has its importance both when it is a question of persons who are not married, and—perhaps even more—when they are spouses, wife and husband. From this point of view it will be useful for us to complete the analysis of the words of the Sermon on the Mount, and we will do so the next time.

Interpreting the Concept of Concupiscence⁶⁹

1. Today I wish to conclude the analysis of the words spoken by Christ in the Sermon on the Mount about adultery and lust, and especially the last element of this enunciation, in which "lust of the eyes" is defined specifically as "adultery committed in the heart." We have already seen that the above-mentioned words are usually understood as desire for another's wife (that is, according to the spirit of the ninth commandment of the Decalogue). However, it seems that this interpretation—a more restrictive one—can and must be widened in the light of the total context. The moral evaluation of lust (of looking lustfully), which Christ called adultery committed in the heart, seems to depend above all on the personal dignity itself of man and of woman. This holds true both for those who are not united in marriage, and—perhaps even more—for those who are husband and wife.

Need to amplify

2. The analysis which we have made so far of Matthew 5:27-28 indicates the necessity of amplifying and above all deepening the interpretation presented previously, with regard to the ethical meaning that this enunciation contains. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart." Let us dwell on the situation described by the Master, a situation in which the one who commits adultery in his heart by means of an interior act of lust (expressed by the look) is the man. It is significant that in speaking of the object of this act, Christ did not stress that it is "another man's wife," or a woman who is not his own wife, but says generically, a woman. Adultery committed in the heart is not circumscribed in the limits of the interpersonal relationship which make it possible to determine adultery committed in the body. It is not these limits that decide exclusively and essentially about adultery committed in the heart, but the very nature of lust. It is expressed in this case by a look, that is, by the fact that that man—of whom Christ speaks, for the sake of example—looks lustfully. Adultery in the heart is committed not only because man looks in this way at a woman who is not his wife, but precisely because he looks at a woman in this way. Even if he looked in this way at the woman who is his wife, he could likewise commit adultery in his heart.

To satisfy his own instinct

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3. This interpretation seems to take into consideration more amply what has been said about lust in these analyses as a whole, and primarily about the lust of the flesh as a permanent element of man's sinfulness (*status naturae lapsae*). The lust which, as an interior act, springs from this basis (as we tried to indicate in the preceding analyses) changes the very intentionality of the woman's existence "for" man. It reduces the riches of the perennial call to the communion of persons, the riches of the deep attractiveness of masculinity and femininity, to mere satisfaction of the sexual need of the body (the concept of "instinct" seems to be linked more closely with this). As a result of this reduction, the person (in this case, the woman) becomes for the other person (the man) mainly the object of the potential satisfaction of his own sexual need. In this way, that mutual "for" is distorted, losing its character of communion of persons in favor of the utilitarian function. A man who looks in this way, as Matthew 5:27-28 indicates, uses the woman, her femininity, to satisfy his own instinct. Although he does not do so with an exterior act, he has already assumed this attitude deep down, inwardly deciding in this way with regard to a given woman. This is what adultery committed in the heart consists of. Man can commit this adultery in the heart also with regard to his own wife, if he treats her only as an object to satisfy instinct.

Better interpretation

4. It is not possible to arrive at the second interpretation of Matthew 5:27-28, if we confine ourselves to the purely psychological interpretation of lust without taking into account what constitutes its specific theological character, that is, the organic relationship between lust (as an act) and the lust of the flesh as a permanent disposition derived from man's sinfulness. The purely psychological (or "sexological") interpretation of lust does not seem to constitute a sufficient basis to understand the text of the Sermon on the Mount in question. On the other hand, if we refer to the theological interpretation—without underestimating what remains unchangeable in the first interpretation (the psychological one)—the second interpretation (the theological one) appears to us as more complete. Thanks to it, the ethical meaning of the key enunciation of the Sermon on the Mount, to which we owe the adequate dimension of the ethos of the Gospel, becomes clearer.

Fulfillment in the heart

5. Sketching this dimension, Christ remains faithful to the law: "Do not think that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them" (Mt 5:17). Consequently he shows how deep down it is necessary to go, how the recesses of the human heart must be thoroughly revealed, in order that this heart may become a place of "fulfillment" of the law. The enunciation of Matthew 5:27-28, which makes manifest the interior perspective of adultery committed in the heart—and in this perspective points out the right ways to fulfill the commandment: "Do not commit adultery"—is an extraordinary argument of it. This enunciation (Mt 5:27-28) refers, in fact, to the sphere which especially concerns purity of heart (cf. Mt 5:8) (an expression which—as is known—has a wide meaning in the Bible). Elsewhere, too, we will

consider in what way the commandment "Do not commit adultery"—which, as regards the way in which it is expressed and the content, is a univocal and severe prohibition (like the commandment, "You shall not covet your neighbor's wife", Ex 20:17)—is carried out precisely by means of purity of heart. The severity and strength of the prohibition are testified to directly by the following words of the Sermon on the Mount, in which Christ spoke figuratively of "plucking out one's eye" and "cutting off one's hand," if these members were the cause of sin (cf. Mt 5:29-30). We have already seen that the legislation of the Old Testament, though abounding in severe punishments, did not contribute to "fulfill the law," because its casuistry was marked by many compromises with the lust of the flesh. On the contrary, Christ taught that the commandment is carried out through purity of heart. This is not given to man except at the cost of firmness with regard to everything that springs from the lust of the flesh. Whoever is able to demand consistently from his heart and from his body, acquires purity of heart.

Two become one flesh

6. The commandment "Do not commit adultery" finds its rightful motivation in the indissolubility of marriage. In it, man and woman, by virtue of the original plan of the Creator, unite in such a way that "the two become one flesh" (cf. Gn 2:24). By its essence, adultery conflicts with this unity, in the sense in which this unity corresponds to the dignity of persons. Christ not only confirms this essential ethical meaning of the commandment, but aims at strengthening it in the depth of the human person. The new dimension of ethos is always connected with the revelation of that depth, which is called "heart," and with its liberation from lust. This is in order that man, male and female, in all the interior truth of the mutual "for," may shine forth more fully in that heart. Freed from the constraint and from the impairment of the spirit that the lust of the flesh brings with it, the human being, male and female, finds himself mutually in the freedom of the gift. This gift is the condition of all life together in truth, and, in particular, in the freedom of mutual giving. Both husband and wife must form the sacramental unity willed, as Genesis 2:24 says, by the Creator himself .

Mutual relationship

7. As is plain, the necessity which, in the Sermon on the Mount, Christ placed on all his actual and potential listeners, belongs to the interior space in which man—precisely the one who is listening to him—must perceive anew the lost fullness of his humanity, and want to regain it. That fullness in the mutual relationship of persons, of the man and of the woman, was claimed by the Master in Matthew 5:27-28. He had in mind above all the indissolubility of marriage, but also every other form of the common life of men and women, that common life which constitutes the pure and simple fabric of existence. By its nature, human life is "coeducative." Its dignity and balance depend, at every moment of history and at every point of geographical longitude and latitude, on who she will be for him, and he for her.

The words spoken by Christ in the Sermon on the Mount have certainly this universal and at the same time profound significance. Only in this way can they be understood in the

mouth of him who knew thoroughly "what was in man," and who, at the same time, bore within him the mystery of the "redemption of the body," as St. Paul puts it. Are we to fear the severity of these words, or rather have confidence in their salvific content, in their power?

In any case, the analysis carried out of the words spoken by Christ in the Sermon on the Mount opens the way to further indispensable reflections in order to reach full awareness of historical man, and above all of modern man: of his conscience and he for her.

Gospel Values and Duties of the Human Heart⁷⁰

1. During our Wednesday meetings, we have analyzed in detail the words of the Sermon on the Mount, in which Christ referred to the human heart. As we now know, his words are exacting. Christ said: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). This reference to the heart throws light on the dimension of human interiority, the dimension of the inner man, characteristic of ethics, and even more of the theology of the body. Desire rises in the sphere of the lust of the flesh. It is at the same time an interior and theological reality, which is experienced, in a way, by every "historical" man. And it is precisely this man—even if he does not know the words of Christ—who continually asks himself the question about his own heart. Christ's words make this question especially explicit: is the heart accused, or is it called to good? Toward the end of our reflections and analyses we now intend to consider this question, connected with the sentence of the Gospel, so concise and yet categorical at the same time, so pregnant with theological, anthropological, and ethical content.

A second question goes hand in hand with it, a more practical one: how can and must he act, the man who accepts Christ's words in the Sermon on the Mount, the man who accepts the ethos of the Gospel, and, in particular, accepts it in this field?

Ethos of human practice

2. This man finds in the considerations made up to now the answer, at least an indirect one, to two questions. How can he act, that is, on what can he rely in his inner self, at the source of his interior or exterior acts? Furthermore, how should he act, that is, in what way do the values known according to the scale revealed in the Sermon on the Mount constitute a duty of his will and his heart, of his desires and his choices? In what way are they binding on him in action and behavior, if, accepted by means of knowledge, they already commit him in thinking and, in a certain way, in feeling? These questions are significant for human praxis, and indicate an organic connection of praxis itself with those. Lived morality is always the ethos of human practice.

Moral sensitivity

⁷⁰ October 15, 1980

3. It is possible to answer the aforesaid questions in various ways. In fact, various answers are given, both in the past and today. This is confirmed by an ample literature. In addition to the answers we find in it, it is necessary to consider the infinite number of answers that concrete man gives to these questions by himself, the ones that his conscience, his awareness and moral sensitivity give repeatedly, in the life of everyone. In this sphere an interpenetration of ethos and praxis is carried out. Here the individual principles live their own life (not exclusively "theoretical"). This not only concerns the norms of morality with their motivations which are worked out and made known by moralists. It also concerns the ones worked out—certainly not without a link with the work of moralists and scientists—by individual men, as authors and direct subjects of real morality, as co-authors of its history. On this the level of morality itself also depends, its progress or its decadence. All this reconfirms, everywhere and always, that historical man to whom Christ once spoke. He proclaimed the good news of the Gospel with the Sermon on the Mount, where he said among other things: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28).

Need for further analyses

4. Matthew's enunciation is stupendously concise in comparison with everything that has been written on this subject in secular literature. Perhaps its power in the history of ethos consists precisely in this. At the same time it must be realized that the history of ethos flows in a multiform bed, in which the individual currents draw nearer to, or move further away from, one another in turn. Historical man always evaluates his own heart in his own way, just as he also judges his own body. So he passes from the pole of pessimism to the pole of optimism, from puritan severity to modern permissiveness. It is necessary to realize this, in order that the ethos of the Sermon on the Mount may always have due transparency with regard to human actions and behavior. For this purpose it is necessary to make some more analyses.

Words misunderstood

5. Our reflections on the meaning of the words of Christ according to Matthew 5:27-28 would not be complete if they did not dwell—at least briefly—on what can be called the echo of these words in the history of human thought and of the evaluation of ethos. The echo is always a transformation of the voice and of the words that the voice expresses. We know from experience that this transformation is sometimes full of mysterious fascination. In the case in question, the opposite happened. Christ's words have been stripped of their simplicity and depth. A meaning has been conferred far removed from the one expressed in them, a meaning that even contradicts them. We have in mind here all that happened outside Christianity under the name of Manichaeism,^{71v} and that also

⁷¹ Manichaeism contains and brings to maturation the characteristic elements of all gnosis, that is, the dualism of two coeternal and radically opposed principles and the concept of a salvation which is realized only through knowledge (gnosis) or self-understanding. In the whole Manichaean myth there is only one

tried to enter the ground of Christianity as regards theology itself and the ethos of the body. Manichaeism arose in the East outside the biblical environment and sprang from Mazdeistic dualism. It is well known that, in its original form, Manichaeism saw the source of evil in matter, in the body, and therefore condemned everything that is corporeal in man. Since corporeity is manifested in man mainly through sex, the condemnation was extended to marriage and to conjugal life, as well as to other spheres of being and acting in which corporeity is expressed.

Affirmation of the body

6. To an unaccustomed ear, the evident severity of that system might seem in harmony with the severe words of Matthew 5:29-30, in which Christ spoke of "plucking out one's eye" or "cutting off one's hand," if these members were the cause of scandal. Through the purely material interpretation of these expressions, it was also possible to obtain a Manichaean view of Christ's enunciation, in which he spoke of a man who has "committed adultery in his heart...by looking at a woman lustfully." In this case, too, the Manichaean interpretation aims at condemning the body, as the real source of evil, since the ontological principle of evil, according to Manichaeism, is concealed and at the same time manifested in it. The attempt was made, therefore, to see this condemnation in the Gospel, and sometimes it was perceived, where actually only a particular requirement addressed to the human spirit had been expressed.

Note that the condemnation might—and may always be—a loophole to avoid the requirements set in the Gospel by him who "knew what was in man" (Jn 2:25). History has no lack of proofs. We have already partially had the opportunity (and we will certainly have it again) to show to what extent such a requirement may arise solely from an affirmation—and not from a denial or a condemnation—if it has to lead to an affirmation that is even more mature and deep, objectively and subjectively. The words of Christ according to Matthew 5:27-28 must lead to such an affirmation of the femininity and masculinity of the human being, as the personal dimension of "being a body." This is the right ethical meaning of these words. They impress on the pages of the Gospel a peculiar dimension of ethos in order to impress it subsequently on human life.

We will try to take up this subject again in our further reflections.

Realization of the Value of the Body According to the Plan of the Creator⁷²

1. At the center of our reflections, at the Wednesday meetings, there has been for a long time now the following enunciation of Christ in the Sermon on the Mount: "You have heard that it was said, 'You shall not commit adultery'. But I say to you that everyone who looks at a woman lustfully has already committed adultery with her (towards her) in his heart" (Mt 5:27-28). These words have an essential meaning for the whole theology of

hero and only one situation which is always repeated: the fallen soul is imprisoned in matter and is liberated by knowledge.

⁷² October 22, 1980

the body contained in Christ's teaching. Therefore, we rightly attribute great importance to their correct understanding and interpretation. In our preceding reflection we noted that the Manichean doctrine, both in its primitive and in its later expressions, contradicts these words.

It is not possible, in fact, to see in the sentence of the Sermon on the Mount, analyzed here, a "condemnation" or an accusation of the body. If anything, one could catch a glimpse of a condemnation of the human heart. However, the reflections we have made so far show that, if the words of Matthew 5:27-28 contain an accusation, it is directed above all at the man of lust. With those words the heart is not so much accused as subjected to a judgment. Or better, it is called to a critical, in fact a self-critical, examination: whether or not it succumbs to the lust of the flesh. Penetrating into the deep meaning of Matthew 5:27-28, we must note, however, that the judgment it contains about desire, as an act of lust of the flesh, brings with it not the negation, but rather the affirmation, of the body as an element which, together with the spirit, determines man's ontological subjectivity and shares in his dignity as a person. In this way, the judgment on the lust of the flesh has a meaning essentially different from the one which the Manichaeon ontology presupposes and which necessarily springs from it.

Body manifests the spirit

2. In its masculinity and femininity, the body is called "from the beginning" to become the manifestation of the spirit. It does so also by means of the conjugal union of man and woman, when they unite in such a way as to form one flesh. Elsewhere (cf. Mt 19:5-6) Christ defended the inviolable rights of this unity, by means of which the body, in its masculinity and femininity, assumes the value of a sign—in a way, a sacramental sign. Furthermore, by warning against the lust of the flesh, he expressed the same truth about the ontological dimension of the body and confirmed its ethical meaning, consistent with his teaching as a whole. This ethical meaning has nothing in common with the Manichaeon condemnation. On the contrary, it is deeply penetrated by the mystery of the redemption of the body, which St. Paul will write of in Romans (cf. Rom 8:23). The redemption of the body does not indicate, however, ontological evil as a constituent attribute of the human body. It only points out man's sinfulness, as a result of which he has, among other things, lost the clear sense of the nuptial meaning of the body, in which interior mastery and the freedom of the spirit is expressed. As we have already pointed out, it is a question here of a partial, potential loss, where the sense of the nuptial meaning of the body is confused, in a way, with lust, and easily lets itself be absorbed by it.

Transformation of conscience and attitudes

3. The appropriate interpretation of Christ's words according to Matthew 5:27-28, as well as the praxis in which the authentic ethos of the Sermon on the Mount will be subsequently expressed, must be absolutely free of Manichaeon elements in thought and in attitude. A Manichaeon attitude would lead to an "annihilation" of the body—if not real, at least intentional—to negation of the value of human sex, of the masculinity and

femininity of the human person, or at least to their mere toleration in the limits of the need delimited by the necessity of procreation. On the basis of Christ's words in the Sermon on the Mount, Christian ethos is characterized by a transformation of the conscience and attitudes of the human person, both man and woman. This is such as to express and realize the value of the body and of sex, according to the Creator's original plan, placed as they are in the service of the communion of persons, which is the deepest substratum of human ethics and culture. For the Manichaeian mentality, the body and sexuality constitute an "anti-value." For Christianity, on the contrary, they always remain a value not sufficiently appreciated, as I will explain better further on. The second attitude indicates the form of ethos in which the mystery of the redemption of the body takes root in the historical soil of human sinfulness. That is expressed by the theological formula, which defines the state of historical man as *status naturae lapsae simul ac redemptae* (the state of fallen, but at the same time redeemed, nature).

Question of detachment

4. Christ's words in the Sermon on the Mount (cf. Mt 5:27-28) must be interpreted in the light of this complex truth about man. If they contain a certain "accusation" leveled at the human heart, all the more so they appeal to it. The accusation of the moral evil which desire, born of intemperate lust of the flesh, conceals within itself, is at the same time a call to overcome this evil. If victory over evil consists in detachment from it (hence the severe words in the context of Matthew 5:27-28), it is only a question of detaching oneself from the evil of the act (in the case in question, the interior act of lust), and never of transferring the negative character of this act to its object. Such a transfer would mean a certain acceptance—perhaps not fully conscious—of the Manichaeian "anti-value." It would not constitute a real and deep victory over the evil of the act, which is evil by its moral essence, and so evil of a spiritual nature. On the contrary, it would conceal the great danger of justifying the act to the detriment of the object (the essential error of Manichaeian ethos consists in this). It is clear that in Matthew 5:27-28, Christ demanded detachment from the evil of lust (or of the look of disorderly desire). But his enunciation does not let it be supposed in any way that the object of that desire, that is, the woman who is looked at lustfully, is an evil. (This clarification seems to be lacking sometimes in some Wisdom texts.)

Knowing the difference

5. We must, therefore, specify the difference between the accusation and the appeal. The accusation leveled at the evil of lust is at the same time an appeal to overcome it. Consequently, this victory must be united with an effort to discover the true values of the object, in order that the Manichaeian "anti-value" may not take root in man, in his conscience, and in his will. As a result of the evil of lust, that is, of the act of which Christ spoke in Matthew 5:27-28, the object to which it is addressed constitutes for the human subject a value not sufficiently appreciated. In the words of the Sermon on the Mount (Mt 5:27-28) which have been analyzed, the human heart is accused of lust (or is warned against that lust). At the same time, by means of the words themselves, it is called to discover the full sense of what, in the act of lust, constitutes for him a value that is not

sufficiently appreciated. As we know, Christ said: "Everyone who looks at a woman lustfully has already committed adultery with her in his heart." Adultery committed in the heart can and must be understood as "devaluation," or as the impoverishment of an authentic value. It is an intentional deprivation of that dignity to which the complete value of her femininity corresponds in the person in question. Matthew 5:27-28 contains a call to discover this value and this dignity, and to reassert them. It seems that only when the semantic significance of Matthew's words is respected they are understood in this way.

To conclude these concise considerations, it is necessary to note once more that the Manichaeic way of understanding and evaluating man's body and sexuality is essentially alien to the Gospel. It is not in conformity with the exact meaning of the words Christ spoke in the Sermon on the Mount. The appeal to master the lust of the flesh springs precisely from the affirmation of the personal dignity of the body and of sex, and serves only this dignity. Anyone who wants to see in these words a Manichaeic perspective would be committing an essential error.

Power of Redeeming Completes Power of Creating⁷³

1. For a long time now, our Wednesday reflections have been centered on the following enunciation of Jesus Christ in the Sermon on the Mount: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). We have recently explained that these words cannot be understood or interpreted in a Manichaeic way. They do not in any way condemn the body and sexuality. They merely contain a call to overcome the three forms of lust, especially the lust of the flesh. This call springs precisely from the affirmation of the personal dignity of the body and of sexuality, and merely confirms this affirmation.

To clarify this formulation, that is, to determine the specific meaning of the words of the Sermon on the Mount, in which Christ appeals to the human heart (cf. Mt 5:27-28), is important not only because of "inveterate habits," springing from Manichaeism, in the way of thinking and evaluating things, but also because of some contemporary positions which interpret the meaning of man and of morality. Ricoeur described Freud, Marx and Nietzsche as "masters of suspicion"⁷⁴ ("maîtres du soupçon"). He had in mind the set of systems that each of them represents, and above all, perhaps, the hidden basis and the orientation of each of them in understanding and interpreting the humanum itself.

It seems necessary to refer, at least briefly, to this basis and to this orientation. It must be done to discover a significant convergence and also a fundamental divergence, which has its source in the Bible, and which we are trying to express in our analyses. What does the convergence consist of? It consists in the fact that the above-mentioned thinkers, who have and still do exercise a great influence on the way of thinking and evaluating of the

⁷³ October 29, 1980

⁷⁴ Cf. Paul Ricoeur, *Le conflit des interprétations* (Paris: Seuil, 1969), pp. 149-150.

men of our time, seem substantially also to judge and accuse man's heart. Even more, they seem to judge it and accuse it because of what biblical language, especially Johannine, calls lust, the three forms of lust.

The pride of life

2. Here a certain distribution of the parts could be made. In the Nietzschean interpretation, the judgment and accusation of the human heart correspond, in a way, to what is called in biblical language "the pride of life"; in the Marxist interpretation, to what is called "the lust of the eyes"; in the Freudian interpretation, to what is called "the lust of the flesh." The convergence of these conceptions with the interpretation of man founded on the Bible lies in the fact that, discovering the three forms of lust in the human heart, we, too, could have limited ourselves to putting that heart in a state of continual suspicion. However, the Bible does not allow us to stop here. The words of Christ according to Matthew 5:27-28 are such that, while manifesting the whole reality of desire and lust, they do not permit us to make this lust the absolute criterion of anthropology and ethics, that is, the very core of the hermeneutics of man. In the Bible, lust in its three forms does not constitute the fundamental and perhaps even unique and absolute criterion of anthropology and ethics, although it is certainly an important coefficient to understand man, his actions, and their moral value. The analysis we have carried out so far also shows this.

To the "man of lust"

3. Though wishing to arrive at a complete interpretation of Christ's words on the man who "looks lustfully" (cf. Mt 5:27-28), we cannot be content with any conception of lust, even if the fullness of the psychological truth accessible to us were to be reached; we must, on the contrary, draw on the First Letter of John 2:15-16 and the "theology of lust" that is contained in it. The man who looks lustfully is, in fact, the man of the three forms of lust; he is the man of the lust of the flesh. Therefore he can look in this way and he must even be conscious that, leaving this interior act at the mercy of the forces of nature, he cannot avoid the influence of the lust of the flesh. In Matthew 5:27-28 Christ also dealt with this and drew attention to it. His words refer not only to the concrete act of lust, but, indirectly, also to the man of lust.

4. Why cannot these words of the Sermon on the Mount, in spite of the convergence of what they say about the human heart⁷⁵ with what has been expressed in the interpretation of the "masters of suspicion," why cannot they be considered as the foundation of the aforesaid interpretation or a similar one? Why do they constitute an expression, a configuration, of a completely different ethos—different not only from the Manichaeic one, but also from the Freudian one? I think that the analyses and reflections made so far answer this question. Summing up, it can be said briefly that Christ's words according to Matthew 5:27-28 do not allow us to stop at the accusation of the human heart and to regard it continually with suspicion. But they must be understood and interpreted above all as an appeal to the heart. This derives from the nature of the ethos of redemption. On

⁷⁵ Cf. also Mt 5:19-20.

the basis of this mystery, which St. Paul defines as "the redemption of the body" (Rom 8:23), on the basis of the reality called "redemption" and, consequently, on the basis of the ethos of the redemption of the body, we cannot stop only at the accusation of the human heart on the basis of desire and lust of the flesh. Man cannot stop at putting the heart in a state of continual and irreversible suspicion due to the manifestations of the lust of the flesh and libido, which, among other things, a psychoanalyst perceives by analyzing the unconscious.⁷⁶ Redemption is a truth, a reality, in the name of which man must feel called, and "called with efficacy." He must realize this call also through Christ's words according to Matthew 5:27-28, reread in the full context of the revelation of the body. Man must feel called to rediscover, nay more, to realize the nuptial meaning of the body. He must feel called to express in this way the interior freedom of the gift, that is, of that spiritual state and that spiritual power which are derived from mastery of the lust of the flesh.

That good beginning

5. Man is called to this by the word of the Gospel, therefore from "outside," but at the same time he is also called from "inside." The words of Christ, who in the Sermon on the Mount appealed to the heart, induce the listener, in a way, to this interior call. If he lets them act in him, he will be able to hear within him at the same time almost the echo of that "beginning." Christ referred to that good beginning on another occasion, to remind his listeners who man is, who woman is, and who we are for each other in the work of creation. The words Christ uttered in the Sermon on the Mount are not a call hurled into emptiness. They are not addressed to the man who is completely absorbed in the lust of the flesh. This man is unable to seek another form of mutual relations in the sphere of the perennial attraction, which accompanies the history of man and woman precisely from the beginning. Christ's words bear witness that the original power (therefore also the grace) of the mystery of creation becomes for each of them power (that is, grace) of the mystery of redemption. That concerns the very nature, the very substratum of the humanity of the person, the deepest impulses of the heart. Does not man feel, at the same time as lust, a deep need to preserve the dignity of the mutual relations, which find their expression in the body, thanks to his masculinity and femininity? Does he not feel the need to impregnate them with everything that is noble and beautiful? Does he not feel the need to confer on them the supreme value which is love?

Real meaning of life

6. Rereading it, this appeal contained in Christ's words in the Sermon on the Mount cannot be an act detached from the context of concrete existence. It always means—though only in the dimension of the act to which it referred—the rediscovery of the meaning of the whole of existence, the meaning of life, which also contains that meaning

⁷⁶ Cf., for example, the characteristic affirmation of Freud's last work: S. Freud, *Abriss der Psychoanalyse, Das Unbehagen der Kultur* (Frankfurt-M. Hamburg: Fisher, 1955), pp. 74-75. Then that "core" or "heart" of man would be dominated by the union between the erotic instinct and the destructive one, and life would consist in satisfying them.

of the body which here we call "nuptial." The meaning of the body is, in a sense, the antithesis of Freudian libido. The meaning of life is the antithesis of the interpretation "of suspicion." This interpretation is radically different from what we rediscover in Christ's words in the Sermon on the Mount. These words reveal not only another ethos, but also another vision of man's possibilities. It is important that he, precisely in his heart, should not only feel irrevocably accused and given as a prey to the lust of the flesh, but that he should feel forcefully called in this same heart. He is called precisely to that supreme value that is love. He is called as a person in the truth of his humanity, therefore also in the truth of his masculinity or femininity, in the truth of his body. He is called in that truth which has been his heritage from the beginning, the heritage of his heart, which is deeper than the sinfulness inherited, deeper than lust in its three forms. The words of Christ, set in the whole reality of creation and redemption, reactivate that deeper heritage and give it real power in man's life.

Eros and Ethos Meet and Bear Fruit in the Human Heart⁷⁷

1. In the course of our weekly reflections on Christ's enunciation in the Sermon on the Mount, in which, in reference to the commandment, "You shall not commit adultery," he compared lust (looking lustfully) with adultery committed in the heart, we are trying to answer the question: do these words only accuse the human heart, or are they first and foremost an appeal addressed to it? Of course, this concerns an appeal of ethical character, an important and essential appeal for the ethos of the Gospel. We answer that the above-mentioned words are above all an appeal.

At the same time, we are trying to bring our reflections nearer to the routes taken, in its sphere, by the conscience of contemporary men. In the preceding cycle of our considerations we mentioned "eros." This Greek term, which passed from mythology to philosophy, then to the literary language and finally to the spoken language, unlike the word "ethos," is alien and unknown to biblical language. If, in the present analyses of biblical texts, we use the term "ethos," known to the Septuagint and to the New Testament, we do so because of the general meaning it has acquired in philosophy and theology, embracing in its content the complex spheres of good and evil, depending on human will and subject to the laws of conscience and the sensitivity of the human heart. Besides being the proper name of the mythological character, the term eros has a philosophical meaning in the writings of Plato,^{vi} which seems to be different from the common meaning and also from what is usually attributed to it in literature. Obviously, we must consider here the vast range of meanings. They differ from one another in their finer shades, as regards both the mythological character and the philosophical content, and above all the somatic or sexual point of view. Taking into account such a vast range of meanings, it is opportune to evaluate, in an equally differentiated way, what is related to eros⁷⁸ and is defined as erotic.

⁷⁷ November 5, 1980

⁷⁸ Cf., e.g., C. S. Lewis, "Eros," *The Four Loves* (New York: Harcourt, Brace, 1960), pp. 131-133, 152, 159-160; P. Chauchard, *Vices des vertus, vertus des vices* (Paris: Mame, 1965), p. 147.

Connotation of the term "eros"

2. According to Plato, eros represents the interior force that drags man toward everything good, true and beautiful. This attraction indicates, in this case, the intensity of a subjective act of the human spirit. In the common meaning, on the contrary—as also in literature—this attraction seems to be first and foremost of a sensual nature. It arouses the mutual tendency of both the man and the woman to draw closer to each other, to the union of bodies, to that union of which Genesis 2:24 spoke. It is a question here of answering the question whether eros connotes the same meaning in the biblical narrative (especially in Gn 2:23-25). This narrative certainly bears witness to the mutual attraction and the perennial call of the human person—through masculinity and femininity—to that unity in the flesh which, at the same time, must realize the communion-union of persons. Precisely because of this interpretation of eros (as well as of its relationship with ethos), the way in which we understand the lust spoken about in the Sermon on the Mount takes on fundamental importance.

Danger of reductivism and exclusivism

3. As it seems, common language considers above all that meaning of lust which we previously defined as psychological and which could also be called sexological. This is done on the basis of premises which are limited mainly to the naturalistic, somatic and sensualistic interpretation of human eroticism. (It is not a question here, in any way, of reducing the value of scientific researches in this field, but we wish to call attention to the danger of reductivism and exclusivism.) Well, in the psychological and sexological sense, lust indicates the subjective intensity of straining toward the object because of its sexual character (sexual value). That straining has its subjective intensity due to the specific attraction which extends its dominion over man's emotional sphere and involves his corporeity (his somatic masculinity or femininity). In the Sermon on the Mount we hear of the concupiscence of the man who "looks at a woman lustfully." These words—understood in the psychological (sexological) sense—refer to the sphere of phenomena which in common language are, precisely, described as erotic. Within the limits of Matthew 5:27-28, it is a question only of the interior act. It is mainly those ways of acting and of mutual behavior of the man and the woman, which are the external manifestation of these interior acts, that are defined "erotic." Nevertheless, there seems to be no doubt that—reasoning in this way— it is almost necessary to put the sign of equality between erotic and what derives from desire (and serves to satisfy the lust of the flesh). If this were so, then the words of Christ according to Matthew 5:27-28 would express a negative judgment about what is erotic and, addressed to the human heart, would constitute at the same time a severe warning against eros.

Many shades of meaning of "eros"

4. However, we have already mentioned that the term eros has many semantic shades of meaning. Therefore, wishing to define the relationship of the enunciation of the Sermon on the Mount (Mt 5:27-28) with the wide sphere of erotic phenomena, that is, those mutual actions and ways of behaving through which man and woman approach each

other and unite so as to be one flesh (cf. Gn 2:24), it is necessary to take into account the multiplicity of the semantic shades of meaning of eros. It seems possible, in fact, that in the sphere of the concept of eros—taking into account its Platonic meaning—there is room for that ethos, for those ethical and indirectly even theological contents which, in the course of our analyses, have been seen from Christ's appeal to the human heart in the Sermon on the Mount. Also knowledge of the multiple semantic nuances of eros and of what, in the differentiated experience and description of man, at various periods and various points of geographical and cultural longitude and latitude, is defined as erotic, can help in understanding the specific and complex riches of the heart, to which Christ appealed in Matthew 5:27-28.

The "ethos" of redemption

5. If we admit that eros means the interior force that attracts man toward what is true, good and beautiful, then, within the sphere of this concept, the way toward what Christ wished to express in the Sermon on the Mount, can also be seen to open. The words of Matthew 5:27-28, if they are an "accusation" of the human heart, are at the same time, even more, an appeal to it. This appeal is the specific category of the ethos of redemption. The call to what is true, good and beautiful means at the same time, in the ethos of redemption, the necessity of overcoming what is derived from lust in its three forms. It also means the possibility and the necessity of transforming what has been weighed down by the lust of the flesh. Furthermore, if the words of Matthew 5:27-28 represent this call, then they mean that, in the erotic sphere, eros and ethos do not differ from each other. They are not opposed to each other, but are called to meet in the human heart, and, in this meeting, to bear fruit. What is worthy of the human heart is that the form of what is erotic should be at the same time the form of ethos, that is, of what is ethical.

Ethos and ethics

6. This affirmation is important for ethos and at the same time for ethics. A negative meaning is often connected with the latter concept, because ethics bears with it norms, commandments and prohibitions. We are commonly inclined to consider the words of the Sermon on the Mount on lust (on looking lustfully) exclusively as a prohibition—a prohibition in the sphere of eros (that is, in the erotic sphere). Often we are content merely with this understanding, without trying to reveal the deep and essential values that this prohibition covers, that is, ensures. Not only does it protect them, but it also makes them accessible and liberates them, if we learn to open our heart to them. In the Sermon on the Mount Christ teaches us this and directs man's heart toward these values.

Spontaneity: The Mature Result of Conscience⁷⁹

1. Today we resume our analysis on the relationship between what is ethical and what is erotic. Our reflections follow the pattern of the words Christ spoke in the Sermon on the

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Mount, with which he referred to the commandment "You shall not commit adultery." At the same time he defined lust (looking lustfully) as "adultery committed in the heart." We see from these reflections that ethos is connected with the discovery of a new order of values. It is necessary to rediscover continually in what is erotic the nuptial meaning of the body and the true dignity of the gift. This is the role of the human spirit, a role of an ethical nature. If it does not assume this role, the attraction of the senses and the passion of the body may stop at mere lust devoid of ethical value. Then man, male and female, does not experience that fullness of eros, which means the aspiration of the human spirit toward what is true, good and beautiful, so that what is erotic also becomes true, good and beautiful. Therefore it is indispensable that ethos should become the constituent form of eros.

Fruit of discernment

2. The above-mentioned reflections are closely connected with the problem of spontaneity. It is often thought that ethos itself takes away spontaneity from what is erotic in man's life and behavior. For this reason detachment from ethos is demanded "for the benefit" of eros. Also the words of the Sermon on the Mount would seem to hinder this "good." But this opinion is erroneous and, in any case, superficial. Obstinate acceptance and upholding it, we will never reach the full dimensions of eros. That inevitably has repercussions in the sphere of praxis, that is, in our behavior and also in the concrete experience of values. Whoever accepts the ethos of Matthew 5:27-28 must know that he is also called to full and mature spontaneity of the relations that spring from the perennial attraction of masculinity and femininity. This spontaneity is the gradual fruit of the discernment of the impulses of one's own heart.

Need to be aware

3. Christ's words are severe. They demand from man that, in the sphere in which relations with persons of the other sex are formed, he should have full and deep consciousness of his own acts, and above all of interior acts. They demand that he should be aware of the internal impulses of his heart, so as to be able to distinguish them and qualify them maturely. Christ's words demand that in this sphere, which seems to belong exclusively to the body and to the senses, that is, to exterior man, he should succeed in being an interior man. He should be able to obey correct conscience, and to be the true master of his own deep impulses, like a guardian who watches over a hidden spring. Finally he should draw from all those impulses what is fitting for purity of heart, building with conscience and consistency that personal sense of the nuptial meaning of the body, which opens the interior space of the freedom of the gift.

Well, if man wishes to respond to the call expressed by Matthew 5:27-28, he must learn, with perseverance and consistency, what the meaning of the body is, the meaning of femininity and masculinity. He must learn this not only through an objectivizing abstraction (although this, too, is necessary), but above all in the sphere of the interior reactions of his own heart. This is a "science," which cannot be learned only from books, because it is a question here in the first place of deep knowledge of human interiority. In

the sphere of this knowledge, man learns to distinguish between what composes the multiform riches of masculinity and femininity in the signs that come from their perennial call and creative attraction, and what bears only the sign of lust. These variants and nuances of the internal movements of the heart can, within a certain limit, be confused with one another. However, it must be said that interior man has been called by Christ to acquire a mature and complete evaluation, leading him to discern and judge the various movements of his heart. It should be added that this task can be carried out and is worthy of man.

In fact, the discernment which we are speaking of has an essential relationship with spontaneity. The subjective structure of man shows, in this area, a specific richness and a clear distinction. Consequently, a noble gratification, for example, is one thing, while sexual desire is another. When sexual desire is linked with a noble gratification, it differs from desire pure and simple. Similarly, as regards the sphere of the immediate reactions of the heart, sexual excitement is very different from the deep emotion with which not only interior sensitivity, but sexuality itself reacts to the total expression of femininity and masculinity. It is not possible here to develop this subject further. But it is certain that, if we affirm that Christ's words according to Matthew 5:27-28 are severe, they are also severe in the sense that they contain within them the deep requirements concerning human spontaneity.

At the price of self-control

5. There cannot be such spontaneity in all the movements and impulses that arise from mere carnal lust, devoid as it is of a choice and of an adequate hierarchy. It is precisely at the price of self-control that man reaches that deeper and more mature spontaneity with which his heart, mastering his instincts, rediscovers the spiritual beauty of the sign constituted by the human body in its masculinity and femininity. Since this discovery is enhanced in the conscience as conviction, and in the will as guidance both of possible choices and of mere desires, the human heart becomes a participant in another spontaneity, of which "carnal man" knows nothing or very little. There is no doubt that through Christ's words according to Matthew 5:27-28, we are called precisely to such spontaneity. Perhaps the most important sphere of praxis—concerning the more interior acts—is precisely that which gradually prepares the way toward such spontaneity. This is a vast subject which will be opportune for us to take up another time in the future, when we will dedicate ourselves to showing what the real nature of the evangelical purity of heart is. We conclude for the present, saying that the words of the Sermon on the Mount, with which Christ called the attention of his listeners—at that time and today—to lust (looking lustfully), indirectly indicate the way toward a mature spontaneity of the human heart. This does not suffocate its noble desires and aspirations, but on the contrary frees them and, in a way, facilitates them.

Let what we said about the mutual relationship between what is ethical and what is erotic, according to the ethos of the Sermon on the Mount, suffice for the present.

Christ Calls Us to Rediscover the Living Forms of the New Man⁸⁰

1. At the beginning of our considerations on Christ's words in the Sermon on the Mount (Mt 5:27-28), we saw that they contain a deep ethical and anthropological meaning. It is a question here of the passage in which Christ recalled the commandment, "You shall not commit adultery," and added, "Everyone who looks at a woman lustfully has already committed adultery with her in his heart." We speak of the ethical and anthropological meaning of these words, because they allude to the two closely connected dimensions of ethos and historical man. In the course of the preceding analyses, we tried to follow these two dimensions, always keeping in mind that Christ's words are addressed to the heart, that is, to the interior man. Interior man is the specific subject of the ethos of the body, with which Christ wishes to imbue the conscience and will of his listeners and disciples. It is certainly a new ethos. It is new in comparison with the ethos of the Old Testament, as we have already tried to show in more detailed analyses. It is new also with regard to the state of historical man, subsequent to original sin, that is, with regard to the man of lust. It is, therefore, a new ethos in a universal sense and significance. It is new in relation to any man, independently of any geographical and historical longitude and latitude.

Towards the redemption of the body

2. We have already called this new ethos, which emerges from the perspective of Christ's words in the Sermon on the Mount, the "ethos of redemption" and, more precisely, the ethos of the redemption of the body. Here we followed St. Paul. In the Letter to the Romans he contrasts "bondage to decay" (Rom 8:21) and submission "to futility" (Rom 8:20)—in which the whole of creation has become participant owing to sin—with the desire for "the redemption of our bodies" (Rom 8:23). In this context, the Apostle spoke of the groans "of the whole creation," which "waits with eager longing..." to "be set free from its bondage to decay and obtain the glorious liberty of the children of God" (Rom 8:20-21). In this way, St. Paul reveals the situation of all creation, especially that of man after sin. The aspiration which—together with the new "adoption as sons" (Rom 8:23)—strives precisely toward "the redemption of the body," is significant for this situation. The redemption of the body is presented as the end, the eschatological and mature fruit of the mystery of the redemption of man and of the world, carried out by Christ.

Perspective of redemption alone justifies

3. In what sense, therefore, can we speak of the ethos of redemption and especially of the ethos of the redemption of the body? We must recognize that in the context of the words of the Sermon on the Mount (Mt 5:27-28), which we have analyzed, this meaning does not yet appear in all its fullness. It will be manifested more completely when we examine other words of Christ, the ones, that is, in which he referred to the resurrection (cf. Mt 22:30; Mk 12:25; Lk 20:35-36). However, there is no doubt that also in the Sermon on the Mount, Christ spoke in the perspective of the redemption of man and of the world (and, therefore, precisely of the redemption of the body). This is the perspective of the

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whole Gospel, of the whole teaching, of the whole mission of Christ. The immediate context of the Sermon on the Mount indicates the law and the prophets as the historical reference point, characteristic of the People of God of the old covenant. Yet we can never forget that in Christ's teaching the fundamental reference to the question of marriage and the problem of the relations between man and woman referred to the beginning. Such a reference can be justified only by the reality of the redemption. Outside it, there would remain only the three forms of lust or that "bondage to decay," which Paul writes of (Rom 8:21). Only the perspective of the redemption justifies the reference to the "beginning," that is, the perspective of the mystery of creation in the totality of Christ's teaching on the problems of marriage, man and woman and their mutual relationship. The words of Matthew 5:27-28 are set, in a word, in the same theological perspective.

Rediscovering what is truly human

4. In the Sermon on the Mount Christ did not invite man to return to the state of original innocence, because humanity has irrevocably left it behind. But he called him to rediscover—on the foundation of the perennial and indestructible meanings of what is human—the living forms of the new man. In this way a link, or rather a continuity is established between the beginning and the perspective of redemption. In the ethos of the redemption of the body, the original ethos of creation will have to be taken up again. Christ did not change the law, but confirmed the commandment, "You shall not commit adultery." At the same time, he led the intellect and the heart of listeners toward that "fullness of justice," willed by God the Creator and legislator, that this commandment contains. This fullness is discovered, first with an interior view of the heart, and then with an adequate way of being and acting. The form of the new man can emerge from this way of being and acting, to the extent to which the ethos of the redemption of the body dominates the lust of the flesh and the whole man of lust. Christ clearly indicated that the way to attain this must be the way of temperance and mastery of desires, that is, at the very root, already in the purely interior sphere ("Everyone who looks at a woman lustfully..."). The ethos of redemption contains in every area—and directly in the sphere of the lust of the flesh—the imperative of self-control, the necessity of immediate continence and of habitual temperance.

Realized through self-mastery

5. However, temperance and continence do not mean—if it may be put in this way—suspension in emptiness: neither in the emptiness of values nor in the emptiness of the subject. The ethos of redemption is realized in self-mastery, by means of temperance, that is, continence of desires. In this behavior the human heart remains bound to the value from which, through desire, it would otherwise have moved away, turning toward pure lust deprived of ethical value (as we said in the preceding analysis). In the field of the ethos of redemption, union with that value by means of an act of mastery is confirmed or re-established with an even deeper power and firmness. It is a question here of the value of the nuptial meaning of the body, of the value of a transparent sign. By means of this the Creator—together with the perennial mutual attraction of man and woman through masculinity and femininity—has written in the heart of them both the gift of communion,

that is, the mysterious reality of his image and likeness. It is a question of this value in the act of self-mastery and temperance, to which Christ referred in the Sermon on the Mount (Mt 5:27-28).

Experiencing freedom

6. This act may give the impression of suspension "in the emptiness of the subject." It may give this impression especially when it is necessary to make up one's mind to carry it out for the first time, or, even more, when the opposite habit has been formed, when man is accustomed to yield to the lust of the flesh. However, even the first time, and all the more so if he then acquires the capacity, man already gradually experiences his own dignity. By means of temperance, he bears witness to his own self-mastery and shows that he is carrying out what is essentially personal in him. Furthermore, he gradually experiences the freedom of the gift, which in one way is the condition, and in another way is the response of the subject to the nuptial value of the human body, in its femininity and masculinity. In this way, the ethos of the redemption of the body is realized through self-mastery, through the temperance of "desires." This happens when the human heart enters an alliance with this ethos, or rather confirms it by means of its own integral subjectivity; when the deepest and yet most real possibilities and dispositions of the person are manifested; when the innermost layers of his potentiality acquire a voice, layers which the lust of the flesh would not permit to show themselves. Nor can these layers emerge when the human heart is bound in permanent suspicion, as is the case in Freudian hermeneutics. Nor can they be manifested when the Manichaean anti-value is dominant in consciousness. The ethos of redemption, on the other hand, is based on a close alliance with those layers.

Purity a requirement

7. Further reflections will give us other proofs. Concluding our analyses on Christ's significant enunciation according to Matthew 5:27-28, we see that in it the human heart is above all the object of a call and not of an accusation. At the same time, we must admit that the consciousness of sinfulness is, in historical man, not only a necessary starting point. It is also an indispensable condition of his aspiration to virtue, to purity of heart, to perfection. The ethos of the redemption of the body remains deeply rooted in the anthropological and axiological realism of revelation. Referring in this case to the heart, Christ formulated his words in the most concrete way. Man is unique and unrepeatable above all because of his heart, which decides his being from within. The category of the heart is, in a way, the equivalent of personal subjectivity. The way of appeal to purity of heart, as it was expressed in the Sermon on the Mount, is in any case a reminiscence of the original solitude, from which the man was liberated through opening to the other human being, woman. Purity of heart is explained, finally, with regard for the other subject, who is originally and perennially co-called.

Purity is a requirement of love. It is the dimension of its interior truth in man's heart.

Purity of Heart⁸¹

1. The analysis of purity is an indispensable completion of the words Christ spoke in the Sermon on the Mount, which our present reflections are centered on. When explaining the correct meaning of the commandment, "You shall not commit adultery," Christ appealed to the interior man. At the same time he specified the fundamental dimension of purity that marks the relations between man and woman both in marriage and outside it. The words, "But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28), express what is opposed to purity. At the same time, these words demand the purity which, in the Sermon on the Mount, is included in the list of the beatitudes: "Blessed are the pure in heart, for they shall see God" (Mt 5:8). In this way Christ appealed to the human heart. He called upon it and did not accuse it, as we have already clarified.

Ritual ablutions

2. Christ sees in the heart, in man's inner self, the source of purity—but also of moral impurity—in the fundamental and most generic sense of the word. That is confirmed, for example, by the answer he gave to the Pharisees, who were scandalized by the fact that his disciples "transgress the tradition of the elders. For they do not wash their hands when they eat" (Mt 15:2). Jesus then said to those present: "Not what goes into the mouth defiles a man, but what comes out of the mouth defiles a man" (Mt 15:11). Answering Peter's question, he explained these words to his disciples as follows: "What comes out of the mouth proceeds from the heart, and this defiles a man. For out of the heart come evil thoughts, murder, adultery, fornication, theft, false witness, slander. These are what defile a man, but to eat with unwashed hands does not defile a man" (cf. Mt 15:18-20; also Mk 7:20-23).

When we say "purity" or "pure," in the first meaning of these words, we indicate what contrasts with what is dirty. "To dirty" means "to make filthy," "to pollute." That referred to the various spheres of the physical world. For example, we talk of a dirty road or a dirty room; we also talk of polluted air. In the same way man can be filthy, when his body is not clean. The body must be washed to remove dirt.

The Old Testament tradition attributed great importance to ritual ablutions, for example, to wash one's hands before eating, which the above-mentioned text spoke of. Many detailed prescriptions concerned the ablutions of the body in relation to sexual impurity, understood in the exclusively physiological sense, to which we have referred previously (cf. Lv 15). According to the medical science of the time, the various ablutions may have corresponded to hygienic prescriptions. Since they were imposed in God's name and contained in the sacred books of the Old Testament legislation, their observance indirectly acquired a religious meaning. They were ritual ablutions and, in the life of the people of the old covenant, they served ritual "purity."

⁸¹ December 10, 1980

Purity in the moral sense

3. In relation to the aforesaid juridico-religious tradition of the old covenant, an erroneous way of understanding moral purity developed.^{vii} It was often taken in the exclusively exterior and material sense. In any case, an explicit tendency to this interpretation spread. Christ opposed it radically. Nothing from outside makes one filthy, no "material" dirt makes one impure in the moral, that is, interior sense. No ablution, not even of a ritual nature, is capable in itself of producing moral purity. This has its exclusive source within man. It comes from the heart.

Probably the respective prescriptions in the Old Testament (for example, those found in Leviticus 15:16-24; 18:1ff., or 12:1-5) served, in addition to hygienic purposes, to attribute a certain dimension of interiority to what is corporeal and sexual in the human person. In any case, Christ took good care not to connect purity in the moral (ethical) sense with physiology and its organic processes. In the light of the words of Matthew 15:18-20, quoted above, none of the aspects of sexual "dirtiness," in the strictly bodily, biophysiological sense, falls by itself into the definition of purity or impurity in the moral (ethical) sense.

A general concept

4. The aforesaid assertion (Mt 15:18-20) is important above all for semantic reasons. Speaking of purity in the moral sense, that is, of the virtue of purity, we use an analogy, according to which moral evil is compared precisely to uncleanness. Certainly this analogy has been a part of the sphere of ethical concepts from the most remote times. Christ took it up again and confirmed it in all its extension: "What comes out of the mouth proceeds from the heart, and this defiles a man." Here Christ spoke of all moral evil, of all sin, that is, of transgressions of the various commandments. He enumerates "evil thoughts, murder, adultery, fornication, theft, false witness, slander," without confining himself to a specific kind of sin. It follows that the concept of purity and impurity in the moral sense is in the first place a general concept, not a specific one. All moral good is a manifestation of purity, and all moral evil is a manifestation of impurity. Matthew 15:18-20 does not limit purity to one area of morality, namely, to the one connected with the commandment, "You shall not commit adultery" and "Do not covet your neighbor's wife," that is, to the one that concerns the relations between man and woman, linked to the body and to the relative concupiscence. Similarly we can understand the beatitude of the Sermon on the Mount, addressed to "the pure in heart," both in the general and in the more specific sense. Only the actual context will make it possible to delimit and clarify this meaning.

The flesh and the spirit

5. The wider and more general meaning of purity is present also in St. Paul's letters. In them we shall gradually pick out the contexts which explicitly limit the meaning of purity to the bodily and sexual sphere, that is, to that meaning which we can grasp from Christ's words in the Sermon on the Mount on lust. This is already expressed in "looking at a

woman," and is regarded as equivalent to "committing adultery in one's heart" (cf. Mt 5:27-28).

St. Paul is not the author of the words about the three forms of lust. As we know, they occur in the First Letter of John. John spoke of the opposition within man between God and the world, between what comes "from the Father" and what comes "from the world" (cf. 1 Jn 2:16-17). This opposition is born in the heart and penetrates into man's actions as "the lust of the flesh and the lust of the eyes and the pride of life." Similarly, St. Paul points out another contradiction in the Christian. It is the opposition and at the same time the tension between the "flesh" and the "Spirit" (written with a capital letter, that is, the Holy Spirit). "But I say, walk by the Spirit, and do not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh. For these are opposed to each other, to prevent you from doing what you would" (Gal 5:16-17). It follows that life "according to the flesh" is in opposition to life "according to the Spirit." "For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit" (Rom 8:5).

In subsequent analyses we shall seek to show that purity—the purity of heart which Christ spoke of in the Sermon on the Mount—is realized precisely in life according to the Spirit.

Justification in Christ⁸²

1. "The desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh." Today we wish to study further these words of St. Paul in Galatians (5:17), with which we ended our reflections last week on the correct meaning of purity. Paul has in mind the tension existing within man, precisely in his heart. It is not a question here only of the body (matter) and of the spirit (the soul), as of two essentially different anthropological elements which constitute from the beginning the essence of man. But it presupposes that disposition of forces formed in man with original sin, in which every historical man participates. In this disposition, formed within man, the body opposes the spirit and easily prevails over it.^{viii} The Pauline terminology, however, means something more. Here the prevalence of the flesh seems almost to coincide with the threefold lust "of the world," according to Johannine terminology. In the language of St. Paul's letters,^{ix} the flesh indicates not only the "exterior" man, but also the man who is "interiorly" subjected to the "world."^x He is closed, in a way, in the area of those values that belong only to the world and of those ends that it is capable of imposing on man—values, therefore, to which man as flesh is sensitive. Thus Paul's language seems to link with the essential contents of John. The language of both denotes what is defined by various terms of modern ethics and anthropology, such as humanistic autarchy, secularism or also, in a general sense, sensualism. The man who lives according to the flesh is ready only for what is of the world. He is the man of the senses, the man of the threefold lust. His actions confirm this, as we shall say shortly.

⁸² December 17, 1980

What the Spirit wants

2. This man lives almost at the opposite pole as compared with what the Spirit wants. The Spirit of God wants a different reality from the one desired by the flesh. He aspires to a reality different from the one which the flesh aspires to, and that already within man, already at the interior source of man's aspirations and actions—"to prevent you from doing what you would" (Gal 5:17).

Paul expresses that in an even more explicit way. Elsewhere he writes of the evil he did, though he did not want to do it, and of the impossibility—or rather the limited possibility—of carrying out the good he wants (cf. Rom 7:19). Without going into the problems of a detailed exegesis of this text, it could be said that the tension between the flesh and the spirit is immanent, even if it is not reduced to this level. It is manifested in his heart as a fight between good and evil. That desire of which Christ spoke in the Sermon on the Mount (cf. Mt 5:27-28), although it is an interior act, is certainly—according to Pauline language—a manifestation of life according to the flesh. At the same time, that desire enables us to see how, within man, life according to the flesh is opposed to life according to the Spirit. We see how the latter, in man's present state, in view of his hereditary sinfulness, is constantly exposed to the weakness and insufficiency of the former, to which it often yields, if it is not strengthened interiorly to do precisely what "the Spirit wants." We can deduce from this that Paul's words, which deal with life according to the flesh and according to the Spirit, are at the same time a synthesis and a program. It is necessary to understand them in this key.

St. Paul explains this opposition

3. We find the same opposition of life according to the flesh and life according to the Spirit in Romans. Here too, as in Galatians, it is placed in the context of the Pauline doctrine on justification by means of faith, that is, by the power of Christ himself operating within man by the Holy Spirit. In this context Paul takes that opposition to its extreme consequences when he writes: "Those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God; it does not submit to God's law, indeed it cannot. Those who are in the flesh cannot please God. But you are not in the flesh. You are in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although your bodies are dead because of sin, your spirits are alive because of righteousness " (Rom 8:5-10).

Final victory over sin and death

4. The horizons that Paul delineates in this text can clearly be seen. He goes back to the "beginning"—that is, in this case, to the first sin from which life according to the flesh originated. It created in man the heritage of a predisposition to live only such a life,

together with the legacy of death. At the same time Paul anticipates the final victory over sin and death. The resurrection of Christ is a sign and announcement of this: "He who raised Christ Jesus from the dead will give life to your mortal bodies also through his Spirit who dwells in you" (Rom 8:11). In this eschatological perspective, St. Paul stresses justification in Christ. This is already intended for historical man, for every man of "yesterday, today and tomorrow" in the history of the world and also in the history of salvation. This justification is essential for the interior man. It is destined precisely for that heart to which Christ appealed, when speaking of purity and impurity in the moral sense. This justification by faith is not just a dimension of the divine plan for our salvation and sanctification, but according to St. Paul, is a real power that operates in man and is revealed and asserts itself in his actions.

Works of the flesh

5. Here again are the words of Galatians: "Now the works of the flesh are plain: fornication, impurity, licentiousness, idolatry, sorcery, enmity, strife, jealousy, anger, selfishness, dissension, party spirit, envy, drunkenness, carousing, and the like..." (5:19-21). "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control..." (5:22-23). In the Pauline doctrine, life according to the flesh is opposed to life according to the Spirit. This is not only within man, in his heart, but, as can be seen, it finds an ample and differentiated field to express itself in works. Paul speaks of the works which spring from the flesh—it could be said, from the works in which the man who lives according to the flesh is manifested. He also speaks of the fruit of the Spirit, that is of the actions,^{xi} of the ways of behaving, of the virtues, in which the man who lives according to the Spirit is manifested. In the first case we are dealing with man abandoned to the threefold lust, which John said is "of the world." In the second case we have before us what we have already called the ethos of redemption. Only now are we able to clarify fully the nature and structure of that ethos. It is expressed and affirmed through what in man, in all his "operating," in actions and in behavior, is the fruit of dominion over the threefold lust—of the flesh, of the eyes, and of the pride of life (of all that the human heart can rightly be "accused" of, and which man and his interiority can continually be suspected of).

If mastery in the sphere of ethos is manifested and realized as "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control"—as we read in the Letter to the Galatians—then behind each of these realizations, these ways of behaving, these moral virtues, there is a specific choice, that is, an effort of the will, the fruit of the human spirit permeated by the Spirit of God, which is manifested in choosing good. Speaking with the language of Paul, "The desires of the Spirit are against the flesh" (Gal 5:17). In these desires the Spirit shows himself to be stronger than the flesh and the desires brought forth by the threefold lust. In this struggle between good and evil, man proves himself stronger, thanks to the power of the Holy Spirit, who, operating within man's spirit, causes his desires to bear fruit in good. Therefore, these are not only—and not so much—"works" of man, as "fruit," that is, the effect of the action of the Spirit in man. Therefore Paul speaks of the fruit of the Spirit, intending this word with a capital letter.

Without penetrating the structures of human interiority by means of the subtle differentiations furnished to us by systematic theology (especially from Thomas Aquinas), we limit ourselves to a summary exposition of the biblical doctrine. This enables us to understand, in an essential and sufficient way, the distinction and the opposition of the flesh and the Spirit.

We have pointed out that among the fruits of the Spirit the Apostle also puts self-control. This must not be forgotten, because in our further reflections we will take up this subject again to deal with it in a more detailed way.

Opposition Between the Flesh and the Spirit⁸³

1. What does the statement mean: "The desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh" (Gal 5:17)? This question seems important, even fundamental, in the context of our reflections on purity of heart, which the Gospel speaks of. However, in this regard the author of Galatians opens before us even wider horizons. This contrast between the flesh and the Spirit (Spirit of God), and between life according to the flesh and life according to the Spirit, contains the Pauline theology about justification. This is the expression of faith in the anthropological and ethical realism of the redemption carried out by Christ, which Paul, in the context already known to us, also calls the redemption of the body. According to Romans 8:23, the "redemption of the body" also has a "cosmic" dimension (referred to the whole of creation), but at its center, there is man: man constituted in the personal unity of spirit and body. It is precisely in this man, in his heart, and consequently in all his behavior, that Christ's redemption bears fruit, thanks to those powers of the Spirit which bring about justification, that is, which enable justice to abound in man, as is inculcated in the Sermon on the Mount (cf. Mt 5:20), that is, to abound to the extent that God himself willed and which he expects.

Effects of the lust of the flesh

2. It is significant that speaking of the "works of the flesh" (cf. Gal 5:19-21), Paul mentions not only "fornication, impurity, licentiousness...drunkenness, carousing." This is everything that, according to an objective way of understanding, takes on the character of carnal sins and of the sensual enjoyment connected with the flesh. He names other sins too, to which we would not be inclined to also attribute a carnal and sensual character: "idolatry, sorcery, enmity, strife, jealousy, anger, selfishness, dissension, party spirit, envy..." (Gal 5:20-21). According to our anthropological (and ethical) categories, we would rather be inclined to call all the works listed here sins of the spirit, rather than sins of the flesh. Not without reason we might have glimpsed in them the effects of the lust of the eyes or of the pride of life, rather than the effects of the lust of the flesh. However, Paul describes them all as works of the flesh. That is intended exclusively against the background of that wider meaning (in a way a metonymical one), which the term flesh assumes in the Pauline letters. It is opposed not only and not so much to the human spirit as to the Holy Spirit who works in man's soul (spirit).

⁸³ January 7, 1981

Purity comes from the heart

3. There exists, therefore, a significant analogy between what Paul defines as works of the flesh and the words Christ used to explain to his disciples what he had previously said to the Pharisees about ritual purity and impurity (cf. Mt 15:2-20). According to Christ's words, real purity (as also impurity) in the moral sense is in the heart and comes from the heart of man. Impure works in the same sense are defined not only as adultery and fornication, and so the sins of the flesh in the strict sense, but also "evil thoughts...theft, false witness, slander." As we have already noted, Christ uses here both the general and the specific meaning of impurity (and, indirectly also of purity). St. Paul expresses himself in a similar way. The works of the flesh are understood in the Pauline text both in the general and in the specific sense. All sins are an expression of life according to the flesh, which contrasts with life according to the Spirit. In conformity with our linguistic convention (which is partially justified), what is considered as a sin of the flesh is, in Paul's list, one of the many manifestations (or species) of what he calls works of the flesh. In this sense, it is one of the symptoms, that is, actualizations of life according to the flesh, and not according to the Spirit.

Two meanings of death

4. Paul's words written to the Romans: "So then, brothers, we are debtors, not to the flesh, to live according to the flesh; for if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body you will live" (Rom 8:12-13)—introduce us again into the rich and differentiated sphere of the meanings which the terms "body" and Spirit have for him. However, the definitive meaning of that enunciation is advisory, exhortative, and so valid for the evangelical ethos. When he speaks of the necessity of putting to death the deeds of the body with the help of the Spirit, Paul expresses precisely what Christ spoke about in the Sermon on the Mount, appealing to the human heart and exhorting it to control desires, even those expressed in a man's look at a woman for the purpose of satisfying the lust of the flesh. This mastery, or as Paul writes, "putting to death the works of the body with the help of the Spirit," is an indispensable condition of life according to the Spirit, that is, of the life which is an antithesis of the death spoken about in the same context. Life according to the flesh has death as its fruit. That is, it involves as its effect the "death" of the spirit.

So the term "death" does not mean only the death of the body, but also sin, which moral theology will call "mortal." In Romans and Galatians, the Apostle continually widens the horizon of "sin-death," both toward the beginning of human history, and toward its end. Therefore, after listing the multiform works of the flesh, he affirms that "those who do such things shall not inherit the kingdom of God" (Gal 5:21). Elsewhere he will write with similar firmness: "Be sure of this, that no fornicator or impure man, or one who is covetous (that is, an idolater), has any inheritance in the kingdom of God" (Eph 5:5). In this case, too, the works that exclude inheritance in the kingdom of Christ and of God—that is, the works of the flesh—are listed as an example and with general value, although sins against purity in the specific sense are at the top of the list here (cf. Eph 5:3-7).

To set us free

5. To complete the picture of the opposition between the body and the fruit of the Spirit—it should be observed that in everything that manifests life and behavior according to the Spirit, Paul sees at once the manifestation of that freedom for which Christ "has set us free" (Gal 5:1). He writes: "For you were called to freedom, brethren; only do not use your freedom as an opportunity for the flesh, but through love be servants of one another. For the whole law is fulfilled in one word, 'You shall love your neighbor as yourself'" (Gal 5:13-14). As we have already pointed out, the opposition body/Spirit, life according to the flesh/ life according to the Spirit, deeply permeates the whole Pauline doctrine on justification. With exceptional force of conviction, the Apostle of the Gentiles proclaims that justification is carried out in Christ and through Christ. Man obtains justification in "faith working through love" (Gal 5:6), and not only by means of the observance of the individual prescriptions of Old Testament law (in particular, that of circumcision). Justification comes therefore "from the Spirit" (of God) and not "from the flesh." Paul exhorts the recipients of his letter to free themselves from the erroneous carnal concept of justification, to follow the true one, that is, the spiritual one. In this sense he exhorts them to consider themselves free from the law, and even more to be free with the freedom for which Christ "has set us free."

In this way, following the Apostle's thought, we should consider and above all realize evangelical purity, that is, the purity of the heart, according to the measure of that freedom for which Christ "has set us free."

Life in the Spirit Based on True Freedom⁸⁴

1. St. Paul writes in the Letter to the Galatians: "For you were called to freedom, brethren; only do not use your freedom as an opportunity for the flesh, but through love be servants of one another. For the whole law is fulfilled in one word, 'You shall love your neighbor as yourself'" (Gal 5:13-14). We have already dwelled on this enunciation. However, we are taking it up again today, in connection with the main argument of our reflections.

Although the passage quoted refers above all to the subject of justification, here, however, the Apostle aims explicitly at driving home the ethical dimension of the "body-Spirit" opposition, that is, the opposition between life according to the flesh and life according to the Spirit. Here he touches the essential point, revealing the anthropological roots of the Gospel ethos. If the whole law (the moral law of the Old Testament) is fulfilled in the commandment of charity, the dimension of the new Gospel ethos is nothing but an appeal to human freedom. It is an appeal to its fuller implementation and, in a way, to fuller "utilization" of the potential of the human spirit.

Freedom linked with command to love

⁸⁴ January 14, 1981

2. It might seem that Paul was only contrasting freedom with the law and the law with freedom. However, a deeper analysis of the text shows that in Galatians St. Paul emphasizes above all the ethical subordination of freedom to that element in which the whole law is fulfilled, that is, to love, which is the content of the greatest commandment of the Gospel. "Christ set us free in order that we might remain free," precisely in the sense that he manifested to us the ethical (and theological) subordination of freedom to charity, and that he linked freedom with the commandment of love. To understand the vocation to freedom in this way ("You were called to freedom, brethren": Gal 5:13), means giving a form to the ethos in which life "according to the Spirit" is realized. The danger of wrongly understanding freedom also exists. Paul clearly points this out, writing in the same context: "Only do not use your freedom as an opportunity for the flesh, but through love be servants of one another" (ibid.).

Bad use of freedom

3. In other words: Paul warns us of the possibility of making a bad use of freedom. Such a use is in opposition to the liberation of the human spirit carried out by Christ and contradicts that freedom with which "Christ set us free." Christ realized and manifested the freedom that finds its fullness in charity, the freedom thanks to which we are servants of one another. In other words, that freedom becomes a source of new works and life according to the Spirit. The antithesis and, in a way, the negation of this use of freedom takes place when it becomes a pretext to live according to the flesh. Freedom then becomes a source of works and of life according to the flesh. It stops being the true freedom for which "Christ set us free," and becomes "an opportunity for the flesh," a source (or instrument) of a specific yoke on the part of pride of life, the lust of the eyes, and the lust of the flesh. Anyone who lives in this way according to the flesh, that is, submits—although in a way that is not quite conscious, but nevertheless actual—to the three forms of lust, especially to the lust of the flesh, ceases to be capable of that freedom for which "Christ set us free." He also ceases to be suitable for the real gift of himself, which is the fruit and expression of this freedom. Moreover, he ceases to be capable of that gift which is organically connected with the nuptial meaning of the human body, with which we dealt in the preceding analyses of Genesis (cf. Gn 2:23-25).

The law fulfilled

4. In this way, the Pauline doctrine on purity, a doctrine in which we find the faithful and true echo of the Sermon on the Mount, permits us to see evangelical and Christian purity of heart in a wider perspective, and above all permits us to link it with the charity in which the law is fulfilled. Paul, in a way similar to Christ, knows a double meaning of purity (and of impurity): a generic meaning and a specific meaning. In the first case, everything that is morally good is pure, and on the contrary, everything that is morally bad is impure. Christ's words according to Matthew 15:18-20, quoted previously, clearly affirm this. In Paul's enunciations about the works of the flesh, which he contrasts with the fruit of the Spirit, we find the basis for a similar way of understanding this problem. Among the works of the flesh Paul puts what is morally bad, while every moral good is

linked with life according to the Spirit. In this way, one of the manifestations of life according to the Spirit is behavior in conformity with that virtue which Paul in the Letter to the Galatians seems to define rather indirectly, but which he speaks directly of in the First Letter to the Thessalonians.

Virtue of self-control

5. In the passages of the Letter to the Galatians, which we have previously already submitted to detailed analysis, the Apostle lists in the first place among the works of the flesh: fornication, impurity and licentiousness. Subsequently, however, when he contrasts these works with the fruit of the Spirit, he does not speak directly of purity, but names only self-control, *enkrateia*. This control can be recognized as a virtue which concerns continence in the area of all the desires of the senses, especially in the sexual sphere. It is in opposition to fornication, impurity and licentiousness, and also to drunkenness and carousing. It could be admitted that Pauline self-control contains what is expressed in the term "continence" or "temperance," which corresponds to the Latin term *temperantia*. In this case, we would find ourselves in the presence of the well-known system of virtues which later theology, especially Scholasticism, will borrow from the ethics of Aristotle. However, Paul certainly does not use this system in his text. Since purity must be understood as the correct way of treating the sexual sphere according to one's personal state (and not necessarily absolute abstention from sexual life), then undoubtedly this purity is included in the Pauline concept of self-control or *enkrateia*. Therefore, within the Pauline text we find only a generic and indirect mention of purity. Now and again the author contrasts these works of the flesh, such as fornication, impurity and licentiousness, with the fruit of the Spirit—that is, new works, in which life according to the Spirit is manifested. It can be deduced that one of these new works is precisely purity, that is the one that is opposed to impurity and also to fornication and licentiousness.

Called to holiness

6. But already in First Thessalonians, Paul writes on this subject in an explicit and unambiguous way. We read: "For this is the will of God, your sanctification: that you abstain from unchastity; that each one of you know how to control his own body⁸⁵ in holiness and honor, not in the passion of lust like heathens who do not know God" (1 Th 4:3-5). Then: "God has not called us for uncleanness, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you" (1 Th 4:7-8). In this text we also have before us the generic meaning of purity, identified in this case with holiness (since uncleanness is named as the antithesis of holiness). Nevertheless, the whole context indicates clearly what purity or impurity it is a question of, that is, the content of what Paul calls here uncleanness, and in what way purity contributes to the holiness of man.

And therefore, in the following reflections, it will be useful to take up again the text of the First Letter to the Thessalonians, which has just been quoted.

⁸⁵ Without going into the detailed discussions of the exegetes, it should, however, be pointed out that the Greek expression *heautou skeuos* can refer also to the wife (cf. 1 Pt 3:7).

St. Paul's Teaching on the Sanctity and Respect of the Human Body⁸⁶

1. St. Paul writes in the First Letter to the Thessalonians: "...this is the will of God, your sanctification: that you abstain from unchastity, that each one of you know how to control his own body in holiness and honour , not in the passion of lust like heathens who do not know God" (1 Th 4:3-5). After some verses, he continues: "God has not called us for uncleanness, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you" (ibid. 4:7-8). We referred to these sentences of the Apostle during our last meeting. We take them up again today because they are especially important for the subject of our meditations.

Purity a capacity

2. The purity which Paul speaks of in First Thessalonians (4:3-5, 7-8) is manifested in the fact that man "knows how to control his own body in holiness and honour , not in the passion of lust." In this formulation every word has a particular meaning and therefore deserves an adequate comment.

In the first place, purity is a "capacity," that is, in the traditional language of anthropology and ethics, an aptitude. In this sense it is a virtue. If this ability, that is, virtue, leads to abstaining from unchastity, that happens because the man who possesses it "knows how to control his own body in holiness and honour , not in the passion of lust." It is a question here of a practical capacity which makes man capable of acting in a given way, and at the same time of not acting in the opposite way. For purity to be such a capacity or aptitude, it must obviously be rooted in the will, in the foundation of man's willing and conscious acting. In his teaching on virtues, Thomas Aquinas sees in an even more direct way the object of purity in the faculty of sensitive desire, which he calls *appetitus concupiscibilis*. Precisely this faculty must be particularly mastered, subordinated and made capable of acting in a way that is in conformity with virtue, in order that purity may be attributed to man. According to this concept, purity consists in the first place in containing the impulse of sensitive desire, which has as its object what is corporeal and sexual in man. Purity is a different form of the virtue of temperance.

Requires mastering

3. The text of the First Letter to the Thessalonians (4:3-5) shows that in Paul's concept, the virtue of purity consists also in the mastery and overcoming of the passion of lust. That means that the capacity for controlling the impulses of sensitive desire, that is, the virtue of temperance, belongs necessarily to its nature. At the same time, however, this Pauline text turns our attention to another role of the virtue of purity. It could be said that this other dimension is more positive than negative. That is, the task of purity, which the author of the letter seems to stress above all, is not only (and not so much) abstention from unchastity and from what leads to it, and so abstention from the passion of lust, but,

⁸⁶ January 28, 1981

at the same time, the control of one's own body and, indirectly, also that of others, in holiness and honour.

These two functions, abstention and control, are closely connected and dependent on each other. It is not possible to "control one's body in holiness and honour " if that abstention from unchastity and from what leads to it is lacking. Consequently it can be admitted that control of one's body (and indirectly that of others) in holiness and honour confers adequate meaning and value on that abstention. This in itself calls for overcoming something that is in man and that arises spontaneously in him as an inclination, an attraction, and also as a value. This acts above all in the sphere of the senses, but often not without repercussions on the other dimensions of human subjectivity, and particularly on the affective-emotional dimension.

4. Considering all this, it seems that the Pauline image of the virtue of purity—an image that emerges from the very eloquent comparison of the function of abstention (that is, of temperance) with that of "control of one's body in holiness and honour"—is deeply right, complete and adequate. Perhaps we owe this completeness to nothing else than the fact that Paul considers purity not only as a capacity (that is, an aptitude) of man's subjective faculties, but at the same time, as a concrete manifestation of life according to the Spirit. In this life, human capacity is interiorly made fruitful and enriched by what Paul calls in Galatians 5:22 the "fruit of the Spirit." The honour that arises in man for everything that is corporeal and sexual, both in himself and in any other person, male and female, is seen to be the most essential power to control the body in holiness. To understand the Pauline teaching on purity, it is necessary to penetrate fully the meaning of the term "honour ," which is obviously understood here as a power of the spiritual order. Precisely this interior power confers its full dimension on purity as a virtue, that is, as the capacity of acting in that whole field in which man discovers within himself the multiple impulses of the passion of lust and for various reasons, sometimes surrenders to them.

About the human body

5. To grasp better the thought of the author of First Thessalonians, it will be a good thing to keep in mind also another text, which we find in First Corinthians. Paul sets forth in it his great ecclesiological doctrine, according to which the Church is the Body of Christ. Paul takes the opportunity to formulate the following argumentation about the human body: "...God arranged the organs in the body, each one of them, as he chose" (1 Cor 12:18). Further on he said: "On the contrary, the parts of the body which seem to be weaker are indispensable, and those parts of the body which we think less honour able we invest with the greater honour , and our unrepresentable parts are treated with greater modesty, which our more presentable parts do not require. But God has so composed the body, giving the greater honour to the inferior part, that there may be no discord in the body, but that the members may have the same care for one another" (ibid. 12:22-25).

Worthy of honour

6. The specific subject of the text in question is the theology of the Church as the Body of Christ. However, in connection with this passage it can be said that Paul, by means of his great ecclesiological analogy (which recurs in other letters, and which we will take up again in due time), contributes, at the same time, to deepening the theology of the body. While in First Thessalonians he writes about control of the body in holiness and honour, in the passage now quoted from First Corinthians he wishes to show this human body as worthy of honour. It could also be said that he wishes to teach the receivers of his letter the correct concept of the human body.

Therefore, this Pauline description of the human body in First Corinthians seems to be closely connected with the recommendations of the First Letter to the Thessalonians: "...that each one of you know how to control his own body in holiness and honour" (1 Th 4:4). This is an important thread, perhaps the essential one, of the Pauline doctrine on purity.

St. Paul's Description of the Body and Teaching on Purity⁸⁷

1. In our last considerations last Wednesday on purity according to the teaching of St. Paul, we called attention to the text of the First Letter to the Corinthians. In it the Apostle presents the Church as the Body of Christ. That offers him the opportunity to reason as follows about the human body: "...God arranged the organs in the body, each one of them, as he chose.... On the contrary, the parts of the body which seem to be weaker are indispensable, and those parts of the body which we think less honourable we invest with the greater honour, and our unpresentable parts are treated with greater modesty, which our more presentable parts do not require. But God has so composed the body, giving the greater honour to the inferior part, that there may be no discord in the body, but that the members may have the same care for one another" (1 Cor 12:18, 22-25).

Man "is" that body

2. The Pauline description of the human body corresponds to the reality which constitutes it, so it is a realistic description. At the same time, a very fine thread of evaluation is intermingled with the realism of this description, conferring on it a deeply evangelical, Christian value. Certainly, it is possible to describe the human body, to express its truth with the objectivity characteristic of the natural sciences. But such a description—with all its precision—cannot be adequate (that is, commensurable with its object). It is not just a question of the body (intended as an organism, in the somatic sense) but of man, who expresses himself through that body and in this sense is, I would say, that body. So that thread of evaluation, seeing that it is a question of man as a person, is indispensable in describing the human body. Furthermore, it is necessary to say how right this evaluation is. This is one of the tasks and one of the perennial themes of the whole of culture: of literature, sculpture, painting, and also of dancing, of theatrical works, and finally of the culture of everyday life, private or social. This is a subject that would be worth dealing with separately.

⁸⁷ February 4, 1981

Not "scientific"

3. The Pauline description in First Corinthians 12:18-25 certainly does not have a scientific meaning. It does not present a biological study on the human organism or on human somatics. From this point of view it is a simple pre-scientific description, a concise one made up of barely a few sentences. It has all the characteristics of common realism and is unquestionably sufficiently realistic. However, what determines its specific character, what especially justifies its presence in Holy Scripture, is precisely that evaluation intermingled with the description expressed in its narrative-realistic tissue. It can be said with certainty that this description would not be possible without the whole truth of creation and also without the whole truth of the redemption of the body, which Paul professes and proclaims. It can also be affirmed that the Pauline description of the body corresponds precisely to the spiritual attitude of respect for the human body, due because of the holiness (cf. 1 Th 4:3-5, 7-8) which springs from the mysteries of creation and redemption. The Pauline description is equally far from Manichaean contempt for the body and from the various manifestations of a naturalistic cult of the body.

Echo of innocence

4. The author of the First Letter to the Corinthians 12:18-25 has before his eyes the human body in all its truth, and so the body permeated in the first place (if it can be expressed in this way) by the whole reality of the person and of his dignity. At the same time, it is the body of historical man, male and female, that is, of that man who, after sin, was conceived, so to speak, within and by the reality of the man who had had the experience of original innocence. In Paul's expressions about the unrepresentable parts of the human body, as also about the ones which seem to be weaker or the ones which we think less honourable, we seem to find again the testimony of the same shame that the first human beings, male and female, had experienced after original sin. This shame was imprinted on them and on all the generations of historical man as the fruit of the three forms of lust (with particular reference to the lust of the flesh). And at the same time there is imprinted on this shame—as has already been highlighted in the preceding analyses—a certain "echo" of man's original innocence itself: a "negative," as it were, of the image whose "positive" had been precisely original innocence.

Respect springs from shame

5. The Pauline description of the human body seems to confirm perfectly our previous analyses. There are, in the human body, "unrepresentable parts," not because of their somatic nature (since a scientific and physiological description deals with all the parts and organs of the human body in a neutral way, with the same objectivity), but only and exclusively because there exists in man himself that shame which perceives some parts of the body as unrepresentable and causes them to be considered such. At the same time, that shame seems to be at the basis of what the Apostle writes in the First Letter to the Corinthians: "Those parts of the body which we think less honourable we invest with the greater honour, and our unrepresentable parts are treated with greater modesty" (1 Cor

12:23). Hence it can be said that from shame springs respect for one's own body, respect which Paul, in First Thessalonians (4:4), urges us to keep. This control of the body in holiness and honour is considered essential for the virtue of purity.

Interior harmony

6. Returning again to the Pauline description of the body in First Corinthians 12:18-25, we wish to draw attention to the following fact. According to Paul, that particular effort which aims at respecting the human body, and especially its weaker or unrepresentable parts, corresponds to the Creator's original plan, that is, to that vision which Genesis speaks of, "God saw everything that he had made, and behold, it was very good" (Gn 1:31). Paul writes: "God has so composed the body, giving the greater honour to the inferior parts, that there may be no discord in the body, but that the members may have the same care for one another" (1 Cor 12:24-25). As a result of discord in the body, some parts are considered weaker, less honourable, and so unrepresentable. This discord is a further expression of the vision of man's interior state after original sin, that is, of historical man. The man of original innocence, male and female, did not even feel that discord in the body. In Genesis 2:25 we read that they "were naked, and were not ashamed." The Creator endowed the body with an objective harmony, which Paul specifies as mutual care of the members for one another (cf. 1 Cor 12:25). This harmony corresponded to a similar harmony within man, the harmony of the heart. This harmony, that is precisely purity of heart, enabled man and woman in the state of original innocence to experience simply (and in a way that originally made them both happy) the uniting power of their bodies, which was, so to speak, the unsuspected substratum of their personal union or *communio personarum*.

In holiness and honor

7. As can be seen in the First Letter to the Corinthians 12:18-25, the Apostle links his description of the human body with the state of historical man. At the threshold of this man's history there is the experience of shame connected with "discord in the body," with the sense of modesty regarding that body (especially those parts of it that somatically determine masculinity and femininity). However, in the same description, Paul also indicates the way which (precisely on the basis of the sense of shame) leads to the transformation of this state to the point of gradual victory over that discord in the body. This victory can and must take place in man's heart. This is the way to purity, that is, "to control one's own body in holiness and honour." Paul connects First Corinthians 12:18-25 with the honour which First Thessalonians 4:3-5 deals with. He uses some equivalent expressions when he speaks of honour, that is, esteem for the less honourable, weaker parts of the body, and when he recommends greater modesty with regard to what is considered unrepresentable in man. These expressions more precisely characterize that honour, especially in the sphere of human relations and behavior with regard to the body. This is important both as regards one's own body, and of course also in mutual relations (especially between man and woman, although not limited to them).

We have no doubt that the description of the human body in First Corinthians has a fundamental meaning for the Pauline doctrine on purity as a whole.

The Virtue of Purity Is the Expression and Fruit of Life According to the Spirit⁸⁸

1. During our recent Wednesday meetings we have analyzed two passages taken from the First Letter to the Thessalonians 4:3-5 and the First Letter to the Corinthians 12:18-25. This was with a view to showing what seems to be essential in St. Paul's doctrine on purity, understood in the moral sense, that is, as a virtue. If in the aforementioned text of the First Letter to the Thessalonians we can see that purity consists in temperance, in this text, however, as also in the First Letter to the Corinthians, the element of respect is also highlighted. By means of such respect due to the human body (and let us add that, according to the First Letter to the Corinthians, respect is seen precisely in relation to its element of modesty), purity as a Christian virtue is revealed in the Pauline letters as an effective way to become detached from what, in the human heart, is the fruit of the lust of the flesh.

Abstention from unchastity implies controlling one's body in holiness and honor. This abstention makes it possible to deduce that, according to the Apostle's doctrine, purity is a capacity centered on the dignity of the body. That is, it is centered on the dignity of the person in relation to his own body, to the femininity or masculinity which is manifested in this body. Understood as capacity, purity is precisely the expression and fruit of life according to the Spirit in the full meaning of the expression. It is a new capacity of the human being, in which the gift of the Holy Spirit bears fruit.

These two dimensions of purity—the moral dimension, or virtue, and the charismatic dimension, namely the gift of the Holy Spirit—are present and closely connected in Paul's message. That is emphasized particularly by the Apostle in the First Letter to the Corinthians, in which he calls the body "a temple [therefore, a dwelling and shrine] of the Holy Spirit."

You are not your own

2. "Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own"—Paul said this to the Corinthians (1 Cor 6:19), after having first instructed them with great severity about the moral requirements of purity. "Shun immorality. Every other sin which a man commits is outside the body, but the immoral man sins against his own body" (1 Cor 6:18). The peculiar characteristic of the sin that the Apostle stigmatizes here lies in the fact that this sin, unlike all others, is against the body (while other sins are outside the body). In this way, we find in the Pauline terminology the motivation for expressions such as "the sins of the body" or "carnal sins." These sins are in opposition precisely to that virtue by force of which man keeps his body in holiness and honor (cf. 1 Thess 4:3-5).

⁸⁸ February 11, 1981

Profanation of the temple

3. Such sins bring with them profanation of the body: they deprive the man's or woman's body of the honor due to it because of the dignity of the person. However, the Apostle goes further: according to him, sin against the body is also "profanation of the temple." In Paul's eyes, it is not only the human spirit, thanks to which man is constituted as a personal subject, that decides the dignity of the human body. But even more so it is the supernatural reality constituted by the indwelling and the continual presence of the Holy Spirit in man—in his soul and in his body—as fruit of the redemption carried out by Christ.

It follows that man's body is no longer just his own. It deserves that respect whose manifestation in the mutual conduct of man, male and female, constitutes the virtue of purity. This is not only because it is the body of the person. When the Apostle writes: "Your body is a temple of the Holy Spirit within you, which you have from God" (1 Cor 6:19), he intends to indicate yet another source of the dignity of the body, precisely the Holy Spirit, who is also the source of the moral duty deriving from this dignity.

You were bought with a price

4. The reality of redemption, which is also redemption of the body, constitutes this source. For Paul, this mystery of faith is a living reality, geared directly to every person. Through redemption, every man has received from God again, as it were, himself and his own body. Christ has imprinted on the human body—on the body of every man and every woman—new dignity, since, in himself, the human body has been admitted, together with the soul, to union with the Person of the Son-Word. With this new dignity, through the redemption of the body, a new obligation arose at the same time. Paul writes of this concisely, but in an extremely moving way: "You were bought with a price" (1 Cor 6:20). The fruit of redemption is the Holy Spirit, who dwells in man and in his body as in a temple. In this Gift, which sanctifies every man, the Christian receives himself again as a gift from God. This new, double gift is binding. The Apostle refers to this binding dimension when he writes to believers, aware of the Gift, to convince them that one must not commit unchastity. One must not sin "against one's own body" (ibid. 6:18). He writes: "The body is not meant for immorality, but for the Lord, and the Lord for the body" (ibid. 6:13).

It is difficult to express more concisely what the mystery of the Incarnation brings with it for every believer. The fact that the human body becomes in Jesus Christ the body of God-Man obtains for this reason, in every man, a new supernatural elevation, which every Christian must take into account in his behavior with regard to his own body and, of course, with regard to the other's body: man with regard to woman and woman with regard to man. The redemption of the body involves the institution, in Christ and through Christ, of a new measure of the holiness of the body. Paul refers precisely to this holiness in the First Letter to the Thessalonians (4:3-5) when he writes of "controlling one's own body in holiness and honor."

One with the Lord

5. In chapter six of the First Letter to the Corinthians, Paul specifies the truth about the holiness of the body. He stigmatizes unchastity, that is, the sin against the holiness of the body, the sin of impurity, with words that are even drastic: "Do you not know that your bodies are members of Christ? Shall I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that he who joins himself to a prostitute becomes one body with her? For, as it is written, 'The two shall become one flesh.' But he who is united to the Lord becomes one spirit with him" (1 Cor 6:15-17). According to the Pauline teaching, purity is an aspect of life according to the Spirit. That means that the mystery of the redemption of the body as part of the mystery of Christ, started in the Incarnation and already addressed to every man through it, bears fruit in it. This mystery bears fruit also in purity understood as a particular commitment based on ethics. The fact that we were "bought with a price" (1 Cor 6:20), that is, at the price of Christ's redemption, gives rise to a special commitment, that is, the duty of controlling one's body in holiness and honor. Awareness of the redemption of the body operates in the human will in favor of abstention from unchastity. It operates in acts for the purpose of causing man to acquire an appropriate ability or capacity, called the virtue of purity.

What can be seen from the words of the First Letter to the Corinthians (6:15-17) about Paul's teaching on the Christian virtue of purity as the implementation of life according to the Spirit is of special depth and has the power of the supernatural realism of faith. We will have to come back to reflection on this subject more than once.

The Pauline Doctrine of Purity as Life According to the Spirit⁸⁹

1. At our meeting some weeks ago, we concentrated our attention on the passage in the First Letter to the Corinthians in which St. Paul calls the human body "a temple of the Holy Spirit." He writes: "Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price" (1 Cor 6:19-20). "Do you not know that your bodies are members of Christ?" (1 Cor 6:15). The Apostle points out the mystery of the redemption of the body, carried out by Christ, as a source of a special moral duty which commits the Christian to purity. This is what Paul himself defines elsewhere as the necessity of "controlling his own body in holiness and honor" (1 Thess 4:4).

Piety serves purity

2. However, we would not completely discover the riches of the thought contained in the Pauline texts, if we did not note that the mystery of redemption bears fruit in man also in a charismatic way. According to the Apostle's words, the Holy Spirit enters the human body as his own "temple," dwells there and operates together with his spiritual gifts. Among these gifts, known in the history of spirituality as the seven gifts of the Holy

⁸⁹ March 18, 1981

Spirit (cf. Is 11:2, according to the Septuagint and the Vulgate), the one most congenial to the virtue of purity seems to be the gift of piety (eusebeia, donum pietatis).⁹⁰ If purity prepares man to "control his own body in holiness and honor" (1 Th 4:3-5), piety, which is a gift of the Holy Spirit, seems to serve purity in a particular way. It makes the human subject sensitive to that dignity which is characteristic of the human body by virtue of the mystery of creation and redemption. "Do you not know that your body is a temple of the Holy Spirit within you.... You are not your own" (1 Cor 6:19). Thanks to the gift of piety, Paul's words acquire the eloquence of an experience of the nuptial meaning of the body and of the freedom of the gift connected with it, in which the profound aspect of purity and its organic link with love is revealed.

Fruit of the Spirit's indwelling

3. Although control of one's body in holiness and honor is acquired through abstention from immorality—and this way is indispensable—yet it always bears fruit in deeper experience of that love, which was inscribed from the beginning, according to the image and likeness of God himself, in the whole human being and so also in his body. Therefore, St. Paul ends his argumentation in chapter six of the First Letter to the Corinthians with a significant exhortation: "So glorify God in your body" (v. 20). Purity as the virtue is the capacity of controlling one's body in holiness and honor. Together with the gift of piety, as the fruit of the dwelling of the Holy Spirit in the temple of the body, purity brings about in the body such a fullness of dignity in interpersonal relations that God himself is thereby glorified. Purity is the glory of the human body before God. It is God's glory in the human body, through which masculinity and femininity are manifested. From purity springs that extraordinary beauty which permeates every sphere of men's common life and makes it possible to express in it simplicity and depth, cordiality and the unrepeatable authenticity of personal trust. (There will perhaps be an opportunity later to deal with this subject more fully. The connection of purity with love and also the connection of purity in love with that gift of the Holy Spirit, piety, is a part of the theology of the body which is little known, but which deserves particular study. That will be possible in the course of the analysis concerning the sacramentality of marriage.)

In the Old Testament

4. And now a brief reference to the Old Testament. The Pauline doctrine about purity, understood as life according to the Spirit, seems to indicate a certain continuity with regard to the Wisdom books of the Old Testament. For example, we find there the

⁹⁰ In the Greco-Roman period eusebeia or pietas generally referred to the veneration of the gods (as "devotion"), but it still kept its broader original meaning of respect for vital structures. Eusebeia defined the mutual behavior of relatives, relations between husband and wife, and also the attitude due by the legions toward Caesar or by slaves to their masters. In the New Testament, only the later writings apply eusebeia to Christians; in the older writings this term characterizes "good pagans" (Acts 10:2, 7; 17:23). And so the Greek eusebeia, as also the donum pietatis, while they certainly refer to divine veneration, have a wide basis in the connotation of interpersonal relations (cf. W. Foerster, art. eusebeia, "Theological Dictionary of the New Testament", Vol. 7, ed. G. Kittel, G. Bromley [Grand Rapids: Eerdmans, 1971], pp. 177-182).

following prayer to obtain purity in thought, word and deed: "O Lord, Father and God of my life...remove from me evil desire, let neither gluttony nor lust overcome me" (Sir 23:4-6). Purity is, in fact, the condition for finding wisdom and following it, as we read in the same book: "I directed my soul to her [that is, to Wisdom], and through purification I found her" (Sir 51:20). We could also consider the text of the Book of Wisdom (8:21), known by the liturgy in the Vulgate version: "Scivi quoniam aliter non possum esse continens, nisi Deus det; et hoc ipsum erat sapientiae, scire, cuius esset hoc donum."⁹¹ According to this concept, it is not so much purity that is a condition for wisdom, but wisdom that is a condition for purity, as for a special gift of God. It seems that already in the above-mentioned Wisdom texts the double meaning of purity takes shape: as a virtue and as a gift. The virtue is in the service of wisdom, and wisdom is a preparation to receive the gift that comes from God. This gift strengthens the virtue and makes it possible to enjoy, in wisdom, the fruits of a behavior and life that are pure.

The sight of God

5. Just as Christ, in his beatitude in the Sermon on the Mount which referred to the "pure in heart," highlights the "sight of God," the fruit of purity, and in an eschatological perspective, so Paul in his turn sheds light on its diffusion in the dimensions of temporality, when he writes: "To the pure all things are pure, but to the corrupt and unbelieving nothing is pure; their very minds and consciences are corrupted. They profess to know God, but they deny him by their deeds..." (Tit 1:15f.). These words can also refer both to the general and to the specific meaning of purity, as to the characteristic note of all moral good. For the Pauline concept of purity, in the sense spoken of in the First Letter to the Thessalonians (4:3-5) and the First Letter to the Corinthians (6:13-20), that is, in the sense of life according to the Spirit, the anthropology of rebirth in the Holy Spirit (cf. also Jn 3:5ff.) seems to be fundamental—as can be seen from these considerations of ours as a whole. It grows from roots set in the reality of the redemption of the body, carried out by Christ—redemption, whose ultimate expression is the resurrection. There are profound reasons for connecting the whole theme of purity with the words of the Gospel, in which Christ referred to the resurrection (and that will be the subject of the further stage of our considerations). Here we have mainly linked it with the ethos of the redemption of the body.

Appeal to the heart

6. The way of understanding and presenting purity—inherited from the tradition of the Old Testament and characteristic of the Wisdom Books—was certainly an indirect, but nonetheless real, preparation for the Pauline doctrine about purity understood as life according to the Spirit. That way unquestionably helped many listeners of the Sermon on the Mount to understand Christ's words when, explaining the commandment, "You shall

⁹¹ This version of the Vulgate, retained by the Neo-Vulgate and by the liturgy, quoted several times by Augustine (De S. Virg., par. 43; Confess. VI, 11; X, 29; Serm. CLX, 7), changes, however, the meaning of the original Greek, which can be translated as follows: "Knowing that I would not have obtained it [Wisdom] otherwise, if God had not granted it to me...."

not commit adultery," he appealed to the human heart. In this way our reflections as a whole have been able to show, at least to a certain extent, how rich and profound the doctrine on purity is in its biblical and evangelical sources themselves.

Positive Function of Purity of Heart⁹²

1. Before concluding the series of considerations concerning the words Jesus Christ uttered in the Sermon on the Mount, it is necessary to recall these words once more and briefly retrace the thread of ideas whose basis they constitute. Here is the tenor of Jesus' words: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). These concise words call for deep reflection, in the same way as the words in which Christ referred to the beginning. The Pharisees had asked him, referring to the law of Moses which admitted the so-called act of repudiation: "Is it lawful to divorce one's wife for any cause?" He replied: "Have you not read that he who made them from the beginning made them male and female?... For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.... What therefore God has joined together, let not man put asunder" (Mt 19:3-6). These words, too, called for a deep reflection, to derive all the riches contained in them. A reflection of this kind enabled us to outline the true theology of the body.

Truth rooted in man's original innocence

2. Following the reference Christ made to the beginning, we dedicated a series of reflections to the relative texts in Genesis, which deal precisely with that beginning. An image of the situation of man—male and female—in the state of original innocence emerged from that analysis, as well as the theological basis of the truth about man and about his particular vocation. This springs from the eternal mystery of the person—the image of God, incarnate in the visible and corporeal fact of the masculinity or femininity of the human person. This truth is at the basis of the answer Christ gave about the nature of marriage, and especially its indissolubility. It is truth about man, truth rooted in the state of original innocence, truth which must therefore be understood in the context of that situation prior to sin, as we tried to do in the preceding series of reflections.

3. At the same time, however, it is necessary to consider, understand and interpret the same fundamental truth about man, his being male and female, in the prism of another situation—that is, of the one that was formed through breaking the first covenant with the Creator, that is, through original sin. Such truth about man—male and female—should be seen in the context of his hereditary sinfulness. It is precisely here that we find Christ's enunciation in the Sermon on the Mount. It is obvious that in the Scriptures of the Old and the New Covenant there are many narratives, phrases and words which confirm the same truth, that is, that historical man bears within him the inheritance of original sin. Nevertheless, Christ's words spoken in the Sermon on the Mount seem to have—with all their concise enunciation—a particularly rich eloquence. This is shown also by the

⁹² April 1, 1981

previous analyses, which gradually revealed what those words contain. To clarify the statements concerning lust, it is necessary to grasp the biblical meaning of lust itself—of the three forms of lust—and principally that of the flesh. Then, little by little, we arrive at understanding why Jesus defined that lust (looking at lustfully) as adultery committed in the heart. Making the relative analyses, we tried at the same time to understand what meaning Christ's words had for his immediate listeners. They had been brought up in the tradition of the Old Testament, that is, in the tradition of the legislative texts, as well as the prophetic and sapiential ones. Furthermore, we tried to understand what meaning Christ's words can have for the person of every other era, especially for modern man, considering his various cultural conditionings. We are convinced that these words, in their essential content, refer to the man of every time and every place. Their comprehensive value consists also in this: they proclaim to each one the truth that is valid and substantial for him.

An ethical truth

4. What is this truth? Unquestionably, it is a truth of an ethical nature and therefore a truth of a normative nature, just as the truth contained in the commandment: "You shall not commit adultery," is normative. The interpretation of this commandment, made by Christ, indicates the evil that must be avoided and overcome—precisely the evil of lust of the flesh—and at the same time it points out the good for which the way is opened by overcoming desire. This good is purity of heart, which Christ spoke of in the same context of the Sermon on the Mount. From the biblical point of view, purity of heart means freedom from every kind of sin or guilt, not just from sins that concern the lust of the flesh. However, we are dealing here especially with one of the aspects of that purity, which constitutes the opposite of adultery committed in the heart. If that purity of heart, about which we are concerned, is understood according to St. Paul's thought as life according to the Spirit, then the Pauline context offers us a complete image of the content present in the words Christ spoke in the Sermon on the Mount. They contain a truth of an ethical nature. They warn us against evil and indicate the moral good of human conduct. In fact, they direct listeners to avoid the evil of lust and acquire purity of heart. Therefore these words have a meaning that is both normative and indicative. Directing toward the good of purity of heart, at the same time they indicate the values toward which the human heart can and must aspire.

Christ's words realistic

5. Hence the question: what truth, valid for every man, is contained in Christ's words? We must answer that not only an ethical truth, but also the essential truth, the anthropological truth about man is contained in them. Precisely for this reason we go back to these words in formulating here the theology of the body. It is closely related to and is in the perspective of the preceding words in which Christ had referred to the beginning. It can be affirmed that, with their expressive evangelical eloquence, the man of original innocence is, in a way, recalled to the consciousness of the man of lust. But Christ's words are realistic. They do not try to make the human heart return to the state of original innocence, which man left behind him at the moment when he committed

original sin. On the contrary, they indicate to him the way to a purity of heart which is possible and accessible to him even in the state of hereditary sinfulness. This is the purity of the man of lust. However, he is inspired by the word of the Gospel and open to life according to the Spirit (in conformity with St. Paul's words), that is, the purity of the man of lust who is entirely enveloped by the redemption of the body Christ carried out. For this reason we find in the words of the Sermon on the Mount the reference to the heart, that is, to the interior man. The interior man must open himself to life according to the Spirit, in order to participate in evangelical purity of heart, to rediscover and realize the value of the body, freed through redemption from the bonds of lust. The normative meaning of Christ's words is deeply rooted in their anthropological meaning, in the dimension of human interiority.

Felt with the heart

6. According to the evangelical doctrine, developed in such a stupendous way in Paul's letters, purity is not just temperance or abstention from unchastity (cf. 1 Th 4:3). At the same time, it also opens the way to a more and more perfect discovery of the dignity of the human body. The body is organically connected with the freedom of the gift of the person in the complete authenticity of his personal subjectivity, male or female. In this way, purity in the sense of temperance matures in the heart of the person who cultivates it and tends to reveal and strengthen the nuptial meaning of the body in its integral truth. This truth must be known interiorly. In a way, it must be felt with the heart, in order that the mutual relations of man and of woman—even mere looks—may reacquire that authentically nuptial content of their meanings. In the Gospel, purity of heart indicates precisely this content.

Enjoying the victory

7. If in the interior experience of man (that is, the man of lust), temperance takes shape as a negative function, the analysis of Christ's words in the Sermon on the Mount and connected with the texts of St. Paul enables us to shift this meaning toward the positive function of purity of heart. In mature purity man enjoys the fruits of the victory won over lust, a victory which St. Paul writes of, exhorting man to "control his own body in holiness and honor" (1 Th 4:4). The efficacy of the gift of the Holy Spirit, whose "temple" the human body is (cf. 1 Cor 6:19), is partly manifested precisely in such mature purity. This gift is above all that of piety (*donum pietatis*), which restores to the experience of the body—especially when it is a question of the sphere of the mutual relations of man and woman—all its simplicity, its explicitness and also its interior joy. As can be seen, this is a spiritual climate which is very different from the "passion of lust" of which Paul writes (and which we know, moreover, from the preceding analyses; cf. Sir 26:13, 15-18). The satisfaction of the passions is one thing, and the joy that man finds in mastering himself more fully is another thing. In this way he can also become more fully a real gift for another person.

The words spoken by Christ in the Sermon on the Mount direct the human heart precisely towards this joy. We must entrust ourselves, our thoughts and our actions to them, in order to find joy and give it to others.

Pronouncements of Magisterium Apply Christ's Words Today⁹³

1. The time has now come to conclude the reflections and analyses based on the words Christ spoke in the Sermon on the Mount, with which he appealed to the human heart, exhorting it to purity: "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). We have said several times that these words, spoken once to the limited number of listeners to that Sermon, refer to people of all times and places. They appeal to the human heart, in which the most interior and, in a way, the most essential design of history is inscribed. It is the history of good and evil (whose beginning is connected, in Genesis, with the mysterious tree of the knowledge of good and evil). At the same time, it is the history of salvation, whose word is the Gospel, and whose power is the Holy Spirit, given to those who accept the Gospel with a sincere heart.

Christ's words teach

2. If Christ's appeal to the human heart and, still earlier, his reference to the beginning, enable us to construct or at least to outline an anthropology which we can call the theology of the body, such a theology is, at the same time, a pedagogy. Pedagogy aims at educating man, setting before him the requirements, motivating them, and pointing out the ways that lead to their fulfillment. Christ's pronouncements have also this purpose: they are pedagogical enunciations. They contain a pedagogy of the body, expressed in a concise and at the same time extremely complete way. Both the answer given to the Pharisees with regard to the indissolubility of marriage, and the words of the Sermon on the Mount concerning the mastery of lust, prove—at least indirectly—that the Creator has assigned as a task to man his body, his masculinity and femininity; and that in masculinity and femininity he, in a way, assigned to him as a task his humanity, the dignity of the person, and also the clear sign of the interpersonal communion in which man fulfills himself through the authentic gift of himself. Setting before man the requirements conforming to the tasks entrusted to him, at the same time the Creator points out to man, male and female, the ways that lead to assuming and discharging them.

Self-education of man

3. Analyzing these key texts of the Bible to their very roots, we discover that anthropology which can be called the theology of the body. This theology of the body is the basis of the most suitable method of the pedagogy of the body, that is, the education (the self-education) of man. This takes on particular relevance for modern man, whose science in the field of biophysiology and biomedicine has made great progress. However,

⁹³ April 8, 1981

this science deals with man under a determined aspect and so is partial rather than global. We know well the functions of the body as an organism, the functions connected with the masculinity and femininity of the human person. But in itself, this science does not yet develop the awareness of the body as a sign of the person, as a manifestation of the spirit. The whole development of modern science, regarding the body as an organism, has rather the character of biological knowledge. This is because it is based on the separation of that which is corporeal in man from that which is spiritual. Using such a one-sided knowledge of the functions of the body as an organism, it is not difficult to arrive at treating the body, in a more or less systematic way, as an object of manipulations. In this case man ceases to identify himself subjectively with his own body, because it is deprived of the meaning and the dignity deriving from the fact that this body is proper to the person. We here touch upon problems often demanding fundamental solutions, which are impossible without an integral view of man.

Need of adequate spiritual maturity

4. Precisely here it appears clear that the theology of the body, which we derive from those key texts of Christ's words, becomes the fundamental method of pedagogy, that is, of man's education from the point of view of the body, in full consideration of his masculinity and femininity. That pedagogy can be understood under the aspect of a specific "spirituality of the body." In its masculinity or femininity the body is given as a task to the human spirit (this was expressed in a stupendous way by St. Paul in his own characteristic language). By means of an adequate maturity of the spirit it too becomes a sign of the person, which the person is conscious of, and authentic "matter" in the communion of persons. In other words, through his spiritual maturity, man discovers the nuptial meaning proper to the body.

Christ's words in the Sermon on the Mount indicate that lust in itself does not reveal that meaning to man, but on the contrary dims and obscures it. Purely biological knowledge of the functions of the body as an organism, connected with the masculinity and femininity of the human person, is capable of helping to discover the true nuptial meaning of the body only if it is accompanied by an adequate spiritual maturity of the human person. Otherwise, such knowledge can have quite the opposite effect. This is confirmed by many experiences of our time.

5. From this point of view it is necessary to consider prudently the pronouncements of the modern Church. Their adequate understanding and interpretation, as well as their practical application (that is, pedagogy) demand that deep theology of the body which we derive mainly from the key words of Christ. As for the pronouncements of the Church in modern times, it is necessary to study the chapter entitled, "The Dignity of Marriage and the Family," of Pastoral Constitution of the Second Vatican Council (*Gaudium et Spes*, part II, chap. 1) and, subsequently, Paul VI's Encyclical *Humanae Vitae*. Without any doubt, the words of Christ, which we have analyzed at great length, had no other purpose than to emphasize the dignity of marriage and the family. Hence there is a fundamental convergence between them and the content of both the above-mentioned statements of the modern Church. Christ was speaking to the man of all times and places. The

pronouncements of the Church aim at applying Christ's words to the here and now. Therefore they must be reread according to the key of that theology and that pedagogy which find roots and support in Christ's words.

It is difficult here to make a total analysis of the cited pronouncements of the supreme Magisterium of the Church. We will confine ourselves to quoting some passages. Here is how the Second Vatican Council—placing among the most urgent problems of the Church in the modern world the dignity of marriage and the family—characterizes the situation that exists in this area: "The happy picture of the dignity of these partnerships (that is, marriage and the family) is not reflected everywhere, but is overshadowed by polygamy, the plague of divorce, so-called free love and similar blemishes; furthermore, married love is too often dishonoured by selfishness, hedonism, and unlawful contraceptive practices (Gaudium et Spes 47). Paul VI, setting forth this last problem in the encyclical *Humanae Vitae*, writes, among other things: "Another thing that gives cause for alarm is that a man who grows accustomed to the use of contraceptive methods may forget the reverence due to a woman, and, disregarding her physical and emotional equilibrium, reduce her to being a mere instrument for the satisfaction of his own desires, no longer considering her as his partner whom he should surround with care and affection" (*Humanae Vitae* 17).

Are we not here in the sphere of the same concern which once dictated Christ's words on the unity and indissolubility of marriage, as well as those of the Sermon on the Mount, concerning purity of heart and mastery of the lust of the flesh, words that were later developed with so much acuteness by the Apostle Paul?

Demands of Christian morality

6. In the same spirit, speaking of the demands of Christian morality, the author of *Humanae Vitae* presents at the same time the possibility of fulfilling them when he writes: "The mastery of instinct by one's reason and free will undoubtedly demands an asceticism"—Paul VI uses this term—so that the affective manifestations of conjugal life may be in keeping with right order, in particular with regard to the observance of periodic continence. Yet this discipline which is proper to the purity of married couples, far from harming conjugal love, rather confers on it a higher human value. It demands a continual effort [this effort was called above asceticism], yet, thanks to its beneficent influence, husband and wife fully develop their personalities, [and] enrich each other with spiritual values.... It favors attention for one's partner, helps both parties to drive out selfishness, the enemy of true love, and deepens their sense of responsibility..." (*Humanae Vitae* 21).

Need of Magisterial pronouncements

7. Let us pause on these few passages. They—particularly the last one—clearly show how indispensable, for an adequate understanding of the pronouncements of the Magisterium of the modern Church, is the theology of the body, whose foundations we sought especially in the words of Christ himself. It is precisely that theology—as we have already said—that becomes the fundamental method of the whole Christian pedagogy of the body. Referring to the words quoted, it can be affirmed that the purpose of the

pedagogy of the body lies in ensuring that the "affective manifestations"—particularly those "proper to conjugal life"—be in conformity with the moral order, or, in a word, with the dignity of the person. In these words the problem returns of the mutual relationship between eros and ethos, which we have already dealt with. Theology, understood as a method of the pedagogy of the body, prepares us also for further reflections on the sacramentality of human life and especially married life.

The Gospel of purity of heart, yesterday and, today: concluding with this phrase this cycle of our considerations—before going on to the next one, in which the basis of analyses will be Christ's words on the resurrection of the body—we still wish to devote some attention to "the need of creating an atmosphere favorable to education in chastity," with which Paul VI's encyclical deals (cf. *Humanae Vitae* 22), and we wish to focus these observations on the problem of the ethos of the body in works of artistic culture, referring especially to the situations we encounter in modern life.

The Human Body, Subject of Works of Art⁹⁴

Control of the body "in holiness and honour"

1. In our preceding reflections—both in the analysis of Christ's words, in which he refers to the "beginning", and during the Sermon on the Mount, that is, when he refers to the human "heart"—we have tried systematically to show how the dimension of man's personal subjectivity is an indispensable element present in theological hermeneutics, which we must discover and presuppose at the basis of the problem of the human body. Therefore, not only the objective reality of the body, but far more, as it seems, subjective consciousness and also the subjective experience of the body, enter at every step into the structure of the biblical texts, and therefore require to be taken into consideration and find their reflection in theology. Consequently theological hermeneutics must always take these two aspects into account. We cannot consider the body an objective reality outside the personal subjectivity of man, of human beings, male and female. Nearly all the problems of the ethos of the body are bound up at the same time with its ontological identification as the body of the person. They are also bound up with the content and quality of the subjective experience, that is, of the "life" both of one's own body and in its interpersonal relations, especially in the perennial man-woman relationship. Without any doubt, the words of the First Letter to the Thessalonians, in which the author exhorts us to "control our own body in holiness and honor" (that is, the whole problem of "purity of heart") indicate these two dimensions.

Dimensions concerning attitudes of persons

2. They are dimensions which directly concern concrete, living men, their attitudes and behavior. Works of culture, especially of art, enable those dimensions of "being a body" and "experiencing the body" to extend, in a way, outside these living men. Man meets the "reality of the body" and "experiences the body" even when it becomes a subject of

⁹⁴ April 15, 1981

creative activity, a work of art, a content of culture. Although generally speaking, it must be recognized that this contact takes place on the plane of aesthetic experience, in which it is a question of viewing the work of art (in Greek *aisthá nomai*: I look, I observe)—and therefore that, in the given case, it is a question of the objectivized body, outside its ontological identity, in a different way and according to the criteria characteristic of artistic activity—yet the man who is admitted to viewing in this way is a priori too deeply bound up with the meaning of the prototype, or model, which in this case is himself:—the living man and the living human body—to be able to detach and separate completely that act, substantially an aesthetic one, of the work in itself and of its contemplation from those dynamisms or reactions of behavior and from the evaluations which direct that first experience and that first way of living. By its very nature, this looking is aesthetic. It cannot be completely isolated, in man's subjective conscience, from that looking of which Christ speaks in the Sermon on the Mount: warning against lust.

Creating climate favourable to purity

3. Therefore, in this way the whole sphere of aesthetic experiences is, at the same time, in the area of the ethos of the body. Rightly we must think here too of the necessity of creating a climate favorable to purity. This climate can be threatened not only in the way in which the relations and society of living men take place, but also in the area of the objectivizations characteristic of works of culture; in the area of social communications, when it is a question of the spoken or written word; in the area of the image, that is, of representation and vision, both in the traditional meaning of this term and in the modern one. In this way we reach the various fields and products of artistic, plastic and dramatic culture, as also that based on modern audio-visual techniques. In this field, a vast and very differentiated one, we must ask ourselves a question in the light of the ethos of the body, outlined in the analyses made so far on the human body as an object of culture.

Living human body creates object of art

4. First of all it must be noted that the human body is a perennial object of culture, in the widest meaning of the term. This is for the simple reason that man himself is a subject of culture, and in his cultural and creative activity he involves his humanity, including his body. In these reflections, however, we must restrict the concept of object of culture, limiting ourselves to the concept understood as the subject of works of culture and in particular of works of art. It is a question, in a word, of the thematic nature, that is, of the "objectivation" [sic] of the body in these works. However, some distinctions must be made here at once, even if by way of example. One thing is the living human body, of man and of woman, which creates in itself the object of art and the work of art (for example, in the theater, in the ballet and, to a certain point, also in the course of a concert). Another thing is the body as the model of the work of art, as in the plastic arts, sculpture or painting. Is it possible to also put films or the photographic art in a wide sense on the same level? It seems so, although from the point of view of the body as object-theme, a quite essential difference takes place in this case. In painting or sculpture the human body always remains a model, undergoing specific elaboration on the part of the artist. In the film, and even more in the photographic art, it is not the model that is

transfigured, but the living man is reproduced. In this case man, the human body, is not a model for the work of art, but the object of a reproduction obtained by means of suitable techniques.

Important distinction

5. It should be pointed out right away that the above-mentioned distinction is important from the point of view of the ethos of the body in works of culture. It should be added at once that when artistic reproduction becomes the content of representation and transmission (on television or in films), it loses, in a way, its fundamental contact with the human body, of which it is a reproduction. It often becomes an anonymous object, just like an anonymous photographic document published in illustrated magazines, or an image diffused on the screens of the whole world. This anonymity is the effect of the "propagation" of the image-reproduction of the human body, objectivized first with the help of the techniques of reproduction, which—as has been recalled above—seems to be essentially differentiated from the transfiguration of the model typical of the work of art, especially in the plastic arts. This anonymity (which, moreover, is a way of veiling or hiding the identity of the person reproduced) also constitutes a specific problem from the point of view of the ethos of the human body in works of culture, especially in the modern works of mass culture, as it is called.

Let us confine ourselves today to these preliminary considerations, which have a fundamental meaning for the ethos of the human body in works of artistic culture. Subsequently these considerations will make us aware of how closely bound they are to the words which Christ spoke in the Sermon on the Mount, comparing "looking lustfully" with "adultery committed in the heart." The extension of these words to the area of artistic culture is especially important, insofar as it is a question of "creating an atmosphere favorable to chastity," which Paul VI spoke of in *Humanae Vitae*. Let us try to understand this subject in a deep and fundamental way.

Reflections on the Ethos of the Human Body in Works of Artistic Culture⁹⁵

A problem with very deep roots

1. Let us now reflect—with regard to Christ's words in the Sermon on the Mount—on the problem of the ethos of the human body in works of artistic culture. This problem has very deep roots. It is opportune to recall here the series of analyses carried out in connection with Christ's reference to the beginning, and subsequently to the reference he made to the human heart, in the Sermon on the Mount. The human body—the naked human body in the whole truth of its masculinity and femininity—has the meaning of a gift of the person to the person. The ethos of the body, that is, the ethical norms that govern its nakedness, because of the dignity of the personal subject, is closely connected with that system of reference. This is understood as the nuptial system, in which the

⁹⁵ April 22, 1981

giving of one party meets the appropriate and adequate response of the other party to the gift. This response decides the reciprocity of the gift.

The artistic objectivation [sic] of the human body in its male and female nakedness, in order to make it first of all a model and then the subject of the work of art, is always to a certain extent a going outside of this original and, for the body, its specific configuration of interpersonal donation. In a way, that constitutes an uprooting of the human body from this configuration and its transfer to the dimension of artistic objectivation—the specific dimension of the work of art or of the reproduction typical of the film and photographic techniques of our time.

In each of these dimensions—and in a different way in each one—the human body loses that deeply subjective meaning of the gift. It becomes an object destined for the knowledge of many. This happens in such a way that those who look at the body, assimilate or even, in a way, take possession of what evidently exists, of what in fact should exist essentially at the level of a gift, made by the person to the person, not just in the image but in the living man. Actually, that "taking possession" already happens at another level—that is, at the level of the object of the transfiguration or artistic reproduction. However it is impossible not to perceive that from the point of view of the ethos of the body, deeply understood, a problem arises here. This is a very delicate problem, which has its levels of intensity according to various motives and circumstances both as regards artistic activity and as regards knowledge of the work of art or of its reproduction. The fact that this problem is raised does not mean that the human body, in its nakedness, cannot become a subject of works of art—but only that this problem is not purely aesthetic, nor morally indifferent.

Original shame a permanent element

2. In our preceding analyses (especially with regard to Christ's reference to the "beginning"), we devoted a great deal of space to the meaning of shame. We tried to understand the difference between the situation—and the state—of original innocence, in which "they were both naked, and were not ashamed" (Gn 2:25), and, subsequently, between the situation—and the state—of sinfulness. In that state there arose between man and woman, together with shame, the specific necessity of privacy with regard to their own bodies.

In the heart of man, subject to lust, this necessity serves, even indirectly, to ensure the gift and the possibility of mutual donation. This necessity also forms man's way of acting as "an object of culture," in the widest meaning of the term. If culture shows an explicit tendency to cover the nakedness of the human body, it certainly does so not only for climatic reasons, but also in relation to the process of growth of man's personal sensitivity. The anonymous nakedness of the man-object contrasts with the progress of the truly human culture of morals. It is probably possible to confirm this also in the life of so-called primitive populations. The process of refining personal human sensitivity is certainly a factor and fruit of culture.

Beyond the need of shame, that is, of the privacy of one's own body (on which the biblical sources give such precise information in Genesis 3), there is a deeper norm. This norm is the gift, directed toward the very depths of the personal subject or toward the other person—especially in the man-woman relationship according to the perennial norms regulating the mutual donation. In this way, in the processes of human culture understood in the wide sense, we note—even in man's state of hereditary sinfulness—quite an explicit continuity of the nuptial meaning of the body in its masculinity and femininity. That original shame, known already from the first chapters of the Bible, is a permanent element of culture and morals. It belongs to the genesis of the ethos of the human body.

Personal sensitivity

3. The person of developed sensitivity overcomes the limit of that shame with difficulty and interior resistance. This is seen clearly even in situations which justify the necessity of undressing the body, such as in the case of medical examinations or operations. Mention should also be made especially of other circumstances, such as those of concentration camps or places of extermination, where the violation of bodily shame is a method used deliberately to destroy personal sensitivity and the sense of human dignity. The same rule is confirmed everywhere—though in different ways. Following personal sensitivity, man does not wish to become an object for others through his own anonymous nakedness. Nor does he wish the other to become an object for him in a similar way. Evidently he does not wish this to the extent to which he lets himself be guided by the sense of the dignity of the human body. Various motives can induce, incite and even press man to act in a way contrary to the requirements of the dignity of the human body, a dignity connected with personal sensitivity. It cannot be forgotten that the fundamental interior situation of historical man is the state of threefold lust (cf. 1 Jn 2:16). This state—and, in particular, the lust of the flesh—makes itself felt in various ways, both in the interior impulses of the human heart and in the whole climate of interhuman relations and social morals.

When deep governing rules are violated

4. We cannot forget this, not even when it is a question of the broad sphere of artistic culture, particularly that of visual and spectacular character, as also when it is a question of mass culture. This is so significant for our times and connected with the use of the media of audiovisual communication. A question arises: when and in what case is this sphere of man's activity—from the point of view of the ethos of the body—regarded as pornovision, just as in literature some writings were and are often regarded as pornography (this second term is an older one).

Both take place when the limit of shame is overstepped, that is, of personal sensitivity with regard to what is connected with the human body with its nakedness. They take place when in the work of art or by means of the media of audiovisual reproduction the right to the privacy of the body in its masculinity or femininity is violated—and in the last analysis—when those deep governing rules of the gift and of mutual donation, which

are inscribed in this femininity and masculinity through the whole structure of the human being, are violated. This deep inscription—or rather incision—decides the nuptial meaning of the human body, that is, of the fundamental call it receives to form the "communion of persons" and take part in it.

Breaking off at this point our consideration, which we intend to continue next Wednesday, it should be noted that observance or non-observance of these norms, so deeply connected with man's personal sensitivity, cannot be a matter of indifference for the problem of creating a climate favorable to chastity in life and social education.

Art Must Not Violate the Right to Privacy⁹⁶

1. We have already dedicated a series of reflections to the meaning of the words spoken by Christ in the Sermon on the Mount, in which he exhorts to purity of heart, calling attention even to the "lustful look." We cannot forget these words of Christ even when it is a question of the vast sphere of artistic culture, particularly that of a visual and spectacular character, as also when it is a question of the sphere of "mass" culture—so significant for our times—connected with the use of the audiovisual communications media. We said recently that the above-mentioned sphere of activity is sometimes accused of pornovision, just as the accusation of pornography is made with regard to literature. Both facts take place by going beyond the limit of shame, that is, of personal sensitivity with regard to what is connected with the human body and its nakedness. It happens when in the artistic work by means of the media of audiovisual production the right to the privacy of the body in its masculinity or femininity is violated, and—in the last analysis—when that intimate and constant destination to the gift and to mutual donation, which is inscribed in that femininity and masculinity through the whole structure of the being-man, is violated. That deep inscription, or rather incision, decides the nuptial meaning of the body, that is, the fundamental call it receives to form a communion of persons and to participate in it.

The human body and model or subject

2. It is obvious that in works of art, or in the products of audiovisual artistic reproduction, the above-mentioned constant destination to the gift, that is, that deep inscription of the meaning of the human body, can be violated only in the intentional order of the reproduction and the representation: it is a question, in fact—as has already been previously said—of the human body as model or subject. However, if the sense of shame and personal sensitivity is offended in these cases, that happens because of their transfer to the dimension of social communication, therefore owing to the fact that what, in man's rightful feeling, belongs and must belong strictly to the interpersonal relationship—which is linked, as has already been pointed out, with the communion of persons itself, and in its sphere corresponds to the interior truth of man, and so also to the complete truth about man—becomes, so to speak, public property.

⁹⁶ April 29, 1981

At this point it is not possible to agree with the representatives of so-called naturalism. They demand the right to "everything that is human" in works of art and in the products of artistic reproduction. They affirm that they act in this way in the name of the realistic truth about man. It is precisely this truth about man—the whole truth about man—that makes it necessary to consider both the sense of the privacy of the body and the consistency of the gift connected with the masculinity and femininity of the body itself, in which the mystery of man, peculiar to the interior structure of the person, is reflected. This truth about man must also be considered in the artistic order, if we want to speak of a full realism.

Value of body in interpersonal communion

3. In this case, it is evident that the deep governing rule related to the communion of persons is in profound agreement with the vast and differentiated area of communication. The human body in its nakedness—as we stated in the preceding analyses (in which we referred to Genesis 2:25)—understood as a manifestation of the person and as his gift, that is, a sign of trust and donation to the other person, who is conscious of the gift, and who is chosen and resolved to respond to it in an equally personal way, becomes the source of a particular interpersonal communication.

As has already been said, this is a particular communication in humanity itself. That interpersonal communication penetrates deeply into the system of communion (*communio personarum*), and at the same time it grows from it and develops correctly within it. Precisely because of the great value of the body in this system of interpersonal communion, to make the body in its nakedness—which expresses precisely "the element" of the gift—the object-subject of the work of art or of the audiovisual reproduction, is a problem which is not only aesthetic, but also ethical. That "element of the gift" is, so to speak, suspended in the dimension of an unknown reception and an unforeseen response. Thereby it is in a way threatened in the order of intention, in the sense that it may become an anonymous object of appropriation, an object of abuse. Precisely for this reason the integral truth about man constitutes in this case the foundation of the norm according to which the good or evil of determined actions, of behavior, of morals and situations, is modeled. The truth about man, about what is particularly personal and interior in him—precisely because of his body and his sex (femininity-masculinity)—creates here precise limits which it is unlawful to exceed.

Recognizing limits

4. These limits must be recognized and observed by the artist who makes the human body the object, model or subject of the work of art or of the audiovisual reproduction. Neither he nor others who are responsible in this field have the right to demand, propose or bring it about that other people, invited, exhorted or admitted to see, to contemplate the image, should violate those limits together with them, or because of them. It is a question of the image, in which that which in itself constitutes the content and the deeply personal value, that which belongs to the order of the gift and of the mutual donation of person to person,

is, as a subject, uprooted from its own authentic substratum. It becomes, through social communication, an object and what is more, in a way, an anonymous object.

As can be seen from what is said above, the whole problem of pornovision and pornography is not the effect of a puritanical mentality or of a narrow moralism, just as it is not the product of a thought imbued with Manichaeism. It is a question of an extremely important, fundamental sphere of values. Before it, man cannot remain indifferent because of the dignity of humanity, the personal character and the eloquence of the human body. By means of works of art and the activity of the audiovisual media, all those contents and values can be modeled and studied. But they can also be distorted and destroyed in the heart of man. As can be seen, we find ourselves continually within the orbit of the words Christ spoke in the Sermon on the Mount. Also the problems which we are dealing with here must be examined in the light of those words, which consider a look that springs from lust as "adultery committed in the heart."

It seems, therefore, that reflection on these problems, which is important to create a climate favorable to education to chastity, constitutes an indispensable appendage to all the preceding analyses which we have dedicated to this subject in the course of numerous Wednesday meetings.

Ethical Responsibilities in Art⁹⁷

1. In the Sermon on the Mount Christ spoke the words to which we have devoted a series of reflections for almost a year. Explaining to his listeners the specific meaning of the commandment, "You shall not commit adultery," Christ expressed himself as follows: "But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:28). The above-mentioned words seem to refer also to the vast spheres of human culture, especially those of artistic activity, which we have recently dealt with in the course of some of the Wednesday meetings. Today it is opportune for us to dedicate the final part of these reflections to the problem of the relationship between the ethos of the image—or of the description—and the ethos of the viewing and listening, reading or other forms of cognitive reception with which one meets the content of the work of art or of audio-vision understood in the broad sense.

Here we return once more to the problem already mentioned: whether and to what extent can the human body, in the whole visible truth of its masculinity and femininity, be a subject of works of art and thereby a subject of that specific social communication for which these works are intended? This question referred even more to modern mass culture, connected with the audiovisual media. Can the human body be such a model-subject, since we know that with this is connected that objectivity "without choice" which we first called anonymity, and which seems to bring with it a serious potential threat to the whole sphere of meanings, peculiar to the body of man and woman because of the personal character of the human subject and the character of communion of interpersonal relations?

⁹⁷ May 6, 1981

One can add at this point that the expressions pornography and pornovision—despite their ancient etymology—appeared in language relatively late. The traditional Latin terminology used the word *obscaena*, indicating in this way everything that should not appear before the eyes of spectators, what should be surrounded with opportune discretion, what cannot be presented to human view without any choice.

Body a model-subject

3. Asking the preceding question, we realize that, *de facto*, during whole periods of human culture and artistic activity, the human body has been and is such a model-subject of visual works of art. Similarly, the whole sphere of love between man and woman, and, connected with it, also the mutual donation of masculinity and femininity in their corporeal expression, has been, is and will be a subject of literary narrative. Such narration found its place even in the Bible, especially in the text of the Song of Songs, which it will be opportune to take up again on another occasion. It should be noted that in the history of literature or art, in the history of human culture, this subject seems quite frequent and is especially important. In fact, it concerns a problem which in itself is great and important. We showed this right from the beginning of our reflections, following the scriptural texts. These reveal to us the proper dimension of this problem, that is, the dignity of man in his masculine and feminine corporeity, and the nuptial meaning of femininity and masculinity, inscribed in the whole interior—and at the same time visible—structure of the human person.

Special ethical responsibility

4. Our preceding reflections did not intend to question the right to this subject. They aim merely at proving that its treatment is connected with a special responsibility which is not only artistic, but also ethical in nature. The artist who undertakes that theme in any sphere of art or through audiovisual media, must be aware of the full truth of the object, of the whole scale of values connected with it. He must not only take them into account in abstracto, but also live them correctly himself. This corresponds also to that principle of purity of heart, which in determined cases must be transferred from the existential sphere of attitudes and ways of behavior to the intentional sphere of creation or artistic reproduction.

It seems that the process of this creation aims not only at making the model concrete (and in a way at a new "materializing"), but at the same time, at expressing in such concretizing what can be called the creative idea of the artist. This manifests his interior world of values, and so also his living the truth of his object. In this process a characteristic transfiguration of the model or of the material takes place and, in particular, of what is man, the human body in the whole truth of its masculinity or femininity. (From this point of view, as we have already mentioned, there is a very important difference, for example, between the painting or sculpture and the photograph or film.) Invited by the artist to look at his work, the viewer communicates not only with the concretizing, and so, in a sense, with a new "materializing" of the model or of the material. But at the same

time he communicates with the truth of the object which the author, in his artistic "materializing," has succeeded in expressing with his own specific media.

Element of sublimation in true art

5. In the course of the various eras, beginning from antiquity—and above all in the great period of Greek classical art—there are works of art whose subject is the human body in its nakedness. The contemplation of this makes it possible to concentrate, in a way, on the whole truth of man, on the dignity and the beauty—also the "suprasensual" beauty—of his masculinity and femininity. These works bear within them, almost hidden, an element of sublimation. This leads the viewer, through the body, to the whole personal mystery of man. In contact with these works, where we do not feel drawn by their content to "looking lustfully," which the Sermon on the Mount speaks about, we learn in a way that nuptial meaning of the body which corresponds to, and is the measure of, "purity of heart." But there are also works of art, and perhaps even more often reproductions, which arouse objection in the sphere of man's personal sensitivity—not because of their object, since the human body in itself always has its inalienable dignity—but because of the quality or way of its reproduction, portrayal or artistic representation. The various coefficients of the work or the reproduction can be decisive with regard to that way and that quality, as well as multiple circumstances, often more of a technical nature than an artistic one.

It is well known that through all these elements the fundamental intentionality of the work of art or of the product of the respective media becomes, in a way, accessible to the viewer, as to the listener or the reader. If our personal sensitivity reacts with objection and disapproval, it is because in that fundamental intentionality, together with the concretizing of man and his body, we discover as indispensable for the work of art or its reproduction, his simultaneous reduction to the level of an object. He becomes an object of "enjoyment," intended for the satisfaction of concupiscence itself. This is contrary to the dignity of man also in the intentional order of art and reproduction. By analogy, the same thing must be applied to the various fields of artistic activity—according to the respective specific character—as also to the various audiovisual media.

Creating an atmosphere

6. Paul VI's Encyclical *Humanae Vitae* emphasizes the "need to create an atmosphere favorable to education in chastity" (n. 22). With this he intends to affirm that the way of living the human body in the whole truth of its masculinity and femininity must correspond to the dignity of this body and to its significance in building the communion of persons. It can be said that this is one of the fundamental dimensions of human culture, understood as an affirmation which ennobles everything that is human. Therefore we have dedicated this brief sketch to the problem which, in synthesis, could be called that of the ethos of the image. It is a question of the image which serves as an extraordinary "visualization" of man, and which must be understood more or less directly. The sculpted or painted image expresses man visually; the play or the ballet expresses him visually in another way, and the film in another way. Even literary work, in its own way, aims at

arousing interior images, using the riches of the imagination or of human memory. So what we have called the ethos of the image cannot be considered apart from the correlative element, which we would have to call the ethos of seeing. Between the two elements the whole process of communication is contained, independently of the vastness of the circles described by this communication, which, in this case, is always social.

7. The creation of the atmosphere favorable to education in chastity contains these two elements. It concerns a reciprocal circuit which takes place between the image and the seeing, between the ethos of the image and the ethos of seeing. The creation of the image, in the broad and differentiated sense of the term, imposes on the author, artist or reproducer, obligations not only of an aesthetic, but also of an ethical nature. In the same way, "looking," understood according to the same broad analogy, imposes obligations on the one who is the recipient of the work.

True and responsible artistic activity aims at overcoming the anonymity of the human body as an object "without choice." As has already been said, it seeks through creative effort such an artistic expression of the truth about man in his feminine and masculine corporeity, which is, so to speak, assigned as a task to the viewer and, in the wider range, to every recipient of the work. It depends on him, in his turn, to decide whether to make his own effort to approach this truth, or to remain merely a superficial consumer of impressions, that is, one who exploits the meeting with the anonymous body-subject only at the level of sensuality which, by itself, reacts to its object precisely without choice.

We conclude here this important chapter of our reflections on the theology of the body, whose starting point was the words Christ spoke in the Sermon on the Mount. These words are valid for the man of all times, for the historical man, and for each one of us. The reflections on the theology of the body would not be complete, however, if we did not consider other words of Christ, namely, those when he referred to the future resurrection. So we propose to devote the next cycle of our considerations to them.

Marriage and Celibacy in the Light of the Resurrection of the Body⁹⁸

1. After a rather long pause, today we will resume the meditations which have been going on for some time, which we have called reflections on the theology of the body. In continuing, it is opportune to go back to the words of the Gospel in which Christ referred to the resurrection. These words are of fundamental importance for understanding marriage in the Christian sense and also the renunciation of conjugal life for the kingdom of heaven.

The complex casuistry of the Old Testament in the field of marriage not only drove the Pharisees to go to Christ to pose to him the problem of the indissolubility of marriage (cf. Mt 19:3-9; Mk 10:2-12). Another time, it also drove the Sadducees to question him about the so-called levirate law.⁹⁹ This conversation is harmoniously reported by the synoptic

⁹⁸ November 11, 1981

⁹⁹ This law, contained in Dt 25:7-10, concerns brothers who lived under the same roof. If one of them died without leaving children, the dead man's brother had to marry his brother's widow. The child born of this

Gospels (cf. Mt 22:24-30; Mk 12:18-27; Lk 20:27-40). Although all three accounts are almost identical, we note some differences, slight, but at the same time significant. Since the conversation is reported in three versions, those of Matthew, Mark and Luke, a deeper analysis is necessary, since it contains elements which have an essential significance for the theology of the body.

Alongside the other two important conversations, namely, the one in which Christ refers to the "beginning" (cf. Mt 19:3-9; Mk 10:2-12), and the other in which an appeal was made to man's inner self (to the heart), indicating desire and the lust of the flesh as a source of sin (cf. Mt 5:27-32), the conversation which we now propose to analyze constitutes, I would say, the third element of the triptych of the enunciations of Christ himself: a triptych of words that are essential and constitutive for the theology of the body. In this conversation Jesus referred to the resurrection, thus revealing a completely new dimension of the mystery of man.

Christ refutes belief of Sadducees

2. The revelation of this dimension of the body, stupendous in its content—and yet connected with the Gospel reread as a whole and in depth—emerges in the conversation with the Sadducees, "who say that there is no resurrection" (Mt 22:23).¹⁰⁰ They had come to Christ to set before him an argument which in their judgment confirmed the soundness of their position. This argument was to contradict "the hypothesis of the resurrection." The Sadducees' argument is the following: "Teacher, Moses wrote for us that if a man's brother dies and leaves a wife, but leaves no child, the man must take the wife, and raise up children for his brother" (Mk 12:19). The Sadducees were referring here to the so-called levirate law (cf. Dt 25:5-10). Drawing upon the prescription of this ancient law, they presented the following case: "There were seven brothers. The first took a wife, and when he died, he left no children. The second took her, and died, leaving no children, and the third likewise, and the seven left no children. Last of all the woman also died. In the resurrection whose wife will she be? For the seven had her as wife" (Mk 12:20-23).¹⁰¹

Wisdom and power of God himself

marriage was recognized as the son of the deceased, so that his stock would not be extinguished and the inheritance would be kept in the family (cf. 3:9-4:12).

¹⁰⁰ In the time of Christ, the Sadducees formed, within Judaism, a sect bound to the circle of the priestly aristocracy. In opposition to the oral tradition and theology elaborated by the Pharisees, they proposed the literal interpretation of the Pentateuch, which they considered the main source of the Jahwist religion. Since there was no mention of life after death in the most ancient books of the Bible, the Sadducees rejected the eschatology proclaimed by the Pharisees, affirming that "souls die together with the body" (cf. Joseph, *Antiquitates Judaicae*, XVII, 1.4, 16). The conceptions of the Sadducees are not directly known to us, however, since all their writings were lost after the destruction of Jerusalem in the year 70, when the sect itself disappeared. We get what little information there is about the Sadducees from the writings of their ideological opponents.

¹⁰¹ The Sadducees, turning to Jesus for a purely theoretical "case," at the same time attacked the primitive conception of the Pharisees on life after the resurrection of the body. They insinuated, in fact, that faith in the resurrection of the body leads to admitting polyandry, which is contrary to God's law.

3. Christ's answer is one of the answer-keys of the Gospel, in which there is revealed—precisely starting from purely human arguments and in contrast with them—another dimension of the question, that is, the one that corresponds to the wisdom and power of God himself. Similarly, the case had arisen of the tax coin with Caesar's image and of the correct relationship between what is divine and what is human (Caesar's) in the sphere of authority (cf. Mt 22:15-22). This time Jesus replied as follows: "Is not this why you are wrong, that you know neither the Scriptures nor the power of God? For when they rise from the dead, they neither marry nor are given in marriage, but are like angels in heaven" (Mk 12:24-25). This is the fundamental reply to the case, that is, to the problem it contains. Knowing the thoughts of the Sadducees, and realizing their real intentions, Christ subsequently took up again the problem of the possibility of resurrection, denied by the Sadducees themselves: "As for the dead being raised, have you not read in the book of Moses, in the passage about the bush, how God said to him, 'I am the God of Abraham, and the God of Isaac, and the God of Jacob'? He is not a God of the dead, but of the living" (Mk 12:26-27). As we can see, Christ quoted the same Moses to whom the Sadducees had referred, and ended with the affirmation: "You are quite wrong" (Mk 12:27).

Another affirmation

4. Christ repeats this conclusive affirmation even a second time. In fact, he said it the first time at the beginning of his explanation. Then he said: "You are wrong, because you know neither the Scriptures nor the power of God" (Mt 22:29). We read in Mark: "Is not this why you are wrong, that you know neither the Scriptures nor the power of God?" (12:24). In Luke's version (20:27-36), on the contrary, Christ's same answer is without polemical tones, without that, "You are quite wrong." On the other hand, he proclaimed the same thing since in his answer he introduced some elements which are not found either in Matthew or in Mark. Here is the text: "Jesus said to them, 'The sons of this age marry and are given in marriage. But those who are accounted worthy to attain to that age and to the resurrection from the dead neither marry nor are given in marriage, for they cannot die any more, because they are equal to angels and are sons of God, being sons of the resurrection'" (Lk 20:34-36). With regard to the possibility of resurrection, Luke—like the other two synoptics—refers to Moses, that is, to the passage in Exodus 3:2-6. This passage narrates that the great legislator of the old covenant had heard from the bush, which "was burning, yet not consumed," the following words: "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob" (Ex 3:6). In the same place, when Moses had asked God's name, he had heard the answer: "I am who am" (Ex 3:14).

In this way, therefore, speaking of the future resurrection of the body, Christ refers to the power of the living God. We will have to consider this subject in greater detail later.

The Living God Continually Renews the Very Reality of Life¹⁰²

¹⁰² November 18, 1981

1. "You are wrong, because you know neither the Scriptures nor the power of God" (Mt 22:29), Christ said to the Sadducees, who—rejecting faith in the future resurrection of the body—had proposed to him the following case: "Now there were seven brothers among us. The first married and died, and having no children left his wife to his brother" (according to the Mosaic law of the "levirate"). "So too the second and third, down to the seventh. After them all, the woman died. In the resurrection, therefore, to which of the seven will she be wife?" (Mt 22:25-28)

Christ answers the Sadducees by stating, at the beginning and at the end of his reply, that they were greatly mistaken, not knowing either the Scriptures or the power of God (cf. Mk 12:24; Mt 22:29). Since the conversation with the Sadducees is reported by all three synoptic Gospels, let us briefly compare the texts in question.

2. Matthew's version (22:24-30), although it does not refer to the burning bush, agrees almost completely with that of Mark (12:18-25). Both versions contain two essential elements: 1) the enunciation about the future resurrection of the body; 2) the enunciation about the state of the body of risen man.¹⁰³ These two elements are also found in Luke (20:27-36).¹⁰⁴ Especially in Matthew and Mark, the first element, concerning the future resurrection of the body, is combined with the words addressed to the Sadducees, according to which they "know neither the Scriptures nor the power of God." This statement deserves particular attention, because in it Christ defined the foundations of faith in the resurrection, to which he had referred in answering the question posed by the Sadducees with the concrete example of the Mosaic levirate law.

Admitting the reality of life after death

3. Unquestionably, the Sadducees treated the question of resurrection as a type of theory or hypothesis which can be disproved.¹⁰⁵ Jesus first shows them an error of method, that they do not know the Scriptures. Then he showed them an error of substance, that they do not accept what is revealed by the Scriptures—they do not know the power of God—they

¹⁰³ Although the expression "the resurrection of the body" is not known in the New Testament. (It will appear for the first time in St. Clement: 2 Clem 9:1; and in Justin: Dial 80:5.) which uses the expression "resurrection of the dead," intending thereby man in his integrity, it is possible, however, to find in many New Testament texts faith in the immortality of the soul and its existence also outside the body (cf., for example, Lk 23:43; Phil 1:23-24; 2 Cor 5:6-8).

¹⁰⁴ Luke's text contains some new elements which are an object of discussion among exegetes.

¹⁰⁵ As is known, in the Judaism of that period there was no clearly formulated doctrine concerning the resurrection; there existed only the various theories launched by the individual schools. The Pharisees, who cultivated theological speculation, greatly developed the doctrine on the resurrection, seeing allusions to it in all the Old Testament books. They understood the future resurrection, however, in an earthly and primitive way, announcing, for example, an enormous increase of crops and of fertility in life after the resurrection. The Sadducees, on the other hand, polemicized with such a conception, starting from the premise that the Pentateuch does not speak of eschatology. It must also be kept in mind that in the first century the canon of the Old Testament books had not yet been established. The case presented by the Sadducees directly attacks the Pharisaic concept of the resurrection. In fact, the Sadducees were of the opinion that Christ was one of their followers. Christ's answer equally corrects the conceptions of the Pharisees and those of the Sadducees.

do not believe in him who revealed himself to Moses in the burning bush. It is a significant and very precise answer. Here Christ encounters men who consider themselves experts and competent interpreters of the Scriptures. To these men—that is, to the Sadducees—Jesus replies that mere literal knowledge of Scripture is not sufficient. The Scriptures are above all a means to know the power of the living God who reveals himself in them, just as he revealed himself to Moses in the bush. In this revelation he called himself "the God of Abraham, the God of Isaac and the God of Jacob"^{106xii} of those, therefore, who had been Moses' ancestors in the faith that springs from the revelation of the living God. They had all been dead for a long time. However, Christ completed the reference to them with the statement that God "is not God of the dead, but of the living." This statement, in which Christ interprets the words addressed to Moses from the burning bush, can be understood only if one admits the reality of a life which death did not end. Moses' fathers in faith, Abraham, Isaac and Jacob, are living persons for God (cf. Lk 20:38, "for all live for him"), although according to human criteria, they must be numbered among the dead. To reread the Scriptures correctly, and in particular the aforementioned words of God, means to know and accept with faith the power of the Giver of life, who is not bound by the law of death which rules man's earthly history.

Christ's answer

4. It seems that Christ's answer to the Sadducees about the possibility of resurrection,¹⁰⁷ according to the version of all three synoptics, is to be interpreted in this way. The moment would come in which Christ would give the answer on this matter with his own resurrection. However, for now he referred to the testimony of the Old Testament, showing how to discover there the truth about immortality and resurrection. It is necessary to do so not by dwelling only on the sound of the words, but by going back to the power of God which is revealed by those words. The reference to Abraham, Isaac and Jacob in that theophany granted to Moses, of which we read in the Book of Exodus (3:2-6), constitutes a testimony that the living God gives to those who live "for him"—to those who, thanks to his power, have life, even if according to the dimensions of history, it would be necessary to include them among those who have been dead for a long time.

5. The full significance of this testimony, which Jesus referred to in his conversation with the Sadducees, could be grasped (still only in the light of the Old Testament) in the following way: He who is—he who lives and is Life—is the inexhaustible source of existence and of life, as is revealed at the "beginning," in Genesis (cf. Gn 1:3). Due to sin,

¹⁰⁶ This expression does not mean: "God who was honored by Abraham, Isaac and Jacob," but: "God who took care of the patriarchs and liberated them."

¹⁰⁷ In our modern way of understanding this Gospel text, the reasoning of Jesus concerns only immortality; if in fact the patriarchs still now live after their death, before the eschatological resurrection of the body, then the statement of Jesus concerns the immortality of the soul and does not speak of the resurrection of the body. But the reasoning of Jesus was addressed to the Sadducees who did not know the dualism of body and soul, accepting only the biblical psycho-physical unity of man who is "the body and the breath of life." Therefore, according to them the soul dies with the body. The affirmation of Jesus, according to which the patriarchs are alive, could mean for the Sadducees only resurrection with the body.

physical death has become man's lot (cf. Gn 3:19),¹⁰⁸(83) and he has been forbidden (cf. Gn 3:22) access to the Tree of Life (the great symbol of the book of Genesis). Yet the living God, making his covenant with man (Abraham, the patriarchs, Moses, Israel), continually renews, in this covenant, the reality of life. He reveals its perspective again and in a certain sense opens access again to the Tree of Life. Along with the covenant, this life, whose source is God himself, is communicated to those men who, as a result of breaking the first covenant, had lost access to the Tree of Life, and, in the dimensions of their earthly history, had been subject to death.

Power and testimony of the living God

6. Christ is God's ultimate word on this subject. The covenant, which with him and for him is established between God and mankind, opens an infinite perspective of life. Access to the Tree of Life—according to the original plan of the God of the covenant—is revealed to every man in its definitive fullness. This will be the meaning of the death and resurrection of Christ. This will be the testimony of the paschal mystery. However, the conversation with the Sadducees took place in the pre-paschal phase of Christ's messianic mission. The course of the conversation according to Matthew (22:24-30), Mark (12:18-27), and Luke (20:27-36) manifests that Christ—who had spoken several times, especially in talks with his disciples, of the future resurrection of the Son of Man (cf., e.g., Mt 17:9, 23; 20:19 and parallels)—did not refer to this matter in the conversation with the Sadducees. The reasons are obvious and clear. The discussion was with the Sadducees, "who say that there is no resurrection" (as the evangelist stresses). That is, they questioned its very possibility. At the same time they considered themselves experts on the Old Testament Scriptures, and qualified interpreters of them. That is why Jesus referred to the Old Testament and showed, on its basis, that they did "not know the power of God."^{109xiii}

7. Regarding the possibility of resurrection, Christ referred precisely to that power which goes hand in hand with the testimony of the living God, who is the God of Abraham, of Isaac, of Jacob—and the God of Moses. God, whom the Sadducees "deprived" of this power, was no longer the true God of their fathers, but the God of their hypotheses and interpretations. Christ, on the contrary, had come to bear witness to the God of life in the whole truth of his power which is unfolded upon human life.

The Resurrection and Theological Anthropology¹¹⁰

1. "When they rise from the dead, they neither marry nor are given in marriage" (Mk 12:25). These words have a key meaning for the theology of the body. Christ uttered them after having affirmed, in the conversation with the Sadducees, that the resurrection is in conformity with the power of the living God. All three synoptic Gospels report the same statement, except that Luke's version is different in some details from that of

¹⁰⁸ We will not dwell here on the concept of death in the purely Old Testament sense, but consider theological anthropology as a whole.

¹⁰⁹ This is the determinant argument that proves the authenticity of the discussion with the Sadducees.

¹¹⁰ December 2, 1981

Matthew and Mark. Essential for them all is the fact that, in the future resurrection, human beings, after having reacquired their bodies in the fullness of the perfection characteristic of the image and likeness of God—after having reacquired them in their masculinity and femininity—"neither marry nor are given in marriage." Luke expresses the same idea in chapter 20:34-35, in the following words: "The children of this age marry and are given in marriage, but those who are accounted worthy to attain to that age and to the resurrection from the dead neither marry nor are given in marriage."

Definitive fulfilment of mankind

2. As can be seen from these words, marriage, that union in which, according to Genesis, "A man cleaves to his wife, and they become one flesh" (2:24)—the union characteristic of man right from the beginning—belongs exclusively to this age. Marriage and procreation do not constitute, on the other hand, the eschatological future of man. In the resurrection they lose, so to speak, their *raison d'être*. "That age," of which Luke spoke (20:35), means the definitive fulfilment of mankind. It is the quantitative closing of that circle of beings, who were created in the image and likeness of God, in order that, multiplying through the conjugal "unity in the body" of men and women, they might subdue the earth. "That age" is not the world of the earth, but the world of God, who, as we know from the First Letter of Paul to the Corinthians, will fill it entirely, becoming "everything to everyone" (1 Cor 15:28).

3. At the same time "that age," which according to revelation is "the kingdom of God," is also the definitive and eternal "homeland" of man (cf. Phil 3:20). It is the "Father's house" (Jn 14:2). As man's new homeland, that age emerges definitively from the present world, which is temporal—subjected to death, that is, to the destruction of the body (cf. Gen 3:19, "to dust you shall return")—through the resurrection. According to Christ's words reported by the synoptic Gospels, the resurrection means not only the recovery of corporeity and the re-establishment of human life in its integrity by means of the union of the body with the soul, but also a completely new state of human life itself.

We find the confirmation of this new state of the body in the resurrection of Christ (cf. Rom 6:5-11). The words reported by the synoptic Gospels (Mt 22:30; Mk 12:25; Lk 20:34-35) will ring out then (that is, after Christ's resurrection) to those who had heard them. I would say almost with a new probative force, and at the same time they will acquire the character of a convincing promise. For the present, however, we will dwell on these words in their pre-paschal phase, referring only to the situation in which they were spoken. There is no doubt that already in the answer given to the Sadducees, Christ revealed the new condition of the human body in the resurrection. He did so precisely by proposing a reference and a comparison with the condition in which man had participated since the "beginning."

Renewed in resurrection

4. The words, "They neither marry nor are given in marriage" seem to affirm at the same time that human bodies, recovered and at the same time renewed in the resurrection, will

keep their masculine or feminine peculiarity. The sense of being a male or a female in the body will be constituted and understood in that age in a different way from what it had been from the beginning, and then in the whole dimension of earthly existence. The words of Genesis: "A man leaves his father and mother and cleaves to his wife, and they become one flesh" (2:24), constituted right from the beginning that condition and relationship of masculinity and femininity, extended also to the body, which must rightly be defined as conjugal and at the same time as procreative and generative. It is connected with the blessing of fertility, pronounced by God (Elohim) when he created man "male and female" (Gn 1:27). The words Christ spoke about the resurrection enable us to deduce that the dimension of masculinity and femininity—that is, being male and female in the body—will again be constituted together with the resurrection of the body in "that age."

Like the angels

5. Is it possible to say something more detailed on this subject? Beyond all doubt, Christ's words reported by the synoptic Gospels (especially in the version of Luke 20:27-40) authorize us to do so. We read there that "Those who are accounted worthy to attain to that age and to the resurrection from the dead...cannot die any more, because they are equal to angels and are sons of God" (Matthew and Mark report only that "They are like angels in heaven"). This statement makes it possible above all to deduce a spiritualization of man according to a different dimension from that of earthly life (and even different from that of the beginning itself). It is obvious that it is not a question here of transforming man's nature into that of the angels, that is, a purely spiritual one. The context indicates clearly that in that age man will keep his own human psychosomatic nature. If it were otherwise, it would be meaningless to speak of the resurrection.

The resurrection means the restoring to the real life of human corporeity, which was subjected to death in its temporal phase. In the expression of Luke (20:36) just quoted (and in that of Mt 22:30 and Mk 12:25), it is certainly a question of human, that is, psychosomatic nature. The comparison with heavenly beings, used in the context, is no novelty in the Bible. Among others, it is said in a psalm, exalting man as the work of the Creator, "You have made him little less than the angels" (Ps 8:5). It must be supposed that in the resurrection this similarity will become greater. It will not be through a disincarnation of man, but by means of another kind (we could also say another degree) of spiritualization of his somatic nature—that is, by means of another "system of forces" within man. The resurrection means a new submission of the body to the spirit.

Plato and St Thomas

5. Before beginning to develop this subject, it should be recalled that the truth about the resurrection had a key meaning for the formation of all theological anthropology, which could be considered simply as an anthropology of the resurrection. As a result of reflection on the resurrection, Thomas Aquinas neglected in his metaphysical (and at the same time theological) anthropology Plato's philosophical conception on the relationship between the soul and the body and drew closer to the conception of Aristotle.^{xiv} The

resurrection bears witness, at least indirectly, that the body, in the composite being of man as a whole, is not only connected temporarily with the soul (as its earthly "prison," as Plato believed).¹¹¹ But together with the soul it constitutes the unity and integrity of the human being. Aristotle taught precisely that,¹¹² unlike Plato. If St. Thomas accepted Aristotle's conception in his anthropology, he did so considering the truth about the resurrection. The truth about the resurrection clearly affirmed, in fact, that the eschatological perfection and happiness of man cannot be understood as a state of the soul alone, separated (according to Plato: liberated) from the body. But it must be understood as the state of man definitively and perfectly "integrated" through such a union of the soul and the body, which qualifies and definitively ensures this perfect integrity.

Let us interrupt at this point our reflection on the words spoken by Christ about the resurrection. The great wealth of content enclosed in these words induces us to take them up again in further considerations.

The Resurrection Perfects the Person¹¹³

1. "At the resurrection they neither marry nor are given in marriage, but are like angels in heaven" (Mt 22:30; cf. Mk 12:25). "They are equal to angels and are sons of God, being sons of the resurrection" (Lk 20:36).

Let us try to understand these words of Christ about the future resurrection in order to draw a conclusion with regard to the spiritualization of man, different from that of earthly life. We could speak here also of a perfect system of forces in mutual relations between what is spiritual in man and what is physical. As a result of original sin, historical man experiences a multiple imperfection in this system of forces, which is expressed in St. Paul's well-known words: "I see in my members another law at war with the law of my mind" (Rom 7:23).

Eschatological man will be free from that opposition. In the resurrection the body will return to perfect unity and harmony with the spirit. Man will no longer experience the opposition between what is spiritual and what is physical in him. Spiritualization means not only that the spirit will dominate the body, but, I would say, that it will fully permeate the body, and that the forces of the spirit will permeate the energies of the body. Perfect realization in life to come

2. In earthly life, the dominion of the spirit over the body—and the simultaneous subordination of the body to the spirit—can, as the result of persevering work on themselves, express a personality that is spiritually mature. However, the fact that the energies of the spirit succeed in dominating the forces of the body does not remove the possibility of their mutual opposition. The spiritualization to which the synoptic Gospels refer in the texts analyzed here (cf. Mt 22:30; Mk 12:25; Lk 20:34-35), already lies

¹¹¹ To men soma estin hemin sema (Platone, Gorgias 493 A; cf. also Phaedo 66B; Cratylus 400C)

¹¹² Aristotle, De anima, II, 412a, 19-22; cf. also Metaph. 1029, b 11; 1030, b 14.

¹¹³ December 9, 1981

beyond this possibility. It is therefore a perfect spiritualization, in which the possibility that "another law is at war with the law of...the mind" (cf. Rom 7:23) is completely eliminated. This state which—as is evident—is differentiated essentially (and not only with regard to degree) from what we experience in earthly life, does not signify any disincarnation of the body nor, consequently, a dehumanization of man. On the contrary, it signifies his perfect realization. In fact, in the composite, psychosomatic being which man is, perfection cannot consist in a mutual opposition of spirit and body. But it consists in a deep harmony between them, in safeguarding the primacy of the spirit. In the "other world," this primacy will be realized and will be manifested in a perfect spontaneity, without any opposition on the part of the body. However, that must not be understood as a definitive victory of the spirit over the body. The resurrection will consist in the perfect participation of all that is physical in man in what is spiritual in him. At the same time it will consist in the perfect realization of what is personal in man.

A new spiritualization

3. The words of the synoptic Gospels testify that the state of man in the other world will not only be a state of perfect spiritualization, but also of fundamental divinization of his humanity. The "sons of the resurrection"—as we read in Luke 20:36—are not only equal to angels, but are also sons of God. The conclusion can be drawn that the degree of spiritualization characteristic of eschatological man will have its source in the degree of his divinization, incomparably superior to the one that can be attained in earthly life. It must be added that here it is a question not only of a different degree, but in a way, of another kind of divinization. Participation in divine nature, participation in the interior life of God himself, penetration and permeation of what is essentially human by what is essentially divine, will then reach its peak, so that the life of the human spirit will arrive at such fullness which previously had been absolutely inaccessible to it. This new spiritualization will therefore be the fruit of grace, that is, of the communication of God in his very divinity, not only to man's soul, but to his whole psychosomatic subjectivity. We speak here of subjectivity (and not only of "nature"), because that divinization is to be understood not only as an interior state of man (that is, of the subject) capable of seeing God face to face, but also as a new formation of the whole personal subjectivity of man in accordance with union with God in his Trinitarian mystery and of intimacy with him in the perfect communion of persons. This intimacy—with all its subjective intensity—will not absorb man's personal subjectivity, but rather will make it stand out to an incomparably greater and fuller extent.

United with the vision of God

4. Divinization in the other world, as indicated by Christ's words, will bring the human spirit such a range of experience of truth and love such as man would never have been able to attain in earthly life. When Christ speaks of the resurrection, he proves at the same time that the human body will also take part, in its way, in this eschatological experience of truth and love, united with the vision of God face to face. When Christ says that those who take part in the future resurrection "neither marry nor are given in marriage" (Mk 12:25), his words—as has already been pointed out—affirm not only the end of earthly

history, bound up with marriage and procreation, but also seem to reveal the new meaning of the body. Is it possible, in this case, at the level of biblical eschatology, to think of the discovery of the nuptial meaning of the body, above all as the virginal meaning of being male and female, as regards the body? To answer this question, which emerges from the words reported by the synoptic Gospels, we should penetrate more deeply into the essence of what will be the beatific vision of the divine Being, a vision of God face to face in the future life. It is also necessary to let oneself be guided by that range of experience of truth and love which goes beyond the limits of the cognitive and spiritual possibilities of man in temporality, and in which he will become a participant in the other world.

In the dimension of the "other world"

5. This eschatological experience of the living God will not only concentrate in itself all man's spiritual energies, but, at the same time, it will reveal to him, in a deep and experiential way, the self-communication of God to the whole of creation and, in particular, to man. This is the most personal self-giving by God, in his very divinity, to man: to that being who, from the beginning, bears within himself the image and likeness of God. In this way, in the other world the object of the vision will be that mystery hidden in the Father from eternity, a mystery which in time was revealed in Christ, in order to be accomplished incessantly through the Holy Spirit. That mystery will become, if we may use the expression, the content of the eschatological experience and the form of the entire human existence in the dimension of the other world. Eternal life must be understood in the eschatological sense, that is, as the full and perfect experience of that grace (charis) of God, in which man becomes a participant through faith during earthly life, and which, on the contrary, will not only have to reveal itself in all its penetrating depth to those who take part in the other world, but also will have to be experienced in its beatifying reality.

We suspend here our reflection centered on Christ's words about the future resurrection of the body. In this spiritualization and divinization in which man will participate in the resurrection, we discover—in an eschatological dimension—the same characteristics that qualified the nuptial meaning of the body. We discover them in the meeting with the mystery of the living God, which is revealed through the vision of him face to face.

Christ's Words on the Resurrection Complete the Revelation of the Body¹¹⁴

1. "In the resurrection they neither marry nor are given in marriage, but are like angels in heaven" (Mt 22:30, similarly Mk 12:25). "They are equal to angels and are sons of God, being sons of the resurrection" (Lk 20:36).

The eschatological communion (communio) of man with God, constituted thanks to the love of a perfect union, will be nourished by the vision, face to face, of contemplation of

¹¹⁴ December 16, 1981

that more perfect communion—because it is purely divine—which is the trinitarian communion of the divine Persons in the unity of the same divinity.

Perfect subjectivity

2. Christ's words, reported by the synoptic Gospels, enable us to deduce that participants in the "other world"—in this union with the living God which springs from the beatific vision of his unity and trinitarian communion—will not only keep their authentic subjectivity, but will acquire it to a far more perfect extent than in earthly life. Furthermore, this will confirm the law of the integral order of the person, according to which the perfection of communion is not only conditioned by the perfection or spiritual maturity of the subject, but also in turn determines it. Those who participate in the future world, that is, in perfect communion with the living God, will enjoy a perfectly mature subjectivity. In this perfect subjectivity, while keeping masculinity and femininity in their risen, glorious body, "They neither marry nor are given in marriage." This is explained not only with the end of history, but also, and above all, with the eschatological authenticity of the response to that self-communication of the divine subject. This will constitute the beatifying experience of the gift of himself on God's part, which is absolutely superior to any experience proper to earthly life.

3. The reciprocal gift of oneself to God—a gift in which man will concentrate and express all the energies of his own personal and at the same time psychosomatic subjectivity—will be the response to God's gift of himself to man.¹¹⁵ In this mutual gift of himself by man, a gift which will become completely and definitively beatifying, as a response worthy of a personal subject to God's gift of Himself, virginity, or rather the virginal state of the body, will be totally manifested as the eschatological fulfillment of the nuptial meaning of the body, as the specific sign and the authentic expression of all personal subjectivity. In this way, therefore, that eschatological situation in which "They neither marry nor are given in marriage" has its solid foundation in the future state of the personal subject. This will happen when, as a result of the vision of God face to face, there will be born in him a love of such depth and power of concentration on God himself, as to completely absorb his whole psychosomatic subjectivity.

Union of communion

4. This concentration of knowledge (vision) and love on God himself—a concentration that cannot be other than full participation in the interior life of God, that is, in the very

¹¹⁵ "In the biblical conception...it is a question of a 'dialogic' immortality (resuscitation!), that is, that immortality does not derive merely from the obvious truth that the indivisible cannot die, but from the saving act of him who loves, who has the power to do so; therefore man cannot completely disappear, because he is known and loved by God. If all love postulates eternity, love of God not only wishes it, but actuates it and is it.

...Since the immortality presented by the Bible does not derive from the power of what is in itself indestructible, but from being accepted in the dialogue with the Creator, for this reason it must be called resuscitation... J. Ratzinger, *Risurrezione della carne—aspetto teologico, Sacramentum Mundi*, Vol. 7 (Brescia: Morcelliana, 1977), pp. 160-161).

trinitarian reality—will be at the same time the discovery, in God, of the whole "world" of relations, constitutive of his perennial order (cosmos). This concentration will be above all man's rediscovery of himself, not only in the depth of his own person, but also in that union which is proper to the world of persons in their psychosomatic constitution. This is certainly a union of communion. The concentration of knowledge and love on God himself in the trinitarian communion of Persons can find a beatifying response in those who become participants in the other world, only through realizing mutual communion adapted to created persons. For this reason we profess faith in the "communion of saints" (*communio sanctorum*), and we profess it in organic connection with faith in the resurrection of the dead. Christ's words which affirm that in the other world, "They neither marry nor are given in marriage" are at the basis of these contents of our faith. At the same time they require an adequate interpretation in its light. We must think of the reality of the other world in the categories of the rediscovery of a new, perfect subjectivity of everyone and at the same time of the rediscovery of a new, perfect intersubjectivity of all. In this way, this reality signifies the real and definitive fulfillment of human subjectivity, and on this basis, the definitive fulfillment of the nuptial meaning of the body. The complete concentration of created subjectivity, redeemed and glorified, on God himself will not take man away from this fulfillment, in fact—on the contrary—it will introduce him into it and consolidate him in it. One can say, finally, that in this way eschatological reality will become the source of the perfect realization of the trinitarian order in the created world of persons.

Revelation of the body

5. The words with which Christ referred to the future resurrection—words confirmed in a singular way by his own resurrection—complete what in the present reflections we are accustomed to call the revelation of the body. This revelation penetrates in a way into the heart of the reality which we are experiencing. This reality is above all man, his body, the body of historical man. At the same time, this revelation enables us to go beyond the sphere of this experience in two directions—in the first place, in the direction of that beginning which Christ referred to in his conversation with the Pharisees regarding the indissolubility of marriage (cf. Mt 19:3-9); in the second place, in the direction of the other world, to which the Master drew the attention of his listeners in the presence of the Sadducees, who "say that there is no resurrection" (Mt 22:23). These two extensions of the sphere of the experience of the body (if we may say so) are not completely beyond the reach of our (obviously theological) understanding of the body. What the human body is in the sphere of man's historical experience is not completely cut off from those two dimensions of his existence, which are revealed through Christ's words.

Spiritual and physical

6. It is clear that here it is a question not so much of the body in abstract, but of man who is at once spiritual and physical. Continuing in the two directions indicated by Christ's words, and linking up again with the experience of the body in the dimension of our earthly existence (therefore in the historical dimension), we can make a certain theological reconstruction. This is a reconstruction of what might have been the

experience of the body on the basis of man's revealed beginning, and also of what it will be in the dimension of the other world. The possibility of this reconstruction, which extends our experience of man-body, indicates, at least indirectly, the consistency of man's theological image in these three dimensions, which together contribute to the constitution of the theology of the body.

New Threshold of Complete Truth About Man¹¹⁶

1. "When they rise from the dead, they neither marry nor are given in marriage, but are like angels in heaven" (Mk 12:25; cf. Mt 22:30). "They are equal to angels and are sons of God, being sons of the resurrection" (Lk 20:36).

The words in which Christ refers to the future resurrection—words confirmed in an extraordinary way by his own resurrection—complete what we are accustomed to call in these reflections the revelation of the body. This revelation penetrates the heart of the reality that we experience, and this reality is above all man, his body, the body of historical man. At the same time, this revelation permits us to go beyond the sphere of this experience in two directions—first, in the direction of that beginning which Christ referred to in his conversation with the Pharisees concerning the indissolubility of marriage (cf. Mt 19:3-8); then, in the direction of the future world, to which the Master addressed the hearts of his listeners in the presence of the Sadducees, who "say that there is no resurrection" (Mt 22:23).

2. Neither the truth about that beginning of which Christ speaks, nor the eschatological truth can be reached by man with empirical and rationalistic methods alone. However, is it not possible to affirm that man bears, in a way, these two dimensions in the depth of the experience of his own being, or rather that he is somehow on his way to them as to dimensions that fully justify the meaning of his being a body, that is, of his being a carnal man? As regards the eschatological dimension, is it not true that death itself and the destruction of the body can confer on man an eloquent significance about the experience in which the personal meaning of existence is realized? When Christ speaks of the future resurrection, his words do not fall in a void. The experience of mankind, and especially the experience of the body, enable the listener to unite with those words the image of his new existence in the "future world," for which earthly experience supplies the substratum and the base. An adequate theological reconstruction is possible.

3. To the construction of this image—which, as regards content, corresponds to the article of our profession of faith: "I believe in the resurrection of the dead"—there greatly contributes the awareness that there exists a connection between earthly experience and the whole dimension of the biblical beginning of man in the world. If at the beginning God "created them male and female" (cf. Gn 1:27); if in this duality concerning the body he envisaged also such a unity that "they become one flesh" (Gn 2:24); if he linked this unity with the blessing of fertility, that is, of procreation (cf. Gn 1:29); if speaking before the Sadducees about the future resurrection, Christ explained that "In the resurrection

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they neither marry nor are given in marriage"—then it is clear that it is a question here of a development of the truth about man himself. Christ indicated his identity, although this identity is realized in eschatological experience in a different way from the experience of the beginning itself and of all history. Yet man will always be the same, such as he came from the hands of his Creator and Father. Christ said: "They neither marry nor are given in marriage," but he did not state that this man of the future world will no longer be male and female as he was from the beginning. It is clear therefore that, as regards the body, the meaning of being male or female in the future world must be sought outside marriage and procreation, but there is no reason to seek it outside that which (independently of the blessing of procreation) derives from the mystery of creation and which subsequently forms also the deepest structure of man's history on earth, since this history has been deeply penetrated by the mystery of redemption.

Unity of the two

4. In his original situation man, therefore, is alone and at the same time he becomes male and female: unity of the two. In his solitude he is revealed to himself as a person, in order to reveal, at the same time, the communion of persons in the unity of the two. In both states the human being is constituted as an image and likeness of God. From the beginning man is also a body among bodies. In the unity of the couple he becomes male and female, discovering the nuptial meaning of his body as a personal subject. Subsequently, the meaning of being a body and, in particular, being male and female in the body, is connected with marriage and procreation (that is, with fatherhood and motherhood). However, the original and fundamental significance of being a body, as well as being, by reason of the body, male and female—that is precisely that nuptial significance—is united with the fact that man is created as a person and called to a life in *communione personarum*. Marriage and procreation in itself do not determine definitively the original and fundamental meaning of being a body or of being, as a body, male and female. Marriage and procreation merely give a concrete reality to that meaning in the dimensions of history.

The resurrection indicates the end of the historical dimension. The words, "When they rise from the dead, they neither marry nor are given in marriage" (Mk 12:25), express univocally not only the meaning which the human body will not have in the future world. But they enable us also to deduce that the nuptial meaning of the body in the resurrection to the future life will correspond perfectly both to the fact that man, as a male-female, is a person created in the "image and likeness of God," and to the fact that this image is realized in the communion of persons. That nuptial meaning of being a body will be realized, therefore, as a meaning that is perfectly personal and communitarian at the same time.

5. Speaking of the body glorified through the resurrection to the future life, we have in mind man, male-female, in all the truth of his humanity: man who, together with the eschatological experience of the living God (the face to face vision), will experience precisely this meaning of his own body. This will be a completely new experience. At the same time it will not be alienated in any way from what man took part in from the

beginning nor from what, in the historical dimension of his existence, constituted in him the source of the tension between spirit and body, concerning mainly the procreative meaning of the body and sex. The man of the future world will find again in this new experience of his own body precisely the completion of what he bore within himself perennially and historically, in a certain sense, as a heritage and even more as a duty and objective, as the content of the ethical norm.

Mutual communication

6. The glorification of the body, as the eschatological fruit of its divinizing spiritualization, will reveal the definitive value of what was to be from the beginning a distinctive sign of the created person in the visible world, as well as a means of mutual communication between persons and a genuine expression of truth and love, for which the *communio personarum* is constituted. That perennial meaning of the human body, to which the existence of every man, weighed down by the heritage of concupiscence, has necessarily brought a series of limitations, struggles and sufferings, will then be revealed again, and will be revealed in such simplicity and splendor when every participant in the other world will find again in his glorified body the source of the freedom of the gift. The perfect freedom of the children of God (cf. Rom 8:14) will nourish also with that gift each of the communions which will make up the great community of the communion of saints.

Difficult to envisage

7. It is all too clear—on the basis of man's experiences and knowledge in his temporal life, that is, in this world—that it is difficult to construct a fully adequate image of the future world. However, at the same time there is no doubt that, with the help of Christ's words, at least a certain approximation to this image is possible and attainable. We use this theological approximation, professing our faith in the resurrection of the dead and in eternal life, as well as faith in the communion of saints, which belongs to the reality of the future world.

A new threshold

8. Concluding this part of our reflections, it is opportune to state once more that Christ's words reported by the synoptic Gospels (cf. Mt 22:30; Mk 12:25; Lk 20:34-35) have a decisive meaning not only as regards the words of Genesis (which Christ referred to on another occasion), but also in what concerns the entire Bible. These words enable us, in a certain sense, to read again—that is, in depth—the whole revealed meaning of the body, the meaning of being a man, that is, a person incarnated, of being male or female as regards the body. These words permit us to understand the meaning, in the eschatological dimension of the other world, of that unity in humanity, which was constituted in the beginning, and which the words of Genesis 2:24, ("A man cleaves to his wife, and they become one flesh")—uttered in the act of man's creation as male and female—seemed to direct, if not completely, at least especially toward this world. Since the words of the Book of Genesis are almost the threshold of the whole theology of the body—the

threshold which Christ took as his foundation in his teaching on marriage and its indissolubility—then it must be admitted that the words reported by the Synoptics are, as it were, a new threshold of this complete truth about man, which we find in God's revealed Word. It is indispensable to dwell upon this threshold, if we wish our theology of the body—and also our Christian spirituality of the body—to be able to use it as a complete image.

Doctrine of the Resurrection according to St. Paul¹¹⁷

1. During the preceding audiences we reflected on Christ's words about the other world, which will emerge together with the resurrection of bodies. Those words had an extraordinarily intense resonance in the teaching of St. Paul. Between the answer given to the Sadducees, transmitted by the synoptic Gospels (cf. Mt 22:30; Mk 12:25; Lk 20:35-36), and Paul's apostolate there took place first of all the fact of the resurrection of Christ himself and a series of meetings with the risen Christ. Among these must be included, as the last link, the event that occurred in the neighborhood of Damascus. Saul or Paul of Tarsus who, on his conversion, became the Apostle of the Gentiles, also had his own post-paschal experience, similar to that of the other apostles. At the basis of his faith in the resurrection, which he expresses above all in the First Letter to the Corinthians (ch. 15), there is certainly that meeting with the risen Christ, which became the beginning and foundation of his apostolate.

God is not dead

2. It is difficult to sum up here and comment adequately on the stupendous and ample argumentation of the fifteenth chapter of the First Letter to the Corinthians in all its details. It is significant that, while Christ replied to the Sadducees, who "say that there is no resurrection" (Lk 20:27), with the words reported by the synoptic Gospels, Paul, on his part, replied or rather engaged in polemics (in conformity with his temperament) with those who contested it.¹¹⁸ In his (pre-paschal) answer, Christ did not refer to his own resurrection, but appealed to the fundamental reality of the Old Testament covenant, to the reality of the living God. The conviction of the possibility of the resurrection is based on this: the living God "is not God of the dead, but of the living" (Mk 12:27). Paul's post-paschal argumentation on the future resurrection referred above all to the reality and the truth of the resurrection of Christ. In fact, he defends this truth even as the foundation of the faith in its integrity: "If Christ has not been raised, then our preaching is in vain and your faith is in vain.... But, in fact, Christ has been raised from the dead" (1 Cor 15:14, 20).

God of the living

¹¹⁷ January 27, 1982

¹¹⁸ Among the Corinthians there were probably movements of thought marked by Platonic dualism and neo-Pythagoreanism of a religious shade, Stoicism and Epicureanism. All Greek philosophies, moreover, denied the resurrection of the body. Paul had already experienced in Athens the reaction of the Greeks to the doctrine of the resurrection, during his address at the Areopagus (cf. Acts 17:32).

3. Here we are on the same line as revelation. The resurrection of Christ is the last and the fullest word of the self-revelation of the living God as "not God of the dead, but of the living" (Mk 12:27). It is the last and fullest confirmation of the truth about God which is expressed right from the beginning through this revelation. Furthermore, the resurrection is the reply of the God of life to the historical inevitability of death, to which man was subjected from the moment of breaking the first covenant and which, together with sin, entered his history. This answer about the victory won over death is illustrated by the First Letter to the Corinthians (ch. 15) with extraordinary perspicacity. It presents the resurrection of Christ as the beginning of that eschatological fulfillment, in which, through him and in him, everything will return to the Father, everything will be subjected to him, that is, handed back definitively, "that God may be everything to everyone" (1 Cor 15:28). And then—in this definitive victory over sin, over what opposed the creature to the Creator—death also will be vanquished: "The last enemy to be destroyed is death" (1 Cor 15:26).

Imperishable soul

4. The words that can be considered the synthesis of Pauline anthropology concerning the resurrection take their place in this context. It will be opportune to dwell longer here on these words. We read in the First Letter to the Corinthians 15:42-46 about the resurrection of the dead: "What is sown is perishable; what is raised is imperishable. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power. It is sown a physical body; it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, 'The first man Adam became a living being'; the last Adam became a life-giving spirit. But it is not the spiritual which is first but the physical, and then the spiritual."

Historical experience

5. Between this Pauline anthropology of the resurrection and the one that emerges from the text of the synoptic Gospels (Mt 22:30; Mk 12:25; Lk 20:35-36), there exists an essential consistency, only the text of First Letter to the Corinthians is more developed. Paul studies in depth what Christ had proclaimed. At the same time, he penetrates the various aspects of that truth which had been expressed concisely and substantially in the words written in the synoptic Gospels. It is also significant for the Pauline text that man's eschatological perspective, based on faith in the resurrection of the dead, is united with reference to the beginning as well as with deep awareness of man's historical situation. The man whom Paul addressed in the First Letter to the Corinthians and who (like the Sadducees) is contrary to the possibility of the resurrection, has also his (historical) experience of the body. From this experience it emerges quite clearly that the body is perishable, weak, physical, in dishonor.

Mystery of creation

6. Paul confronts such a man, to whom his words are addressed—either in the community of Corinth or also, I would say, in all times—with the risen Christ, the last Adam. Doing

so, Paul invites him, in a way, to follow in the footsteps of his own post-paschal experience. At the same time he recalls to him the first Adam. That is, he induces him to turn to the beginning, to that first truth about man and the world which is at the basis of the revelation of the mystery of the living God. In this way, Paul reproduces in his synthesis all that Christ had announced when he had referred, at three different moments, to the beginning in the conversation with the Pharisees (cf. Mt 19:3-8; Mk 10:2-9); to the human heart, as the place of struggle with lusts within man, during the Sermon on the Mount (Cf. Mt 5:27); and to the resurrection as the reality of the "other world," in the conversation with the Sadducees (cf. Mt 22:30; Mk 12:25; Lk 20:35-36).

Enlivening of matter

7. It belongs to the style of Paul's synthesis that it plunges its roots into the revealed mystery of creation and redemption as a whole, from which it is developed and in the light of which alone it can be explained. According to the biblical narrative, the creation of man is an enlivening of matter by means of the spirit, thanks to which "the first man Adam became a living being" (1 Cor 15:45). The Pauline text repeats here the words of Genesis (2:7), that is, of the second narrative of the creation of man (the so-called Yahwist narrative). From the same source it is known that this original "animation of the body" underwent corruption because of sin.

At this point of the First Letter to the Corinthians the author does not speak directly of original sin. Yet the series of definitions which he attributes to the body of historical man, writing that it is "perishable...weak...physical...in dishonor..." indicates sufficiently what the consequence of sin is, according to revelation. Paul himself will call it elsewhere "bondage to decay" (Rom 8:21). The whole of creation is subjected indirectly to this "bondage to decay" owing to the sin of man, who was placed by the Creator in the midst of the visible world in order to subdue it (cf. Gn 1:28). So man's sin has a dimension that is not only interior, but also cosmic. According to this dimension, the body—which Paul (in conformity with his experience) characterizes as "perishable...weak...physical...in dishonor..."—expresses in itself the state of creation after sin. This creation "has been groaning in travail together until now" (Rom 8:22).

However, just as labor pains are united with the desire for birth, with the hope of a new child, so, too, the whole of creation "waits with eager longing for the revealing of the sons of God..." and cherishes the hope to "be set free from its bondage to decay, and obtain the glorious liberty of the children of God" (Rom 8:19-21).

Try to understand

8. Through this cosmic context of the affirmation contained in the Letter to the Romans—in a way, through the "body of all creatures"—let us try to understand completely the Pauline interpretation of the resurrection. According to Paul, this image of the body of historical man, so deeply realistic and adapted to the universal experience of men, conceals within itself not only the "bondage of decay," but also hope, like the hope that accompanies labor pains. That happens because the Apostle grasps in this image also

the presence of the mystery of redemption. Awareness of that mystery comes precisely from all man's experiences which can be defined as the "bondage of decay." It comes because redemption operates in man's soul by means of the gifts of the Spirit: "We ourselves, who have the first fruits of the Spirit, groan inwardly as we wait for adoption as sons, the redemption of our bodies" (Rom 8:23). Redemption is the way to the resurrection. The resurrection constitutes the definitive accomplishment of the redemption of the body.

We will come back to the analysis of the Pauline text in the First Letter to the Corinthians in our further reflections.

The Risen Body Will Be Incorruptible, Glorious, Full of Dynamism, and Spiritual¹¹⁹

1. From the words of Christ on the future resurrection of the body, reported by all three synoptic Gospels (Matthew, Mark and Luke), we have passed to the Pauline anthropology of the resurrection. We are analyzing the First Letter to the Corinthians 15:42-49.

In the resurrection the human body, according to the words of the Apostle, is seen "incorruptible, glorious, full of dynamism, spiritual." The resurrection is not only a manifestation of the life that conquers death—almost a final return to the tree of life, from which man had been separated at the moment of original sin—but is also a revelation of the ultimate destiny of man in all the fullness of his psychosomatic nature and his personal subjectivity. Paul of Tarsus—who following in the footsteps of the other apostles, had experienced in his meeting with the risen Christ the state of his glorified body—basing himself on this experience, Paul announces in his Letter to the Romans "the redemption of the body" (Rom 8:23) and in his Letter to the Corinthians (1 Cor 15:42-49) the completion of this redemption in the future resurrection.

In the perspective of an eternal destiny

2. The literary method Paul applies here perfectly corresponds to his style, which uses antitheses that simultaneously bring together those things which they contrast. In this way they are useful in having us understand Pauline thought about the resurrection. It concerns both its "cosmic" dimension and also the characteristic of the internal structure of the "earthly" and the "heavenly" man. The Apostle, in fact, in contrasting Adam and Christ (risen)—that is, the first Adam with the second Adam—in a certain way shows two poles between which, in the mystery of creation and redemption, man has been placed in the cosmos. One could say that man has been put in tension between these two poles in the perspective of his eternal destiny regarding, from beginning to end, his human nature itself. When Paul writes: "The first man was from the earth, a man of dust; the second man is from heaven" (1 Cor 15:47), he has in mind both Adam-man and also Christ as man. Between these two poles—between the first and the second Adam—the

¹¹⁹ February 3, 1982

process takes place that he expresses in the following words: "As we have borne the image of the man of earth, so we will bear the image of the man of heaven" (1 Cor 15:49).

Man completed

3. This "man of heaven"—the man of the resurrection whose prototype is the risen Christ—is not so much an antithesis and negation of the "man of earth" (whose prototype is the first Adam), but is above all his completion and confirmation. It is the completion and confirmation of what corresponds to the psychosomatic makeup of humanity, in the sphere of his eternal destiny, that is, in the thought and the plan of him who from the beginning created man in his own image and likeness. The humanity of the first Adam, the "man of earth," bears in itself a particular potential (which is a capacity and readiness) to receive all that became the second Adam, the man of heaven, namely, Christ, what he became in his resurrection. That humanity which all men, children of the first Adam, share, and which, along with the heritage of sin—being carnal—at the same time is corruptible, and bears in itself the potentiality of incorruptibility.

That humanity which, in all its psychosomatic makeup appears ignoble, and yet bears within itself the interior desire for glory, that is, the tendency and the capacity to become "glorious" in the image of the risen Christ. Finally, the same humanity about which the Apostle—in conformity with the experience of all men—says that it is "weak" and has an "animal body," bears in itself the aspiration to become full of dynamism and spiritual.

Potential to rise again

4. We are speaking here of human nature in its integrity, that is, of human nature in its psychosomatic makeup. However, Paul speaks of the body. Nevertheless we can admit, on the basis of the immediate context and the remote one, that for him it is not a question only of the body, but of the entire man in his corporeity, therefore also of his ontological complexity. There is no doubt here that precisely in the whole visible world (cosmos) that one body which is the human body bears in itself the potentiality for resurrection, that is, the aspiration and capacity to become definitively incorruptible, glorious, full of dynamism, spiritual. This happens because, persisting from the beginning in the psychosomatic unity of the personal being, he can receive and reproduce in this earthly image and likeness of God also the heavenly image of the second Adam, Christ.

The Pauline anthropology of the resurrection is cosmic and universal at the same time. Every man bears in himself the image of Adam and every man is also called to bear in himself the image of Christ, the image of the risen one. This image is the reality of the "other world," the eschatological reality (St. Paul writes, "We will bear"). But in the meantime it is already in a certain way a reality of this world, since it was revealed in this world through the resurrection of Christ. It is a reality ingrafted in the man of this world, a reality that is developing in him toward final completion.

The vision of God

5. All the antitheses that are suggested in Paul's text help to construct a valid sketch of the anthropology of the resurrection. This sketch is at the same time more detailed than the one which comes from the text of the synoptic Gospels (cf. Mt 22:30; Mk 12:25; Lk 20:34-35). But on the other hand it is in a certain sense more unilateral. The words of Christ which the synoptics report open before us the perspective of the eschatological perfection of the body, fully subject to the divinizing profundity of the vision of God face to face. In that vision it will find its inexhaustible source of perpetual virginity (united to the nuptial meaning of the body), and of the perpetual intersubjectivity of all men, who will become (as males and females) sharers in the resurrection. The Pauline sketch of the eschatological perfection of the glorified body seems to remain rather in the sphere of the interior structure of the man-person. His interpretation of the future resurrection would seem to link up again with body-spirit dualism which constitutes the source of the interior system of forces in man.

6. This system of forces will undergo a radical change in the resurrection. Paul's words, which explicitly suggest this, cannot however be understood or interpreted in the spirit of dualistic anthropology,¹²⁰ which we will try to show in the continuation of our analysis. In fact, it will be suitable to dedicate yet another reflection to the anthropology of the resurrection in the light of the First Letter to the Corinthians.

Body's Spiritualization Will Be Source of Its Power and Incorruptibility¹²¹

1. From Christ's words on the future resurrection of the body, recorded by all three synoptic Gospels (Matthew, Mark and Luke), our reflections have brought us to what St. Paul wrote on the subject in the First Letter to the Corinthians (ch. 15). Our analysis is centered above all on what might be called the anthropology of the resurrection according to St. Paul. He contrasts the state of the "earthly" man (i.e., historical) with the state of the risen man, characterizing in a lapidary and at the same time penetrating manner, the interior system of forces specific to each of these states.

Radical transformation

2. That this interior system of forces should undergo a radical transformation would seem to be indicated, first of all, by the contrast between the weak body and the body full of power. Paul writes: "What is sown is perishable; what is raised is imperishable. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power" (1 Cor 15:42-45). "Weak," therefore, is the description of the body which—in metaphysical terms—rises from the temporal soil of humanity. The Pauline metaphor corresponds

¹²⁰ "Paul takes absolutely no account of the Greek dichotomy between 'soul and body'.... The Apostle resorts to a kind of trichotomy in which the totality of man is body, soul and spirit.... All these terms are alive and the division itself has no fixed limit. He insists on the fact that body and soul are capable of being 'pneumatic,' spiritual" (B. Rigaux, *Dieu l'a ressuscité. Exégèse et Théologie biblique* [Gembloux: Duculot, 1973], pp. 406-408)

¹²¹ February 10, 1982

likewise to the scientific terminology which defines man's beginning as a body by the use of the same term (semen, seed).

If, in the Apostle's view, the human body which arises from earthly seed is weak, this means not only that it is perishable, subject to death, and to all that leads to it, but also that it is an animal body.¹²² The body full of power, however, which man will inherit from the second Adam, Christ, in virtue of the future resurrection, will be a spiritual body. It will be imperishable, no longer subject to the threat of death. Thus the antinomy, weak—full of power, refers explicitly not only to the body considered separately, but also to the whole constitution of man considered in his corporeal nature. Only within the framework of such a constitution can the body become spiritual: and this spiritualization of the body will be the source of its power and incorruptibility (or immortality).

3. This theme has its origin already in the first chapter of Genesis. It can be said that St. Paul sees the reality of the future resurrection as a certain *restitutio in integrum*, that is, as the reintegration and at the same time as the attaining of the fullness of humanity. It is not truly a restitution, because in that case the resurrection would be, in a certain sense, a return to the state which the soul enjoyed before sin, apart from the knowledge of good and evil (cf. Gn 1-2). But such a return does not correspond to the internal logic of the whole economy of salvation, to the most profound meaning of the mystery of the redemption. *Restitutio in integrum*, linked with the resurrection and the reality of the other world, can only be an introduction to a new fullness. This will be a fullness that presupposes the whole of human history, formed by the drama of the tree of the knowledge of good and evil (cf. Gn 3) and at the same time permeated by the text of the First Letter to the Corinthians.

Perfect harmonization

4. According to the text of First Corinthians, man, in whom concupiscence prevails over the spiritual, that is, the "animal body" (1 Cor 15:44), is condemned to death. He should rise, however, as a spiritual body, man in whom the Spirit will achieve a just supremacy over the body, spirituality over sensuality. It is easy to understand that Paul is here thinking of sensuality as the sum total of the factors limiting human spirituality, that is, as a force that "ties down" the spirit (not necessarily in the Platonic sense) by restricting its own faculty of knowing (seeing) the truth and also the faculty to will freely and to love in truth. However, here it cannot be a question of that fundamental function of the senses which serves to liberate spirituality, that is to say, of the simple faculty of knowing and willing proper to the psychosomatic compositum of the human subject.

¹²² The original Greek uses the term *psychikon*. In St. Paul it is found only in First Corinthians (2:14; 15:44; 15:46) and not elsewhere, probably because of the pre-gnostic tendencies of the Corinthians, and it has a pejorative connotation. As regards its meaning, it corresponds to the term "carnal" (cf. 2 Cor 1:12; 10:4). However, in the other Pauline letters, "psyche" and its derivatives signify man in his manifestations, the individual's way of living, and even the human person in a positive sense (e.g., to indicate the ideal of life of the ecclesial community: *mià-i psychê-i* = "in one spirit"—Phil 1:27; *sympsychoi* = "by being of the same mind"—Phil 2:2; *isôpsychon* "like him"—Phil 2:20; cf. R. Jewett, *Paul's Anthropological Terms. A Study of Their Use in Conflict Settings* [Leiden: Brill, 1971], pp. 2, 448-449).

Just as one speaks of the resurrection of the body, that is, of man in his true corporeal nature, consequently the spiritual body should mean precisely the perfect sensitivity of the senses, their perfect harmonization with the activity of the human spirit in truth and liberty. The animal body, which is the earthly antithesis of the spiritual body, indicates sensuality as a force prejudicial to man, precisely because while living—"in the knowledge of good and evil"—he is often attracted and impelled toward evil.

Influence of the Holy Spirit on man

5. It cannot be forgotten that here it is not so much a question of anthropological dualism, but of a basic antinomy. Constituting it is not only the body (as the Aristotelian hyle), but also the soul, or man as a "living being" (cf. Gn 2:7). Its constituents are—on the one hand, the whole man, the sum total of his psychosomatic subjectivity, inasmuch as he remains under the influence of the vivifying Spirit of Christ,—on the other hand, the same man inasmuch as he resists and opposes this Spirit. In the second case man is an animal body (and his works are works of the flesh). If, however, he remains under the influence of the Holy Spirit, man is spiritual (and produces the "fruit of the Spirit") (Gal 5:22).

6. Consequently, it can be said that we are dealing with the anthropology of the resurrection not only in First Corinthians 15, but that the whole of St. Paul's anthropology (and ethics) are permeated with the mystery of the resurrection through which we have definitively received the Holy Spirit. Chapter 15 of First Corinthians constitutes the Pauline interpretation of the other world and of man's state in that world. In it each one, together with the resurrection of the body, will fully participate in the gift of the vivifying Spirit, that is, in the fruit of Christ's resurrection.

Christ's reply

7. Concluding the analysis of the anthropology of the resurrection according to First Corinthians, it is fitting to turn our minds again to Christ's words on the resurrection and on the other world which the evangelists Matthew, Mark and Luke quote. We recall that in his reply to the Sadducees, Christ linked faith in the resurrection with the entire revelation of the God of Abraham, of Isaac, of Jacob and of Moses (Mt 22:32). At the same time, while rejecting the objection proposed by those who questioned him, he uttered these significant words: "When they rise from the dead, they neither marry nor are given in marriage" (Mk 12:25). We devoted our previous reflections to these words in their immediate context, passing on then to the analysis of St. Paul's First Letter to the Corinthians (1 Cor 15).

These reflections have a fundamental significance for the whole theology of the body, for an understanding both of marriage and of celibacy for the kingdom of heaven. Our further analyses will be devoted to this latter subject.

Virginity or Celibacy for the Sake of the Kingdom¹²³

1. Today we begin to reflect on virginity or celibacy for the kingdom of heaven. The question of the call to an exclusive donation of self to God in virginity and in celibacy thrusts its roots deep in the Gospel soil of the theology of the body. To indicate the dimensions proper to it, one must bear in mind Christ's words about the beginning, and also what he said about the resurrection of the body. The observation, "When they rise from the dead they neither marry nor are given in marriage" (Mk 12:25), indicates that there is a condition of life without marriage. In that condition, man, male and female, finds at the same time the fullness of personal donation and of the intersubjective communion of persons, thanks to the glorification of his entire psychosomatic being in the eternal union with God. When the call to continence for the kingdom of heaven finds an echo in the human soul, in the conditions of this temporal life, that is, in the conditions in which persons usually "marry and are given in marriage" (Lk 20:34), it is not difficult to perceive there a particular sensitiveness of the human spirit. Already in the conditions of the present temporal life this seems to anticipate what man will share in, in the future resurrection.

Christ on divorce

2. However, Christ did not speak of this problem, of this particular vocation, in the immediate context of his conversation with the Sadducees (cf. Mt 22:23-30; Mk 12:18-25; Lk 20:27-36), when there was reference to the resurrection of the body. Instead he had already spoken of it in the context of his conversation with the Pharisees on marriage and on the grounds of indissolubility, as if it were a continuation of that conversation (cf. Mt 19:3-9). His concluding words concern the so-called certificate of divorce permitted by Moses in some cases. Christ said, "For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so. And I say to you, whoever divorces his wife, except in the case of concubinage, and marries another, commits adultery" (Mt 19:8-9). Then the disciples who—as can be deduced from the context—were listening attentively to the conversation and especially to the final words spoken by Jesus, said to him: "If such is the case of a man with his wife, it is not expedient to marry" (Mt 19:10). Christ gave the following reply: "Not all men can receive the precept, but only those to whom it is given. For there are eunuchs who have been so from birth, and there are eunuchs who have been made eunuchs by men, and there are eunuchs who have made themselves eunuchs for the sake of the kingdom of heaven. He who is able to receive this, let him receive it" (Mt 19:11-12).

Christ's words on voluntary continence

3. In regard to this conversation recorded by Matthew one could ask the question: what did the disciples think when, after hearing Jesus' reply to the Pharisees, they remarked: "If such is the case of a man with his wife, it is not expedient to marry"? Christ considered it an opportune occasion to speak to them about voluntary continence for the

¹²³ March 10, 1982

kingdom of heaven. In saying this, he did not directly take a position in regard to what the disciples said, nor did he remain in the line of their reasoning.¹²⁴ Hence he did not reply: "It is expedient to marry" or "It is not expedient to marry." The question of continence for the kingdom of heaven is not set in opposition to marriage, nor is it based on a negative judgment in regard to its importance. After all, speaking previously about the indissolubility of marriage, Christ had referred to the beginning, that is, to the mystery of creation, thereby indicating the first and fundamental source of its value. Consequently, to reply to the disciples' question, or rather, to clarify the problem placed by them, Christ recurred to another principle. Those who in life choose continence for the kingdom of heaven do so, not because it is inexpedient to marry or because of a supposed negative value of marriage, but in view of the particular value connected with this choice and which must be discovered and welcomed personally as one's own vocation. For that reason Christ said: "He who is able to receive this, let him receive it" (Mt 19:12). But immediately beforehand he said: "Not all men can receive this precept, but only those to whom it is given" (Mt 19:11).

Grace needed to accept continence

4. As can be seen, in his reply to the disciples' problem, Christ stated clearly a rule for the understanding of his words. In the Church's doctrine the conviction exists that these words do not express a command by which all are bound, but a counsel which concerns only some persons¹²⁵—those precisely who are able "to receive it." Those able "to receive it" are those "to whom it has been given." The words quoted clearly indicate the importance of the personal choice and also the importance of the particular grace, that is, of the gift which man receives to make such a choice. It may be said that the choice of continence for the kingdom of heaven is a charismatic orientation toward that eschatological state in which men "neither marry nor are given in marriage." However, there is an essential difference between man's state in the resurrection of the body and the voluntary choice of continence for the kingdom of heaven in the earthly life and in the historical state of man fallen and redeemed. The eschatological absence of marriage will be a state, that is, the proper and fundamental mode of existence of human beings, men and women, in their glorified bodies. Continence for the kingdom of heaven, as the fruit of a charismatic choice, is an exception in respect to the other stage, namely, that state in which man "from the beginning" became and remains a participant during the course of his whole earthly existence.

Continence is exceptional

¹²⁴ On the more detailed problems of the exegesis of this passage, see for example: L. Sabourin, *Il Vangelo di Matteo, Teologia e Esegese*, Vol. II (Roma: Ed. Paoline, 1977), pp. 834-836; "The Positive Values of Consecrated Celibacy," *The Way*, Supplement 10, summer 1970, p. 51; J. Blinzler, "Eisin eunuchoi, Zur Auslegung von Mt 19:12," *Zeitschrift für die Neutestamentliche Wissenschaft*, 48 (1957) 268ff.

¹²⁵ "Likewise, the holiness of the Church is fostered in a special way by the observance of the counsels proposed in the Gospel by Our Lord to his disciples. An eminent position among these is held by virginity or the celibate state. This is a precious gift of divine grace given by the Father to certain souls (cf. Mt 19:11; 1 Cor 7:7), whereby they may devote themselves to God alone the more easily, due to an undivided heart" (Lumen Gentium 42).

5. It is very significant that Christ did not directly link his words on continence for the kingdom of heaven with his foretelling of the "other world" in which "they will neither marry nor be given in marriage" (Mk 12:25). However, as we already said, his words are found in the prolongation of the conversation with the Pharisees in which Jesus referred to the beginning. He was indicating the institution of marriage on the part of the Creator, and recalling its indissoluble character which, in God's plan, corresponds to the conjugal unity of man and woman.

The counsel and therefore the charismatic choice of continence for the kingdom of heaven are linked, in Christ's words, with the highest recognition of the historical order of human existence relative to the soul and body. On the basis of the immediate context of the words on continence for the kingdom of heaven in man's earthly life, one must see in the vocation to such continence a kind of exception to what is rather a general rule of this life. Christ indicates this especially. That such an exception contains within itself the anticipation of the eschatological life without marriage and proper to the "other world" (that is, of the final stage of the "kingdom of heaven"), is not directly spoken of here by Christ. It is a question indeed, not of continence in the kingdom of heaven, but of continence for the kingdom of heaven. The idea of virginity or of celibacy as an anticipation and eschatological sign¹²⁶ derives from the association of the words spoken here with those which Jesus uttered on another occasion, in the conversation with the Sadducees, when he proclaimed the future resurrection of the body.

We shall resume this theme in the course of the following Wednesday reflections.

The Vocation to Continence in This Earthly Life¹²⁷

1. We continue the reflection on virginity or celibacy for the kingdom of heaven—a theme that is important also for a complete theology of the body. In the immediate context of the words on continence for the kingdom of heaven, Christ made a very significant comparison. This confirms us still more in the conviction that he wished to root the vocation to such continence deep in the reality of the earthly life, thereby gaining an entrance into the mentality of his hearers. He listed three categories of eunuchs.

This term concerns the physical defects which render procreation in marriage impossible. These defects explain the first two categories, when Jesus spoke of both congenital defects: "eunuchs who have been so from birth" (Mt 19:11), and of acquired defects caused by human intervention: "There are eunuchs who have been made eunuchs by men" (Mt 19:12). In both cases it is a state of compulsion, and therefore not voluntary. If Christ in his comparison then spoke of those "who have made themselves eunuchs for the sake of the kingdom of heaven" (Mt 19:12), as of a third category, undoubtedly he made this distinction to indicate still further its voluntary and supernatural character. It is

¹²⁶ Cf. Lumen Gentium 44; Perfectae Caritatis 12.

¹²⁷ March 17, 1982

voluntary, because those pertaining to this category "have made themselves eunuchs," and it is supernatural, because they have done so "for the kingdom of heaven."

2. The distinction is very clear and very forceful. Nevertheless, the comparison also is strong and eloquent. Christ spoke to men to whom the tradition of the old covenant had not handed down the ideal of celibacy or of virginity. Marriage was so common that only physical impotence could constitute an exception. The reply given to the disciples in Matthew (15:10-12) is at the same time directed, in a certain sense, at the whole tradition of the Old Testament. This is confirmed by a single example taken from the Book of Judges. We refer to this here not merely because of the event that took place, but also because of the significant words that accompanied it. "Let it be granted to me...to bewail my virginity" (Jgs 11:37) the daughter of Jephthah said to her father after learning from him that she was destined to be sacrificed in fulfillment of a vow made to the Lord. (The biblical text explains how such a situation came about.) "Go," the text continues, "and he let her go.... She went with her companions and bewailed her virginity on the mountains. At the end of two months she returned to her father who did with her according to his vow which he had made. She had never known a man" (Jgs 11:38-39).

3. In the Old Testament tradition, as far as we know, there is no place for this significance of the body, which Christ, in speaking of continence for the kingdom of God, wished to present and reveal to his own disciples. Among the personages known to us as spiritual condottieri of the people of the old covenant, there is not one who would have proclaimed such continence by word or example.¹²⁸ At that time, marriage was not only a common state, but still more, in that tradition it had acquired a consecrated significance because of the promise the Lord made to Abraham: "Behold, my covenant is with you, and you shall be the father of a multitude of nations.... I will make you exceedingly fruitful, and I will make nations of you, and kings shall come forth from you. And I will establish my covenant between me and you and your descendants after you throughout their generations for an everlasting covenant, to be God to you and to your descendants after you" (Gn 17:4, 6-7). Hence in the Old Testament tradition, marriage, as a source of fruitfulness and of procreation in regard to descendants, was a religiously privileged state: and privileged by revelation itself. Against the background of this tradition, according to which the Messiah should be the "son of David" (Mt 20:30), it was difficult to understand the ideal of continence. Marriage had everything going in its favor, not only reasons of human nature, but also those of the kingdom of God.¹²⁹

¹²⁸ It is true that Jeremiah, by explicit command of the Lord, had to observe celibacy (cf. Jer 16:1-2). But this was a "prophetic sign," which symbolized the future abandonment and destruction of the country and of the people.

¹²⁹ It is true, as we know from sources outside the Bible, that in the period between the two Testaments, celibacy was maintained in the circles of Judaism by some members of the sect of the Essenes (cf. Josephus Flavius, *Bell. Jud.*, II 8, 2:120-121; Philo Al., *Hypothel.*, 11, 14). But this happened on the margin of official Judaism and probably did not continue beyond the beginning of the second century. In the Qumran community celibacy did not oblige everyone, but some members observed it until death, transferring to the sphere of life during peacetime, the prescription of Dt 23:10-14 on the ritual purity which was of obligation during the holy war. According to the beliefs of the Qumran community, this war lasted always "between the children of light and the children of darkness"; so celibacy was for them the expression of their being ready for the battle (cf. 1 QM 7, 5-7).

4. In this environment Christ's words determine a decisive turning point. When he spoke to his disciples for the first time about continence for the kingdom of heaven, one clearly realizes that as children of the Old Law tradition, they must have associated celibacy and virginity with the situation of individuals, especially of the male sex, who because of defects of a physical nature cannot marry ("the eunuchs"). For that reason he referred directly to them. This reference has a multiple background, both historical and psychological, as well as ethical and religious. With this reference Jesus—in a certain sense—touches all these backgrounds, as if he wished to say: I know that what I am going to say to you now will cause great difficulty in your conscience, in your way of understanding the significance of the body. In fact, I shall speak to you of continence. Undoubtedly, you will associate this with the state of physical deficiency, whether congenital or brought about by human cause. But I wish to tell you that continence can also be voluntary and chosen by man for the kingdom of heaven.

Matthew, in chapter 19, does not record any immediate reaction of the disciples to these words. We find it later only in the writings of the apostles, especially in Paul¹³⁰. This confirms that these words were impressed in the conscience of the first generation of Christ's disciples and they repeatedly bore fruit in a manifold way in the generations of his confessors in the Church (and perhaps also outside it). So, from the viewpoint of theology—that is, of the revelation of the significance of the body, completely new in respect to the Old Testament tradition—these words mark a turning point. Their analysis shows how precise and substantial they are, notwithstanding their conciseness. (We will observe it still better when we analyze the Pauline text of the First Letter to the Corinthians, chapter 7.) Christ spoke of continence "for" the kingdom of heaven. In this way he wished to emphasize that this state, consciously chosen by man in this temporal life, in which people usually "marry or are given in marriage," has a singular supernatural finality. Continence, even if consciously chosen or personally decided upon, but without that finality, does not come within the scope of the above-mentioned statement of Christ. Speaking of those who have consciously chosen celibacy or virginity for the kingdom of heaven (that is, "They have made themselves eunuchs"), Christ pointed out—at least in an indirect way—that this choice during the earthly life is joined to renunciation and also to a determined spiritual effort.

6. The same supernatural finality—for the kingdom of heaven—admits of a series of more detailed interpretations which Christ did not enumerate in this passage. However, it can be said that by means of the lapidary formula which he used, he indicated indirectly all that is said on the subject in revelation, in the Bible and in Tradition; all that has become the spiritual riches of the Church's experience in which celibacy and virginity for the kingdom of heaven have borne fruit in a manifold way in the various generations of the Lord's disciples and followers.

¹³⁰ Cf. 1 Cor 7:25-40; see also Apoc 14:4

Contenance for the Sake of the Kingdom Meant to Have Spiritual Fulfillment¹³¹

1. We continue our reflections on celibacy and virginity for the kingdom of heaven. Contenance for the kingdom of heaven is certainly linked to the revelation of the fact that in the kingdom of heaven people "will no longer marry" (Mt 22:30). It is a charismatic sign. The human being, male and female, who, in the earthly situation where people usually marry (Lk 20:34), freely chooses contenance for the kingdom of heaven, indicates that in that kingdom, which is the other world of the resurrection, people will no longer marry (Mk 12:25), because God will be "everything to everyone" (1 Cor 15:28).

Such a human being, man and woman, indicates the eschatological virginity of the risen man. In him there will be revealed, I would say, the absolute and eternal nuptial meaning of the glorified body in union with God himself through the "face to face" vision of him, and glorified also through the union of a perfect intersubjectivity. This will unite all who participate in the other world, men and women, in the mystery of the communion of saints.

Earthly contenance for the kingdom of heaven is undoubtedly a sign that indicates this truth and this reality. It is a sign that the body, whose end is not the grave, is directed to glorification. Already by this very fact, contenance for the kingdom of heaven is a witness among men that anticipates the future resurrection. However, this charismatic sign of the other world expresses the force and the most authentic dynamics of the mystery of the redemption of the body. Christ has inscribed this mystery in man's earthly history and it has been deeply rooted by him in this history. So, then, contenance for the kingdom of heaven bears, above all, the imprint of the likeness to Christ. In the work of redemption, he himself made this choice for the kingdom of heaven.

The virginal mystery

2. Indeed, Christ's whole life, right from the beginning, was a discreet but clear distancing of himself from that which in the Old Testament had so profoundly determined the meaning of the body. Christ—as if against the expectations of the whole Old Testament tradition—was born of Mary, who, at the moment of the annunciation, clearly says of herself: "How can this be, since I know not man" (Lk 1:34), and thereby professes her virginity. Though he is born of her like every other man, as a son of his mother, even though his coming into the world is accompanied by the presence of a man who is Mary's spouse and, in the eyes of the law and of men, her husband, nonetheless Mary's maternity is virginal. The virginal mystery of Joseph corresponds to this virginal maternity of Mary. Following the voice from on high, Joseph does not hesitate to "take Mary...for that which is conceived in her is of the Holy Spirit" (Mt 1:20).

Even though Jesus Christ's virginal conception and birth were hidden from men, even though in the eyes of his contemporaries of Nazareth he was regarded as "the carpenter's

¹³¹ March 24, 1982

son" (Mt 13:55) (ut putabatur filius Joseph: Lk 3:23), the reality and essential truth of his conception and birth was in itself far removed from what in the Old Testament tradition was exclusively in favor of marriage, and which rendered continence incomprehensible and out of favor. Therefore, how could continence for the kingdom of heaven be understood, if the expected Messiah was to be David's descendant, and as was held, was to be a son of the royal stock according to the flesh? Only Mary and Joseph, who had lived the mystery of his conception and birth, became the first witnesses of a fruitfulness different from that of the flesh, that is, of a fruitfulness of the Spirit: "That which is conceived in her is of the Holy Spirit" (Mt 1:20).

Gradually revealed

3. The story of Jesus' birth is certainly in line with that "continence for the kingdom of heaven" of which Christ will speak one day to his disciples. However, this event remained hidden to the men of that time and also to the disciples. Only gradually would it be revealed to the eyes of the Church on the basis of the witness and texts of the Gospels of Matthew and Luke. The marriage of Mary and Joseph (in which the Church honors Joseph as Mary's spouse, and Mary as his spouse), conceals within itself, at the same time, the mystery of the perfect communion of the persons, of the man and the woman in the conjugal pact, and also the mystery of that singular continence for the kingdom of heaven. This continence served, in the history of salvation, the most perfect fruitfulness of the Holy Spirit. Indeed, in a certain sense it was the absolute fullness of that spiritual fruitfulness, since precisely in the Nazareth conditions of the pact of Mary and Joseph in marriage and in continence, the gift of the Incarnation of the Eternal Word was realized. The Son of God, consubstantial with the Father, was conceived and born as man from the Virgin Mary.

The grace of the hypostatic union is connected precisely with this—I would say—absolute fullness of supernatural fruitfulness, fruitfulness in the Holy Spirit, participated by a human creature, Mary, in the order of continence for the kingdom of heaven. Mary's divine maternity is also, in a certain sense, a superabundant revelation of that fruitfulness in the Holy Spirit to which man submits his spirit, when he freely chooses continence in the body, namely, continence for the kingdom of heaven.

Example of Jesus

4. This image had to be gradually revealed to the Church's awareness in the ever new generations of confessors of Christ. This happened when—together with the infancy Gospel—there was consolidated in them the certainty of the divine maternity of the Virgin, who had conceived by the Holy Spirit. Even though only indirectly—yet essentially and fundamentally—this certainly should help one to understand, on the one hand, the sanctity of marriage, and on the other, the disinterestedness in view of the kingdom of heaven, of which Christ had spoken to his disciples. Nonetheless, when he spoke to them about it for the first time (as attested by the evangelist Matthew in chapter 19:10-12), that great mystery of his conception and birth was completely unknown to

them. It was hidden from them as it was from all the hearers and interlocutors of Jesus of Nazareth.

When Christ spoke of those who "had made themselves eunuchs for the kingdom of heaven" (Mt 19:12), the disciples could understand it only on the basis of his personal example. Such a continence must have impressed itself on their consciousness as a particular trait of likeness to Christ, who had himself remained celibate "for the kingdom of heaven." In the tradition of the old covenant, marriage and procreative fruitfulness in the body were a religiously privileged condition. The departure from this tradition had to be effected especially on the basis of the example of Christ himself. Only little by little did it come to be realized that "for the sake of the kingdom of heaven" attaches a particular meaning to that spiritual and supernatural fruitfulness of man which comes from the Holy Spirit (Spirit of God), and that fruitfulness, in a specific sense and in determined cases, is served precisely by continence for the kingdom of heaven. More or less all these elements of Gospel awareness (that is, of an exact consciousness of the new covenant in Christ) concerning continence are found in Paul. We shall seek to show that at a suitable time.

To sum up, we can say that the principal theme of today's reflection has been the relationship between continence for the kingdom of heaven, proclaimed by Christ, and the supernatural fruitfulness of the human spirit which comes from the Holy Spirit.

The Effective and Privileged Way of Continence¹³²

1. We continue our reflections on celibacy and on virginity for the kingdom of heaven, on the basis of Matthew's Gospel (Mt 19:10-12). Speaking of continence for the kingdom of heaven and basing it on the example of his own life, Christ undoubtedly wished that his disciples should understand it especially in relation to the kingdom which he had come to announce and for which he indicated the correct ways. The continence he spoke of is precisely one of these ways. As appears from the context of Matthew's Gospel, it is an especially effective and privileged way. Indeed, that preference given to celibacy and virginity for the kingdom was an absolute novelty in comparison with the old covenant tradition, and had a decisive significance both for the ethos and the theology of the body.

His own life a witness

2. Christ, in his statement, points out especially its finality. He says that the way of continence, to which his own life bore witness, not only exists and not only is it possible, but it is especially efficacious and important for the kingdom of heaven. So should it be, seeing that Christ chose it for himself. If this way is so efficacious and important, then continence for the kingdom of heaven must have a special value. As we have already noted, Christ did not approach the problem on the same level and according to the same line of reasoning in which it was posed by the disciples when they said: "If such is the case...it is not expedient to marry" (Mt 19:10). Their words implied a certain

¹³² March 31, 1982

utilitarianism. However, in his reply Christ indicated indirectly that marriage, true to its original institution by the Creator (we recall that the Master at this point spoke of the beginning), is fully appropriate and of a value that is fundamental, universal and ordinary. If this is so, then continence, on its part, possesses a particular and exceptional value for this kingdom. It is obviously a question of continence consciously chosen for supernatural motives

3. If Christ in his statement points out, before all else, the supernatural finality of that continence, he does so not only in an objective sense, but also in a sense explicitly subjective—that is to say, he indicates the necessity of a motivation that corresponds adequately and fully to the objective finality implied by the expression "for the kingdom." To achieve the end in question—that is, to rediscover in continence that particular spiritual fruitfulness which comes from the Holy Spirit—then continence must be willed and chosen by virtue of a deep faith. This faith does not merely show us the kingdom of God in its future fulfillment. It permits us and makes it possible for us to identify ourselves in a special way with the truth and reality of that kingdom, such as it is revealed by Christ in his Gospel message and especially by the personal example of his life and manner of behavior. Hence, it was said above that continence for the kingdom of heaven—as an unquestionable sign of the other world—bears in itself especially the interior dynamism of the mystery of the redemption of the body (cf. Lk 20:35). In this sense it possesses also the characteristic of a particular likeness to Christ. Whoever consciously chooses such continence, chooses, in a certain sense, a special participation in the mystery of the redemption (of the body). He wishes in a particular way to complete it, so to say, in his own flesh (cf. Col 1:24), finding thereby also the imprint of a likeness to Christ.

Right motivation

4. All this refers to the motivation of the choice (or to its finality in the subjective sense). In choosing continence for the kingdom of heaven, man should let himself be guided precisely by this motivation. In the case in question, Christ did not say that man is obliged to it (in any event it is certainly not a question of a duty deriving from a commandment). However, without any doubt, his concise words on continence "for the kingdom of heaven" place in bold relief its precise motivation. They point that out (that is, they indicate the finality of which the subject is well aware), both in the first part of the entire statement, and also in the second part. They indicate that here it is a question of a particular choice—a choice that is proper to a rather exceptional vocation, and not one that is universal and ordinary.

At the beginning, in the first part of his statement, Christ spoke of an understanding: "Not all men can understand it, but only those to whom it is given" (Mt 19:11). It is not a question of an understanding in the abstract, but such as to influence the decision, the personal choice, in which the gift, that is, the grace should find an adequate response in the human will. Such an understanding involves the motivation. Subsequently, the motivation influences the choice of continence, accepted after having understood its significance for the kingdom of heaven. In the second part of his statement, Christ

declared then that a man makes himself a eunuch when he chooses continence for the kingdom of heaven and makes it the fundamental situation or state of his whole earthly life. In such a firm decision a supernatural motivation exists, from which the decision itself originated. It subsists by renewing itself continually.

Viewed in the mystery of redemption

5. Previously we have already turned our attention to the particular significance of the final assertion. If Christ, in the case quoted, speaks of making oneself a eunuch, not only does he place in relief the specific importance of this decision which is explained by the motivation born of a deep faith, but he does not even seek to conceal the anguish that such a decision and its enduring consequences can have for a man for the normal (and on the other hand noble) inclinations of his nature.

The reference to "the beginning" in the problem of marriage enabled us to discover all the original beauty of that vocation of man, male and female. This vocation comes from God and corresponds to the twofold constitution of man, as well as to the call to the communion of persons. In preaching continence for the kingdom of God, Christ not only took a stand against the whole tradition of the old covenant, according to which marriage and procreation were religiously privileged, as we have said. But in a certain sense he expressed himself even in opposition to that beginning to which he himself had appealed. Perhaps also for this reason he nuanced his words with that particular rule of understanding to which we referred above. The analysis of the beginning (especially on the basis of the Yahwist text) had demonstrated that, even though it be possible to conceive man as solitary before God, God himself drew him from this solitude when he said: "It is not good that the man should be alone; I will make him a helper fit for him" (Gn 2:18).

6. So then, the double aspect, male and female, proper to the constitution of humanity, and the unity of the two which is based on it, remain the work of God "from the beginning," that is, to their ontological depth. Speaking of continence for the kingdom of heaven, Christ had before him this reality. Not without reason did he speak of it (according to Matthew) in the most immediate context in which he referred precisely to the beginning, that is, to the divine beginning of marriage in the constitution of man. On the strength of Christ's words it can be asserted that marriage helps us to understand continence for the kingdom of heaven. Not only that, but also continence itself sheds a particular light on marriage viewed in the mystery of creation and redemption.

The Superiority of Continence Does Not Devalue Marriage¹³³

1. With our gaze fixed on Christ the Redeemer, let us now continue our reflections on celibacy and virginity "for the kingdom of heaven", according to the words of Christ recorded in the Gospel of Matthew (Mt 19:10-12).

¹³³ April 7, 1982

Man "alone" before God

In proclaiming continence for the kingdom of heaven, Christ fully accepted all that the Creator wrought and instituted from the beginning. Consequently, on the one hand, continence must demonstrate that in his deepest being, man is not only "dual," but also (in this duality) "alone" before God, with God. Nevertheless, on the other hand, what is an invitation to solitude for God in the call to continence for the kingdom of heaven at the same time respects both the "dual nature of mankind" (that is, his masculinity and femininity), and the dimension of communion of existence that is proper to the person. Whoever, in compliance with Christ's words, correctly comprehends the call to continence for the kingdom of heaven and responds to it, thereby preserves the integral truth of his own humanity. He does this without losing along the way any of the essential elements of the vocation of the person created in God's image and likeness. This is important to the idea itself, or rather, to the idea of continence, that is, for its objective content, which appears in Christ's teachings as radically new. It is equally important to the accomplishment of that ideal, in order for the actual decision made by man or woman to live in celibacy or virginity for the kingdom of heaven (he who "makes himself" a eunuch, to use Christ's words) to be fully sincere in its motivation.

"Breaking away from"

2. From the context of the Gospel according to Matthew (Mt 19:10-12), it can be seen sufficiently clearly that here it is not a question of diminishing the value of matrimony in favor of continence, nor of lessening the value of one in comparison with the other. Instead, it is a question of breaking away from, with full awareness, that which in man, by the Creator's will, causes him to marry, and to move toward continence. This reveals itself to the concrete man, masculine or feminine, as a call and gift of particular eloquence and meaning for the kingdom of heaven. Christ's words (cf. Mt 19:11-12) arise from the reality of man's condition. With the same realism, they lead him out toward the call in which, in a new way—even though remaining "dual" by nature (that is, directed as man toward woman, and as woman, toward man)—he is capable of discovering in his solitude, which never ceases to be a personal dimension of everyone's dual nature, a new and even fuller form of intersubjective communion with others. This guidance of the call explains explicitly the expression "for the kingdom of heaven." Indeed, the achievement of this kingdom must be found along the line of the authentic development of the image and likeness of God in its trinitarian meaning, that is, precisely of communion. By choosing continence for the kingdom of heaven, man has the knowledge of being able in that way to fulfill himself differently and, in a certain way, more than through matrimony, becoming a "true gift to others" (cf. *Gaudium et Spes* 24).

3. Through the words recorded in Matthew (Mt 19:11-12), Christ makes us understand clearly that that going toward continence for the sake of the kingdom of heaven is linked with a voluntary giving up of matrimony. In that state, man and woman (according to the meaning the Creator gave to their union "in the beginning") become gifts to one another through their masculinity and femininity, also through their physical union. Continence means a conscious and voluntary renouncement of that union and all that is connected to

it in the full meaning of life and human society. The man who renounces matrimony also gives up procreation as the foundation of the family, concessive renouncements and voluntary children. The words of Christ to which we refer indicate without doubt this kind of renunciation, although they do not go into detail. The way in which these words were stated leads us to assume that Christ understood the importance of such a sacrifice, and that he understood it not only in view of the opinions on the subject prevailing in Jewish society at that time. He understood the importance of this sacrifice also in relationship to the good which matrimony and the family in themselves constitute due to their divine institution. Therefore, through the way in which he stated the words he made it understood that breaking away from the circle of the good that he himself called "for the sake of the kingdom of heaven," is connected with a certain self-sacrifice. That break also becomes the beginning of successive self-sacrifices that are indispensable if the first and fundamental choice must be consistent in the breadth of one's entire earthly life. Thanks only to such consistency, that choice is internally reasonable and not contradictory.

Concupiscence remains

4. In this way, in the call to continence as Christ stated it—concisely but at the same time precisely—the outline and dynamism of the mystery of the redemption emerge, as has previously been stated. It is the same profile under which Jesus, in his Sermon on the Mount, pronounced the words about the need to guard against concupiscence, against the desire that begins with "looking at" and becomes at that very moment "adultery in the heart." Behind Matthew's words, both in chapter 19 (verses 11-12) and in chapter 5 (verses 27-28), the same anthropology and the same ethos are found. In the invitation to voluntary continence for the kingdom of heaven, the prospects of this ethos are enlarged upon. The anthropology of historical man is found in the overall view of the words of the Sermon on the Mount. In the overall view of the words on voluntary continence, essentially the same anthropology remains. But it is illumined by the prospect of the kingdom of heaven, in other words, of the future anthropology of the resurrection. Nonetheless, along the path of this voluntary continence during earthly life, the anthropology of the resurrection does not replace the anthropology of historical man. In him the heritage of the threefold concupiscence remains at the same time, the heritage of sin together with the heritage of redemption. It remains in the one who must make the decision about continence for the kingdom of heaven. He must put this decision into effect, subjugating the sinfulness of his human nature to the forces that spring from the mystery of the redemption of the body. He must do so just as any other man does who has not made a similar decision and whose way remains that of matrimony. The only difference is the type of responsibility for the good chosen, just as the type of good chosen is different.

Exceptional call

5. In his pronouncement, did Christ perhaps suggest the superiority of continence for the kingdom of heaven to matrimony? Certainly, he said that this is an exceptional vocation, not a common one. In addition he affirmed that it is especially important and necessary to

the kingdom of heaven. If we understand superiority to matrimony in this sense, we must admit that Christ set it out implicitly. However, he did not express it directly. Only Paul will say of those who choose matrimony that they do "well." About those who are willing to live in voluntary continence, he will say that they do "better" (1 Cor 7:38).

6. That is also the opinion of the whole of Tradition, both doctrinal and pastoral. The "superiority" of continence to matrimony in the authentic Tradition of the Church never means disparagement of matrimony or belittlement of its essential value. It does not even mean a shift, even implicit, on the Manichean positions, or a support of ways of evaluating or acting based on the Manichean understanding of the body and sexuality, matrimony and procreation. The evangelical and authentically Christian superiority of virginity and continence is dictated by the motive of the kingdom of heaven. In Christ's words recorded in Matthew (Mt 19:11-12) we find a solid basis for admitting only this superiority, while we do not find any basis whatever for any disparagement of matrimony which, however, could have been present in the recognition of that superiority.

We shall return to this problem during our next reflections.

Marriage and Continence Complement Each Other¹³⁴

No reference to inferiority of marriage

1. Let us now continue our reflections of the previous weeks on the words about continence for the sake of the kingdom of heaven which Christ addressed to his disciples, according to the Gospel of Matthew (cf. 19:10-12).

Let us say once more that these words, as concise as they are, are admirably rich and precise. They are rich with a number of implications both of a doctrinal and pastoral nature. At the same time they establish a proper limit on the subject. Therefore, any kind of Manichean interpretation decidedly goes beyond that limit, so that, according to what Christ said in the Sermon on the Mount, there is lustful desire "in the heart" (Mt 5:27-28).

In Christ's words on continence for the kingdom of heaven there is no reference to the inferiority of marriage with regard to the body, or in other words with regard to the essence of marriage, consisting in the fact that man and woman join together in marriage, thus becoming one flesh. "The two will become one flesh" (Gn 2:24). Christ's words recorded in Matthew 19:11-12 (as also the words of Paul in 1 Cor 7) give no reason to assert the inferiority of marriage, nor the superiority of virginity or celibacy inasmuch as by their nature virginity and celibacy consist in abstinence from the conjugal union in the body. Christ's words on this point are quite clear. He proposes to his disciples the ideal of continence and the call to it, not by reason of inferiority, nor with prejudice against conjugal union of the body, but only for the sake of the kingdom of heaven.

Relationship between marriage and continence

¹³⁴ April 14, 1982

2. In this light a deeper clarification of the expression "for the sake of the kingdom of heaven" is especially useful. This is what we shall try to do in the following, at least briefly. However, with regard to the correct understanding of the relationship between marriage and continence that Christ speaks about, and the understanding of that relationship as all Tradition has understood it, it is worthwhile to add that superiority and inferiority fall within the limits of the same complementarity of marriage and continence for the kingdom of God.

Marriage and continence are neither opposed to each other, nor do they divide the human (and Christian) community into two camps (let us say, those who are "perfect" because of continence and those who are "imperfect" or "less perfect" because of the reality of married life). But as it is often said, these two basic situations, these two "states," in a certain sense explain and complete each other as regards the existence and Christian life of this community. In its entirety and in each of its members this is fulfilled in the dimension of the kingdom of God and has an eschatological orientation, which is precisely of that kingdom. So, with regard to this dimension and this orientation—in which the entire community, that is, all of those who belong to it, must share in the faith—continence for the kingdom of heaven has a particular importance and a special eloquence for those who live a married life. Besides, these constitute the majority.

3. It therefore seems that a complementarity understood in this way finds its foundation in the words of Christ according to Matthew 19:11-12 (and also 1 Cor 7). On the other hand there is no basis for a presumed counterposition according to which celibates (or unmarried persons), only by reason of their continence, would make up the class of those who are "perfect," and, to the contrary, married persons would make up a class of those who are "imperfect" (or "less perfect"). If, according to a certain theological tradition, one speaks of a state of perfection (*status perfectionis*), it is done not by reason of continence in itself. But it is in regard to the entirety of a life based on the evangelical counsels (poverty, chastity and obedience), since this life corresponds to Christ's call to perfection: "If you would be perfect..." (Mt 19:21). Perfection of the Christian life, instead, is measured with the rule of charity. It follows that a person who does not live in the state of perfection (that is, in an institute that bases its life plan on vows of poverty, chastity and obedience), or in other words, who does not live in a religious institute but in the "world," can *de facto* reach a superior degree of perfection—whose measure is charity—in comparison to the person who lives in the state of perfection with a lesser degree of charity. In any case, the evangelical counsels undoubtedly help us to achieve a fuller charity. Therefore, whoever achieves it, even if he does not live in an institutionalized state of perfection, reaches that perfection which flows from charity, through fidelity to the spirit of those counsels. Such perfection is possible and accessible to every person, both in a religious institute and in the "world."

Complementarity

4. It seems then that the complementarity of marriage and continence for the kingdom of heaven, in their significance and manifold importance, adequately corresponds to Christ's

words recorded in Matthew (19:11-12). In the life of an authentically Christian community the attitudes and values proper to the one and the other state—that is, to one or the other essential and conscious choice as a vocation for one's entire earthly life and in the perspective of the "heavenly Church"—complete and in a certain sense interpenetrate each other. Perfect conjugal love must be marked by that fidelity and that donation to the only Spouse (and also of the fidelity and donation of the Spouse to the only Bride), on which religious profession and priestly celibacy are founded. Finally, the nature of one and the other love is "conjugal," that is, expressed through the total gift of oneself. Both types of love tend to express that conjugal meaning of the body which from the beginning has been inscribed in the personal makeup of man and woman. We shall return to this point at a later date.

Each his special gift

5. On the other hand, conjugal love which finds its expression in continence for the kingdom of heaven must lead in its normal development to paternity or maternity in a spiritual sense (in other words, precisely to that fruitfulness of the Holy Spirit that we have already spoken about), in a way analogous to conjugal love, which matures in physical paternity and maternity, and in this way confirms itself as conjugal love. For its part, physical procreation also fully responds to its meaning only if it is completed by paternity and maternity in the spirit, whose expression and fruit is all the educative work of the parents in regard to the children born of their conjugal corporeal union.

As can be seen, there are many aspects and spheres of the complementarity between the vocation, in an evangelical sense, of those who "marry and are given in marriage" (Lk 20:34), and of those who knowingly and voluntarily choose continence "for the kingdom of heaven" (Mt 19:12).

In First Corinthians (which we will analyze later in our considerations), St. Paul will write on this subject: "Each has his special gift from God, one of one kind and one of another" (1 Cor 7:7).

The Value of Continence Is Found in Love¹³⁵

1. Let us continue our reflections on Christ's words about continence for the sake of the Kingdom of Heaven. It is impossible to understand fully the significance and the nature of continence if the last phrase of Christ's statement, "for the sake of the Kingdom of Heaven," is not complete in its adequate, concrete and objective content. We have previously said that this phrase expresses the motive, or in a certain sense places in relief, the subjective purpose of Christ's call to continence. However, the expression in itself has an objective character. It indicates an objective reality for which individual persons, men and women, can "make themselves" eunuchs (as Christ says). The reality of the Kingdom in Christ's statement according to Matthew (19:11-12) is defined in a precise, but at the same time general way, so as to be able to include all the determinations and particular meanings that are proper to it.

¹³⁵ April 21, 1982

Temporal establishment

2. The Kingdom of Heaven means the Kingdom of God, which Christ preached in its final, that is, eschatological, completion. Christ preached this kingdom in its temporal realization or establishment, and at the same time he foretold it in its eschatological completion. The temporal establishment of the Kingdom of God is at the same time its beginning and its preparation for definitive fulfillment. Christ calls to this kingdom and in a certain sense invites everyone to it (cf. the parable of the wedding banquet in Mt 22:1-14). If he calls some to continence "for the sake of the Kingdom of Heaven," it follows from the content of that expression that he calls them to participate in a singular way in the establishment of the Kingdom of God on earth, through which the definitive phase of the Kingdom of Heaven is begun and prepared.

Kingdom for all

3. In this sense we have said that this call bears in itself the particular sign of the dynamism of the mystery of the redemption of the body. Therefore, as we have already mentioned, continence for the sake of the Kingdom of God manifests the renunciation of one's self, taking up one's cross every day, and following Christ (cf. Lk 9:23). This can reach the point of implying the renunciation of marriage and a family of one's own. All this arises from the conviction that in this way it is possible to contribute more greatly to the realization of the Kingdom of God in its earthly dimension with the prospect of eschatological completion. In his statement according to Matthew (19:11-12), Christ said generically that the voluntary renunciation of marriage has this purpose, but he did not say so specifically. In his first statement on this subject, he still did not specify through what concrete obligation this voluntary continence is necessary and even indispensable for the realization of the Kingdom of God on earth and for its preparation for future fulfillment. We will hear something further on this point from Paul of Tarsus (1 Cor) and the rest will be completed by the life of the Church in her historical development, borne by the current of authentic Tradition.

4. In Christ's statement on continence for the sake of the Kingdom of Heaven, we do not find any more detailed indication about how to understand that kingdom—with regard to its earthly realization and its definitive completion—in its specific and exceptional relation with those who voluntarily "make themselves eunuchs" for it.

Neither is it said through which particular aspect of the reality that constitutes the Kingdom are those associated to it who freely are made "eunuchs." In fact, we know that the Kingdom of Heaven is for everybody. Those who "marry and are given in marriage" also are in a relation with it on earth (and in heaven). For everybody it is the Lord's vineyard in which they must work here on earth, and subsequently it is the Father's house in which they must be in eternity. Therefore, what is that kingdom for those who choose voluntary continence in view of it?

Clear expression of Christ's teaching

5. For now, we do not find any answer to this question in Christ's statement as reported by Matthew (19:11-12). It seems that this is in keeping with the character of the whole statement. Christ answered his disciples in such a way as not to keep in line with their thought and their evaluation, which contained, at least indirectly, a utilitarian attitude regarding marriage ("If this is the case...it is better not to marry": Mt 19:10). The Master explicitly evaded these general lines of the problem. Therefore, speaking about continence for the sake of the Kingdom of Heaven, he did not indicate in this way why the renunciation of marriage is worthwhile, so that the "it is better" would not be understood by his disciples in any utilitarian sense. He said only that this continence is at times required, if not indispensable, for the Kingdom of God. With this he pointed out that continence, in the kingdom which Christ preached and to which he calls, constitutes a particular value in itself. Those who voluntarily choose it must do so with regard to that value it has, and not as a result of any other calculation whatever.

6. This essential tone of Christ's answer, which refers directly to continence itself "for the sake of the Kingdom of Heaven," can also be referred indirectly to the previous problem of marriage (cf. Mt 19:3-9). Therefore, considering his statement as a whole, according to Christ's basic intention, the answer would be as follows. If anyone chooses marriage, he must choose it just as it was instituted by the Creator "from the beginning." He must seek in it those values that correspond to God's plan. If on the other hand anyone decides to pursue continence for the Kingdom of Heaven, he must seek in it the values proper to such a vocation. In other words, one must act in conformity with his chosen vocation.

Seek values proper to vocation

7. The Kingdom of Heaven is certainly the definitive fulfillment of the aspirations of all men, to whom Christ addressed his message. It is the fullness of the good that the human heart desires beyond the limits of all that can be his lot in this earthly life. It is the maximum fullness of God's bounty toward man. In his conversation with the Sadducees (cf. Mt 22:24-30; Mk 12:18-27; Lk 20:27-40), which we have previously analyzed, we find other details about that kingdom, or rather about that other world. There are still more in the whole New Testament. Therefore, it seems that to clarify what the Kingdom of Heaven is for those who choose voluntary continence for its sake, the revelation of the nuptial relationship of Christ with the Church has a particular significance. Among the other texts, however, a decisive one is that from Ephesians 5:25ff. It will be especially well to rely on this when we consider the question of the sacramentality of marriage.

That text is equally valid both for the theology of marriage and for the theology of continence for the sake of the kingdom, that is, the theology of virginity or celibacy. It seems that in that text we find almost concretized what Christ had said to his disciples, inviting them to voluntary continence for the sake of the Kingdom of Heaven.

8. In this analysis it has already been sufficiently emphasized that Christ's words—with all their great conciseness—are fundamental, full of essential content and also characterized by a certain severity. There is no doubt that Christ put out his call to

continence in the perspective of the other world. But in this call he put the emphasis on everything which expresses the temporal realism of the decision for such continence, a decision bound with the will to share in the redeeming work of Christ.

So, therefore, in the light of Christ's respective words reported by Matthew (19:11-12), the depth and the gravity of the decision to live in continence for the sake of the Kingdom emerge above all, and the importance of the renunciation that such a decision implies finds its expression. Undoubtedly, throughout all this, through the gravity and depth of the decision, through the severity and the responsibility that it bears with it, love appears and shines through, love as the readiness to give the exclusive gift of oneself for the sake of the Kingdom of God. However, in Christ's words this love seems to be veiled by what is put in the foreground instead. Christ did not conceal from his disciples the fact that the choice of continence for the sake of the Kingdom of Heaven is—viewed in the light of temporal categories—a renunciation. That way of speaking to his disciples, which clearly expresses the truth of his teaching and of the demands contained in it, is significant through the whole Gospel. It is precisely this that confers on it, among other things, so convincing a mark and power.

In the name of love

9. It is natural for the human heart to accept demands, even difficult ones, in the name of love for an ideal, and above all in the name of love for a person (love, in fact, is by its very nature directed toward a person). Therefore, in the call to continence for the sake of the Kingdom of Heaven, first the disciples themselves, and then the whole living Tradition of the Church, will soon discover the love that is referred to Christ himself as the Spouse of the Church, the Spouse of souls, to whom He has given himself to the very limit, in the Paschal and Eucharistic Mystery.

In this way, continence for the sake of the Kingdom of Heaven, the choice of virginity or celibacy for one's whole life, has become, in the experience of Christ's disciples and followers, the act of a particular response of love for the divine Spouse, and therefore has acquired the significance of an act of nuptial love, that is, a nuptial giving of oneself for the purpose of reciprocating in a particular way the nuptial love of the Redeemer: a giving of oneself understood as renunciation, but made above all out of love.

Celibacy Is a Particular Response to the Love of the Divine Spouse¹³⁶

1. "There are others who have made themselves eunuchs for the sake of the Kingdom of Heaven." This is how Christ expressed himself in St. Matthew's Gospel (Mt 19:12). It is natural for the human heart to accept demands, even difficult ones, in the name of love for an ideal, and above all in the name of love for a person. (By its very nature, love is directed toward a person.) Therefore in that call to continence for the sake of the Kingdom of Heaven, first the disciples themselves, and then the whole living Tradition of the Church, will soon discover the love that is referred to Christ himself as the Spouse of

¹³⁶ April 28, 1982

the Church, the Spouse of souls. He has given himself to them to the very limit, in the Paschal and Eucharistic mystery.

In this way, continence for the sake of the Kingdom of Heaven, the choice of virginity or celibacy for one's whole life, has become in the experience of Christ's disciples and followers the act of a particular response of love for the divine Spouse. Therefore it has acquired the significance of an act of nuptial love, that is, a nuptial giving of oneself for the purpose of reciprocating in a particular way the nuptial love of the Redeemer. It is a giving of oneself understood as renunciation, but made above all out of love.

2. In this way we obtained all the wealth of the meaning contained in the very concise, but at the same time very profound, statement of Christ about continence for the sake of the Kingdom of Heaven. But now it is fitting that we direct our attention to the significance that these words have for the theology of the body, just as we tried to present and reconstruct the biblical foundations for it "from the beginning." Christ referred to that biblical "beginning" in his conversation with the Pharisees on the subject of marriage, its unity and indissolubility (cf. Mt 19:3-9). He did this shortly before addressing to his disciples the words about continence for the sake of the Kingdom of Heaven (cf. Mt 19:10-12). This analysis of that "beginning" allows us to recall the profound truth about the nuptial meaning of the human body in its masculinity and femininity, as we deduced at that time from the analysis of the first chapters of Genesis (especially from 2:23-25). It was in just this way that it was necessary to formulate and specify what we find in those ancient texts.

3. The modern mentality is accustomed to thinking and speaking about the sexual instinct, transferring onto the level of human reality what is proper to the world of living beings, of animals. Now deep reflection on the concise text of the first and second chapters of Genesis permits us to establish with certainty and conviction that right from the beginning a very clear and univocal boundary is laid down in the Bible between the world of animals (*animalia*) and the man created in the image and likeness of God. In that text, though relatively brief, there is nevertheless enough to demonstrate that man has a clear awareness of what essentially distinguishes him from all other living beings (*animalia*).

4. Therefore, it is not at all appropriate and adequate to apply to man this substantially naturalistic category that is contained in the concept and in the expression of sexual instinct. It is obvious that such application can become the basis for a certain analogy. In fact, the particular characteristic of man compared with the whole world of living beings (*animalia*) is such that man, understood from the viewpoint of species, can not even basically qualify as an animal, but a rational animal. Therefore, despite this analogy, applying the concept of sexual instinct to man—given the dual nature in which he exists as male or female—nevertheless greatly limits, and in a certain sense diminishes what is the very masculinity-femininity in the personal dimension of human subjectivity. It limits and diminishes even what for both of them, man and woman, unite to become one flesh (cf. Gn 2:24). In order to express this in an appropriate and adequate way, we must use also an analysis different from the naturalistic one. It is precisely the study of the biblical

beginning that obliges us to do this convincingly. The truth about the nuptial meaning of the human body in its masculinity and femininity seems to be a key concept in this area. It is deduced from the first chapters of Genesis (especially from 2:23-25), that is, the discovery at the time of the nuptial meaning of the body in the personal makeup of the subjectivity of man and woman. At the same time it is the only appropriate and adequate concept.

5. It is necessary to reread and understand Christ's words about continence for the sake of the Kingdom of Heaven precisely in relation to this concept, to this truth about the nuptial meaning of the human body. His words were spoken in the immediate context of that reference to the beginning, on which he based his teaching about the unity and indissolubility of marriage. At the basis of Christ's call to continence there is not only the sexual instinct, which is in the category, I would say, of a naturalistic necessity. But there is also the consciousness of the freedom of the gift. This is organically connected with the profound and mature knowledge of the nuptial meaning of the body, in the total makeup of the personal subjectivity of man and woman. Only in relation to such a meaning of the masculinity and femininity of the human person does the call to voluntary continence for the sake of the Kingdom of Heaven find full warranty and motivation. Only and exclusively in this perspective did Christ say, "He who is able to receive this, let him receive it" (Mt 19:12). With this, he indicated that such continence—although in each case it is above all a gift—can be also received. That is, it can be drawn and deduced from the concept that man has his own psychosomatic "I" in its entirety, and especially the masculinity and femininity of this "I" in the reciprocal relationship which is as though by nature inscribed in every human subjectivity.

6. As we recall from the previous analyses, developed on the basis of Genesis (cf. Gn 2:23-25), that reciprocal relationship of masculinity and femininity, that reciprocal "for" of man and woman, can be understood in an appropriate and adequate way only in the overall dynamics of the personal subject. Christ's words in Matthew (cf. 19:11-12) consequently show that this "for," present from the beginning at the basis of marriage, can also be at the basis of continence "for" the Kingdom of Heaven! Based on the same disposition of the personal subject, thanks to which man fully rediscovers himself through a sincere gift of himself (cf. *Gaudium et Spes* 24), man (male and female) is capable of choosing the personal gift of his very self. This is made to another person in a conjugal pact in which they become "one flesh." He is also capable of freely renouncing such a giving of himself to another person, so that, choosing continence for the sake of the Kingdom of Heaven, he can give himself totally to Christ. On the basis of the same disposition of the personal subject and on the basis of the same nuptial meaning of the being as a body, male or female, there can be formed the love that commits man to marriage for the whole duration of his life (cf. Mt 19:3-10). But there can also be formed the love that commits man to a life of continence for the sake of the Kingdom of Heaven (cf. Mt 19:11-12). Christ is speaking precisely about this in his overall statement addressed to the Pharisees (cf. Mt 19:3-10) and then to the disciples (cf. Mt 19:11-12).

7. It is evident that the choice of marriage, just as it was instituted by the Creator from the beginning, supposes the learning and the interior acceptance of the nuptial meaning of the

body, bound up with the masculinity and femininity of the human person. In fact, this very thing is expressed concisely in the verses of Genesis. In listening to Christ's words addressed to the disciples about continence for the sake of the Kingdom of Heaven (cf. Mt 19:11-12), we cannot think that this second kind of choice can be made consciously and freely without reference to one's masculinity or femininity and to that nuptial meaning which is proper to man precisely in the masculinity or femininity of his being as a personal subject. Furthermore, in the light of Christ's words, we must admit that this second kind of choice, namely, continence for the sake of the Kingdom of God, comes about also in relation to the masculinity or femininity proper to the person who makes such a choice. It comes about on the basis of full consciousness of that nuptial meaning which masculinity and femininity contain in themselves. If this choice should come about by way of some artificial "prescinding" from this real wealth of every human subject, it would not appropriately and adequately correspond to the content of Christ's words in Matthew 19:11-12.

Here Christ explicitly required full understanding when he said, "He who is able to receive this, let him receive it" (Mt 19:12).

Celibacy for the Kingdom Affirms Marriage¹³⁷

1. In answering the Pharisees' questions about marriage and its indissolubility, Christ referred to the beginning, that is, to its original institution on the part of the Creator. Since those with whom he was speaking recalled the law of Moses, which provided for the possibility of the so-called "decree of divorce," he answered, "Because of the hardness of your hearts Moses permitted you to divorce your wives, but it was not so from the beginning" (Mt 19:8).

After the conversation with the Pharisees, Christ's disciples addressed the following words to him: "If this is the case of a man with his wife, it is not expedient to marry.' He answered them, 'Not all men can receive this precept, but only those to whom it is given. For there are eunuchs who have been so from birth, and there are eunuchs who have been made eunuchs by men, and there are eunuchs who have made themselves eunuchs for the sake of the kingdom of heaven. He who is able to receive this, let him receive it'" (Mt 19:10-12).

Understanding values

2. Christ's words undoubtedly allude to a conscious and voluntary renunciation of marriage. This renunciation is possible only when one admits an authentic knowledge of that value that is constituted by the nuptial disposition of masculinity and femininity to marriage. In order for man to be fully aware of what he is choosing (continence for the sake of the kingdom), he must also be fully aware of what he is renouncing. (It is a question here of the knowledge of the value in an ideal sense; nevertheless this knowledge is after all realistic.) In this way, Christ certainly demands a mature choice.

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The form in which the call to continence for the sake of the kingdom of heaven is expressed proves this without a doubt.

Renunciation is not enough

3. But a renunciation made with full awareness of the above-mentioned value is not enough. In the light of Christ's words, and also in the light of the whole authentic Christian Tradition, it is possible to deduce that this renunciation is at the same time a particular form of affirming that value from which the unmarried person consistently abstains, following the evangelical counsel. This can seem paradoxical. Nevertheless, it is known that many statements in the Gospel are paradoxical, and those are often the most eloquent and profound. Accepting such a meaning of the call to continence for the sake of the kingdom of heaven, we draw a correct conclusion, holding that the realization of this call serves also—and in a particular way—to confirm the nuptial meaning of the human body in its masculinity and femininity. The renunciation of marriage for the kingdom of God at the same time highlights that meaning in all its interior truth and personal beauty. We can say that this renunciation on the part of individual persons, men and women, in a certain sense is indispensable. This is so that the nuptial meaning of the body can be more easily recognized in all the ethos of human life and above all in the ethos of conjugal and family life.

Aspects to consider

4. So, therefore, although continence for the sake of the kingdom of heaven (virginity, celibacy) orients the life of persons who freely choose it toward the exclusion of the common way of conjugal and family life, nevertheless it is not without significance for this life, for its style, its value and its evangelical authenticity. Let us not forget that the only key to understanding the sacramentality of marriage is the spousal love of Christ for the Church (cf. Eph 5:22-23): Christ, the Son of the Virgin, who was himself a virgin, that is, a "eunuch for the sake of the kingdom of heaven," in the most perfect meaning of the term. It will be convenient for us to take up this point again at a later time.

5. At the end of these reflections there still remains a concrete problem: In what way is this call formed in man, to whom the call to continence for the sake of the kingdom has been given, on the basis of the knowledge of the nuptial meaning of the body in its masculinity and femininity, and further, as the fruit of such knowledge? In what way is it formed, or rather transformed? This question is equally important, both from the viewpoint of the theology of the body, and from the viewpoint of the development of the human personality, which has a personalistic and charismatic character at the same time. If we should want to answer this question exhaustively—in the measure of all the aspects and all the concrete problems that it includes—it would be necessary to make a study based on the relationship between marriage and virginity and between marriage and celibacy. However this would go beyond the limits of the present considerations.

Value in this life

6. Remaining within the sphere of Christ's words according to Matthew (19:11-12), we must conclude our reflections with the following affirmation. First, if continence for the sake of the kingdom of heaven undoubtedly signifies a renunciation, this renunciation is at the same time an affirmation: an affirmation that arises from the discovery of the gift, that is, at the same time from the discovery of a new perspective of the personal realization of oneself "through a sincere gift of oneself" (Gaudium et Spes 24). This discovery still lies in a profound interior harmony with the significance of the nuptial meaning of the body, bound "from the beginning" to the masculinity or femininity of man as a personal subject. Second, although continence for the sake of the kingdom of heaven is identified with the renunciation of marriage, which in the life of a man and woman gives rise to the family, in no way can one see in this a denial of the essential value of marriage. On the contrary, continence serves indirectly to highlight what is most lasting and most profoundly personal in the vocation to marriage. It highlights that which in the dimensions of temporality (and at the same time in the perspective of the other world) corresponds to the dignity of the personal gift, bound to the nuptial meaning of the body in its masculinity or femininity.

Capital significance

7. In this way, Christ's call to continence "for the sake of the kingdom of heaven," rightly associated to the reference to the future resurrection (cf. Mt 21:24-30; Mk 12:18-27; Lk 20:27-40), has a capital significance not only for Christian ethos and spirituality, but also for anthropology and for the whole theology of the body, which we discover at its foundation. We remember that Christ, referring to the resurrection of the body in the other world, said, according to the version of the three synoptic Gospels, "When they rise from the dead...they will neither marry nor be given in marriage..." (Mk 12:25). These words, already analyzed, form part of our overall considerations on the theology of the body and contribute to building up this theology.

Voluntary Continence Derives From a Counsel, Not From a Command¹³⁸

1. Having analyzed Christ's words reported in Matthew's Gospel (Mt 19:10-12), it is now fitting to pass on to Paul's treatment of virginity and marriage.

Christ's statement about continence for the sake of the kingdom of heaven is concise and fundamental. In Paul's teaching, as we will soon be convinced, we can distinguish a correlating of the words of the Master. However, the significance of his statement (1 Cor 7) taken as a whole is assessed in a different way. The greatness of Paul's teaching consists in the fact that in presenting the truth proclaimed by Christ in all its authenticity and identity, he gives it a stamp of his own. In a certain sense it is his own personal interpretation, but it is drawn primarily from the experiences of his apostolic missionary activity, and perhaps directly from the necessity to answer the concrete questions of those to whom this activity was directed. So in Paul we encounter the question of the mutual

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relationship between marriage and celibacy or virginity. This subject troubled the minds of the first generation of Christ's confessors, the generation of disciples, of apostles, of the first Christian communities. This happened through the converts from hellenism, therefore from paganism, more than through the converts from Judaism. And this can explain the fact that the subject appears precisely in a letter addressed to the community in Corinth.

2. The tone of the whole statement is without doubt a magisterial one. However, the tone as well as the language is also pastoral. Paul teaches the doctrine handed down by the Master to the apostles. At the same time he engages in a continuous conversation on the subject in question with the recipients of his letter. He speaks as a classical teacher of morality, facing and resolving problems of conscience. Therefore moralists love to turn preferably to the explanations and resolutions of this first letter to the Corinthians (chapter 7). However it is necessary to remember that the ultimate basis for those resolutions is sought in the life and teaching of Christ himself.

3. The Apostle emphasizes with great clarity that virginity, or voluntary continence, derives exclusively from a counsel and not from a commandment: "With regard to virgins, I have no command from the Lord, but I give my opinion." Paul gives this opinion "as one who has obtained mercy from the Lord and merits your trust" (1 Cor 7:25). As is seen from the words quoted, the Apostle, just as the Gospel (cf. Mt 19:11-12), distinguishes between counsel and commandment. On the basis of the doctrinal rule of understanding proclaimed teaching, he wants to counsel. He wishes to give his personal opinions to those who turned to him. So in First Corinthians (chapter 7), the counsel clearly has two different meanings. The author states that virginity is a counsel and not a commandment. At the same time he gives his opinions to persons already married and also to those who still must make a decision in this regard, and finally to those who have been widowed. The problem is substantially the same as the one which we meet in the whole statement of Christ reported by Matthew (19:2-12): first on marriage and its indissolubility, and then on voluntary continence for the sake of the kingdom of heaven. Nevertheless, the style of this problem is totally his own. It is Paul's.

4. "If however someone thinks he is not behaving properly with regard to his betrothed, if his passions are strong, and it has to be, let him do as he wishes; he does not sin. Let them marry! But whoever is firmly established in his heart, being under no necessity but having his desire under control, and has determined this in his heart, to keep her as his betrothed, he will do well. So then, he who marries his betrothed does well, and he who refrains from marriage does better" (1 Cor 7:36-38).

5. The one who had sought advice could have been a young man who found himself faced with the decision to take a wife, or perhaps a newlywed who in the face of the current asceticism existing in Corinth was reflecting on the direction to give to his marriage. It could have even been a father, or the guardian of a girl, who had posed the question of her marriage. In any case, it would deal directly with the decision that derives from their rights as guardians. Paul is writing at a time when decisions in general belonged more to parents and guardians than to the young people themselves. Therefore,

in answering in this way the question that was addressed to him, he tried to explain very precisely that the decision about continence, that is, about the life of virginity, must be voluntary, and that only such continence is better than marriage. The expressions, "he does well," "he does better," are completely univocal in this context.

6. So then the Apostle teaches that virginity, or voluntary continence, the young woman's abstention from marriage, derives exclusively from a counsel, and given the appropriate circumstances, it is better than marriage. The question of sin does not enter in any way. "Are you bound to a wife? Do not seek to be free. Are you free from a wife? Do not seek marriage. But if you marry, you do not sin, and if a girl marries, she does not sin" (1 Cor 7:27-28). Solely on the basis of these words, we certainly cannot make judgments on what the Apostle was thinking or teaching about marriage. This subject will indeed be partially explained in the context of First Corinthians (chapter 7) and more fully in Ephesians (Eph 5:21-33). In our case, he is probably dealing with the answer to the question of whether marriage is a sin. One could also think that in such a question there might be some influence from dualistic pro-gnostic currents, which later become encratism and Manichaeism. Paul answers that the question of sin absolutely does not enter into play here. It is not a question of the difference between good and evil, but only between good and better. He later goes on to justify why one who chooses marriage will do well and one who chooses virginity, or voluntary continence, will do better.

We will treat of Paul's argumentation in our next reflection.

The Unmarried Person Is Anxious to Please the Lord¹³⁹

1. Saint Paul, in explaining in the seventh chapter of the First Letter to the Corinthians the question of marriage and virginity (or continence for the sake of the kingdom of God), tries to give the reason why one who chooses marriage does well, while one who decides on a life of continence or virginity does better. He writes: "I tell you this, brothers, the time is already short. From now on, let those who have wives live as though they had none...." And then: "...those who buy, as though they had no goods; those who deal with the world, as though they had no dealings with it, for the form of this world is passing away. I want you to be free from anxieties..." (1 Cor 7:29-32).

2. The last words of the text just quoted show that in his argumentation, Paul is also referring to his own experience, which makes his reasoning more personal. He not only formulates the principle and seeks to justify it as such, but he ties it in with personal reflections and convictions arising from his practice of the evangelical counsel of celibacy. The individual expressions and phrases testify to their persuasive power. The Apostle not only writes to his Corinthians: "I wish that all were as I myself am" (1 Cor 7:7), but he goes further when, referring to men who contract marriage, he writes: "Yet they will have troubles in the flesh, and I would want to spare you that" (1 Cor 7:28). However, this personal conviction of his was already expressed in the first words of the seventh chapter of the same letter, referring to this opinion of the Corinthians, in order to

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modify it as well: "Now concerning the matters about which you wrote, it is well for a man not to touch a woman..." (1 Cor 7:1).

3. We can ask here, what "troubles in the flesh" did Paul have in mind? Christ spoke only of suffering (or "afflictions"), which a woman experiences when she is to deliver a child. However, he emphasized the joy that fills her as a reward for these sufferings after the birth of her child, the joy of motherhood (cf. Jn 16:21). Paul, rather, writes of the "tribulations of the body" which spouses expect. Would this be an expression of the Apostle's personal aversion with regard to marriage? In this realistic observation we must see a just warning for those who—as at times young people do—hold that conjugal union and living together must bring them only happiness and joy. The experience of life shows that spouses are not rarely disappointed in what they were greatly expecting. The joy of the union brings with it also those "troubles in the flesh" that the Apostle writes about in his letter to the Corinthians. These are often troubles of a moral nature. If by this he intends to say that true conjugal love—precisely that love by virtue of which "a man...cleaves to his wife and the two become one flesh" (Gn 2:24)—is also a difficult love, he certainly remains on the grounds of evangelical truth. There is no reason here to see symptoms of the attitude that later was to characterize Manichaeism.

4. In his words about continence for the sake of the kingdom of God, Christ did not in any way try to direct his listeners to celibacy or virginity by pointing out to them the troubles of marriage. We see rather that he tried to highlight various aspects, humanly painful, of deciding on continence. Both the social reason and reasons of a subjective nature led Christ to say about the man who makes such a decision, that he makes himself a eunuch, that is, he voluntarily embraces continence. But precisely thanks to this, the whole subjective significance, the greatness and exceptional character of such a decision clearly springs forth. It is the significance of a mature response to a particular gift of the Spirit.

5. In the letter to the Corinthians, Saint Paul does not understand the counsel of continence differently, but he expresses it in a different way. He writes: "I tell you this, brothers, the time is already short..." (1 Cor 7:29), and a little later on, "the form of this world is passing away..." (1 Cor 7:31). This observation about the perishability of human existence and the transience of the temporal world, in a certain sense about the accidental nature of all that is created, should cause "those who have wives to live as though they had none" (1 Cor 7:29; cf. 7:31). At the same time it should prepare the ground for the teaching on continence. At the center of his reasoning, Paul places the key phrase that can be joined to Christ's statement, one of its own kind, on the subject of continence for the sake of the kingdom of God (cf. Mt 19:12).

6. While Christ emphasized the greatness of the renunciation, inseparable from such a decision, Paul demonstrates above all what the kingdom of God must mean in the life of the person who has renounced marriage in view of it. While the triple parallelism of Christ's statement reaches its climax in the word that signifies the greatness of the renunciation voluntarily made ("...and there are others who have become eunuchs for the sake of the kingdom of heaven": Mt 19:12), Paul describes the situation with only one

word: the "unmarried" (agamos). Further on, however, he expresses the whole content of the expression "kingdom of heaven" in a splendid synthesis. He says: "The unmarried person is anxious about the affairs of the Lord, how to please the Lord" (1 Cor 7:32). Each word of this statement deserves a special analysis.

7. The context of the word "to be anxious" or "to try" in the Gospel of Luke, Paul's disciple, indicates that one must truly seek only the kingdom of God (cf. Lk 12:31), that which constitutes the better part, the unum necessarium, the one thing necessary (cf. Lk 10:41). Paul himself speaks directly about his "anxiety for all the churches" (2 Cor 11:28), about his search for Christ through his concern for the problems of the brethren, for the members of the Body of Christ (cf. Phil 2:20-21; 1 Cor 12:25). Already from this context the whole vast field of the "anxiety" emerges, to which the unmarried can totally dedicate his mind, his toil, his heart. Man can "be anxious" only about what is truly in his heart.

8. In Paul's statement, the unmarried person is anxious about the affairs of the Lord (ta tou kyriou). With this concise expression, Paul embraces the entire objective reality of the kingdom of God. "The earth is the Lord's and everything in it," he himself will say a little further on in this letter (1 Cor 10:26; cf. Ps 24:1).

The object of the Christian's concern is the whole world! But Paul, with the name "Lord," describes first of all Jesus Christ (cf. Phil 2:11). Therefore the "affairs of the Lord" signify in the first place the kingdom of Christ, his Body which is the Church (cf. Col 1:18) and all that contributes to its growth. The unmarried person is anxious about all this. Therefore Paul, being in the full sense of the term the "Apostle of Jesus Christ" (1 Cor 1:1) and minister of the Gospel (cf. Col. 1:23), writes to the Corinthians: "I wish that all of you were as I myself am" (1 Cor 7:7).

9. Nevertheless, apostolic zeal and most fruitful activity do not yet exhaust what is contained in the Pauline motivation for continence. We could even say that their root or source is found in the second part of the sentence, which demonstrates the subjective reality of the kingdom of God: "The unmarried person is anxious...how to please the Lord." This observation embraces the whole field of man's personal relationship with God. "To please God"—the expression is found in ancient books of the Bible (cf. Dt 13:19)—is synonymous with life in God's grace and expresses the attitude of one who seeks God, of one who behaves according to his will so as to please him. In one of the last books of Sacred Scripture this expression becomes a theological synthesis of sanctity. Saint John applies it only once to Christ: "I always do what is pleasing to him [the Father]" (Jn 8:29). Saint Paul observes in his letter to the Romans that Christ "did not please himself" (Rm 15:3).

Between these two observations all that makes up the content of "pleasing God" is contained, understood in the New Testament as following in the footsteps of Christ. It seems that both parts of the Pauline expression overlap. In fact, to be anxious about what "pertains to the Lord," about the "affairs of the Lord," one must "please the Lord." On the other hand, one who pleases God cannot be closed in upon himself, but is open to the

world, to everything that is to be led to Christ These evidently are only two aspects of the same reality of God and his kingdom. Paul nevertheless had to distinguish them in order to show more clearly the nature and the possibility of continence "for the sake of the kingdom of heaven."

We will try to return to this subject again.

Everyone Has His Own Gift from God, Suited to His Vocation¹⁴⁰

1. During last Wednesday's meeting, we tried to investigate the reasoning St. Paul uses in his First Letter to the Corinthians to convince them that whoever chooses marriage does well, while whoever chooses virginity (or continence according to the spirit of the evangelical counsel) does better (cf. 1 Cor 7:38). Continuing this meditation today, let us remember that according to Paul, "the unmarried person is anxious...how to please the Lord" (1 Cor 7:32).

"To please the Lord" has love as its foundation. This foundation arises from a further comparison. The unmarried person is anxious about how to please God, while the married man is anxious also about how to please his wife. In a certain sense, the spousal character of "continence for the sake of the kingdom of God" is apparent here. Man always tries to please the person he loves. Therefore, "to please God" is not without this character that distinguishes the interpersonal relationship between spouses. On the one hand, it is an effort of the man who is inclined toward God and seeks the way to please him, that is, to actively express his love. On the other hand, an approval by God corresponds to this aspiration. By accepting man's efforts, God crowns his own work by giving a new grace. Right from the beginning, this aspiration has been his gift. "Being anxious how to please God" is therefore a contribution of man in the continual dialogue of salvation that God has begun. Evidently, every Christian who lives his faith takes part in this dialogue.

2. However, Paul observes that the man who is bound by the marriage bond "is divided" (1 Cor 7:34) by reason of his family obligations (cf. 1 Cor 7:34). From this remark it apparently follows that the unmarried person would be characterized by an interior integration, by a unification that would allow him to dedicate himself completely to the service of the kingdom of God in all its dimensions. This attitude presupposes abstention from marriage, exclusively for the sake of the kingdom of God, and a life uniquely directed to this goal. In a different way the "division" can also sneak into the life of an unmarried person. Being deprived of married life on the one hand, and on the other, of a clear goal for which he should renounce marriage, he could find himself faced with a certain emptiness.

3. The Apostle seems to know all this very well. He takes pains to specify that he does not want to lay any restraint on one whom he advises not to marry, but he gives this advice to direct him to what is worthy and keeps him united to the Lord without any

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distractions (cf. 1 Cor 7:35). These words bring to mind what Christ said to his apostles during the Last Supper, according to the Gospel of Luke: "You are those who have continued with me in my trials [literally, 'in temptations'], and I prepare a kingdom for you, as the Father has prepared for me" (Lk 22:28-29). The unmarried person, "being united to the Lord," can be certain that his difficulties will be met with understanding: "For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sinning" (Heb 4:15). This allows the unmarried person not so much to immerse himself exclusively in possible personal problems, but rather to include them in the great stream of the sufferings of Christ and of his Body, the Church.

4. The Apostle shows how one can be "united to the Lord": what can be attained by aspiring to a constant remaining with him, to a rejoicing in his presence (eupáredron), without letting oneself be distracted by nonessential things (aperispástos) (cf. 1 Cor 7:35).

Paul explains this thought even more clearly when he speaks of the situation of the married woman and of one who has chosen virginity or is widowed. While the married woman must be anxious about "how to please her husband," the unmarried woman "is anxious about the affairs of the Lord, in order to be holy in body and spirit" (1 Cor 7:34).

5. In order to grasp adequately the whole depth of Paul's thought, we must note that according to the biblical concept, holiness is a state rather than an action. It has first of all an ontological character and then also a moral one. Especially in the Old Testament it is a separation from what is not subject to God's influence, from what is profane, in order to belong exclusively to God. Holiness in body and spirit, therefore, signifies also the sacredness of virginity or celibacy accepted for the sake of the kingdom of God. At the same time, what is offered to God must be distinguished by moral purity and therefore presupposes behavior "without spot or wrinkle," "holy and immaculate," according to the virginal example of the Church in the presence of Christ (Eph 5:27).

In this chapter of his First Letter to the Corinthians, the Apostle touches upon the problems of marriage and celibacy or virginity in a way that is deeply human and realistic, keeping in mind the mentality of his audience. Paul's reasoning is to a certain extent *ad hominem*. In the ambiance of his audience in Corinth, the new world, the new order of values that he proclaims must encounter another "world" and another order of values, different even from the one that the words addressed by Christ reached.

6. If Paul, with his teaching about marriage and continence, refers also to the transience of the world and human life in it, he certainly does so in reference to the ambiance which in a certain sense was programmed for the "use of the world." From this viewpoint, his appeal to "those who make use of the world" is significant, that they do it "as though they had no dealings with it" (1 Cor 7:31). From the immediate context it follows that in this ambiance, even marriage was understood as a way of "making use of the world"—differently from how it had been in the whole Jewish tradition (despite some perversions, which Jesus pointed out in his conversation with the Pharisees and in his Sermon on the Mount). Undoubtedly, all this explains the style of Paul's answer. The Apostle is well

aware that by encouraging abstinence from marriage, at the same time he had to stress a way of understanding marriage that would be in conformity with the whole evangelical order of values. He had to do it with the greatest realism—that is, keeping before his eyes the ambiance to which he was addressing himself, the ideas and the ways of evaluating things that were predominant in it.

7. To men who lived in an ambiance where marriage was considered above all one of the ways of "making use of the world," Paul therefore expresses himself with significant words about virginity or celibacy (as we have seen), and also about marriage itself: "To unmarried persons and to widows I say, 'It is good for them to remain as I am. But if they cannot live in continence, let them marry. It is better to marry than to burn'" (1 Cor 7:8-9). Paul had already expressed almost the same idea: "Now concerning the matters about which you wrote, it is well for a man not to touch a woman. But because of the danger of incontinence, each man should have his own wife and each woman her own husband" (1 Cor 7:1-2).

8. Does the Apostle in his First Letter to the Corinthians perhaps look upon marriage exclusively from the viewpoint of a remedy for concupiscence, as used to be said in traditional theological language? The statements mentioned a little while ago would seem to verify this. However, right next to the statements quoted, we read a passage that leads us to see differently Paul's teaching as a whole, contained in the seventh chapter of his First letter to the Corinthians : "I wish that all were as I myself am, [he repeats his favorite argument for abstaining from marriage]—but each has his own special gift from God, one of one kind, and one of another" (1 Cor 7:7). Therefore even those who choose marriage and live in it receive a gift from God, his own gift, that is, the grace proper to this choice, to this way of living, to this state. The gift received by persons who live in marriage is different from the one received by persons who live in virginity and choose continence for the sake of the kingdom of God. All the same, it is a true gift from God, one's own gift, intended for concrete persons. It is specific, that is, suited to their vocation in life.

9. We can therefore say that while the Apostle, in his characterization of marriage on the human side (and perhaps still more in view of the local situation that prevailed in Corinth) strongly emphasizes the reason concerning concupiscence of the flesh, at the same time, with no less strength of conviction, he stresses also its sacramental and charismatic character. With the same clarity with which he sees man's situation in relation to concupiscence of the flesh, he sees also the action of grace in every person—in one who lives in marriage no less than in one who willingly chooses continence, keeping in mind that "the form of this world is passing away."

The Kingdom of God, Not the World, Is Man's Eternal Destiny¹⁴¹

1. During our previous considerations in analyzing the seventh chapter of the First Letter to the Corinthians, we have been striving to gather together and understand the teachings

¹⁴¹ July 14, 1982

and advice that St. Paul gives to the recipients of his letter about the questions concerning marriage and voluntary continence (or abstention from marriage). Declaring that one who chooses marriage does well and one who chooses virginity does better, the Apostle refers to the passing away of the world—that is, of everything that is temporal.

It is easy to see that the argument from the perishable and transient nature of what is temporal speaks with much greater force in this case than reference to the reality of the other world. The Apostle here expresses himself with some difficulty. Nevertheless, we can agree that at the basis of the Pauline interpretation of the subject of marriage-virginity, there is found not so much the very metaphysics of accidental being (therefore fleeting), but rather the theology of a great expectation, of which Paul was a fervent champion. The world is not man's eternal destiny, but the kingdom of God. Man cannot become too attached to the goods that are linked to a perishable world.

2. Marriage also is tied in with the form of this world which is passing away. In a certain sense, here we are very close to the perspective Christ opened in his statement about the future resurrection (cf. Mt 22:23-32; Mk 12:18-27; Lk 20:27-40). Therefore according to Paul's teaching, the Christian must live marriage from the point of view of his definitive vocation. Marriage is tied in with the form of this world which is passing away and therefore in a certain sense imposes the necessity of being locked in this transiency. On the other hand, abstention from marriage could be said to be free of this necessity. For this reason the Apostle declares that one who chooses continence does better. Although his argumentation follows this course, nevertheless he decidedly stresses above all (as we have already seen) the question of "pleasing the Lord" and "being anxious about the affairs of the Lord."

3. It can be admitted that the same reasons speak in favor of what the Apostle advises women who are widowed: "A wife is bound to her husband as long as he lives. If the husband dies, she is free to be married to whom she wishes, only in the Lord. But in my judgment she is happier if she remains as she is. And I think that I have the Spirit of God" (1 Cor 7:39-40). Therefore, she should remain a widow rather than contract a new marriage.

4. Through what we discover from a thoughtful reading of the Letter to the Corinthians, especially chapter seven, the whole realism of the Pauline theology of the body is revealed. In the letter the Apostle proclaims: "Your body is a temple of the Holy Spirit who is in you" (1 Cor 6:19). Yet at the same time he is fully aware of the weakness and sinfulness to which man is subjected, precisely by reason of the concupiscence of the flesh.

However, this awareness in no way obscures for him the reality of God's gift. This is shared by those who abstain from marriage and also by those who take a wife or husband. In the seventh chapter of the First Letter to the Corinthians we find clear encouragement for abstention from marriage, the conviction that whoever decides on this abstention, does better. But we do not find any foundation for considering those who live in marriage as carnal and those who instead choose continence for religious motives as spiritual. In

both the one and the other way of living—today we would say in one and the other vocation—the "gift" that each one receives from God is operative, that is, the grace that makes the body a "temple of the Holy Spirit." This gift remains, in virginity (in continence) as well as in marriage, if the person remains faithful to his gift and, according to his state, does not dishonor this temple of the Holy Spirit, which is his body.

5. In Paul's teaching, contained above all in the seventh chapter of the First Letter to the Corinthians, we find no introduction to what will later be called Manichaeism. The Apostle is fully aware that—insofar as continence for the sake of the kingdom of God is always worthy of recommendation—at the same time grace, that is, "one's own gift from God," also helps married couples. It helps them in that common life in which (according to the words of Gn 2:24) they are so closely united that they become one body. This carnal common life is therefore subject to the power of their own gift from God. The Apostle writes about it with the same realism that marks his whole reasoning in the seventh chapter of this letter: "The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not rule over her own body, but the husband does; likewise, the husband does not rule over his own body, but the wife does" (verses 3-4).

6. It can be said that these statements are a clear comment in the New Testament on the words scarcely recorded in the Book of Genesis (cf. Gn 2:24). Nevertheless, the words used here, especially the expressions "rights" and "does not rule," cannot be explained apart from the proper context of the marriage covenant, as we have tried to clarify in analyzing the texts of the Book of Genesis. We will attempt to do it even more fully when we speak about the sacramentality of marriage, drawing on the Letter to the Ephesians (cf. Eph 5:22-33). At the proper time it will be necessary to return to these significant expressions, which have passed from Paul's vocabulary into the whole theology of marriage.

7. For now we will continue to direct our attention to the other sentences in the same passage of the seventh chapter of the First Letter to the Corinthians, in which the Apostle addresses these words to married couples: "Do not refuse one another except perhaps by agreement for a season, that you may devote yourselves to prayer. But then come together again, lest Satan tempt you through lack of self-control. I say this by way of concession, not of command" (1 Cor 7:5-6). This is a very significant text, and it will perhaps be necessary to refer to it again in the context of our meditations on the other subjects.

In all of his argumentation about marriage and continence, the Apostle makes a clear distinction, as Christ does, between the commandment and the evangelical counsel. It is very significant that St. Paul feels the need to refer also to a "concession," as to an additional rule, above all precisely in reference to married couples and their mutual common life. St. Paul clearly says that conjugal common life and the voluntary and periodic abstinence by the couple must be the fruit of this gift of God which is their own. He says that the couple themselves, by knowingly cooperating with it, can maintain and strengthen that mutual personal bond and also that dignity conferred on the body by the

fact that it is a "temple of the Holy Spirit who is in them" (1 Cor 6:19).

8. It seems that the Pauline rule of "concession" indicates the need to consider all that in some way corresponds to the very different subjectivity of the man and the woman. Everything in this subjectivity that is not only of a spiritual but also of a psychosomatic nature, all the subjective richness of man which, between his spiritual being and his corporeal, is expressed in the sensitivity whether for the man or for the woman—all this must remain under the influence of the gift that each one receives from God, a gift that is one's own.

As is evident, in the seventh chapter of the First Letter to the Corinthians, St. Paul interprets Christ's teaching about continence for the sake of the kingdom of heaven in that very pastoral way that is proper to him, not sparing on this occasion entirely personal accents. He interprets the teaching on continence and virginity along parallel lines with the doctrine on marriage. He keeps the realism that is proper to a pastor, and at the same time the proportions that we find in the Gospel, in the words of Christ himself.

9. In Paul's statement we can find again that fundamental structure containing the revealed doctrine about man, that even with his body he is destined for future life. This supporting structure is at the basis of all the Gospel teaching about continence for the sake of the kingdom of God (cf. Mt 19:12). But at the same time there also rests on it the definitive (eschatological) fulfillment of the Gospel doctrine on marriage (cf. Mt 22:30; Mk 12:25; Lk 20:36). These two dimensions of the human vocation are not opposed to each other, but are complementary. Both furnish a full answer to one of man's fundamental questions, the question about the significance of "being a body," that is, about the significance of masculinity and femininity, of being "in the body" a man or a woman.

10. What we usually define here as the theology of the body is shown to be something truly fundamental and constitutive for all anthropological hermeneutics. At the same time it is equally fundamental for ethics and for the theology of the human ethos. In each one of these fields we must listen attentively to the words of Christ, in which he recalled the beginning (cf. Mt 19:4) or the heart as the interior, and at the same time historical place of meeting with the concupiscence of the flesh. But we must also listen attentively to the words through which Christ recalled the resurrection in order to implant in the same restless heart of man the first seeds of the answer to the question about the significance of being flesh in the perspective of the other world.

Mystery of the Body's Redemption Basis of Teaching on Marriage and Voluntary Continence¹⁴²

"We ourselves, who have the first fruits of the Spirit, groan inwardly as we await...the redemption of our body" (Rom 8:23). In his Letter to the Romans, St. Paul sees this redemption of the body in both an anthropological and a cosmic dimension. Creation "in

¹⁴² July 21, 1982

fact was subjected to futility" (Rom 8:20). All visible creation, all the universe, bears the effects of man's sin. "The whole creation has been groaning in travail together until now" (Rom 8:22). At the same time, the whole "creation awaits with eager longing the revelation of the sons of God" and "nourishes the hope of also being freed from the slavery of corruption, to obtain the glorious liberty of the children of God" (Rom 8:19, 20-21).

Object of hope

2. According to Paul, the redemption of the body is the object of hope. This hope was implanted in the heart of man in a certain sense immediately after the first sin. Suffice it to recall the words of the Book of Genesis, which are traditionally called the proto-evangelium (cf. Gn 3:15). We could therefore also call them the beginning of the Good News, the first announcement of salvation. The redemption of the body, according to the words of the Letter to the Romans, is connected precisely with this hope in which, as we read, "we have been saved" (Rom 8:24). Through the hope that arises at man's very origin, the redemption of the body has its anthropological dimension. It is the redemption of man. At the same time it radiates, in a certain sense, on all creation, which from the beginning has been bound in a particular way to man and subordinated to him (cf. Gn 1:28-30). The redemption of the body is therefore the redemption of the world. It has a cosmic dimension.

Awaiting redemption

3. Presenting in his Letter to the Romans the cosmic image of redemption, Paul of Tarsus places man at its very center, just as "in the beginning" he had been placed at the very center of the image of creation. It is precisely man who has "the first fruits of the Spirit," who groans inwardly, awaiting the redemption of his body (cf. Rom 8:23). Christ came to reveal man to man fully by making him aware of his sublime vocation (cf. *Gaudium et Spes* 22). Christ speaks in the Gospel from the divine depths of the mystery of redemption, which finds its specific historical subject precisely in Christ himself. Christ therefore speaks in the name of that hope that had already been implanted in the heart of man in the proto-evangelium. Christ gives fulfillment to this hope, not only with the words of his teaching, but above all with the testimony of his death and resurrection. So the redemption of the body has already been accomplished in Christ. That hope in which "we have been saved" has been confirmed in him. At the same time, that hope has been opened anew to its definitive eschatological fulfillment. "The revelation of the sons of God" in Christ has been definitively directed toward that glorious liberty that is to be definitively shared by the children of God.

Authentic theology

4. To understand all that the redemption of the body implies according to Paul's Letter to the Romans, an authentic theology of the body is necessary. We have tried to construct this theology by referring first of all to the words of Christ. The constitutive elements of the theology of the body are contained in what Christ says: in recalling "the beginning,"

concerning the question about the indissolubility of marriage (cf. Mt 19:8); in what he says about concupiscence, referring to the human heart in his Sermon on the Mount (cf. Mt 5:28); and also in what he says in reference to the resurrection (cf. Mt 22:30). Each one of these statements contains a rich content of an anthropological and ethical nature. Christ is speaking to man, and he is speaking about man: about man who is "body" and who has been created male and female in the image and likeness of God. He is speaking about man whose heart is subject to concupiscence, and finally, about man before whom the eschatological prospect of the resurrection of the body is opened.

"Body", according to the Book of Genesis, means the visible aspect of man and his belonging to the visible world. For St. Paul it means not only this belonging, but sometimes also the alienation of man by the influence of the Spirit of God. Both the one meaning and the other are in relation to the resurrection of the body.

Sermon on the Mount

5. Since in the previously analyzed texts Christ is speaking from the divine depths of the mystery of redemption, his words serve that hope which is spoken of in the Letter to the Romans. According to the Apostle, ultimately we await the redemption of the body. So we await precisely the eschatological victory over death, to which Christ gave testimony above all by his resurrection. In the light of the paschal mystery, his words about the resurrection of the body and about the reality of the other world, recorded by the synoptic Gospels, have acquired their full eloquence. Christ, and then Paul of Tarsus, proclaimed the call for abstention from marriage for the sake of the kingdom of heaven, precisely in the name of this eschatological reality.

6. However, the redemption of the body is expressed not only in the resurrection as victory over death. It is present also in Christ's words addressed to historical man, when they confirm the principle of the indissolubility of marriage as a principle coming from the Creator himself, and also when, in the Sermon on the Mount, Christ called man to overcome concupiscence, even in the uniquely interior movements of the human heart. The key to both the one and the other of these statements must be to say that they refer to human morality, that they have an ethical meaning. Here it is a question not of the eschatological hope of the resurrection, but of the hope of victory over sin, which can be called the hope of every day.

Strength to overcome evil

7. In his daily life man must draw from the mystery of the redemption of the body the inspiration and the strength to overcome the evil that is dormant in him under the form of the threefold concupiscence. Man and woman, bound in marriage, must daily undertake the task of the indissoluble union of that covenant which they have made between them. But also a man or a woman who has voluntarily chosen continence for the sake of the kingdom of heaven must daily give a living witness of fidelity to that choice, heeding the directives of Christ in the Gospel and those of Paul the Apostle in First Corinthians. In each case it is a question of the hope of every day, which in proportion to the normal

duties and difficulties of human life helps to overcome "evil with good" (Rom 12:21). In fact, "in hope we have been saved." The hope of every day manifests its power in human works and even in the very movements of the human heart, clearing a path, in a certain sense, for the great eschatological hope bound with the redemption of the body.

Victory over sin

8. Penetrating daily life with the dimension of human morality, the redemption of the body helps first of all to discover all this good in which man achieves the victory over sin and concupiscence. Christ's words spring from the divine depths of the mystery of redemption. They permit us to discover and strengthen that bond that exists between the dignity of the human being (man or woman) and the nuptial meaning of the body. They permit us to understand and put into practice, on the basis of that meaning, the mature freedom of the gift. It is expressed in one way in indissoluble marriage and in another way through abstention from marriage for the sake of the kingdom of God. In these different ways Christ fully reveals man to man, making him aware of his sublime vocation. This vocation is inscribed in man according to all his psycho-physical makeup, precisely through the mystery of the redemption of the body.

Everything we have tried to do in the course of our meditations in order to understand Christ's words has its ultimate foundation in the mystery of the redemption of the body.

Marital Love Reflects God's Love for His People¹⁴³

1. Today we begin a new chapter on the subject of marriage, reading the words of St. Paul to the Ephesians:

"Wives, be subject to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the Church, his body, and is himself its savior. As the Church is subject to Christ, so let wives also be subject in everything to their husbands.

Husbands, love your wives, as Christ loved the Church and gave himself up for her, that he might sanctify her, having cleansed her by the washing of water with the word, that he might present the Church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. Even so husbands should love their wives as their own bodies. He who loves his wife loves himself. For no man ever hates his own flesh, but nourishes and cherishes it, as Christ does the Church, because we are members of his body. 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one.' This is a great mystery, and I mean in reference to Christ and the Church. However, let each one of you love his wife as himself, and let the wife see that she respects her husband" (Eph 5:21-33).

Simple and fundamental

¹⁴³ July 28, 1982

2. We should now subject to deep analysis the quoted text contained in this fifth chapter of the Letter to the Ephesians, just as we have previously analyzed the individual words of Christ that seem to have a key significance for the theology of the body. The analysis dealt with the words with which Christ recalled the beginning (cf. Mt 19:4; Mk 10:6), the human heart, in the Sermon on the Mount (cf. Mt 5:28), and the future resurrection (cf. Mt 22:30; Mk 12:25; Lk 20:35). What is contained in the passage of the Letter to the Ephesians constitutes almost a crowning of those other concise key words. The theology of the body has emerged from them along its evangelical lines, simple and at the same time fundamental. In a certain sense it is necessary to presuppose that theology in interpreting the above-mentioned passage of the Letter to the Ephesians. Therefore if we want to interpret that passage, we must do so in the light of what Christ told us about the human body. He spoke not only to remind historical man, and therefore man himself, who is always contemporary, about concupiscence (in his heart). But he also spoke to reveal, on the one hand, the prospectives of the beginning or original innocence or justice, and on the other hand, the eschatological prospectives of the resurrection of the body, when "They will neither marry nor be given in marriage" (cf. Lk 20:35). All of this is part of the theological viewpoint of the "redemption of our body" (Rom 8:23).

Meanings converge

3. Even the words of the author of the Letter to the Ephesians¹⁴⁴ are centered on the body, both its metaphorical meaning, namely the Body of Christ which is the Church, and its concrete meaning, namely the human body in its perennial masculinity and femininity, in its perennial destiny for union in marriage, as Genesis says: "The man will leave his father and his mother and will cling to his wife and the two will be one flesh" (Gn 2:24).

In what way do these two meanings of the body appear together and converge in the passage of the Letter to the Ephesians? Why do they appear together and converge there? We must ask these questions, expecting not so much immediate and direct answers, but possibly studied and long-term answers for which our previous analyses have prepared. In fact, that passage from the Letter to the Ephesians cannot be correctly understood except in the full biblical context, considering it as the crowning of the themes and truths which, through the Word of God revealed in Sacred Scripture, ebb and flow like long waves. They are central themes and essential truths. Therefore the quoted text from the Letter to the Ephesians is also a key and classic text.

4. This text is well known in the liturgy, in which it always appears in relation to the sacrament of marriage. The Church's *lex orandi* sees in it an explicit reference to this sacrament, and the *lex orandi* presupposes and at the same time always expresses the *lex credendi*. Admitting this premise, we must immediately ask ourselves: in this classic text

¹⁴⁴ The question of Pauline authorship of the Letter to the Ephesians, acknowledged by some exegetes and denied by others, can be resolved by means of a median supposition which we accept here as a working hypothesis: namely, that St. Paul entrusted some concepts to his secretary, who then developed and refined them. We have in mind this provisional solution of the question when we speak of "the author of the Letter to the Ephesians," the "Apostle," and "St. Paul."

of the Letter to the Ephesians, how does the truth about the sacramentality of marriage emerge? In what way is it expressed and confirmed there? It will become clear that the answers to these questions cannot be immediate and direct, but gradual and long-term. This is proved even at a first glance at this text, which brings us back to Genesis and therefore to "the beginning." In the description of the relationship between Christ and the Church, this text takes from the writings of the Old Testament prophets the well-known analogy of the spousal love between God and his chosen people. Without examining these relationships it would be difficult to answer the question about how the sacramentality of marriage is dealt with in the Letter to the Ephesians. We will also see how the answer we are seeking must pass through the whole sphere of the questions previously analyzed, that is, through the theology of the body.

Body enters into definition of sacrament

5. The sacrament or the sacramentality—in the more general sense of this term—meets with the body and presupposes the theology of the body. According to the generally known meaning, the sacrament is a visible sign. The body also signifies that which is visible. It signifies the visibility of the world and of man. Therefore, in some way, even if in the most general way, the body enters the definition of sacrament, being "a visible sign of an invisible reality," that is, of the spiritual, transcendent, divine reality. In this sign—and through this sign—God gives himself to man in his transcendent truth and in his love. The sacrament is a sign of grace, and it is an efficacious sign. Not only does the sacrament indicate grace and express it in a visible way, but it also produces it. The sacrament effectively contributes to having grace become part of man, and to realizing and fulfilling in him the work of salvation, the work begun by God from all eternity and fully revealed in Jesus Christ.

6. I would say that already this first glance at the classic text of the Letter to the Ephesians points out the direction in which our further analyses must be developed. It is necessary that these analyses begin with the preliminary understanding of the text itself. However, they must subsequently lead us, so to say, beyond their limits, in order to understand possibly to the very depths how much richness of the truth revealed by God is contained in the scope of that wonderful page. Using the well-known expression from *Gaudium et Spes*, we can say that the passage we have selected from the Letter to the Ephesians, "reveals—in a particular way—man to man, and makes him aware of his lofty vocation" (GS 22), inasmuch as he shares in the experience of the incarnate person. In fact, creating man in his image, from the very beginning God created him "male and female" (Gn 1:27).

During the subsequent analyses we will try—above all in the light of the quoted text from the Letter to the Ephesians—to more deeply understand the sacrament (especially marriage as a sacrament), first in the dimension of the covenant and grace, and afterward in the dimension of the sacramental sign.

The Call to Be Imitators of God and to Walk in Love¹⁴⁵

1. During our talk last Wednesday I quoted the fifth chapter of the Letter to the Ephesians (vv. 22-25). Now after an introductory glance at this classic text, one should examine the way in which this passage—so important both for the mystery of the Church and of the sacramental character of marriage—is situated in the immediate context of the whole letter.

While realizing that there are a number of problems discussed among biblical scholars as regards the authorship, the date of composition, and those to whom the letter was addressed, one must note that the Letter to the Ephesians has a very significant structure. The author begins this letter by presenting the eternal plan of the salvation of man in Jesus Christ.

"God the Father of our Lord Jesus Christ...has chosen us in him that we should be holy and blameless before him. He destined us in love to be his sons through Jesus Christ according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace...as a plan for the fullness of time to unite all things in him..." (Eph 1:3, 4-7, 10).

The author of the Letter to the Ephesians, after having presented in words full of gratitude the plan which, from eternity, is in God, and at a certain time is already fulfilled in the life of humanity, beseeches the Lord that men (and directly those to whom the letter is addressed) may fully know Christ as head: "He has made him the head over all things for the Church, which is his body, the fullness of him who fills all in all" (1:22-23).

Sinful humanity is called to a new life in Christ, in which the pagans and the Hebrews should join together as in a temple (cf. 2:11-21). The Apostle preaches the mystery of Christ among the pagans, to whom he especially addresses himself in his letter, bending "the knee before the Father" and asking him to grant them "according to the riches of his glory to be strengthened with might through his Spirit in the inner man" (3:14, 16).

Vocation flowing from the divine plan

2. After this profound and moving revelation of Christ in the Church, in the second part of the letter the author passes to more detailed instructions. These are aimed at defining the Christian life as a vocation flowing from the divine plan, which we have previously spoken of, namely, from the mystery of Christ in the Church. Here also the author touches various questions which are always valid for the Christian life. He makes an exhortation for the preservation of unity, underlining at the same time that this unity is constructed on the multiplicity and diversity of Christ's gifts. To each one is given a different gift, but all, as Christians, must "put on the new nature created after the likeness of God in true righteousness and holiness" (4:24). To this is linked the categorical

¹⁴⁵ August 4, 1982

summons to overcome vices and to acquire the virtues corresponding to the vocation which all have obtained through Christ (cf. 4:25-32). The author writes: "Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us...in sacrifice" (5:1-2).

Condemns pagan abuses

3. In the fifth chapter of the Letter to the Ephesians these directives become more detailed. The author severely condemns pagan abuses, writing: "For once you were darkness, but now you are light in the Lord; walk as children of light" (5:8). And then: "Therefore do not be foolish but understand what the will of the Lord is. Do not get drunk with wine [referring to the book of Proverbs 23:31]...but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart" (5:17-19). The author of the letter wishes to illustrate in these words the climate of spiritual life which should animate every Christian community. At this point he then goes on to consider the domestic community, namely, the family. He writes: "Be filled with the Spirit...always and for everything giving thanks in the name of our Lord Jesus Christ, to God the Father. Be subject to one another out of reverence for Christ" (5:20-21). Thus we enter precisely into that passage of the letter which will be the theme of our special analysis. We might easily observe that the essential content of this classic text appears at the meeting of the two principal guidelines of the entire Letter to the Ephesians: the first, that of the mystery of Christ which, as the expression of the divine plan for the salvation of man, is realized in the Church; the second, that of the Christian vocation as the model of life of the baptized individual, and of the single communities, corresponding to the mystery of Christ, or to the divine plan for the salvation of man.

4. In the immediate context of the passage quoted, the author of the letter seeks to explain in what way the Christian vocation thus understood should be realized and manifested in the relations between all members of the family; therefore, not merely between the husband and wife (treated of precisely in the passage of 5:21-33 which we have chosen), but also between parents and children. The author writes: "Children, obey your parents in the Lord, for this is right. Honor your father and mother (this is the first commandment with a promise) that it may be well with you and that you may live long on the earth. Fathers, do not provoke your children to anger but bring them up in the discipline and instruction of the Lord" (6:1-4). Following that, he speaks of the duty of servants in regard to their masters and, vice versa, of masters in regard to servants, that is, in regard to the slaves (cf. 6:5-9). This is to be referred also to the directives concerning the family in the broad sense. The family, indeed, comprised not only the parents and children (according to the succession of generations), but included also in the wide sense, the servants or slaves of both sexes.

Moral obligations

5. Thus, then, the text of the Letter to the Ephesians which we proposed as the object of a deeper analysis is found in the immediate context of the teaching on the moral obligations

of the family society (the so-called "Haustaflen" or domestic codes according to Luther's definition). We find similar instructions also in other letters (e.g., in Colossians 3:18-24, and in First Peter 2:13; 3:7). Moreover, this immediate context forms part of our passage, inasmuch as the classic text which we have chosen treats of the reciprocal duties of husbands and wives. However, one must note that per se the passage of the Letter to the Ephesians 5:21-33 deals exclusively with married couples and marriage, and what regards the family also in the broad sense is already found in the context. First, however, before undertaking a more detailed analysis of the text, it should be added that the whole letter ends with a stupendous encouragement to the spiritual battle (cf. 6:10-20), with brief recommendations (cf. 6:21-22) and with a final farewell (cf. 6:23-24). That call to the spiritual battle seems to be based logically on the line of argument of the entire letter. It is the explicit fulfillment of its principal guidelines.

Having thus before our eyes the overall structure of the entire Letter to the Ephesians, we shall seek in the first analysis to clarify the meaning of the words: "Be subject to one another out of reverence for Christ" (5:21), addressed to husbands and to wives.

Reverence for Christ the Basis of Relationship Between Spouses¹⁴⁶

1. Today we begin a more detailed analysis of the passage of the Letter to the Ephesians 5:21-33. Addressing husbands and wives, the author recommends them to be "subject to one another out of reverence for Christ" (5:21).

Here it is a question of a relationship of a double dimension or degree: reciprocal and communitarian. One clarifies and characterizes the other. The mutual relations of husband and wife should flow from their common relationship with Christ. The author of the letter speaks of "reverence for Christ" in a sense analogous to that when he speaks of the "fear of God." In this case it is not a question of fear which is a defensive attitude before the threat of evil. But it is above all a case of respect for holiness, for the sacrum. It is a question of pietas, which, in the language of the Old Testament, was expressed by the term "fear of God" (cf., e.g., Ps 103:11; Prv 1:7; 23:17; Sir 1:11-16). Arising from a profound awareness of the mystery of Christ, this pietas should constitute the basis of the reciprocal relations between husbands and wives.

Moral instruction

2. The text chosen by us, as likewise the immediate context, has a "parenthetic" character, that is, of moral instruction. The author of the letter wishes to indicate to husbands and wives the basis of their mutual relationship and their entire conduct. He deduces the relative indications and directives from the mystery of Christ presented at the beginning of the letter. This mystery should be spiritually present in the mutual relationship of spouses. The mystery of Christ, penetrating their hearts, engendering in them that holy "reverence for Christ" (namely pietas), should lead them to "be subject to one another"—the mystery of Christ, that is, the mystery of the choice from eternity of each of them in

¹⁴⁶ August 11, 1982

Christ to be the adoptive sons of God.

Husband not the "lord"

3. The opening expression of our passage of Ephesians 5:21-33, which we have approached by an analysis of the remote and immediate context, has quite a special eloquence. The author speaks of the mutual subjection of the spouses, husband and wife, and in this way he explains the words which he will write afterward on the subjection of the wife to the husband. In fact we read: "Wives, be subject to your husbands, as to the Lord" (5:22). In saying this, the author does not intend to say that the husband is the lord of the wife and that the interpersonal pact proper to marriage is a pact of domination of the husband over the wife. Instead, he expresses a different concept: that the wife can and should find in her relationship with Christ—who is the one Lord of both the spouses—the motivation of that relationship with her husband which flows from the very essence of marriage and of the family. Such a relationship, however, is not one of one-sided domination. According to the Letter to the Ephesians, marriage excludes that element of the pact which was a burden and, at times, does not cease to be a burden on this institution. The husband and the wife are in fact "subject to one another," and are mutually subordinated to one another. The source of this mutual subjection is to be found in Christian pietas, and its expression is love.

No one-sided domination

4. The author of the letter underlines this love in a special way, in addressing himself to husbands. He writes: "Husbands, love your wives...." By expressing himself in this way, he removes any fear that might have arisen (given the modern sensitivity) from the previous phrase: "Wives, be subject to your husbands." Love excludes every kind of subjection whereby the wife might become a servant or a slave of the husband, an object of unilateral domination. Love makes the husband simultaneously subject to the wife, and thereby subject to the Lord himself, just as the wife to the husband. The community or unity which they should establish through marriage is constituted by a reciprocal donation of self, which is also a mutual subjection. Christ is the source and at the same time the model of that subjection, which, being reciprocal "out of reverence for Christ," confers on the conjugal union a profound and mature character. In this source and before this model many elements of a psychological or moral nature are so transformed as to give rise, I would say, to a new and precious fusion of the bilateral relations and conduct.

5. The author of the Letter to the Ephesians does not fear to accept those concepts which were characteristic of the mentality and customs of the times. He does not fear to speak of the subjection of the wife to the husband. He does not fear (also in the last verse of the text quoted by us) to recommend to the wife that "she respect her husband" (5:33). It is certain that when the husband and wife are subject to one another "out of reverence for Christ," a just balance will be established, such as to correspond to their Christian vocation in the mystery of Christ.

"Out of reverence"

6. Nowadays our contemporary sensitivity is certainly different. Our mentality and customs are quite different, too, as is the social position of women in regard to men. Nevertheless, the fundamental moral principle which we find in the Letter to the Ephesians remains the same and produces the same results. The mutual subjection "out of reverence for Christ"—a subjection arising from the basis of Christian pietas—always produces that profound and solid structure of the community of the spouses in which there is constituted the true "communion" of the person.

A great analogy

7. The author of the text to the Ephesians, who began his letter with a magnificent vision of God's eternal plan in regard to humanity, does not limit himself to emphasizing merely the traditional aspects of morality or the ethical aspects of marriage. He goes beyond the scope of teaching and writing on the reciprocal relationship of the spouses. He discovers therein the dimension of the mystery of Christ of which he is the herald and the apostle: "Wives, be subject to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the Church, his Body, and is himself its Savior. As the Church is subject to Christ, so let wives also be subject in everything to their husbands. Husbands, love your wives, as Christ loved the Church and gave himself up for her..." (5:22-25). In this way, the teaching of this parenetic part of the letter is inserted, in a certain sense, into the reality of the mystery hidden from eternity in God and revealed to mankind in Jesus Christ. In the Letter to the Ephesians we are, I would say, witnesses of a particular meeting of that mystery with the essence of the vocation to marriage. How are we to understand this meeting? In the text of the Letter to the Ephesians it is presented above all as a great analogy. There we read: "Wives, be subject to your husbands as to the Lord...." Here we have the first component of the analogy. "For the husband is the head of the wife as Christ is the head of the Church...." Here we have the second component which clarifies and motivates the first. "As the Church is subject to Christ, so let wives also be subject to their husbands...." The relationship of Christ to the Church, presented previously, is now expressed as a relationship of the Church to Christ, and this contains the successive component of the analogy. Finally: "Husbands, love your wives, as Christ loved the Church and gave himself up for her...." This is the ultimate component of the analogy. The remainder of the text of the letter develops the fundamental thought contained in the passage just now quoted. The entire text of the Letter to the Ephesians in 5:21-33 is completely permeated with the same analogy. That is to say, the mutual relationship between the spouses, husband and wife, is to be understood by Christians in the light of the relationship between Christ and the Church.

A Deeper Understanding of the Church and Marriage¹⁴⁷

1. Analyzing the respective components of Ephesians, we established that the reciprocal relationship between husband and wife is to be understood by Christians as an image of the relationship between Christ and the Church.

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This relationship is a revelation and a realization in time of the mystery of salvation, of the election of love, hidden from eternity in God. In this revelation and realization the mystery of salvation includes the particular aspect of conjugal love in the relationship of Christ to the Church. Thus one can express it most adequately by applying the analogy of the relationship which exists—which should exist—between husband and wife in marriage. Such an analogy clarifies the mystery, at least to a certain degree. Indeed, according to the author of Ephesians, it seems that this analogy serves as a complement to that of the Mystical Body (cf. Eph 1:22-23) when we attempt to express the mystery of the relationship of Christ to the Church—and going back even further, the mystery of the eternal love of God for man and for humanity, that mystery which is expressed and is realized in time through the relationship of Christ to the Church.

Understanding reciprocal love

2. If—as has been said—this analogy illuminates the mystery, it in its turn is illuminated by that mystery. The conjugal relationship which unites husband and wife should help us—according to the author of the Letter to the Ephesians—to understand the love which unites Christ to the Church, that reciprocal love between Christ and the Church in which the divine eternal plan for the salvation of man is realized. Yet the content of meaning of the analogy does not end here. The analogy used in Ephesians, illuminating the mystery of the relationship between Christ and the Church, contemporaneously unveils the essential truth about marriage. Marriage corresponds to the vocation of Christians only when it reflects the love which Christ the Bridegroom gives to the Church his Bride, and which the Church (resembling the "subject" wife, that is, completely given) attempts to return to Christ. This is redeeming love, love as salvation, the love with which man from eternity has been loved by God in Christ: "...even as he chose us in him before the foundation of the world, that we should be holy and blameless before him..." (Eph 1:4).

Analogy follows two directions

3. Marriage corresponds to the vocation of Christians as spouses only if that love is reflected and effected therein. This will become clear if we attempt to reread the Pauline analogy inversely, that is, beginning with the relationship of Christ to the Church and turning next to the relationship of husband and wife in marriage. In the text, an exhortative tone is used: "As the Church is subject to Christ, so let wives also be subject in everything to their husbands." On the other hand: "Husbands, love your wives, as Christ loved the Church...." These expressions make it clear that a moral obligation is involved. Yet, in order to recommend such an obligation one must admit that in the essence of marriage a particle of the same mystery is captured. Otherwise, the entire analogy would hang suspended in a void. The call which the author of Ephesians directed to the spouses, that they model their reciprocal relationship on the relationship of Christ to the Church ("as—so"), would be without a real basis, as if it had no ground beneath its feet. Such is the logic of the analogy used in the cited text of Ephesians.

4. As we can see, the analogy operates in two directions. On the one hand, it helps us to

understand better the essence of the relationship between Christ and the Church. On the other, at the same time, it helps us to see more deeply into the essence of marriage to which Christians are called. In a certain sense, the analogy shows the way in which this marriage, in its deepest essence, emerges from the mystery of God's eternal love for man and for humanity. It emerges from that salvific mystery which is fulfilled in time through the spousal love of Christ for the Church. Beginning with the words of Ephesians (5:21-33), we can move on to develop the thought contained in the great Pauline analogy in two directions: either in the direction of a deeper understanding of the Church, or in the direction of a deeper understanding of marriage. In our considerations, we will pursue the latter first of all, mindful that the spousal relationship of Christ to the Church is at the basis of an understanding of marriage in its essence. That relationship will be analyzed even more precisely in order to establish—presupposing the analogy with marriage—in what way the latter becomes a visible sign of the divine eternal mystery, as an image of the Church united with Christ. In this way Ephesians leads us to the foundations of the sacramentality of marriage.

Mentality of the time

5. Let us undertake, then, a detailed analysis of the text. We read in Ephesians that "the husband is the head of the wife as Christ is the head of the Church, his body, and is himself its Savior" (Eph 5:23). The author has already explained that the submission of the wife to the husband as head is intended as reciprocal submission "out of reverence for Christ." We can presume that the author goes back to the concept rooted in the mentality of the time, to express first of all the truth concerning the relationship of Christ to the Church, that is, that Christ is the head of the Church. He is head as "Savior of his Body." The Church is exactly that Body which—being submissive in everything to Christ as its head—receives from him all that through which it becomes and is his Body. It receives the fullness of salvation as the gift of Christ, who "gave himself up for her" to the last. Christ's "giving himself up" to the Father by obedience unto death on the cross acquired here a strictly ecclesiological sense: "Christ loved the Church and gave himself up for her" (Eph 5:25). Through a total giving up of himself because of his love, he formed the Church as his Body and continually builds her up, becoming her head. As head he is the Savior of his Body, and, at the same time, as Savior he is head. As head and Savior of the Church, he is also Bridegroom of his Bride.

Fruit of Christ's love

6. Inasmuch as the Church is herself, so, as Body, she receives from Christ her head the entire gift of salvation as the fruit of Christ's love and of his giving himself up for the Church, the fruit of his giving himself up to the last. That gift of himself to the Father by obedience unto death (cf. Phil 2:8) is contemporaneously, according to Ephesians, a "giving himself up for the Church." In this expression, redeeming love is transformed, I would say, into spousal love. Giving himself up for the Church, through the same redeeming act Christ is united once and for all with her, as bridegroom with the bride, as husband with his wife. Christ gives himself through all that which is once and for all contained in his "giving himself up" for the Church. In this way, the mystery of the

redemption of the body conceals within itself, in a certain sense, the mystery "of the marriage of the Lamb" (cf. Rv 19:7). Because Christ is the head of the Body, the entire salvific gift of the redemption penetrates the Church as the Body of that head, and continually forms the most profound, essential substance of her life. It is the spousal form, given that in the cited text the analogy of body-head becomes an analogy of groom-bride, or rather of husband-wife. This is demonstrated by the subsequent passages of the text, which will be considered next.

St Paul's Analogy of Union of Head and Body Does Not Destroy Individuality of the Person¹⁴⁸

1. In the preceding reflections on the Letter to the Ephesians (5:21-33), we drew attention especially to the analogy of the relationship which exists between Christ and the Church, and of that which exists between husband and wife united by the bond of marriage. Before undertaking the analysis of the further passages of the text in question, we must note that within the range of the fundamental Pauline analogy: Christ and the Church, on the one hand, and man and woman as spouses on the other, there is a supplementary analogy: the analogy of the head and of the body. This analogy confers a chiefly ecclesiological significance on the statement we analyzed: the Church as such is formed by Christ; it is constituted by him in its essential part, as the body is by the head. The union of the body with the head is above all of an organic nature. To put it simply, it is the somatic union of the human organism. The biological union is founded directly on this organic union, inasmuch as it can be said that the body lives by the head (even if at the same time, though in a different way, the head lives by the body). Besides, in the case of man, the psychic union, understood in its integrity, and the integral unity of the human person is also founded on this organic union.

Eschatological perspective

2. As already stated (at least in the passage analyzed), the author of the Letter to the Ephesians has introduced the supplementary analogy of the head and the body within the limits of the analogy of marriage. He even seems to have conceived the first analogy, "head-body," in a more central manner from the point of view of the truth about Christ and the Church proclaimed by him. However, one must equally affirm that he has not placed it alongside or outside of the analogy of marriage as a conjugal bond—quite the contrary. In the whole text of the Letter to the Ephesians (5:21-33), especially in the first part with which we are dealing (5:22-23), the author speaks as if in marriage also the husband is "head of the wife," and the wife "the body of the husband," as if the married couple formed one organic union. This can find its basis in the text of Genesis which speaks of one flesh (Gn 2:24), or in that same text to which the author of the Letter to the Ephesians will shortly refer in the context of this great analogy. Nevertheless, the text of Genesis makes clear that the man and the woman are two distinct personal subjects who knowingly decide on their conjugal union, defined by that ancient text with the words "one flesh." This is equally clear also in the Letter to the Ephesians. The author uses a

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twofold analogy: head-body, husband-wife, for the purpose of illustrating clearly the nature of the union between Christ and the Church. In a certain sense, especially in the first part of the Letter to the Ephesians 5:22-23, the ecclesiological dimension seems decisive and dominant.

Particular relationship

3. "Wives, be subject to your husbands, as to the Lord. For the husband is the head of the wife as Christ is the head of the Church, his body, and is himself its Savior. As the Church is subject to Christ, so let wives also be subject in everything to their husbands. Husbands, love your wives, as Christ loved the Church, and gave himself up for her..." (Eph 5:22-25). This supplementary analogy "head-body" indicates that within the limits of the entire passage of the Letter to the Ephesians 5:21-33, we are dealing with two distinct subjects. In virtue of a particular reciprocal relationship, in a certain sense they become a single subject. The head, together with the body, constitutes a subject (in the physical and metaphysical sense), an organism, a human person, a being. There is no doubt that Christ is a subject different from the Church. However, in virtue of a particular relationship, he is united with her, as in an organic union of head and body. The Church is so strongly, so essentially herself in virtue of a mystical union with Christ. Is it possible to say the same thing of the spouses, of the man and the woman united by the marriage bond? If the author of the Letter to the Ephesians sees also in marriage the analogy of the union of head and body, this analogy in a certain sense seems to apply to marriage in consideration of the union which Christ constitutes with the Church, and the Church with Christ. Therefore, the analogy regards, above all, marriage itself as that union through which "the two become one flesh" (Eph 5:31; cf. Gn 2:24).

Bi-subjectivity

4. This analogy, however, does not blur the individuality of the subjects: that of the husband and that of the wife, that is, the essential bi-subjectivity which is at the basis of the image of "one single body." Rather, the essential bi-subjectivity of the husband and wife in marriage, which makes of them in a certain sense "one single body," passes within the limits of the whole text we are examining (Eph 5:21-33) to the image of Church-Body united with Christ as head. This is seen especially in this text where the author describes the relationship of Christ to the Church precisely by means of the image of the relationship of the husband to the wife. In this description the Church-Body of Christ appears clearly as the second subject of the spousal union to which the first subject, Christ, manifests the love with which he has loved her by giving himself for her. That love is an image and above all a model of the love which the husband should show to his wife in marriage, when the two are subject to each other "out of reverence for Christ."

Two become one flesh

5. We read: "Husbands, love your wives, as Christ loved the Church and gave himself up for her, that he might sanctify her, having cleansed her by the washing of water with the

word, that he might present the Church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. Even so husbands should love their wives as their own bodies. He who loves his wife loves himself. For no man ever hates his own flesh, but nourishes and cherishes it, as Christ does the Church, because we are members of his body. 'For this reason a man should leave his father and mother and be joined to his wife, and the two shall become one flesh'" (Eph 5:25-31).

Aim is sanctification

6. It is easy to perceive that in this part of the text of the Letter to the Ephesians (5:21-33), bi-subjectivity clearly dominates. It is manifested both in the relationship Christ-Church, and also in the relationship husband-wife. This does not mean to say that the image of a single subject disappears: the image of "a single body." It is preserved also in the passage of our text, and in a certain sense it is better explained there. This will be seen more clearly when we submit the above-quoted passage to a detailed analysis. Thus the author of the Letter to the Ephesians speaks of the love of Christ for the Church by explaining the way in which that love is expressed, and by presenting at the same time both that love and its expressions as a model which the husband should follow in regard to his wife. The love of Christ for the Church has essentially her sanctification as its scope. "Christ loved the Church and gave himself up for her that he might sanctify her" (5:25-26). Baptism is a principle of this sanctification. Baptism is the first and essential fruit of Christ's giving himself for the Church. In this text baptism is not called by its own proper name, but is defined as purification "by the washing of water with the word" (5:26). This washing, with the power that derives from the redemptive giving of himself by Christ for the Church, brings about the fundamental purification through which Christ's love for the Church acquires a spousal character, in the eyes of the author of the letter.

7. It is known that the sacrament of baptism is received by an individual subject in the Church. However, beyond the individual subject of baptism the author of the letter sees the whole Church. The spousal love of Christ is applied to her, the Church, every time that a single person receives in her the fundamental purification by means of baptism. Whoever receives baptism becomes—by the virtue of the redemptive love of Christ—at the same time a participant in his spousal love for the Church. In our text "the washing of water with the word" is an expression of the spousal love in the sense that it prepares the Bride (Church) for the Bridegroom. It makes the Church the spouse of Christ, I would say, in actu primo. Some biblical scholars observe that in this text, the washing with water recalls the ritual ablution which preceded the wedding—something which constituted an important religious rite also among the Greeks.

Ecclesiological dimension

8. As the sacrament of baptism, "the washing of water with the word" (Eph 5:26) renders the Church a spouse not only in actu primo but also in the more distant perspective, in the eschatological perspective. This opens up before us when we read in the Letter to the Ephesians that "the washing of water" serves, on the part of the groom "to present the

Church to himself in splendor without spot or wrinkle or any such thing, that she might be holy and without blemish" (Eph 5:27). The expression "to present to himself" seems to indicate that moment of the wedding in which the bride is led to the groom, already clothed in the bridal dress and adorned for the wedding. The text quoted indicates that the Christ-spouse himself takes care to adorn the spouse-Church. He is concerned that she should be beautiful with the beauty of grace, beautiful by virtue of the gift of salvation in its fullness, already granted from the moment of the sacrament of baptism. But baptism is only the beginning from which the figure of the glorious Church will emerge (as we read in the text), as a definitive fruit of the redemptive and spousal love, only with the final coming of Christ (parousia).

We see how profoundly the author of the Letter to the Ephesians examines the sacramental reality, proclaiming its grand analogy. Both the union of Christ with the Church, and the conjugal union of man and woman in marriage are illumined in this way by a particular supernatural light.

Sacredness of Human Body and Marriage¹⁴⁹

1. The author of the Letter to the Ephesians, proclaiming the analogy between the spousal bond which unites Christ and the Church, and that which unites the husband and wife in marriage, writes as follows: "Husbands, love your wives, as Christ loved the Church and gave himself up for her, that he might sanctify her, having cleansed her by the washing of water with the word, that he might present the Church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish" (Eph 5:25-27).

2. It is significant that the image of the Church in splendor is presented in the text quoted as a bride all beautiful in her body. Certainly this is a metaphor. But it is very eloquent, and it shows how deeply important the body is in the analogy of spousal love. The Church in splendor is "without spot or wrinkle." "Spot" can be understood as a sign of ugliness, and "wrinkle" as a sign of old age or senility. In the metaphorical sense, both terms indicate moral defects, sin. It may be added that in St. Paul the "old man" signifies sinful man (cf. Rom 6:6). Therefore Christ with his redemptive and spousal love ensures that the Church not only becomes sinless, but remains "eternally young."

3. The scope of the metaphor is, as may be seen, quite vast. The expressions which refer directly and immediately to the human body, characterizing it in the reciprocal relationships between husband and wife, indicate at the same time attributes and qualities of the moral, spiritual and supernatural order. This is essential for such an analogy. Therefore the author of the letter can define the state of the Church in splendor in relation to the state of the body of the bride, free from signs of ugliness or old age ("or any such thing"), simply as holiness and absence of sin. Such is the Church "holy and without blemish." It is obvious then what kind of beauty of the bride is in question, in what sense the Church is the Body of Christ, and in what sense that Body-Bride welcomes the gift of

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the Bridegroom who "has loved the Church and has given himself for her." Nevertheless it is significant that St. Paul explains all this reality, which is essentially spiritual and supernatural, by means of the resemblance of the body and of the love whereby husband and wife become "one flesh."

4. In the entire passage of the text cited, the principle of bi-subjectivity is clearly preserved: Christ-Church, Bridegroom-Bride (husband-wife). The author presents the love of Christ for the Church—that love which makes the Church the Body of Christ of which he is the head—as the model of the love of the spouses and as the model of the marriage of the bridegroom and the bride. Love obliges the bridegroom-husband to be solicitous for the welfare of the bride-wife. It commits him to desire her beauty and at the same time to appreciate this beauty and to care for it. Here it is a case of visible beauty, of physical beauty. The bridegroom examines his bride with attention as though in a creative, loving anxiety to find everything that is good and beautiful in her and which he desires for her. That good which he who loves creates, through his love, in the one that is loved, is like a test of that same love and its measure. Giving himself in the most disinterested way, he who loves does so only within the limits of this measure and of this control.

5. When the author of the Letter to the Ephesians—in the succeeding verses of the text (5:28-29)—turns his mind exclusively to the spouses themselves, the analogy of the relationship of Christ to the Church is still more profound and impels him to express himself thus: "Husbands should love their wives as their own bodies" (Eph 5:28). Here the motive of "one flesh" returns again. In the above-mentioned phrase and in the subsequent phrases it is not only taken up again, but also clarified. If husbands should love their wives as their own bodies, this means that uni-subjectivity is based on bi-subjectivity and does not have a real character but only an intentional one. The wife's body is not the husband's own body, but it must be loved like his own body. It is therefore a question of unity, not in the ontological sense, but in the moral sense: unity through love.

6. "He who loves his wife loves himself" (Eph 5:28). This phrase confirms that character of unity still more. In a certain sense, love makes the "I" of the other person his own "I": the "I" of the wife, I would say, becomes through love the "I" of the husband. The body is the expression of that "I" and the foundation of its identity. The union of husband and wife in love is expressed also by means of the body.

It is expressed in the reciprocal relationship, even though the author of the letter indicates it especially from the part of the husband. This results from the structure of the total image. The spouses should be "subject to one another out of reverence for Christ" (this was already made evident in the first verses of the text quoted: Eph 5:21-23). However, later on, the husband is above all, he who loves and the wife, on the other hand, is she who is loved. One could even hazard the idea that the wife's submission to her husband, understood in the context of the entire passage of the Letter to the Ephesians (5:21-33), signifies above all the "experiencing of love." This is all the more so since this submission is related to the image of the submission of the Church to Christ, which

certainly consists in experiencing his love. The Church, as bride, being the object of the redemptive love of Christ-Bridegroom, becomes his Body. Being the object of the spousal love of the husband, the wife becomes "one flesh" with him, in a certain sense, his own flesh. The author will repeat this idea once again in the last phrase of the passage analyzed here: "However, let each one of you love his wife as himself" (Eph 5:33).

7. This is a moral unity, conditioned and constituted by love. Love not only unites the two subjects, but allows them to be mutually interpenetrated, spiritually belonging to one another to such a degree that the author of the letter can affirm: "He who loves his wife loves himself" (Eph 5:28). The "I" becomes in a certain sense the "you" and the "you" the "I" (in a moral sense, that is). Therefore the continuation of the text analyzed by us reads as follows: "For no man ever hates his own flesh, but nourishes and cherishes it, as Christ does the Church, because we are members of his body" (Eph 5:29-30). The phrase, which initially still referred to the relationships of the married couple, returns successively in an explicit manner to the relationship Christ-Church. So, in the light of that relationship, it leads us to define the sense of the entire phrase. After explaining the character of the relationship of the husband to his own wife by forming "one flesh," the author wishes to reinforce still more his previous statement ("He who loves his wife loves himself"). In a certain sense, he wishes to maintain it by the negation and exclusion of the opposite possibility ("No man ever hates his own flesh"—Eph 5:29). In the union through love the body of the other becomes one's own in the sense that one cares for the welfare of the other's body as he does for his own. It may be said that the above-mentioned words, characterizing the "carnal" love which should unite the spouses, express the most general and at the same time, the most essential content. They seem to speak of this love above all in the language of agape.

8. The expression according to which man "nourishes and cherishes his own flesh"—that is, that the husband "nourishes and cherishes" the flesh of his wife as his own—seems rather to indicate the solicitude of the parents, the protective relationship, instead of the conjugal tenderness. The motivation of this character should be sought in the fact that the author here passes distinctly from the relationship which unites the spouses to the relationship between Christ and the Church. The expressions which refer to the care of the body, and in the first place to its nourishment, to its sustenance, suggest to many Scripture scholars a reference to the Eucharist with which Christ in his spousal love nourishes the Church. These expressions, even though in a minor key, indicate the specific character of conjugal love, especially of that love whereby the spouses become "one flesh." At the same time they help us to understand, at least in a general way, the dignity of the body and the moral imperative to care for its good, for that good which corresponds to its dignity. The comparison with the Church as the Body of Christ, the Body of his redemptive and at the same time spousal love, should leave in the minds of those to whom the Letter to the Ephesians was destined a profound sense of the "sacredness" of the human body in general, and especially in marriage, as the "situation" in which this sense of the sacred determines in an especially profound way, the reciprocal relationships of the persons and, above all, those of the man with the woman, inasmuch as she is wife and mother of their children.

Christ's Redemptive Love Has Spousal Nature¹⁵⁰

1. The author of the Letter to the Ephesians writes: "No man ever hates his own flesh, but nourishes and cherishes it, as Christ does the Church, because we are members of his body" (Eph 5:29-30). After this verse the author deems it opportune to cite what can be considered the fundamental text on marriage in the entire Bible, the text contained in Genesis 2:24: "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh" (cf. Eph 5:31). It is possible to deduce from the immediate context of the Letter to the Ephesians that the citation from Genesis (2:24) is necessary here not so much to recall the unity of the spouses, determined from the beginning in the work of creation. But it is necessary to present the mystery of Christ with the Church from which the author deduces the truth about the unity of the spouses. This is the most important point of the whole text, in a certain sense, the keystone. The author of the Letter to the Ephesians sums up in these words all that he had said previously, tracing the analogy and presenting the similarity between the unity of the spouses and the unity of Christ with the Church. Citing the words of Genesis 2:24, the author points out where the bases of this analogy are to be sought. They are to be sought in the line which, in God's salvific plan, unites marriage, as the most ancient revelation (manifestation) of the plan in the created world, with the definitive revelation and manifestation, the revelation that "Christ loved the Church and gave himself up for her" (Eph 5:25), conferring on his redemptive love a spousal character and meaning.

Mystery of Christ and the Church

2. So then this analogy which permeates the text of the Letter to the Ephesians (5:21-33) has its ultimate basis in God's salvific plan. This will become still more clear and evident when we place the passage of this text analyzed by us in the overall context of the Letter to the Ephesians. Then one will more easily understand why the author, after citing the words of Genesis 2:24, writes: "This is a great mystery, and I mean in reference to Christ and the Church" (Eph 5:32).

In the overall context of the Letter to the Ephesians and likewise in the wider context of the words of the Sacred Scriptures, which reveal God's salvific plan "from the beginning," one must admit that here the term *mysterion* signifies the mystery, first of all hidden in God's mind, and later revealed in the history of man. Indeed, it is a question of a "great" mystery, given its importance. That mystery, as God's salvific plan in regard to humanity, is in a certain sense the central theme of all revelation, its central reality. God, as Creator and Father, wishes above all to transmit this to mankind in his Word.

Work of salvation

3. It is a question not only of transmitting the Good News of salvation, but of initiating at the same time the work of salvation, as a fruit of grace which sanctifies man for eternal life in union with God. Precisely along the line of this revelation and accomplishment, St.

¹⁵⁰ September 8, 1982

Paul sets in relief the continuity between the most ancient covenant which God established by constituting marriage in the work of creation, and the definitive covenant. After having loved the Church and given himself up for her, in that covenant Christ is united to her in a spousal way, corresponding to the image of spouses. This continuity of God's salvific initiative constitutes the essential basis of the great analogy contained in the Letter to the Ephesians. The continuity of God's salvific initiative signifies the continuity and even the identity of the mystery, of the great mystery in the different phases of its revelation—therefore, in a certain sense, of its manifestation—and at the same time of its accomplishment: in its "most ancient" phase from the point of view of the history of man and salvation, and in the phase "of the fullness of time" (Gal 4:4).

Understanding "great mystery"

4. Is it possible to understand that great mystery as a sacrament? In the text quoted by us, is the author of the Letter to the Ephesians speaking perchance of the sacrament of marriage? If he is not speaking of it directly, in the strict sense—here one must agree with the sufficiently widespread opinion of Biblical scholars and theologians—however it seems that in this text he is speaking of the bases of the sacramentality of the whole of Christian life and in particular of the bases of the sacramentality of marriage. He speaks then of the sacramentality of the whole of Christian existence in the Church and in particular of marriage in an indirect way, but in the most fundamental way possible.

Sacrament and mystery

3. Is not "sacrament" synonymous with "mystery"^{xv} The mystery indeed remains "occult"—hidden in God himself—in such wise that even after its proclamation (or its revelation) it does not cease to be called "mystery," and it is also preached as a mystery. The sacrament presupposes the revelation of the mystery and presupposes also its acceptance by means of faith on the part of man. However, at the same time, it is something more than the proclamation of the mystery and its acceptance by faith. The sacrament consists in the "manifesting" of that mystery in a sign which serves not only to proclaim the mystery, but also to accomplish it in man. The sacrament is a visible and efficacious sign of grace. Through it, that mystery hidden from eternity in God is accomplished in man, that mystery which the Letter to the Ephesians speaks of at the very beginning (cf. Eph 1:9)—the mystery of God's call of man in Christ to holiness, and the mystery of his predestination to become his adopted son. This becomes a reality in a mysterious way, under the veil of a sign. Nonetheless that sign is always a "making visible" of the supernatural mystery which it works in man under its veil.

Mystery hidden in God

6. Taking into consideration the passage of the Letter to the Ephesians analyzed here, especially the words: "This is a great mystery, and I mean in reference to Christ and the Church," one must note the following. The author of the letter writes not only of the great mystery hidden in God, but also—and above all—of the mystery which is accomplished by Christ. With an act of redemptive love, Christ loved the Church and gave himself up

for her. By the same act he is united with the Church in a spousal manner, as the husband and wife are reciprocally united in marriage instituted by the Creator. It seems that the words of the Letter to the Ephesians provide sufficient motivation for what is stated at the very beginning of *Lumen Gentium*: "The Church is in Christ in the nature of a sacrament—a sign and instrument, that is, of communion with God and of unity among all men" (*Lumen Gentium* n.1). This text of Vatican II does not say: "The Church is a sacrament," but "It is in the nature of a sacrament." Thereby it indicates that one must speak of the sacramentality of the Church in a manner which is analogical and not identical in regard to what we mean when we speak of the seven sacraments administered by the Church by Christ's institution. If there are bases for speaking of the Church as in the nature of a sacrament, such bases for the greater part have been indicated precisely in the Letter to the Ephesians.

Mission to sanctify

7. It may be said that this sacramentality of the Church is constituted by all the sacraments by means of which she carries out her mission of sanctification. It can also be said that the sacramentality of the Church is the source of the sacraments and in particular of Baptism and the Eucharist. This can be seen from the passage of the Letter to the Ephesians which we have already analyzed (cf. Eph 5:25-30). Finally it must be said that the sacramentality of the Church remains in a particular relationship with marriage, the most ancient sacrament.

Moral Aspects of the Christian's Vocation¹⁵¹

1. We have before us the text of the Letter to the Ephesians 5:21-33, which we have already been analyzing for some time because of its importance in regard to marriage and the sacrament. In its whole content, beginning from the first chapter, the letter treats above all of the mystery for ages hidden in God as a gift eternally destined for mankind. "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved" (Eph 1:3-6).

2. Until now the letter speaks of the mystery hidden for ages in God (Eph 3:9). The subsequent phrases introduce the reader to the phase of fulfillment of this mystery in the history of man. The gift, destined for him for ages in Christ, becomes a real part of man in the same Christ: "...in him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, which he lavished upon us. For he has made known to us in all wisdom and insight the mystery of his will, according to his purpose which he set forth in Christ, as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth" (Eph 1:7-10).

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3. And so the eternal mystery passed from the mystery of "being hidden in God" to the phase of revelation and actualization. Christ, in whom humanity was for ages chosen and blessed "with every spiritual blessing of the Father"—Christ, destined according to the eternal "plan" of God, so that in him, as in a head "all things might be united, things in heaven and things on earth" in the eschatological perspective—reveals the eternal mystery and accomplishes it among men. Therefore the author of the Letter to the Ephesians, in the remainder of the letter, exhorts those who have received this revelation, and those who have accepted it in faith, to model their lives in the spirit of the truth they have learned. To the same end, in a particular way he exhorts Christian couples, husbands and wives.

4. For the greater part of the context the letter becomes instruction or parenthesis. The author seems to speak above all of the moral aspects of the vocation of Christians. However, he continually refers to the mystery which is already at work in them, by virtue of the redemption of Christ—and efficaciously works in them especially by virtue of Baptism. He writes: "In him you also, who have heard the word of truth, the gospel of your salvation, and have believed in him, were sealed with the promised Holy Spirit" (Eph 1:13). Thus the moral aspects of the Christian vocation remain linked not only with the revelation of the eternal divine mystery in Christ and with its acceptance through faith, but also with the sacramental order. Although it is not placed in the forefront in the whole letter, it seems to be present in a discreet manner. It could not be otherwise seeing that the Apostle is writing to Christians who, through Baptism, had become members of the ecclesial community. From this point of view, the passage of the Letter to the Ephesians, chapter 5:21-33, analyzed up to the present, seems to have a special importance. Indeed, it throws a special light on the essential relationship of the mystery with the sacrament and especially on the sacramentality of matrimony.

5. At the heart of the mystery, there is Christ. In him—precisely in him—humanity has been eternally blessed "with every spiritual blessing." In him, in Christ, humanity has been chosen "before the creation of the world," chosen in love and predestined to the adoption of sons. When later, in the fullness of time this eternal mystery is accomplished in time, this is brought about also in him and through him; in Christ and through Christ. The mystery of divine love is revealed through Christ. Through him and in him it is accomplished. In him, "We have redemption through his blood, the forgiveness of our trespasses..." (Eph 1:7). In this manner men who through faith accept the gift offered to them in Christ, really become participants in the eternal mystery, even though it works in them under the veil of faith. According to the Letter to the Ephesians 5:21-33, this supernatural conferring of the fruits of redemption accomplished by Christ acquires the character of a spousal donation of Christ himself to the Church, similar to the spousal relationship between husband and wife. Therefore, not only the fruits of redemption are a gift, but above all, Christ himself is a gift. He gives himself to the Church as to his spouse.

6. We should ask whether in this matter such an analogy does not permit us to penetrate the essential content of the mystery more profoundly and with greater exactitude. We should ask ourselves this question with all the greater reason because this classic passage

of the Letter to the Ephesians (5:21-33) does not appear in the abstract and isolated. But it constitutes a continuity. In a certain sense it is a continuation of the statements of the Old Testament, which presented the love of God-Yahweh for his chosen people Israel according to the same analogy. We are dealing in the first place with the texts of the prophets who, in their discourses, introduced the similarity of spousal love in order to characterize in a particular way the love which Yahweh has for Israel. On the part of the chosen people, this love was not understood and reciprocated. Rather it encountered infidelity and betrayal. That infidelity and betrayal was expressed especially in idolatry, a worship given to strange gods.

7. Truth to tell, in the greater part of the cases, the prophets were pointing out in a dramatic manner that very betrayal and infidelity which were called the "adultery" of Israel. However, the explicit conviction that the love of Yahweh for the chosen people can and should be compared to the love which unites husband and wife is at the basis of all these statements of the prophets. Here one could quote many passages from Isaiah, Hosea and Ezekiel. (Some of these were already quoted when we were analyzing the concept of adultery against the background of Christ's words in the Sermon on the Mount.) One cannot forget that to the patrimony of the Old Testament belongs also the Song of Solomon, in which the image of spousal love is traced—it is true—without the typical analogy of the prophetic texts, which presented in that love the image of the love of Yahweh for Israel, but also without that negative element which, in the other texts, constitutes the motive of "adultery" or infidelity. Thus then the analogy of the spouses, which enabled the author of the Letter to the Ephesians to define the relationship of Christ to the Church, possesses an abundant tradition in the books of the Old Testament. In analyzing this analogy in the classic text of the Letter to the Ephesians, we cannot but refer to that tradition.

8. To illustrate this tradition we will limit ourselves for the moment to citing a passage of Isaiah. The prophet says: "Fear not, for you will not be ashamed; be not confounded, for you will not be put to shame; for you will forget the shame of your youth and the reproach of your widowhood you will remember no more. For your Maker is your husband, the Lord of hosts is his name, and the Holy One of Israel is your Redeemer; the God of the whole earth he is called. For the Lord has called you like a wife forsaken and grieved in spirit, like a wife of youth when she is cast off, says your God. For a brief moment I forsook you, but with great compassion I will gather you...but my steadfast love shall not depart from you, and my covenant of peace shall not be removed, says the Lord, who has compassion on you" (Is 54:4-7,10).

During our next meeting we shall begin the analysis of the text cited from Isaiah.

The Relationship of Christ to the Church Connected With the Tradition of the Prophets¹⁵²

¹⁵² September 22, 1982

1. The Letter to the Ephesians, by means of a comparison of the relation between Christ and the Church with the spousal relationship of husband and wife, refers to the tradition of the prophets of the Old Testament. To illustrate it we recall again the following passage of Isaiah:

"Fear not, for you will not be ashamed; be not confounded, for you will not be put to shame; for you will forget the shame of your youth, and the reproach of your widowhood you will remember no more. For your Maker is your husband, the Lord of hosts is his name, and the Holy One of Israel is your Redeemer; the God of the whole earth he is called. For the Lord has called you like a wife forsaken and grieved in spirit, like a wife of youth when she is cast off, says your God. For a brief moment I forsook you, but with great compassion I will gather you. In overflowing wrath for a moment I hid my face from you, but with everlasting love, I will have compassion on you, says the Lord, your Redeemer. For this is like the days of Noah to me: as I swore that the waters of Noah should no more go over the earth, so I have sworn that I will not be angry with you and will not rebuke you. For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and my covenant of peace shall not be removed, says the Lord, who has compassion on you."
(Is 54:4-10)

Back to the mystery hidden in God

2. The text of Isaiah in this case does not contain the reproaches made to Israel as an unfaithful spouse, which echo so strongly in the other texts, especially of Hosea and Ezekiel. Thanks to this, the essential content of the biblical analogy becomes more evident. The love of God-Yahweh for the chosen people-Israel is expressed as the love of the man-spouse for the woman chosen to be his wife by means of the marriage alliance. In this way Isaiah explains the events which make up the course of Israel's history, going back to the mystery hidden in the heart of God. In a certain sense, he leads us in the same direction in which, after many centuries, the author of the Letter to the Ephesians will lead us. Basing himself on the redemption already accomplished in Christ, he will reveal much more fully the depth of the mystery itself.

3. The text of the prophet has all the coloring of the tradition and the mentality of the people of the Old Testament. Speaking in the name of God and, as it were, with his words, the prophet addresses Israel as a husband would address the wife he chose. These words brim over with an authentic ardor of love. At the same time they place in relief the whole specific character both of the situation and of the outlook proper to that age. They underline that the choice on the part of the man takes away the woman's "dishonor." According to the opinion of society, this "dishonor" seems connected with the marriageable state, whether original (virginity), or secondary (widowhood), or finally that deriving from repudiation of a wife who is not loved (cf. Dt 24:1) or in the case of an unfaithful wife. However, the text quoted does not mention infidelity, but it indicates the

motive of the "love of compassion."¹⁵³ Thereby it indicates not merely the social nature of marriage in the Old Testament, but also the very character of the gift, which is the love of God for the spouse-Israel: a gift which derives entirely from God's initiative. In other words, it indicates the dimension of grace, which from the beginning is contained in that love. This is perhaps the strongest declaration of love on God's part, linked with the solemn oath of faithfulness forever.

Creator and Lord

4. The analogy of the love which unites spouses is brought out strongly in this passage. Isaiah says: "...for your Maker is your husband, the Lord of hosts is his name, and the Holy One of Israel is your Redeemer; the God of the whole earth he is called" (Is 54:5). So then, in that text God himself, in all his majesty as Creator and Lord of creation, is explicitly called "spouse" of the chosen people. This spouse speaks of his great compassion, which will not depart from Israel-spouse, but will constitute a stable foundation of the alliance of peace with him. Thus the motif of spousal love and of marriage is linked with the motif of alliance. Besides, the Lord of hosts calls himself not only "Creator," but also "Redeemer." The text has a theological content of extraordinary richness.

Continuity of analogy

5. Comparing the text of Isaiah with the Letter to the Ephesians and noting the continuity regarding the analogy of spousal love and of marriage, we should point out at the same time a certain diversity of theological viewpoint. Already in the first chapter the author of the letter speaks of the mystery of love and of election, whereby "God the Father of our Lord Jesus Christ" embraces mankind in his Son, especially as a mystery "hidden in the mind of God." This is a mystery of eternal love, the mystery of election to holiness ("...to be holy and blameless before him"—Eph 1:4) and of adoption as sons in Christ ("He destined us to be his adopted sons through Jesus Christ"—Eph 1:5). In this context, the deduction of the analogy concerning marriage which we have found in Isaiah ("For your Maker is your husband, the Lord of hosts is his name"—Is 54:5), seems to be a foreshortened view constituting a part of the theological perspective. The first dimension of love and of election, as a mystery hidden for ages in God, is a paternal and not a "conjugal" dimension. According to the Letter to the Ephesians the first characteristic note of that mystery remains connected with the paternity of God, set out in relief especially by the prophets (cf. Hos 11:1-4; Is 63:8-9; 64:7; Mal 1:6).

Theological perspective

6. The analogy of spousal love and of marriage appears only when the Creator and the Holy One of Israel of the text of Isaiah is manifested as Redeemer. Isaiah says: "For your Maker is your husband, the Lord of hosts is his name, and the Holy One of Israel is your

¹⁵³ In the Hebrew text we have the words *hesed-rahamim*, which appear together on more than one occasion.

Redeemer" (Is 54:5). Already in this text it is possible, in a certain sense, to read the parallelism between the spouse and the Redeemer. Passing to the Letter to the Ephesians we should observe that this thought is fully developed there. The figure of the Redeemer¹⁵⁴ is already delineated in the first chapter as proper to him who is the first "beloved Son" of the Father (Eph 1:6), beloved from eternity, of him, in whom all of us have been loved by the Father "for ages." It is the Son of the same substance of the Father, "in whom we have redemption through his blood, the forgiveness of our trespasses according to the riches of his grace" (Eph 1:7). The same Son, as Christ (or as the Messiah) "has loved the Church and has given himself up for her" (Eph 5:25).

This splendid formulation of the Letter to the Ephesians summarizes in itself and at the same time sets in relief the elements of the Canticle on the Servant of Yahweh and of the Canticle of Sion (cf. e.g., Is 42:1; 53:8-12; 54:8).

And thus the giving of himself up for the Church is equivalent to carrying out the work of redemption. In this way the "Creator Lord of hosts" of Isaiah becomes the "Holy One of Israel," of the new Israel, as Redeemer.

In the Letter to the Ephesians the theological perspective of the prophetic text is preserved and at the same time deepened and transformed. New revealed moments enter: the trinitarian, Christological¹⁵⁵ and finally the eschatological moment.

His salvific love

7. Thus St. Paul, writing the letter to the People of God of the new covenant and precisely to the church of Ephesus, will no longer repeat: "Your Maker is your husband." But he will show in what way the Redeemer, who is the firstborn Son and for ages "beloved of the Father," reveals contemporaneously his salvific love. This love consists in giving himself up for the Church, as spousal love whereby he espouses the Church and makes it his own Body. Thus the analogy of the prophetic texts of the Old Testament (in this case

¹⁵⁴ Even though in the most ancient biblical books the word "redeemer" (Hebrew *Go'el*) signified the person bound by blood relationship to vindicate a relative who had been killed (cf. e.g., Nm 35:19), to help a relative who was unfortunate (e.g., Ru 4:6) and especially to ransom him from servitude (cf. e.g., Lv 25:48), with the passage of time this analogy was applied to Yahweh, "who redeemed Israel from the house of bondage, from the hand of Pharaoh, king of Egypt" (Dt 7:8). Especially in Deutero-Isaiah the accent changes from the act of redemption to the person of the Redeemer, who personally saves Israel as though merely by his very presence, "not for price or reward" (Is 45:13).

Therefore the passage from the 'redeemer' of the prophecy of Isaiah chapter 54, to the Letter to the Ephesians, has the same motivation of the application, in the said letter, of the texts of the Canticle on the Servant of Yahweh (cf. Is 53:10-12; Eph 5:23, 25, 26).

¹⁵⁵ In place of the relationship "God-Israel," Paul introduces the relationship "Christ-Church," by applying to Christ everything in the Old Testament that refers to Yahweh (*Adonai-Kyrios*). Christ is God, but Paul also applies to him everything that refers to the Servant of Yahweh in the four canticles (Is 42:49; 50; 52-53) interpreted in a Messianic sense in the intertestamentary period. The motif of "head" and of "body" is not of biblical derivation, but is probably Hellenistic (Stoic?). In Ephesians this theme is utilized in the context of marriage (while in First Corinthians the theme of the "body" serves to demonstrate the order which reigns in society). From the biblical point of view the introduction of this motif is an absolute novelty.

especially of Isaiah) remains preserved in the Letter to the Ephesians and at the same time obviously transformed. A mystery corresponds to the analogy, a mystery which is expressed and, in a certain sense, explained by means of it. In the text of Isaiah this mystery is scarcely outlined, "half-open" as it were; however, in the Letter to the Ephesians it is fully revealed (but of course without ceasing to be a mystery). In the Letter to the Ephesians both dimensions are explicitly clear: the eternal dimension of the mystery inasmuch as it is hidden in God ("the Father of our Lord Jesus Christ"), and the dimension of its historical fulfillment, according to its Christological and at the same ecclesiological dimension. The analogy of marriage referred especially to the second dimension. Also in the prophets (in Isaiah) the analogy of marriage referred directly to a historical dimension. It was linked with the history of the chosen people of the old covenant, with the history of Israel. On the other hand the Christological and the ecclesiological dimension was found only as an embryo in the Old Testament fulfillment of the mystery; it was only foretold.

Nonetheless it is clear that the text of Isaiah helps us to understand better the Letter to the Ephesians and the great analogy of the spousal love of Christ and the Church.

Analogy of Spousal Love Indicates the Radical Character of Grace¹⁵⁶

In the Letter to the Ephesians (5:21-33)—as in the prophets of the Old Testament (e.g., in Isaiah)—we find the great analogy of marriage or of the spousal love between Christ and the Church.

What function does this analogy fulfill in regard to the mystery revealed in the old and the new covenants? The answer to this question must be gradual. First of all, the analogy of spousal or conjugal love helps to penetrate the essence of the mystery. It helps to understand it up to a certain point, naturally, in an analogical way. It is obvious that the analogy of earthly human love of the husband for his wife, of human spousal love, cannot provide an adequate and complete understanding of that absolutely transcendent Reality which is the divine mystery, both as hidden for ages in God, and in its historical fulfillment in time, when "Christ so loved the Church and gave himself up for her" (Eph 5:25). The mystery remains transcendent in regard to this analogy as in regard to any other analogy, whereby we seek to express it in human language. At the same time, however, this analogy offers the possibility of a certain cognoscitive penetration into the essence of the mystery.

Realized by Christ

2. The analogy of spousal love permits us to understand in a certain way the mystery which for ages was hidden in God, and which in turn was realized by Christ, as a love proper to a total and irrevocable gift of self on the part of God to man in Christ. It is a question of "man" in the personal and at the same time communitarian dimension. (This communitarian dimension is expressed in the Book of Isaiah and in the prophets as

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"Israel," and in the Letter to the Ephesians as the "Church"; one could say: the People of God of the old and of the new covenant.) We may add that in both conceptions, in a certain sense the communitarian dimension is placed in the forefront. But it is not to such an extent as completely to hide the personal dimension, which, on the other hand, pertains simply to the essence of conjugal love. In both cases we are dealing rather with a significant "reduction of the community to the person".¹⁵⁷ Israel and the Church are considered as bride-person in relation to the bridegroom-person (Yahweh and Christ). Every concrete "I" should find itself in that biblical "we."

God of the covenant

3. So then, the analogy which we are speaking of permits us to understand in a certain degree the revealed mystery of the living God who is Creator and Redeemer. (And as such he is, at the same time, God of the covenant.) It permits us to understand this mystery in the manner of a spousal love, just as it allows us to understand it also in the manner of a love of "compassion" (according to the text of Isaiah), or in the manner of a "paternal" love (according to the Letter to the Ephesians, especially in the first chapter). The above-mentioned ways of understanding the mystery are also without doubt analogical. The analogy of spousal love contains in itself a characteristic of the mystery, which is not directly emphasized either by the analogy of the love of compassion or by the analogy of paternal love (or by any other analogy used in the Bible to which we would have referred).

Radical and total gift

4. The analogy of spousal love seems to emphasize especially the aspect of the gift of self on the part of God to man, "for ages" chosen in Christ (literally: to "Israel," to the "Church")—a total (or rather radical) and irrevocable gift in its essential character, that is, as a gift. This gift is certainly radical and therefore total. We cannot speak of that totality in a metaphysical sense. Indeed, as a creature man is not capable of receiving the gift of God in the transcendental fullness of his divinity. Such a total gift (uncreated) is shared only by God himself in the triune communion of the Persons. On the contrary, God's gift of himself to man, which the analogy of spousal love speaks of, can only have the form of a participation in the divine nature (cf. 2 Pt 1:4), as theology makes clear with very great precision. Nevertheless, according to this measure, the gift made to man on the part of God in Christ is a total, that is, a radical gift, as the analogy of spousal love indicates. In a certain sense, it is all that God could give of himself to man, considering the limited faculties of man, a creature. In this way, the analogy of spousal love indicates the radical character of grace, of the whole order of created grace.

Sacrament and mystery

¹⁵⁷ It is not merely a question of the personification of human society, which constitutes a fairly common phenomenon in world literature, but of a specific "corporate personality" of the Bible, marked by a continual reciprocal relationship of the individual to the group (cf. H. Wheeler Robinson, "The Hebrew Conception of Corporate Personality," BZAW 66 [1936], pp. 49-62; cf. also J. L. McKenzie, "Aspects of Old Testament Thought," The Jerome Biblical Commentary, Vol. 2 [London: 1970], p. 748).

5. The foregoing seems to be what can be said in reference to the primary function of our great analogy, which has passed from the writings of the prophets of the Old Testament to the Letter to the Ephesians, where, as has already been noted, it underwent a significant transformation. The analogy of marriage, as a human reality in which spousal love is incarnated, helps to a certain degree and in a certain way to understand the mystery of grace as an eternal reality in God and as a historical fruit of mankind's redemption in Christ. However, we said before that this biblical analogy not only "explains" the mystery. On the other hand the mystery defines and determines the adequate manner of understanding the analogy, and precisely this element, in which the biblical authors see "the image and likeness" of the divine mystery. So then, the comparison of marriage (because of spousal love) to the relationship of Yahweh-Israel in the old covenant and of Christ-Church in the new covenant decides, at the same time, the manner of understanding marriage itself and determines this manner.

6. This is the second function of our great analogy. In the perspective of this function we approach the problem of sacrament and mystery, that is, in the general and fundamental sense, the problem of the sacramentality of marriage. This seems especially justified in the light of the analysis of the Letter to the Ephesians (5:21-33). Indeed, in presenting the relationship of Christ to the Church in the image of the conjugal union of husband and wife, the author of this letter speaks in the most general and at the same time fundamental way. He speaks not only of the fulfillment of the eternal divine mystery, but also of the way in which that mystery is expressed in the visible order, of the way in which it has become visible, and therefore has entered into the sphere of sign.

Visibility of the mystery

7. By the term "sign" we mean here simply the "visibility of the Invisible." The mystery for ages hidden in God—that is, invisible—has become visible first of all in the historical event of Christ. The relationship of Christ to the Church, which is defined in the Letter to the Ephesians as "a great mystery," constitutes the fulfillment and the concretization of the visibility of the mystery itself. The author of the Letter to the Ephesians compares the indissoluble relationship of Christ and the Church to the relationship between husband and wife, that is, to marriage—referring at the same time to the words of Genesis (2:24), which by God's creative act originally instituted marriage—turns our attention to what was already presented—in the context of the mystery of creation—as the "visibility of the Invisible," to the very "origin" of the theological history of man.

It can be said that the visible sign of marriage "in the beginning," inasmuch as it is linked to the visible sign of Christ and of the Church, to the summit of the salvific economy of God, transfers the eternal plan of love into the historical dimension and makes it the foundation of the whole sacramental order. It is a special merit of the author of the Letter to the Ephesians that he brought these two signs together, and made of them one great sign—that is, a great sacrament (*sacramentum magnum*).

Marriage Is the Central Point of the Sacrament of Creation¹⁵⁸

1. We continue the analysis of the classic text of the Letter to the Ephesians, 5:21-33. For this purpose it is necessary to quote some phrases contained in one of the preceding analyses devoted to this theme: "Man appears in the visible world as the highest expression of the divine gift, because he bears within himself the interior dimension of the gift. With it he brings into the world his particular likeness to God, whereby he transcends and dominates also his 'visibility' in the world, his corporality, his masculinity or femininity, his nakedness. Resulting from this likeness there is also the primordial awareness of the conjugal significance of the body, pervaded by the mystery of original innocence" (*L'amore umano nel piano divino*, Citta del Vaticano, 1980, p. 90). These phrases sum up in a few words the result of the analyses devoted to the first chapters of Genesis, in relation to the words with which Christ, in his conversation with the Pharisees on the subject of marriage and its indissolubility, referred to the "beginning." Other phrases of the same analysis pose the problem of the primordial sacrament: "Thus, in this dimension, there is constituted a primordial sacrament, understood as a sign which effectively transmits in the visible world the invisible mystery hidden from eternity in God. This is the mystery of truth and love, the mystery of the divine life in which man really shares.... It is the original innocence which initiates this participation..." (*ibid.*, p. 90).

The state of man before original sin

2. It is necessary to look again at the content of these statements in the light of the Pauline doctrine expressed in the Letter to the Ephesians, bearing in mind especially the passage of chapter 5, verses 21-33, situated in the overall context of the entire letter. In any event, the letter authorizes us to do this, because the author himself referred to the "beginning," and precisely to the words of the institution of marriage in Genesis (Eph 5:31; cf. Gn 2:24). In what sense can we see in these words a statement about the sacrament, about the primordial sacrament? The previous analyses of the biblical "beginning" have led us gradually to this, in consideration of the state of the original endowment of man in existence and in grace, which was the state of innocence and original justice. The Letter to the Ephesians leads us to approach this situation—that is, the state of man before original sin—from the point of view of the mystery hidden in God from eternity. In fact, we read in the first phrases of the letter that "God, Father of our Lord Jesus Christ...has blessed us in Christ with every spiritual blessing in the heavenly places. He chose us in him before the foundation of the world, that we should be holy and blameless before him" (Eph 1:3-4).

God's eternal plan

3. The Letter to the Ephesians opens up before us the supernatural world of the eternal mystery, of the eternal plans of God the Father concerning man. These plans precede the creation of the world, and therefore also the creation of man. At the same time those

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divine plans begin to be put into effect already in the entire reality of creation. If also the state of original innocence of man, created as male and female in the likeness of God, pertains to the mystery of creation, this implies that the primordial gift conferred on man by God already includes within itself the fruit of having been chosen, which we read of in the Letter to the Ephesians: "He chose us...that we should be holy and blameless before him" (Eph 1:4). This indeed seems to be indicated by the words of Genesis, when the Creator-Elohim finds in man—male and female—who appeared before him, a good worthy of gratification: "God saw everything that he had made, and behold, it was very good" (Gn 1:31). Only after sin, after breaking the original covenant with the Creator, man feels the need to hide himself "from the Lord God." "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself" (Gn 3:10).

4. On the contrary, before sin, man bore in his soul the fruit of eternal election in Christ, the eternal Son of the Father. By means of the grace of this election man, male and female, was "holy and blameless" before God. That primordial (or original) holiness and purity were expressed also in the fact that, although both were "naked, they were not ashamed" (Gn 2:25), as we have sought to make evident in the previous analyses. Comparing the testimony of the "beginning" found in the first chapters of Genesis, with the testimony of the Letter to the Ephesians, one must deduce that the reality of man's creation was already imbued by the perennial election of man in Christ. Man is called to sanctity through the grace of the adoption as sons. "He destined us to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved" (Eph 1:5-6).

Supernatural endowment

5. Man, male and female, shared from the beginning in this supernatural gift. This bounty was granted in consideration of him, who from eternity was beloved as Son, even though—according to the dimensions of time and history—it had preceded the Incarnation of this beloved Son and also the redemption which we have in him through his blood (cf. Eph 1:7). The redemption was to become the source of man's supernatural endowment after sin and, in a certain sense, in spite of sin. This supernatural endowment, which took place before original sin, that is, the grace of justice and original innocence—an endowment which was the fruit of man's election in Christ before the ages—was accomplished precisely in reference to him, to the beloved One, while anticipating chronologically his coming in the body. In the dimensions of the mystery of creation the election to the dignity of adopted sonship was proper only to the first Adam, that is, to the man created in the image and likeness of God, male and female.

The subject of holiness

6. In what way is the reality of the sacrament, of the primordial sacrament, verified in this context? In the analysis of the beginning, from which we quoted a passage a short time ago, we said that "the sacrament, as a visible sign, is constituted by man inasmuch as he is a 'body,' through his visible masculinity and femininity. The body, in fact, and only it, is capable of making visible what is invisible: the spiritual and the divine. It was created

to transfer into the visible reality of the world the mystery hidden from eternity in God, and thus to be its sign" (loc. cit., p. 90).

This sign has besides an efficacy of its own, as I also said: "Original innocence linked to the experience of the conjugal significance of the body" has as its effect "that man feels himself, in his body as male and female, the subject of holiness" (Ibid., p. 91). He feels himself such and he is such from the beginning. That holiness which the Creator conferred originally on man pertains to the reality of the "sacrament of creation." The words of Genesis 2:24, "A man...cleaves to his wife and they become one flesh," spoken in the context of this original reality in a theological sense, constitute marriage as an integral part and, in a certain sense, a central part of the "sacrament of creation." They constitute—or perhaps rather they simply confirm—the character of its origin. According to these words, marriage is a sacrament inasmuch as it is an integral part and, I would say, the central point of "the sacrament of creation." In this sense it is the primordial sacrament.

7. The institution of marriage, according to the words of Genesis 2:24, expresses the beginning of the fundamental human community which through the "procreative" power that is proper to it serves to continue the work of creation. "Be fruitful and multiply" (Gn 1:28). Not only this, it expresses at the same time the salvific initiative of the Creator, corresponding to the eternal election of man, which the Letter to the Ephesians speaks of. That salvific initiative comes from God-Creator and its supernatural efficacy is identified with the very act of man's creation in the state of original innocence. In this state, already in the act of man's creation, his eternal election in Christ fructified. In this way one must recognize that the original sacrament of creation draws its efficacy from the beloved Son (cf. Eph 1:6 where it speaks of the "grace which he gave us in his beloved Son"). If then it treats of marriage, one can deduce that—instituted in the context of the sacrament of creation in its globality, that is, in the state of original innocence—it should serve not only to prolong the work of creation, that is, of procreation. But it should also serve to extend to further generations of men the same sacrament of creation, that is, the supernatural fruits of man's eternal election on the part of the Father in the eternal Son—those fruits which man was endowed with by God in the very act of creation.

The Letter to the Ephesians seems to authorize us to interpret Genesis in this way, and the truth about the "beginning" of man and of marriage contained therein.

Loss of Original Sacrament Restored with Redemption in Marriage-Sacrament¹⁵⁹

1. In our previous consideration we have tried to study in depth—in the light of the Letter to the Ephesians—the sacramental "beginning" of man and marriage in the state of original justice (or innocence).

We know, however, that the heritage of grace was driven out of the human heart when

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the first covenant with the Creator was broken. The perspective of procreation, instead of being illumined by the heritage of original grace, given by God as soon as he infused a rational soul, became dimmed by the heritage of original sin. We can say that marriage, as a primordial sacrament, was deprived of that supernatural efficacy which at the moment of its institution belonged to the sacrament of creation in its totality.

Nonetheless, even in this state, that is, in the state of man's hereditary sinfulness, marriage never ceased being the figure of that sacrament we read about in the Letter to the Ephesians (Eph 5:21-33) and which the author of that letter does not hesitate to call a "great mystery." Can we not perhaps deduce that marriage has remained the platform for the actuation of God's eternal designs, according to which the sacrament of creation had drawn near to men and had prepared them for the sacrament of redemption, introducing them to the dimension of the work of salvation? The analysis of the Letter to the Ephesians, especially the classic text (5:21-33), seems to lean toward such a conclusion.

2. When in verse 31 the author refers to the words of the institution of marriage contained in Genesis (2:24: "For this reason a man will leave his father and mother and will cling to his wife, and the two shall become one body"), and then immediately states: "This is a great mystery; I mean that it refers to Christ and the Church" (Eph 5:32), he seems to indicate not only the identity of the mystery hidden in God from all eternity, but also that continuity of its actuation. This exists between the primordial sacrament connected with the supernatural gracing of man in creation itself and the new gracing, which occurred when "Christ loved the Church and gave himself up for her to make her holy..." (Eph 5:25-26)—gracing can be defined in its entirety as the sacrament of redemption. In this redemptive gift of himself "for" the Church, there is also contained—according to Pauline thought—Christ's gift of himself to the Church, in the image of the nuptial relationship that unites husband and wife in marriage. In this way, the sacrament of redemption again takes on, in a certain sense, the figure and form of the primordial sacrament. To the marriage of the first husband and wife, as a sign of the supernatural gracing of man in the sacrament of creation, there corresponds the marriage, or rather the analogy of the marriage, of Christ with the Church, as the fundamental great sign of the supernatural gracing of man in the sacrament of redemption—of the gracing in which the covenant of the grace of election is renewed in a definitive way, the covenant which was broken in the beginning by sin.

Supernatural gracing

3. The image contained in the quoted passage from the Letter to the Ephesians seems to speak above all of the sacrament of redemption as that definitive fulfillment of the mystery hidden from eternity in God. Everything that the Letter to the Ephesians had treated in the first chapter is actuated in this *mysterium magnum* (great mystery). As we recall, it says not only "In him [that is, in Christ] God chose us before the world began, to be holy and blameless in his sight..." (Eph 1:4), but also "in whom [Christ] we have redemption through his blood, the remission of sins, so immeasurably generous is God's favor to us..." (Eph 1:7-8). The new supernatural gracing of man in the sacrament of redemption is also a new actuation of the mystery hidden in God from all eternity—new in relation to the sacrament of creation. At this moment, gracing is in a certain sense a

new creation. However, it differs from the sacrament of creation insofar as the original gracing, united to man's creation, constituted that man in the beginning, through grace, in the state of original innocence and justice. The new gracing of man in the sacrament of redemption, instead, gives him above all the remission of sins. Yet even here grace can "abound even more," as St. Paul expresses elsewhere: "Where sin increased, grace has abounded even more" (Rom 5:20).

4. The sacrament of redemption—the fruit of Christ's redemptive love—becomes, on the basis of his spousal love for the Church, a permanent dimension of the life of the Church herself, a fundamental and life-giving dimension. It is the *mysterium magnum* (great mystery) of Christ and the Church. It is the eternal mystery actuated by Christ, who "gave himself up for her" (Eph 5:25). It is the mystery that is continually actuated in the Church, because Christ "loved the Church" (Eph 5:25), uniting himself with her in an indissoluble love, just as spouses, husband and wife, unite themselves in marriage. In this way the Church lives on the sacrament of redemption. In her turn she completes this sacrament just as the wife, in virtue of spousal love, completes her husband. In a certain way this had already been pointed out "in the beginning" when the first man found in the first woman "a helper fit for him" (Gn 2:20). Although the analogy in the Letter to the Ephesians does not state it precisely, we can add also that the Church united to Christ, as the wife to her husband, draws from the sacrament of redemption all her fruitfulness and spiritual motherhood. The words of the letter of St. Peter testify to this in some way when he writes that we have been "reborn not from a corruptible, but from an incorruptible seed, through the living and enduring word of God" (1 Pt 1:23). So the mystery hidden in God from all eternity—the mystery that in the beginning, in the sacrament of creation, became a visible reality through the union of the first man and woman in the perspective of marriage—becomes in the sacrament of redemption a visible reality of the indissoluble union of Christ with the Church, which the author of the Letter to the Ephesians presents as the nuptial union of spouses, husband and wife.

New actuation of the mystery

5. The *sacramentum magnum* (the Greek text reads: *tò mystérion toúto méga estín*) of the Letter to the Ephesians speaks of the new actuation of the mystery hidden in God from all eternity. It is the definitive actuation from the point of view of the earthly history of salvation. It also speaks of "making the mystery visible": the visibility of the Invisible. This visibility is not had unless the mystery ceases to be a mystery. This refers to the marriage constituted in the beginning, in the state of original innocence, in the context of the sacrament of creation. It refers also to the union of Christ with the Church, as the great mystery of the sacrament of redemption. The visibility of the Invisible does not mean—if it can be said this way—a total clearing of the mystery. The mystery, as an object of faith, remains veiled even through what is precisely expressed and fulfilled. The visibility of the Invisible therefore belongs to the order of signs, and the sign indicates only the reality of the mystery, but not the unveiling. The "first Adam"—man, male and female—created in the state of original innocence and called in this state to conjugal union (in this sense we are speaking of the sacrament of creation) was a sign of the eternal mystery. So the "second Adam," Christ, united with the Church through the

sacrament of redemption by an indissoluble bond, analogous to the indissoluble covenant of spouses, is a definitive sign of the same eternal mystery. Therefore, in speaking about the eternal mystery being actuated, we are speaking also about the fact that it becomes visible with the visibility of the sign. Therefore we are speaking also about the sacramentality of the whole heritage of the sacrament of redemption, in reference to the entire work of creation and redemption, and more so in reference to marriage instituted within the context of the sacrament of creation, as also in reference to the Church as the spouse of Christ, endowed by a quasi-conjugal covenant with him.

Marriage an Integral Part of New Sacramental Economy¹⁶⁰

1. Last Wednesday we spoke of the integral heritage of the covenant with God, and of the grace originally united to the divine work of creation. Marriage was also a part of this integral heritage—as can be deduced from the Letter to the Ephesians 5:21-33—marriage, that is, as a primordial sacrament instituted from the beginning and linked with the sacrament of creation in its globality. The sacramentality of marriage is not merely a model and figure of the sacrament of the Church (of Christ and of the Church). It also constitutes an essential part of the new heritage, that of the sacrament of redemption, with which the Church is endowed in Christ.

Here it is necessary yet again to refer to Christ's words in Matthew 19:3-9 (cf. also Mk 10:5-9). In replying to the question of the Pharisees concerning marriage, Christ refers only and exclusively to its original institution on the part of the Creator at the beginning. Reflecting on the significance of this reply in the light of the Letter to the Ephesians, and in particular of Ephesians 5:21-33, we end up with a relationship—in a certain sense twofold—of marriage with the whole sacramental order which, in the new covenant, emerges from the same sacrament of redemption.

2. Marriage as a primordial sacrament constitutes, on the one hand, the figure (the likeness, the analogy), according to which there is constructed the basic main structure of the new economy of salvation and of the sacramental order. This order draws its origin from the spousal gracing which the Church received from Christ, together with all the benefits of redemption (one could say, using the opening words of the Letter to the Ephesians, "with every spiritual blessing"—1:3). In this way marriage, as a primordial sacrament, is assumed and inserted into the integral structure of the new sacramental economy, arising from redemption in the form, I would say, of a "prototype." It is assumed and inserted as it were from its very bases. In conversation with the Pharisees, Christ himself first of all reconfirmed its existence (Mt 19:3-9). Reflecting deeply on this dimension, one would have to conclude that in a certain sense all the sacraments of the new covenant find their prototype in marriage as the primordial sacrament. This seems to be indicated in the classic passage quoted from the Letter to the Ephesians, as we shall say again soon.

3. However, the relationship of marriage with the whole sacramental order, deriving from

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the endowment of the Church with the benefits of the redemption, is not limited merely to the dimension of model. In his conversation with the Pharisees (cf. Mt 19), Christ confirms the existence of marriage instituted from the beginning by the Creator. Not only that, he declares it also an integral part of the new sacramental economy, of the new order of salvific signs which derives its origin from the sacrament of redemption, just as the original economy emerged from the sacrament of creation. In fact, Christ limited himself to the unique sacrament which was marriage instituted in the state of innocence and of original justice of man, created male and female "in the image and likeness of God."

4. The new sacramental economy which is constituted on the basis of the sacrament of redemption, deriving from the spousal gracing of the Church on the part of Christ, differs from the original economy. Indeed, it is directed not to the man of justice and original innocence, but to the man burdened with the heritage of original sin and with the state of sinfulness (*status naturae lapsae*). It is directed to the man of the threefold concupiscence, according to the classic words of 1 John 2:16, to the man in whom "the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh" (Gal 5:17), according to the Pauline theology (and anthropology), to which we have devoted much space in our previous reflections.

5. These considerations, following upon a deeper analysis of the significance of Christ's statement in the Sermon on the Mount concerning the lustful look as adultery of the heart, prepare for an understanding of marriage as an integral part of the new sacramental order. This order has its origin in the sacrament of redemption, that is to say, in that great mystery which, as the mystery of Christ and of the Church, determines the sacramentality of the Church itself. These considerations also prepare for an understanding of marriage as a sacrament of the new covenant, whose salvific work is organically linked with the ensemble of that ethos which was defined in the previous analyses as the ethos of redemption. The Letter to the Ephesians expresses the same truth in its own way. It speaks of marriage as a great sacrament in a wide parenetic context, that is, in the context of exhortations of a moral nature. It concerns precisely the ethos which should characterize the life of Christians, that is, of people aware of the election which is realized in Christ and in the Church.

6. Against this vast background of reflections which emerge from reading the Letter to the Ephesians (especially 5:21-33), one can and should eventually touch again the problem of the sacraments of the Church. The text cited from the Letter to the Ephesians speaks of it in an indirect and, I would say, secondary way, though sufficient to bring this problem within the scope of our considerations. However, it is fitting to clarify here, at least briefly, the sense in which we use the term "sacrament," which is significant for our considerations.

7. Until now we have used the term "sacrament" (in conformity with the whole of biblical-patristic tradition)¹⁶¹ in a sense wider than that proper to traditional and contemporary theological terminology. By the word "sacrament" this terminology means

¹⁶¹ Cf. Leo XIII, *Acta*, Vol. II, 1881, p. 22.

the signs instituted by Christ and administered by the Church, which signify and confer divine grace on the person who receives the relative sacrament. In this sense each of the seven sacraments of the Church is characterized by a determinate liturgical action, made up of words (the form) and the specific sacramental "matter"—according to the widespread hylomorphic theory deriving from Thomas Aquinas and the whole scholastic tradition.

8. In relationship to this rather restricted meaning, we have used in our considerations a wider and perhaps also more ancient and fundamental meaning of the term "sacrament." The Letter to the Ephesians, especially 5:21-33, seems in a particular way to authorize us to do so. Here sacrament signifies the very mystery of God, which is hidden from eternity; however, not in an eternal concealment, but above all, in its very revelation and actuation (furthermore, in its revelation through its actuation). In this sense we spoke also of the sacrament of creation and of the sacrament of redemption. On the basis of the sacrament of creation, one must understand the original sacramentality of marriage (the primordial sacrament). Following upon this, on the basis of the sacrament of redemption one can understand the sacramentality of the Church, or rather the sacramentality of the union of Christ with the Church. The author of the Letter to the Ephesians presents this under the simile of marriage, of the conjugal union of husband and wife. A careful analysis of the text shows that in this case, it is not merely a comparison in a metaphorical sense, but of a real renewal (or of a "re-creation," that is, of a new creation) of that which constituted the salvific content (in a certain sense, the "salvific substance") of the primordial sacrament. This observation has an essential significance both for the clarification of the sacramentality of the Church (the very significant words of the first chapter of *Lumen Gentium* refer to this), and also for the understanding of the sacramentality of marriage, understood precisely as one of the sacraments of the Church.

Indissolubility of Sacrament of Marriage in Mystery of the Redemption of the Body¹⁶²

1. The text of the Letter to the Ephesians (5:21-33) speaks of the sacraments of the Church—and in particular of Baptism and the Eucharist—but only in an indirect and, in a certain sense, allusive manner, developing the analogy of marriage in reference to Christ and the Church. So we read at first that Christ who "loved the Church and gave himself up for her" (5:25), did so "that he might sanctify her, having cleansed her by the washing of water with the word" (5:26). Doubtlessly this treats of the sacrament of Baptism, which by Christ's institution was from the beginning conferred on those who were converted. The words quoted show very graphically in what way Baptism draws its essential significance and its sacramental power from that spousal love of the Redeemer, by means of which the sacramentality of the Church itself is constituted above all (*sacramentum magnum*). The same can also be said perhaps of the Eucharist. This would seem to be indicated by the following words about nourishing one's own body, which indeed every man nourishes and cherishes "as Christ does the Church, because we are members of his body" (5:29-30). In fact Christ nourishes the Church with his body

¹⁶² October 27, 1982

precisely in the Eucharist.

2. One sees, however, that neither in the first nor second case can we speak of a well-developed sacramental theology. One cannot speak about it even when treating of the sacrament of marriage as one of the sacraments of the Church. Expressing the spousal relationship of Christ to the Church, the Letter to the Ephesians lets it be understood that on the basis of this relationship the Church itself is the "great sacrament." It is the new sign of the covenant and of grace, which draws its roots from the depths of the sacrament of redemption, just as from the depths of the sacrament of creation marriage has emerged, a primordial sign of the covenant and of grace. The author of the Letter to the Ephesians proclaims that that primordial sacrament is realized in a new way in the sacrament of Christ and of the Church. For this reason also, in the same classic text of the Letter to the Ephesians 5:21-33, the Apostle urges spouses to be "subject to one another out of reverence for Christ" (5:21) and model their conjugal life by basing it on the sacrament instituted at the beginning by the Creator. This sacrament found its definitive greatness and holiness in the spousal covenant of grace between Christ and the Church.

3. Even though the Letter to the Ephesians does not speak directly and immediately of marriage as one of the sacraments of the Church, the sacramentality of marriage is especially confirmed and closely examined in it. In the great sacrament of Christ and of the Church, Christian spouses are called upon to model their life and their vocation on the sacramental foundation.

4. After the analysis of the classical text of Ephesians 5:21-33, addressed to Christian spouses, Paul announces to them the great mystery (*sacramentum magnum*) of the spousal love of Christ and of the Church. After the analysis of this text, it is opportune to return to those significant words of the Gospel which we have analyzed previously, seeing in them the key statements for the theology of the body. Christ spoke these words, one might say, from the divine depth of the redemption of the body (cf. Rom 8:23). All these words have a fundamental significance for man inasmuch as he is a body—inasmuch as he is male or female. They have a significance for marriage in which man and woman unite so that the two become "one flesh," according to the expression of Genesis (2:24). However, at the same time, Christ's words also indicate the vocation to continence "for the sake of the kingdom of heaven" (Mt 19:12).

5. In each of these ways the redemption of the body is a great expectation of those who possess "the first fruits of the spirit" (Rom 8:23). Not only that, it is also a permanent source of hope that creation will be "set free from its bondage to decay and obtain the glorious liberty of the children of God" (Rom 8:21). Spoken from the divine depth of the mystery of redemption and of the redemption of the body, Christ's words bear within them the leaven of this hope. They open to it a perspective both in the eschatological dimension and also in the dimension of daily life. In fact, the words addressed to his immediate hearers are simultaneously addressed to historical man of various times and places. That man indeed who possesses "the first fruits of the spirit...groans...waiting for the redemption...of the body" (Rom 8:23). There is also concentrated in him the "cosmic" hope of the whole of creation, which in him, in man, "waits with eager longing for the

revealing of the sons of God" (Rom 8:19).

6. Christ speaks with the Pharisees, who ask him: "Is it lawful to divorce one's wife for any cause?" (Mt 19:3) They question him in this way precisely because the law attributed to Moses permitted the so-called "bill of divorce" (Dt 24:1). Christ's reply was as follows: "Have you not read that he who made them from the beginning made them male and female, and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one'? So they are no longer two but one. What therefore God has joined together, let no man put asunder" (Mt 19:2-6). They then went on to speak about the "bill of divorce" and Christ said to them: "For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so. And I say to you: Whoever divorces his wife, except for unchastity, and marries another, commits adultery" (Mt 19:8-9). "He who marries a woman divorced from her husband, commits adultery" (Lk 16:18).

7. The horizon of the redemption of the body is opened up with these words, which constitute the reply to a concrete question of a juridical-moral nature. It is opened up especially by the fact that Christ took his stand on the plane of that primordial sacrament which his questioners inherited in a singular manner, given that they also inherited the revelation of the mystery of creation, contained in the first chapters of the Book of Genesis.

These words contain at the same time a universal reply addressed to historical man of all times and places, since they are decisive for marriage and for its indissolubility. In fact they refer to that which man is, male and female, such as he has become in an irreversible way by the fact of having been created in the image and likeness of God. Man does not cease to be such even after original sin, even though this has deprived him of original innocence and justice. In replying to the query of the Pharisees, Christ referred to the "beginning." He seemed in this way to stress especially the fact that he was speaking from the depth of the mystery of redemption, and of the redemption of the body. In fact, Redemption signifies, as it were, a "new creation." It signifies the assuming of all that is created: to express in creation the fullness of justice, of equity and of sanctity designated by God, and to express that fullness especially in man, created as male and female in the image of God.

In the perspective of Christ's words to the Pharisees on that which marriage was from the beginning, we reread also the classic text of the Letter to the Ephesians (5:21-33) as a testimony of the sacramentality of marriage based on the great mystery of Christ and of the Church.

Christ Opened Marriage to the Saving Action of God¹⁶³

1. We have analyzed the Letter to the Ephesians, especially the passage of 5:21-33, from the point of view of the sacramentality of marriage. Now we shall examine the same text

¹⁶³ November 24, 1982

in the perspective of the words of the Gospel.

Christ's words to the Pharisees (cf. Mt 19) refer to marriage as a sacrament, that is, to the primordial revelation of God's salvific will and deed at the beginning, in the very mystery of creation. In virtue of that salvific will and deed of God, man and woman, joining together in such a way as to become "one flesh" (Gn 2:24), were at the same time destined to be united "in truth and love" as children of God (cf. *Gaudium et Spes* 24), adopted children in the only-begotten Son, beloved from all eternity. The words of Christ are directed to this unity and toward this communion of persons, in the likeness of the union of the divine persons (cf. *Gaudium et Spes* 24). His words refer to marriage as the primordial sacrament and at the same time confirm that sacrament on the basis of the mystery of redemption. In fact, the original "unity in the body" of man and woman does not cease to mold the history of man on earth, even though it has lost the clarity of the sacrament, of the sign of salvation, which it possessed at the beginning.

2. If Christ, in the presence of those with whom he was conversing, in the Gospels of Matthew and Mark (cf. Mt 19; Mk 10), confirms marriage as a sacrament instituted by the Creator at the beginning—if in conformity with this he insisted on its indissolubility—he thereby opens marriage to the salvific action of God, to the forces which flow from the redemption of the body, and which help to overcome the consequences of sin and to constitute the unity of man and woman according to the eternal plan of the Creator. The salvific action which derives from the mystery of redemption assumes in itself the original sanctifying action of God in the mystery of creation.

3. The words of the Gospel of Matthew (cf. Mt 19:3-9; Mk 10:2-12), have at the same time a very expressive ethical eloquence. These words confirm—on the basis of the mystery of redemption—the primordial sacrament, and at the same time, they establish an adequate ethos which in our previous reflections we have called the ethos of redemption. The evangelical and Christian ethos, in its theological essence, is the ethos of redemption. Certainly, for that ethos we can find a rational interpretation, a philosophical interpretation of a personalistic character; however, in its theological essence, it is an ethos of redemption, rather, an ethos of the redemption of the body. Redemption becomes at the same time the basis for understanding the particular dignity of the human body, rooted in the personal dignity of the man and the woman. The reason of this dignity lies at the root of the indissolubility of the conjugal covenant.

4. Christ refers to the indissoluble character of marriage as a primordial sacrament, and, confirming this sacrament on the basis of the mystery of redemption, he simultaneously draws conclusions of an ethical nature: "Whoever divorces his wife and marries another commits adultery against her, and if she divorces her husband and marries another, she commits adultery" (Mk 10:11-12; cf. Mt 19:9). It can be said that in this way redemption is given to man as a grace of the new covenant with God in Christ—and at the same time it is assigned to him as an ethos, as the form of the morality corresponding to God's action in the mystery of redemption. If marriage as a sacrament is an effective sign of God's salvific action "from the beginning", at the same time—in the light of Christ's

words which are being considered here—this sacrament constitutes also an exhortation addressed to man, male and female, so that they may participate consciously in the redemption of the body.

5. The ethical dimension of the redemption of the body is delineated in an especially profound way when we meditate on Christ's words in the Sermon on the Mount in regard to the commandment, "You shall not commit adultery." "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:27-28). We have previously given an ample commentary on this statement of Christ in the conviction that it has a fundamental significance for the whole theology of the body, especially in the dimension of historical man. Although these words do not refer directly and immediately to marriage as a sacrament, it is impossible to separate them from the whole sacramental substratum. As far as concerns the conjugal pact, the existence of man as male and female is placed in that substratum, both in the original context of the mystery of creation and then, later, in the context of the mystery of redemption. This sacramental substratum always regards individual persons. It penetrates into that which man and woman are (or rather, into who man and woman are) in their original dignity of image and likeness of God by reason of creation, and at the same time, in the same dignity inherited in spite of sin and again continually "assigned" to man as a duty through the reality of the redemption.

6. Christ, in the Sermon on the Mount, gives his own interpretation of the commandment, "You shall not commit adultery"—an interpretation constitutes a new ethos—with the same lapidary words he assigns as a duty to every man the dignity of every woman: and simultaneously (even though this can be deduced from the text only in an indirect way), he also assigns to every woman the dignity of every man.¹⁶⁴ Finally he assigns to every one—both to man and woman—their own dignity, in a certain sense, the sacrum of the person. This is in consideration of their femininity or masculinity, in consideration of the body. It is not difficult to see that Christ's words in the Sermon on the Mount regard the ethos. At the same time, it is not difficult to affirm after deeper reflection that these words flow from the very profundity of the redemption of the body. Although they do not refer directly to marriage as a sacrament, it is not difficult to observe that they achieve their proper and full significance in relationship with the sacrament, whether that primordial sacrament which is united with the mystery of creation, or that in which historical man, after sin and because of his hereditary sinfulness, should find again the dignity and holiness of the conjugal union in the body, on the basis of the mystery of redemption.

7. In the Sermon on the Mount—as also in the conversation with the Pharisees on the indissolubility of marriage—Christ speaks from the depths of that divine mystery. At the same time he enters into the depths of the human mystery. For that reason he mentions the heart, that intimate place in which there struggle struggle in man good and evil, sin and justice, concupiscence and holiness. Speaking of concupiscence (of the lustful look: cf. Mt 5:28), Christ made his hearers aware that everyone bears within himself, together

¹⁶⁴ The text of St. Mark which speaks of the indissolubility of marriage clearly states that the woman also becomes a subject of adultery when she divorces her husband and marries another (cf. Mk 10:12).

with the mystery of sin, the interior dimension "of the man of concupiscence." This is three-fold: "the concupiscence of the flesh, the concupiscence of the eyes and the pride of life" (1 Jn 2:16).

It is precisely to this man of concupiscence that there is given in marriage the sacrament of redemption as a grace and a sign of the covenant with God—and it is assigned to him as an ethos. Simultaneously, in regard to marriage as a sacrament, it is assigned as an ethos to every man, male and female. It is assigned to his heart, to his conscience, to his looks, and to his behavior. According to Christ's words (cf. Mt 19:4), marriage is a sacrament from the very beginning. At the same time, on the basis of man's historic sinfulness, it is a sacrament arising from the mystery of the redemption of the body.

Marriage Sacrament an Effective Sign of God's Saving Power¹⁶⁵

1. We have made an analysis of the Letter to the Ephesians, especially 5:21-33, in the perspective of the sacramentality of marriage. Now we shall seek once again to consider the same text in the light of the words of the Gospel and of St. Paul's Letters to the Corinthians and the Romans.

Marriage—as a sacrament born of the mystery of the redemption and reborn, in a certain sense, in the spousal love of Christ and of the Church—is an efficacious expression of the saving power of God. He accomplishes his eternal plan even after sin and in spite of the threefold concupiscence hidden in the heart of every man, male and female. As a sacramental expression of that saving power, marriage is also an exhortation to dominate concupiscence (as Christ spoke of it in the Sermon on the Mount). The unity and indissolubility of marriage are the fruit of this dominion, as is a deepened sense of the dignity of woman in the heart of a man (and also the dignity of man in the heart of woman), both in conjugal life together, and in every other circle of mutual relations.

2. The truth according to which marriage as a sacrament of redemption is given to the "man of concupiscence" as a grace and at the same time as an ethos, has also found particular expression in the teaching of St. Paul, especially in the seventh chapter of the First Letter to the Corinthians. The Apostle, comparing marriage with virginity (or with "celibacy for the sake of the kingdom of heaven") and deciding for the "superiority" of virginity, the Apostle observes at the same time that "each has his own special gift from God, one of one kind and one of another" (1 Cor 7:7). On the basis of the mystery of redemption, a special "gift," that is, a grace, corresponds to marriage. In the same text, giving advice to those to whom he is writing, the Apostle recommends marriage "because of the temptation to immorality" (ib. 7:2). Later he recommends to the married couple that "the husband should give to his wife her conjugal rights, and likewise the wife to her husband" (ib. 7:3). He continues thus: "It is better to marry than to be aflame with passion" (ib. 7:9).

3. These statements of St. Paul have given rise to the opinion that marriage constitutes a

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specific remedy for concupiscence. However, as we have already observed, St. Paul teaches explicitly that marriage has a corresponding special "gift," and that in the mystery of redemption marriage is given to a man and a woman as a grace. In his striking and at the same time paradoxical words, St. Paul simply expresses the thought that marriage is assigned to the spouses as an ethos. In the Pauline words, "It is better to marry than to be aflame with passion," the verb *ardere* signifies a disorder of the passions, deriving from the concupiscence of the flesh. (Concupiscence is presented in a similar way in the Old Testament by Sirach; cf. Sir 23:17.) However, marriage signifies the ethical order, which is consciously introduced in this context. It can be said that marriage is the meeting place of eros with ethos and of their mutual penetration in the heart of man and of woman, as also in all their mutual relationships.

4. This truth—namely, that marriage as a sacrament derived from the mystery of redemption is given to historical man as a grace and at the same time as an ethos—determines moreover the character of marriage as one of the sacraments of the Church. As a sacrament of the Church, marriage has the nature of indissolubility. As a sacrament of the Church, it is also a word of the Spirit which exhorts man and woman to model their whole life together by drawing power from the mystery of the "redemption of the body." In this way they are called to chastity as to a state of life "according to the Spirit" which is proper to them (cf. Rom 8:4-5; Gal 5:25). The redemption of the body also signifies in this case that hope which, in the dimension of marriage, can be defined as the hope of daily life, the hope of temporal life. On the basis of such a hope the concupiscence of the flesh as the source of the tendency toward an egoistic gratification is dominated. In the sacramental alliance of masculinity and femininity, the same flesh becomes the specific "substratum" of an enduring and indissoluble communion of the persons (*communio personarum*) in a manner worthy of the persons.

5. Those who, as spouses, according to the eternal divine plan, join together so as to become in a certain sense one flesh, are also in their turn called, through the sacrament, to a life according to the Spirit. This corresponds to the gift received in the sacrament. In virtue of that gift, by leading a life according to the Spirit, the spouses are capable of rediscovering the particular gratification which they have become sharers of. As much as concupiscence darkens the horizon of the inward vision and deprives the heart of the clarity of desires and aspirations, so much does "life according to the Spirit" (that is, the grace of the sacrament of marriage) permit man and woman to find again the true liberty of the gift, united to the awareness of the spousal meaning of the body in its masculinity and femininity.

6. The life according to the Spirit is also expressed in the mutual union (cf. Gn 4:1), whereby the spouses, becoming one flesh, submit their femininity and masculinity to the blessing of procreation: "Adam knew Eve his wife, and she conceived and gave birth...saying: 'I have begotten a man with the help of the Lord'" (Gn 4:1).

The life according to the Spirit is also expressed here in the consciousness of the gratification, to which there corresponds the dignity of the spouses themselves as parents. That is to say, it is expressed in the profound awareness of the sanctity of the life

(sacrum) to which the two give origin, participating—as progenitors—in the forces of the mystery of creation. In the light of that hope, which is connected with the mystery of the redemption of the body (cf. Rom 8:19-23), this new human life, a new man conceived and born of the conjugal union of his father and mother, opens to "the first fruits of the Spirit" (Rom 8:23), "to enter into the liberty of the glory of the children of God" (Rom 8:21). If "the whole creation has been groaning in travail together until now" (Rom 8:22), a particular hope accompanies the pains of the mother in labor, that is, the hope of the "revelation of the sons of God" (Rom 8:22), a hope of which every newborn babe who comes into the world bears within himself a spark.

7. This hope which is in the world, penetrating—as St. Paul teaches—the whole of creation, is not at the same time from the world. Still further, it must struggle in the human heart with that which is from the world, with that which is in the world. "Because everything that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father, but is of the world" (1 Jn 2:16). As the primordial sacrament, and at the same time as the sacrament born in the mystery of the redemption of the body from the spousal love of Christ and of the Church, marriage "comes from the Father." It is not from the world but from the Father. Consequently, marriage also as a sacrament constitutes the basis of hope for the person, that is, for man and woman, for parents and children, for the human generations. On the one hand, "The world passes away and the lust thereof," while on the other, "He who does the will of God abides forever" (1 Jn 2:17). The origin of man in the world is united with marriage as a sacrament, and its future is also inscribed in it. This is not merely in the historical dimensions, but also in the eschatological.

8. It is to this that Christ's words refer when he speaks of the resurrection of the body—words reported by the three synoptics (cf. Mt 22:23-32; Mk 12:18-27; Lk 20:34-39). "In the resurrection they neither marry nor are given in marriage, but are like angels in heaven," states Matthew, and in like manner Mark. In Luke we read: "The sons of this age marry and are given in marriage; but those who are accounted worthy to attain to that age and to the resurrection of the dead neither marry nor are given in marriage, for they cannot die any more, because they are equal to angels and are sons of God" (Lk 20:34-36). These texts were previously subjected to a detailed analysis.

9. Christ states that marriage—the sacrament of the origin of man in the temporal visible world—does not pertain to the eschatological reality of the future world. However, called to participate in this eschatological future by means of the resurrection of the body, man is the same man, male and female, whose origin in the temporal visible world is linked with marriage as the primordial sacrament of the mystery of creation. Rather, every man, called to share in the reality of the future resurrection, brings this vocation into the world by the fact that in the temporal visible world he has his origin by means of the marriage of his parents. Thus, then, Christ's words which exclude marriage from the reality of the future world, reveal indirectly at the same time the significance of this sacrament for the participation of men, sons and daughters, in the future resurrection.

10. Marriage, which is the primordial sacrament—reborn in a certain sense in the spousal

love of Christ and of the Church—does not pertain to the redemption of the body in the dimension of the eschatological hope (cf. Rom 8:23). Marriage is given to man as a grace, as a gift destined by God precisely for the spouses, and at the same time assigned to them by Christ's words as an ethos—that sacramental marriage is accomplished and realized in the perspective of the eschatological hope. It has an essential significance for the redemption of the body in the dimension of this hope. It comes indeed from the Father and to him it owes its origin in the world. If this "world passes," and if with it the lust of the flesh, the lust of the eyes and the pride of life which come from the world also passes, marriage as a sacrament immutably ensures that man, male and female, by dominating concupiscence, does the will of the Father. And he "who does the will of God remains forever" (1 Jn 2:17).

11. In this sense marriage as a sacrament also bears within itself the germ of man's eschatological future, that is, the perspective of the "redemption of the body" in the dimension of the eschatological hope which corresponds to Christ's words about the resurrection: "In the resurrection they neither marry nor are given in marriage" (Mt 22:30). However, also those who, "being sons of the resurrection...are equal to angels and are sons of God" (Lk 20:36), owe their origin in the temporal visible world to the marriage and procreation of man and woman. As the sacrament of the human beginning, as the sacrament of the temporality of the historical man, marriage fulfills in this way an irreplaceable service in regard to his extra-temporal future, in regard to the mystery of the redemption of the body in the dimension of the eschatological hope.

The Redemptive and Spousal Dimensions of Love¹⁶⁶

The author of the Letter to the Ephesians, as we have already seen, speaks of a "great mystery," linked to the primordial sacrament through the continuity of God's saving plan. He also referred to the "beginning," as Christ did in his conversation with the Pharisees (cf. Mt 19:8), quoting the same words: "Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh" (Gn 2:24). This "great mystery" is above all the mystery of the union of Christ with the Church, which the Apostle presents under the similitude of the unity of the spouses: "I mean it in reference to Christ and the Church" (Eph 5:32). We find ourselves in the domain of the great analogy in which marriage as a sacrament is presupposed on the one hand, and on the other hand, rediscovered. It is presupposed as the sacrament of the "beginning" of mankind united to the mystery of the creation. However, it is rediscovered as the fruit of the spousal love of Christ and of the Church linked with the mystery of the redemption.

Address to spouses

2. The author of the Letter to the Ephesians, addressing spouses directly, exhorts them to mold their reciprocal relationship on the model of the spousal union of Christ and the Church. It can be said that—presupposing the sacramentality of marriage in its primordial significance—he orders them to learn anew this sacrament of the spousal unity of Christ

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and the Church: "Husbands, love your wives, as Christ loved the Church and gave himself up for her, that he might sanctify her..." (cf. Eph 5:25-26). This invitation which the Apostle addressed to Christian spouses is fully motivated by the fact that through marriage as a sacrament, they participate in Christ's saving love, which is expressed at the same time as his spousal love for the Church. In the light of the Letter to the Ephesians—precisely through participation in this saving love of Christ—marriage as a sacrament of the human "beginning" is confirmed and at the same time renewed. It is the sacrament in which man and woman, called to become "one flesh," participate in God's own creative love. They participate in it both by the fact that, created in the image of God, they are called by reason of this image to a particular union (*communio personarum*), and because this same union has from the beginning been blessed with the blessing of fruitfulness (cf. Gn 1:28).

New depths of love

3. All this original and stable structure of marriage as a sacrament of the mystery of creation—according to the classic text of the Letter to the Ephesians (Eph 5:21-33)—is renewed in the mystery of the redemption, when that mystery assumes the aspect of the spousal love of the Church on the part of Christ. That original and stable form of marriage is renewed when the spouses receive it as a sacrament of the Church, drawing from the new depths of God's love for man. This love is revealed and opened with the mystery of the redemption, "when Christ loved the Church and gave himself up for her to make her holy..." (Eph 5:25-26). That original and stable image of marriage as a sacrament is renewed when Christian spouses, conscious of the authentic profundity of the redemption of the body, are united "out of reverence for Christ" (Eph 5:21).

Fusing the dimensions

4. The Pauline image of marriage, inscribed in the "great mystery" of Christ and of the Church, brings together the redemptive dimension and the spousal dimension of love. In a certain sense it fuses these two dimensions into one. Christ has become the spouse of the Church. He has married the Church as a bride, because "He has given himself up for her" (Eph 5:25). Through marriage as a sacrament (as one of the sacraments of the Church) both these dimensions of love, the spousal and the redemptive, together with the grace of the sacrament, permeate the life of the spouses. The spousal significance of the body in its masculinity and femininity was manifested for the first time in the mystery of creation against the background of man's original innocence. This significance is linked in the image of the Letter to the Ephesians with the redemptive significance, and in this way it is confirmed and in a certain sense, "newly created."

Understanding the link

5. This is important in regard to marriage and to the Christian vocation of husbands and wives. The text of the Letter to the Ephesians (5:21-33) is directly addressed to them and speaks especially to them. However, that linking of the spousal significance of the body with its redemptive significance is equally essential and valid for the understanding of

man in general, for the fundamental problem of understanding him and for the self-comprehension of his being in the world. It is obvious that we cannot exclude from this problem the question on the meaning of being a body, on the sense of being, as a body, man and woman. These questions were posed for the first time in relation to the analysis of the human beginning, in the context of Genesis. In a certain sense, that very context demanded that they should be posed. It is equally demanded by the classic text of the Letter to the Ephesians. The great mystery of the union of Christ to the Church obliges us to link the spousal significance of the body with its redemptive significance. In this link the spouses find the answer to the question concerning the meaning of "being a body," and not only they, although this text of the Apostle's letter is addressed especially to them.

Explains by analogy

6. The Pauline image of the great mystery of Christ and of the Church also spoke indirectly of celibacy for the sake of the kingdom of heaven. In this celibacy, both dimensions of love, the spousal and redemptive, are reciprocally united in a way different from that of marriage, according to diverse proportions. Is not perhaps that spousal love wherewith Christ "loved the Church"—his bride—"and gave himself up for her," at the same time the fullest incarnation of the ideal of celibacy for the kingdom of heaven (cf. Mt 19:12)? Is not support found precisely in this by all those—men and women—who, choosing the same ideal, desire to link the spousal dimension of love with the redemptive dimension according to the model of Christ himself? They wish to confirm with their life that the spousal significance of the body—of its masculinity and femininity—profoundly inscribed in the essential structure of the human person, has been opened in a new way on the part of Christ and with the example of his life, to the hope united to the redemption of the body. Thus, the grace of the mystery of the redemption bears fruit also—rather bears fruit in a special way—with the vocation to celibacy for the kingdom of heaven.

7. The text of the Letter to the Ephesians (5:21-33) does not speak of it explicitly. It is addressed to spouses and constructed according to the image of marriage, which by analogy explains the union of Christ with the Church—a union in both redemptive and spousal love together. Is it not perhaps precisely this love which, as the living and vivifying expression of the mystery of the redemption, goes beyond the circle of the recipients of the letter circumscribed by the analogy of marriage? Does it not embrace every man and, in a certain sense, the whole of creation as indicated by the Pauline text on the redemption of the body in Romans (cf. Rom 8:23)? The great sacrament in this sense is a new sacrament of man in Christ and in the Church. It is the sacrament "of man and of the world," just as the creation of man, male and female, in the image of God, was the original sacrament of man and of the world. In this new sacrament of redemption marriage is organically inscribed, just as it was inscribed in the original sacrament of creation.

Fulfillment of the kingdom

8. Man, who "from the beginning" is male and female, should seek the meaning of his existence and the meaning of his humanity by reaching out to the mystery of creation through the reality of redemption. There one finds also the essential answer to the question on the significance of the human body, and the significance of the masculinity and femininity of the human person. The union of Christ with the Church permits us to understand in what way the spousal significance of the body is completed with the redemptive significance, and this in the diverse ways of life and in diverse situations. It is not only in marriage or in continency (that is, virginity and celibacy), but also, for example, in the many forms of human suffering, indeed, in the very birth and death of man. By means of the great mystery which the Letter to the Ephesians treats of, by means of the new covenant of Christ with the Church, marriage is again inscribed in that "sacrament of man" which embraces the universe, in the sacrament of man and of the world which, thanks to the forces of the redemption of the body is modeled on the spousal love of Christ for the Church, to the measure of the definitive fulfillment of the kingdom of the Father.

Marriage as a sacrament remains a living and vivifying part of this saving process.

Language of the Body, the Substratum and Content of the Sacramental Sign of Spousal Communion¹⁶⁷

1. "I take you as my wife"; "I take you as my husband"—these words are at the center of the liturgy of marriage as a sacrament of the Church. These words spoken by the engaged couple are inserted in the following formula of consent: "I promise to be faithful to you always, in joy and in sorrow, in sickness and in health, and to love and honor you all the days of my life." With these words the engaged couple enter the marriage contract and at the same time receive the sacrament of which both are the ministers. Both of them, the man and the woman, administer the sacrament. They do it before witnesses. The priest is a qualified witness, and at the same time he blesses the marriage and presides over the whole sacramental liturgy. Moreover, all those participating in the marriage rite are in a certain sense witnesses, and some of them (usually two) are called specifically to act as witnesses in an official way. They must testify that the marriage was contracted before God and confirmed by the Church. In the ordinary course of events sacramental marriage is a public act by means of which two persons, a man and a woman, become husband and wife before the ecclesial society, that is, they become the actual subject of the marriage vocation and life.

2. Marriage is a sacrament which is contracted by means of the word which is a sacramental sign by reason of its content: "I take you as my wife—as my husband—and I promise to be always faithful to you, in joy and sorrow, in sickness and in health, and to love you and honor you all the days of my life." However, this sacramental word is, per se, merely the sign of the coming into being of marriage. The coming into being of marriage is distinguished from its consummation, to the extent that without this consummation the marriage is not yet constituted in its full reality. The fact that a

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marriage is juridically contracted but not consummated (*ratum—non consummatum*) corresponds to the fact that it has not been fully constituted as a marriage. Indeed the very words "I take you as my wife—my husband" refer not only to a determinate reality, but they can be fulfilled only by means of conjugal intercourse. This reality (conjugal intercourse) has moreover been determined from the very beginning by institution of the Creator: "Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh" (cf. Gn 2:24).

3. Thus then, from the words whereby the man and the woman express their willingness to become "one flesh" according to the eternal truth established in the mystery of creation, we pass to the reality which corresponds to these words. Both the one and the other element are important in regard to the structure of the sacramental sign, to which it is fitting to devote the remainder of the present reflections. Granted that the sacrament is a sign which expresses and at the same time effects the saving reality of grace and of the covenant, one must now consider it under the aspect of sign, whereas the previous reflections were dedicated to the reality of grace and of the covenant.

Marriage, as a sacrament of the Church, is contracted by means of the words of the ministers, that is, of the newlyweds. These words signify and indicate, in the order of intention, that which (or rather, who) both have decided to be from now on, the one for the other and the one with the other. The words of the newlyweds form a part of the integral structure of the sacramental sign, not merely for what they signify but also, in a certain sense, with what they signify and determine. The sacramental sign is constituted in the order of intention insofar as it is simultaneously constituted in the real order.

4. Consequently, the sacramental sign of marriage is constituted by the words of the newlyweds inasmuch as the "reality" which they themselves constitute corresponds to those words. Both of them, as man and woman, being the ministers of the sacrament in the moment of contracting marriage, constitute at the same time the full and real visible sign of the sacrament itself. The words spoken by them would not per se constitute the sacramental sign of marriage unless there corresponded to them the human subjectivity of the engaged couple and at the same time the awareness of the body, linked to the masculinity and femininity of the husband and wife. Here it is necessary to recall to mind the whole series of our previous analyses in regard to Genesis (cf. Gn 1:2). The structure of the sacramental sign remains essentially the same as "in the beginning." In a certain sense, it is determined by the language of the body. This is inasmuch as the man and the woman, who through marriage should become one flesh, express in this sign the reciprocal gift of masculinity and femininity as the basis of the conjugal union of the persons.

5. The sacramental sign of marriage is constituted by the fact that the words spoken by the newlyweds use again the same language of the body as at the "beginning," and in any case they give a concrete and unique expression to it. They give it an intentional expression on the level of intellect and will, of consciousness and of the heart. The words "I take you as my wife—as my husband" imply precisely that perennial, unique and unrepeatable language of the body. At the same time they situate it in the context of the

communion of the persons: "I promise to be always faithful to you, in joy and in sadness, in sickness and in health, and to love you and honor you all the days of my life." In this way the enduring and ever new language of the body is not only the "substratum." But in a certain sense, it is the constitutive element of the communion of the persons. The persons—man and woman—become for each other a mutual gift. They become that gift in their masculinity and femininity, discovering the spousal significance of the body and referring it reciprocally to themselves in an irreversible manner—in a life-long dimension.

6. Thus the sacrament of marriage as a sign enables us to understand the words of the newlyweds. These words confer a new aspect on their life in a dimension strictly personal (and interpersonal: *communio personarum*), on the basis of the language of the body. The administration of the sacrament consists in this: that in the moment of contracting marriage the man and the woman, by means of suitable words and recalling the perennial language of the body, form a sign, an unrepeatable sign, which has also a significance for the future: "all the days of my life," that is to say, until death. This is a visible and efficacious sign of the covenant with God in Christ, that is, of grace which in this sign should become a part of them as "their own special gift" (according to the expression of 1Cor 7:7).

7. Expressing this matter in socio-juridical terms, one can say that between the newlyweds there is a stipulated, well-defined conjugal pact. It can also be said that following upon this pact, they have become spouses in a manner socially recognized, and that in this way the family as the fundamental social cell is also constituted in germ. This manner of understanding it is obviously in agreement with the human reality of marriage. Indeed, it is also fundamental in the religious and religious-moral sense. However, from the point of view of the theology of the sacrament, the key for the understanding of marriage is always the reality of the sign whereby marriage is constituted on the basis of the covenant of man with God in Christ and in the Church. It is constituted in the supernatural order of the sacred bond requiring grace. In this order marriage is a visible and efficacious sign. Having its origin in the mystery of creation, it derives its new origin from the mystery of redemption at the service of the "union of the sons of God in truth and in love" (*Gaudium et Spes* 24). The liturgy of the sacrament of marriage gave a form to that sign: directly, during the sacramental rite, on the basis of the ensemble of its eloquent expressions; indirectly, throughout the whole of life. As spouses, the man and woman bear this sign throughout the whole of their lives and they remain as that sign until death.

The Language of the Body in the Structure of Marriage¹⁶⁸

1. We now analyze the sacramentality of marriage under the aspect of sign. When we say that the language of the body also enters essentially into the structure of marriage as a sacramental sign, we refer to a long biblical tradition. This has its origin in Genesis (especially 2:23-25) and it finds its definitive culmination in the Letter to the

¹⁶⁸ January 12, 1983

Ephesians (cf. Eph 5:21-33). The prophets of the Old Testament had an essential role in forming this tradition. Analyzing the texts of Hosea, Ezekiel, Deutero-Isaiah, and of the other prophets, we find ourselves face to face with the great analogy whose final expression is the proclamation of the new covenant under the form of a marriage between Christ and the Church (cf. Eph 5:21-33). On the basis of this long tradition it is possible to speak of a specific "prophetism of the body," both because of the fact that we find this analogy especially in the prophets, and also in regard to its content. Here, the "prophetism of the body" signifies precisely the language of the body.

2. The analogy seems to have two levels. On the first and fundamental level the prophets present the covenant between God and Israel as a marriage. This also permits us to understand marriage itself as a covenant between husband and wife.¹⁶⁹ In this case the covenant derives from the initiative of God, the Lord of Israel. The fact that he, as Creator and Lord, makes a covenant first of all with Abraham and then with Moses, already bears witness to a special choice. Therefore the prophets, presupposing the entire juridical-moral content of the covenant, go much deeper and reveal a dimension incomparably more profound than that of a mere "pact." In choosing Israel, God is united with his people through love and grace. He is bound with a special bond, profoundly personal. Therefore Israel, even though a people, is presented in this prophetic vision of the covenant as a spouse or wife, and therefore, in a certain sense, as a person:

"For your Maker is your husband,
the Lord of Hosts is his name;
and the Holy One of Israel is your Redeemer,
the God of the whole earth he is called....
But my steadfast love shall not depart from you
and my covenant of peace shall not be removed," says the Lord."
(Is 54:5, 10)

3. Yahweh is the Lord of Israel, but he also becomes her Spouse. The books of the Old Testament bear witness to the absolute original character of the dominion of Yahweh over his people. To the other aspects of the dominion of Yahweh, Lord of the covenant and Father of Israel, a new aspect revealed by the prophets is added, that is to say, the stupendous dimension of this dominion, which is the spousal dimension. In this way, the absolute of dominion is the absolute of love. In regard to this absolute, the breach of the covenant signifies not only an infraction of the "pact" linked with the authority of the supreme Legislator, but also infidelity and betrayal. It is a blow which even pierces his heart as Father, as Spouse and as Lord.

4. If, in the analogy employed by the prophets, one can speak of levels, this is in a certain sense the first and fundamental level. Given that the covenant of Yahweh with Israel has the character of a spousal bond like to the conjugal pact, that first level of the analogy reveals a second which is precisely the language of the body. Here we have in mind, in the first place, the language in an objective sense. The prophets compare the covenant to marriage. They refer to the primordial sacrament spoken of in Genesis 2:24, in which the

¹⁶⁹ Cf. Prv 2:17; Mal 2:14

man and the woman, by free choice, become "one flesh." However, it is characteristic of the prophets' manner of expressing themselves that, presupposing the language of the body in the objective sense, they pass at the same time to its subjective meaning. That is to say, after a manner of speaking, they allow the body itself to speak. In the prophetic texts of the covenant, on the basis of the analogy of the spousal union of the married couple, the body itself "speaks." It speaks by means of its masculinity and femininity. It speaks in the mysterious language of the personal gift. It speaks ultimately—and this happens more frequently—both in the language of fidelity, that is, of love, and also in the language of conjugal infidelity, that is, of adultery.

5. It is well known that the different sins of the Chosen People—and especially their frequent infidelities in regard to the worship of the one God, that is, various forms of idolatry—offered the prophets the occasion to denounce the aforesaid sins. In a special way, Hosea was the prophet of the "adultery" of Israel. He condemned it not only in words, but also, in a certain sense, in actions of a symbolic significance: "Go, take to yourself a wife of harlotry and have children of harlotry, for the land commits great harlotry by forsaking the Lord" (Hos 1:2). Hosea sets out in relief all the splendor of the covenant—of that marriage in which Yahweh manifests himself as a sensitive, affectionate Spouse disposed to forgiveness, and at the same time, exigent and severe. The adultery and the harlotry of Israel evidently contrast with the marriage bond, on which the covenant is based, as likewise, analogically, the marriage of man and woman.

6. In a similar way, Ezekiel condemned idolatry. He used the symbol of the adultery of Jerusalem (cf. Ez 16) and, in another passage, of Jerusalem and of Samaria (cf. Ez 23). "When I passed by you again and looked upon you, behold, you were at the age for love.... I plighted my troth to you and entered into a covenant with you, says the Lord God, and you became mine" (Ez 16:8). "But you trusted in your beauty and played the harlot because of your renown, and lavished your harlotry on any passerby" (Ez 16:15).

7. In the texts of the prophets the human body speaks a "language" which it is not the author of. Its author is man as male or female, as husband or wife—man with his everlasting vocation to the communion of persons. However, man cannot, in a certain sense, express this singular language of his personal existence and of his vocation without the body. He has already been constituted in such a way from the beginning, in such wise that the most profound words of the spirit—words of love, of giving, of fidelity—demand an adequate language of the body. Without that they cannot be fully expressed. We know from the Gospel that this refers both to marriage and also to celibacy for the sake of the kingdom.

8. The prophets, as the inspired mouthpiece of the covenant of Yahweh with Israel, seek precisely through this language of the body to express both the spousal profundity of the aforesaid covenant and all that is opposed to it. They praise fidelity and they condemn infidelity as adultery—they speak therefore according to ethical categories, setting moral good and evil in mutual opposition. The opposition between good and evil is essential for morality. The texts of the prophets have an essential significance in this sphere, as we have shown in our previous reflections. However, it seems that the language of the body

according to the prophets is not merely a language of morality, a praise of fidelity and of purity, and a condemnation of adultery and of harlotry. In fact, for every language as an expression of knowledge, the categories of truth and of non-truth (that is, of falsity) are essential. In the writings of the prophets, who catch a fleeting glimpse of the analogy of the covenant of Yahweh with Israel in marriage, the body speaks the truth through fidelity and conjugal love. When it commits adultery it speaks lies; it is guilty of falsity.

9. It is not a case of substituting ethical with logical differentiations. If the texts of the prophets indicate conjugal fidelity and chastity as "truth," and adultery or harlotry, on the other hand, as "non-truth," as a falsity of the language of the body, this happens because in the first case the subject (that is, Israel as a spouse) is in accord with the spousal significance which corresponds to the human body (because of its masculinity or femininity) in the integral structure of the person. In the second case, however, the same subject contradicts and opposes this significance.

We can then say that the essential element for marriage as a sacrament is the language of the body in its aspects of truth. Precisely by means of that, the sacramental sign is constituted.

The Sacramental Covenant in the Dimension of Sign¹⁷⁰

1. The texts of the prophets have great importance for understanding marriage as a covenant of persons (in the likeness of the covenant of Yahweh with Israel) and, in particular, for understanding the sacramental covenant of man and woman in the dimension of sign. As already considered, the language of the body enters into the integral structure of the sacramental sign whose principal subject is man, male and female. The words of matrimonial consent constitute this sign, because the spousal significance of the body in its masculinity and femininity is found expressed in them. Such a significance is expressed especially by the words: "I take you as my wife...my husband." Moreover, the essential "truth" of the language of the body is confirmed with these words. The essential "non-truth," the falsity of the language of the body is also excluded (at least indirectly, implicitly). The body speaks the truth through conjugal love, fidelity and integrity, just as non-truth, that is, falsity, is expressed by all that is the negation of conjugal love, fidelity and integrity. It can then be said that in the moment of pronouncing the words of matrimonial consent, the newlyweds set themselves on the line of the same "prophetism of the body," of which the ancient prophets were the mouthpiece. Expressed by the ministers of marriage as a sacrament of the Church, the language of the body institutes the visible sign itself of the covenant and of grace which, going back to its origin to the mystery of creation, is continually sustained by the power of the redemption of the body, offered by Christ to the Church.

Perform act of prophetic character

¹⁷⁰ January 19, 1983

2. According to the prophetic texts the human body speaks a language which it is not the author of. Its author is man who, as male and female, husband and wife, correctly rereads the significance of this language. He rereads that spousal significance of the body as integrally inscribed in the structure of the masculinity or femininity of the personal subject. A correct rereading "in truth" is an indispensable condition to proclaim this truth, that is, to institute the visible sign of marriage as a sacrament. The spouses proclaim precisely this language of the body, reread in truth, as the content and principle of their new life in Christ and in the Church. On the basis of the "prophetism of the body," the ministers of the sacrament of marriage perform an act of prophetic character. They confirm in this way their participation in the prophetic mission of the Church received from Christ. A prophet is one who expresses in human words the truth coming from God, who speaks this truth in the place of God, in his name and in a certain sense with his authority.

Matrimonial consent

3. All this applies to the newlyweds who, as ministers of the sacrament of marriage, institute the visible sign by the words of matrimonial consent. They proclaim the language of the body, reread in truth, as content and principle of their new life in Christ and in the Church. This prophetic proclamation has a complex character. The matrimonial consent is at the same time the announcement and the cause of the fact that, from now on, both will be husband and wife before the Church and society. (We understand such an announcement as an indication in the ordinary sense of the term.) However, marriage consent has especially the character of a reciprocal profession of the newlyweds made before God. It is enough to examine the text attentively to be convinced that that prophetic proclamation of the language of the body, reread in truth, is immediately and directly addressed to the "I" and the "you": by the man to the woman and by her to him. The central position in the matrimonial consent is held precisely by the words which indicate the personal subject, the pronouns "I" and "you." Reread in the truth of its spousal significance, the language of the body constitutes by means of the words of the newlyweds the union-communion of the persons. If the matrimonial consent has a prophetic character, if it is the proclamation of the truth coming from God and, in a certain sense, the statement of this truth in God's name, this is brought about especially in the dimension of the inter-personal communion, and only indirectly "before" others and "for" others.

Sacrament's visible sign

4. Against the background of the words spoken by the ministers of the sacrament of marriage, there stands the enduring language of the body, which God originated by creating man as male and female: a language which has been renewed by Christ. This enduring language of the body carries within itself all the richness and depth of the mystery, first of creation and then of redemption. Bringing into being the visible sign of the sacrament by means of the words of their matrimonial consent, the spouses express therein the language of the body with all the profundity of the mystery of creation and of redemption. (The liturgy of the sacrament of marriage offers a rich context of it.)

Rereading the language of the body in this way, the spouses enclose in the words of matrimonial consent the subjective fullness of the profession which is indispensable to bring about the sign proper to the sacrament. Not only this, they also arrive in a certain sense at the sources from which that sign on each occasion draws its prophetic eloquence and its sacramental power. One must not forget that before being spoken by the lips of the spouses, who are the ministers of marriage as a sacrament of the Church, the language of the body was spoken by the word of the living God, beginning from Genesis, through the prophets of the old covenant, until the author of the letter to the Ephesians.

Decision and choice

5. We use over and over again the expression "language of the body," harking back to the prophetic texts. As we have already said, in these texts the human body speaks a language which it is not the author of in the proper sense of the term. The author is man, male and female, who rereads the true sense of that language, bringing to light the spousal significance of the body as integrally inscribed in the very structure of the masculinity and femininity of the personal subject. This rereading "in truth" of the language of the body already confers per se a prophetic character on the words of the marriage consent, by means of which man and woman bring into being the visible sign of marriage as a sacrament of the Church. However, these words contain something more than a simple rereading in truth of that language spoken of by the femininity and masculinity of the newlyweds in their reciprocal relationships: "I take you as my wife...as my husband." The words of matrimonial consent contain the intention, the decision and the choice. Both of the spouses decide to act in conformity with the language of the body, reread in truth. If man, male and female, is the author of that language, he is so especially inasmuch as he wishes to confer, and does indeed confer, on his behavior and on his actions a significance in conformity with the reread eloquence of the truth of masculinity and femininity in the mutual conjugal relationship.

Has lasting effect

6. In this sphere man is the cause of the actions which have per se clear-cut meanings. He is then the cause of the actions and at the same time the author of their significance. The sum total of those meanings constitutes in a certain sense the ensemble of the language of the body, in which the spouses decide to speak to each other as ministers of the sacrament of marriage. The sign which they constitute by the words of matrimonial consent is not a mere immediate and passing sign, but a sign looking to the future which produces a lasting effect, namely, the marriage bond, one and indissoluble ("all the days of my life," that is, until death). In this perspective they should fulfill that sign of multiple content offered by the conjugal and family communion of the persons and also of that content which, originating from the language of the body, is continually reread in truth. In this way the essential "truth" of the sign will remain organically linked to the morality of matrimonial conduct. In this truth of the sign and, later, in the morality of matrimonial conduct, the procreative significance of the body is inserted with a view to the future—that is, paternity and maternity, which we have previously treated. To the question: "Are you willing to accept responsibly and with love the children that God may give you and

to educate them according to the law of Christ and of the Church?"—the man and the woman reply: "Yes."

Now we postpone to later meetings further detailed examinations of the matter.

Language of the Body Strengthens the Marriage Covenant¹⁷¹

1. The sign of marriage as a sacrament of the Church is constituted each time according to that dimension which is proper to it from the "beginning." At the same time it is constituted on the foundation of the spousal love of Christ and of the Church as the unique and unrepeatable expression of the covenant between "this" man and "this" woman. They are the ministers of marriage as a sacrament of their vocation and their life. In saying that the sign of marriage as a sacrament of the Church is constituted on the basis of the language of the body, we are using analogy (the analogy of attribution), which we have sought to clarify previously. It is obvious that the body as such does not "speak," but man speaks, rereading that which requires to be expressed precisely on the basis of the "body," of the masculinity and femininity of the personal subject, indeed, on the basis of what can be expressed by man only by means of the body.

In this sense man—male or female—does not merely speak with the language of the body. But in a certain sense he permits the body to speak "for him" and "on his behalf," I would say, in his name and with his personal authority. In this way even the concept of the "prophetism of the body" seems to be well founded. The prophet spoke "for" and "on behalf of"—in the name and with the authority of a person.

2. The newlywed spouses are aware of it when in contracting marriage they institute its visible sign. In the perspective of life in common and of the conjugal vocation, that initial sign, the original sign of marriage as a sacrament of the Church, will be continually completed by the "prophetism of the body." The spouses' bodies will speak "for" and "on behalf of" each of them. They will speak in the name of and with the authority of the person, of each of the persons, carrying out the conjugal dialogue proper to their vocation and based on the language of the body, reread in due course opportunely and continually—and it is necessary that it be reread in truth! The spouses are called to form their life and their living together as a communion of persons on the basis of that language. Granted that there corresponds to the language a complexus of meaning, the spouses—by means of their conduct and comportment, by means of their actions and gestures ("gestures of tenderness"—cf. *Gaudium et Spes* 49)—are called to become the authors of such meanings of the "language of the body." Consequently, love, fidelity, conjugal uprightness and that union which remains indissoluble until death are constructed and continually deepened.

3. The sign of marriage as a sacrament of the Church is formed precisely by those meanings which the spouses are the authors of. All these meanings are initiated and in a certain sense "programmed" in a synthetic manner in the conjugal consent for the purpose

¹⁷¹ January 26, 1983

of constructing later—in a more analytical way, day by day—the same sign, identifying oneself with it in the dimension of the whole of life. There is an organic bond between rereading in truth the integral significance of the language of the body and the consequent use of that language in conjugal life. In this last sphere the human being—male and female—is the author of the meanings of the language of the body. This implies that this language which he is the author of corresponds to the truth which has been reread. On the basis of biblical tradition we speak here of the "prophetism of the body." If the human being—male and female—in marriage (and indirectly also in all the spheres of mutual life together) confers on his behavior a significance in conformity with the fundamental truth of the language of the body, then he also "is in the truth." In the contrary case he is guilty of a lie and falsifies the language of the body.

4. If we place ourselves on the perspective line of conjugal consent—which, as we have already said, offers the spouses a particular participation in the prophetic mission of the Church handed down from Christ himself—we can in this regard also use the biblical distinction between true and false prophets. By means of marriage as a sacrament of the Church, man and woman are called explicitly to bear witness—by using correctly the language of the body—to spousal and procreative love, a witness worthy of true prophets. The true significance and the grandeur of conjugal consent in the sacrament of the Church consists in this.

5. The problematic of the sacramental sign of marriage has a highly anthropological character. We construct it on the basis of theological anthropology and in particular on that which, from the beginning of the present considerations, we have defined as the theology of the body. Therefore, in continuing these analyses, we should always have before our minds the previous considerations which refer to the analysis of the key words of Christ. (We call them key words because they open up for us, like a key, the individual dimensions of theological anthropology, especially of the theology of the body.) Constructing on this basis the analysis of the sacramental sign of marriage in which the man and woman always participate, even after original sin, that is, man and woman as historical man, we must constantly bear in mind the fact that that historical man, male and female, is at the same time the man of concupiscence. As such, every man and every woman enter the history of salvation and they are involved in it through the sacrament which is the visible sign of the covenant and of grace.

Therefore, we bear this in mind in the context of the present reflections, on the sacramental structure of the sign of not only what Christ said on the unity and indissolubility of marriage by referring to the "beginning," but also (and still more) what he said in the Sermon on the Mount when he referred to the "human heart."

Man Called to Overcome Concupiscence¹⁷²

1. We said previously that in the context of the present reflections on the structure of marriage as a sacramental sign, we should bear in mind not only what Christ said about

¹⁷² February 9, 1983

its unity and indissolubility in reference to the beginning, but also (and still more) what he said in the Sermon on the Mount when he referred to the human heart. Referring to the commandment, "You shall not commit adultery," Christ spoke of adultery in the heart. "Everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt 5:28).

The sacramental sign of marriage—*the sign of the conjugal covenant* of a man and a woman—is formed on the basis of the language of the body reread in truth (and continuously reread). In stating this, we realize that he who rereads this language and then expresses it, not according to the requirements proper to marriage as a pact and a sacrament, is naturally and morally the man of concupiscence—male and female, both of them understood as the "man of concupiscence." The prophets of the Old Testament certainly have this man before their eyes when, using an analogy, they condemn the "adultery of Israel and Judah." The analysis of the words Christ spoke in the Sermon on the Mount lead us to understand more deeply "adultery" itself. At the same time it leads us to the conviction that the human heart is not so much accused and condemned by Christ because of concupiscence (*concupiscentia carnalis*), as first of all called. Here there is a decisive difference between the anthropology (or the anthropological hermeneutics) of the Gospel and some influential representatives of the contemporary hermeneutics of man (the so-called masters of suspicion).

The man who is "called"

2. Continuing our present analysis we can observe that even though man, notwithstanding the sacramental sign of marriage, notwithstanding conjugal consent and its actuation, remains naturally the "man of concupiscence," he is at the same time *the man who has been "called."* He is called through the mystery of the redemption of the body, a divine mystery, which at the same time is—in Christ and through Christ in every man—a human reality. That mystery, besides, implies a determinate ethos which is essentially human, and which we have previously called the ethos of the redemption.

3. In the light of the words Christ spoke in the Sermon on the Mount, in the light of the whole Gospel and of the new covenant, the threefold *concupiscence* (and in particular the concupiscence of the flesh) *does not destroy the capacity to reread in truth the language of the body*—and to reread it continually in an ever more mature and fuller way—whereby the sacramental sign is constituted both in its first liturgical moment, and also later in the dimension of the whole of life. In this light one must note that concupiscence *per se* causes many errors in rereading the language of the body. Together with this it gave rise also to sin—moral evil, contrary to the virtue of chastity (whether conjugal or extra-conjugal). Nevertheless in the sphere of the ethos of redemption the possibility always remains of passing from error to the truth, as also the possibility of returning, that is, of conversion, from sin to chastity, as an expression of a life according to the Spirit (cf. Gal 5:16).

Sacramental sign of love

4. In this way, in the evangelical and Christian perspective of the problem, historical man (after original sin), on the basis of the language of the body reread in truth, is able—as male and female—to constitute the sacramental sign of love, of conjugal fidelity and integrity, and this as an *enduring sign*: "To be faithful to you always in joy and in sorrow, in sickness and in health, and to love and honor you all the days of my life." This signifies that man, in a real way, is the author of the meanings whereby, after having reread in truth the language of the body, he is also capable of forming in truth that language in the conjugal and family communion of the persons. He is capable of it also as the man of concupiscence, being at the same time called by the reality of the redemption of Christ (*simul lapsus et redemptus*).

Hermeneutics of the sacrament

5. By means of the dimension of the sign proper to marriage as a sacrament there is confirmed the specific theological anthropology, the specific hermeneutics of man. In this case it could also be called *the hermeneutics of the sacrament*, because it permits us to understand man on the basis of the analysis of the sacramental sign. Man—male and female—as the minister of the sacrament, the author (co-author) of the sacramental sign, is a conscious and capable subject of self-determination. Only on this basis can he be the author of the language of the body, the author (co-author) of marriage as a sign—a sign of the divine creation and redemption of the body. The fact that man (male and female) is the man of concupiscence does not prejudice his capacity to reread the language of the body in truth. He is the man of concupiscence. But at the same time he is capable of discerning truth from falsity in the language of the body. He can be the author of the meanings of that language, whether true or false.

Called, not accused

6. He is the man of concupiscence, but he is not completely determined by libido (in the sense in which this term is often used). Such a determination would imply that the ensemble of man's behavior, even, for example, the choice of continence for religious motives, would be explained only by means of the specific transformations of this libido. In such a case—in the sphere of the language of the body—man would, in a certain sense, be condemned to essential falsifications. He would merely be one who expresses a specific determination on the part of the libido, but he would not express the truth or falsity of spousal love and of the communion of the persons, even though he might think to manifest it. Consequently, he would then be condemned to suspect himself and others in regard to the truth of the language of the body. Because of the concupiscence of the flesh he could only be accused, but he could not be really called.

The hermeneutics of the sacrament permits us to draw the conclusion that man is always essentially called and not merely accused, and this precisely inasmuch as he is the man of concupiscence.

Return to the Subject of Human Love in the Divine Plan¹⁷³

1. During the Holy Year I postponed the treatment of the theme of human love in the divine plan. I would now like to conclude that topic with some considerations especially about the teaching of *Humanae Vitae*, premising some reflections on the Song of Songs and the Book of Tobit. It seems to me that what I intend to explain in the coming weeks constitutes the crowning of what I have illustrated.

The theme of marital love which unites man and woman in a certain sense connects this part of the Bible with the whole tradition of the "great analogy." Through the writings of the prophets, this flows into the New Testament and especially into Ephesians (cf. Eph 5:21-33). I interrupted the explanation of this at the beginning of the Holy Year.

The Song of Songs has become the object of many exegetical studies, commentaries and hypotheses. With regard to its content, apparently "profane," the positions have varied. On the one hand its reading has often been discouraged, and on the other it has been the source from which the greatest mystical writers have drawn. The verses of the Song of Songs have been inserted into the Church's liturgy.^{174xvi}

In fact, although the analysis of the text of this book obliges us to situate its content outside the sphere of the great prophetic analogy, it is not possible to detach it from the reality of the original sacrament. It is not possible to reread it except along the lines of what is written in the first chapters of Genesis, as a testimony of the beginning—that beginning which Christ referred to in his decisive conversation with the Pharisees (cf. Mt 19:4).^{175xvii} The Song of Songs is certainly found in the wake of that sacrament in which, through the language of the body, the visible sign of man and woman's participation in the covenant of grace and love offered by God to man is constituted. The Song of Songs demonstrates the richness of this language, whose first expression is already found in Genesis 2:23-25.

Atmosphere of the Song of Songs

2. Indeed, the first verses of the Song lead us immediately into the atmosphere of the whole poem, in which the groom and the bride seem to move in the circle traced by the irradiation of love. The words, movements and gestures of the spouses correspond to the interior movement of their hearts. It is possible to understand the language of the body only through the prism of this movement. In that language there comes to pass that discovery which the first man gave expression in front of her who had been created as "a helper like himself" (cf. Gen 2:20, 23). As the biblical text reports, she had been taken from one of his ribs ("rib" seems to also indicate the heart).

¹⁷³ May 23, 1984 (This topic had been postponed due to a series of reflections on the Holy Year.)

¹⁷⁴ "The Song is therefore to be taken simply for what it manifestly is: a song of human love." This sentence of J. Winandy, O.S.B., expresses the conviction of growing numbers of exegetes (J. Winandy, *Le Cantique des Cantiques, Poém d'amour mué en écrit de Sagesse* [Maredsous: 1960], p. 26).

¹⁷⁵ This evidently does not exclude the possibility of speaking of a *sensus plenior* in the Song of Songs.

This discovery—already analyzed on the basis of Genesis 2—in the Song of Songs is invested with all the richness of the language of human love. What was expressed in the second chapter of Genesis (vv. 23-25) in just a few simple and essential words, is developed here in a full dialogue, or rather in a duet, in which the groom's words are interwoven with the bride's and they complement each other. On seeing the woman created by God, man's first words express wonder and admiration, even more, the sense of fascination (cf. Gn 2:23). And a similar fascination—which is wonder and admiration—runs in fuller form through the verses of the Song of Songs. It runs in a peaceful and homogeneous wave from the beginning to the end of the poem.

Mutual admiration

3. Even a summary analysis of the text of the Song of Songs allows the language of the body to be heard expressing itself in that mutual fascination. The point of departure as well as the point of arrival for this fascination—mutual wonder and admiration—are in fact the bride's femininity and the groom's masculinity, in the direct experience of their visibility. The words of love uttered by both of them are therefore concentrated on the body, not only because in itself it constitutes the source of the mutual fascination. But it is also, and above all, because on the body there lingers directly and immediately that attraction toward the other person, toward the other "I"—female or male—which in the interior impulse of the heart generates love.

In addition, love unleashes a special experience of the beautiful, which focuses on what is visible, but at the same time involves the entire person. The experience of beauty gives rise to satisfaction, which is mutual.

"O most beautiful among women..." (Sg 1:8), the groom says, and the bride's words echo back to him: "I am dark—but lovely, O daughters of Jerusalem" (Sg 1:5). The words of the spellbound man are repeated continually. They return in all five stanzas of the poem, and they are echoed in similar expressions of the bride's.

Use of metaphors

4. It is a question here of metaphors that may surprise us today. Many of them were borrowed from the life of shepherds; others seem to indicate the royal status of the groom.^{176 xviii} The analysis of that poetic language is left to the experts. The very fact of adopting the metaphor shows how much, in our case, the language of the body seeks support and corroboration in the whole visible world. This is without doubt a language that is reread at one and the same time with the heart and with the eyes of the groom, in the act of special concentration on the whole female "I" of the bride. This "I" speaks to

¹⁷⁶ To explain the inclusion of a love song in the biblical canon, Jewish exegetes already in the first centuries after Christ saw in the Song of Songs an allegory of Yahweh's love for Israel, or an allegory of the history of the Chosen People, in which this love is manifested, and in the Middle Ages the allegory of divine Wisdom and of man who is in search of it.

him through every feminine trait, giving rise to that state of mind that can be defined as fascination, enchantment. This female "I" is expressed almost without words. Nevertheless, the language of the body, expressed wordlessly, finds a rich echo in the groom's words, in his speaking that is full of poetic transport and metaphors, which attest to the experience of beauty, a love of satisfaction. If the metaphors in the Song seek an analogy for this beauty in the various things of the visible world (in this world which is the groom's "own world"), at the same time they seem to indicate the insufficiency of each of these things in particular. "You are all-beautiful, my beloved, and there is no blemish in you" (Sg 4:7):—with this saying, the groom ends his song, leaving all the metaphors, in order to address himself to that sole one through which the language of the body seems to express what is more proper to femininity and the whole of the person.

We will continue the analysis of the Song of Songs at the next general audience.

Truth and Freedom the Foundation of True Love¹⁷⁷

1. We resume our analysis of the Song of Songs with the purpose of understanding in a more adequate and exhaustive way the sacramental sign of marriage. This is manifested by the language of the body, a singular language of love originating in the heart.

At a certain point, expressing a particular experience of values that shines upon everything that relates to the person he loves, the groom says:

"You have ravished my heart, my sister, my bride;
you have ravished my heart with one glance of your eyes,
with one bead of your necklace.
How sweet are your caresses, my sister, my bride...."
(Sg 4:9-10)

From these words emerges what is of essential importance for the theology of the body—and in this case for the theology of the sacramental sign of marriage—to know who the female "you" is for the male "I" and vice versa.

The groom in the Song of Songs exclaims: "You are all-beautiful, my beloved" (Sg 4:7) and calls her "my sister, my bride" (Sg 4:9). He does not call her by her name, but he uses expressions that say more.

Under a certain aspect, compared with the name "beloved," the name "sister" that is used for the bride seems to be more eloquent and rooted in the sum total of the Song, which illustrates how love reveals the other person.

Openness toward others

¹⁷⁷ May 30, 1984

2. The term "beloved" indicates what is always essential for love, which puts the second "I" beside one's own "I." Friendship—love of friendship (*amor amicitiae*)—signifies in the Song a particular approach felt and experienced as an interiorly unifying power. The fact that in this approach that female "I" is revealed for her groom as "sister"—and that precisely as both sister and bride—has a special eloquence. The expression "sister" speaks of the union in mankind and at the same time of her difference and feminine originality. This is not only with regard to sex, but to the very way of "being person," which means both "being subject" and "being in relationship." The term "sister" seems to express, in a more simple way, the subjectivity of the female "I" in personal relationship with the man, that is, in the openness of him toward others, who are understood and perceived as brothers. The sister in a certain sense helps man to identify himself and conceive of himself in this way, constituting for him a kind of challenge in this direction.

3. The groom in the Song accepts the challenge and seeks the common past, as though he and his woman were descended from the same family circle, as though from infancy they were united by memories of a common home. So they mutually feel as close as brother and sister who owe their existence to the same mother. From this a specific sense of common belonging follows. The fact that they feel like brother and sister allows them to live their mutual closeness in security and to manifest it, finding support in that, and not fearing the unfair judgment of other men.

Through the name "sister," the groom's words tend to reproduce, I would say, the history of the femininity of the person loved. They see her still in the time of girlhood and they embrace her entire "I," soul and body, with a disinterested tenderness. Hence there arises that peace which the bride speaks of. This is the peace of the body, which in appearance resembles sleep ("Do not arouse, do not stir up love before its own time"). This is above all the peace of the encounter in mankind as the image of God—and the encounter by means of a reciprocal and disinterested gift. ("So am I in your eyes, like one who has found peace", Sg 8:10.)

Awareness of mutual belonging

4. In relation to the preceding plot, which could be called a "fraternal" plot, another plot emerges in the loving duet of the Song of Songs, another substratum of the content. We can examine it by starting from certain sayings that seem to have a key significance in the poem. This plot never emerges explicitly, but through the whole composition, and is expressly manifested only in a few passages. So the groom says:

"You are an enclosed garden, my sister, my bride,
an enclosed garden, a fountain sealed."
(Sg 4:12)

The metaphors just read, an "enclosed garden, a fountain sealed," reveal the presence of another vision of the same female "I," master of her own mystery. We can say that both metaphors express the personal dignity of the woman who as a spiritual subject is in possession and can decide not only on the metaphysical depth, but also on the essential

truth and authenticity of the gift of herself, inclined to that union which Genesis speaks of.

The language of metaphors—poetic language—seems to be in this sphere especially appropriate and precise. The "sister bride" is for the man the master of her own mystery as a "garden enclosed" and a "fountain sealed." The language of the body reread in truth keeps pace with the discovery of the interior inviolability of the person. At the same time, this discovery expresses the authentic depth of the mutual belonging of the spouses who are aware of belonging to each other, of being destined for each other: "My lover belongs to me and I to him" (Sg 2:16; cf. 6:3).

5. This awareness of mutual belonging resounds especially on the lips of the bride. In a certain sense, with these words she responds to the groom's words with which he acknowledged her as the master of her own mystery. When the bride says, "My lover belongs to me," she means at the same time, "It is he to whom I entrust myself." Therefore she says, "and I to him" (Sg 2:16). The words "to me" and "to him" affirm here the whole depth of that entrustment, which corresponds to the interior truth of the person.

It likewise corresponds to the nuptial significance of femininity in relation to the male "I," that is, to the language of the body reread in the truth of personal dignity.

The groom states this truth with the metaphors of the "garden enclosed" and the "fountain sealed." The bride answers him with the words of the gift, that is, the entrustment of herself. As master of her own choice she says, "I belong to my lover." The Song of Songs subtly reveals the interior truth of this response. The freedom of the gift is the response to the deep awareness of the gift expressed by the groom's words. Through this truth and freedom that love is built up, which we must affirm is authentic love.

Love Is Ever Seeking and Never Satisfied¹⁷⁸

1. Again today we will reflect on the Song of Songs, with the aim of better understanding the sacramental sign of marriage.

The truth about love, proclaimed by the Song of Songs, cannot be separated from the language of the body. The truth about love enables the same language of the body to be reread in truth. This is also the truth about the progressive approach of the spouses which increases through love. The nearness means also the initiation into the mystery of the person, without, however, implying its violation (cf. Sg 1:13-14, 16).

The truth about the increasing nearness of the spouses through love is developed in the subjective dimension "of the heart," of affection and sentiment. This dimension allows one to discover in itself the other as a gift and, in a certain sense, to "taste it" in itself (cf. Sg 2:3-6).

¹⁷⁸ June 6, 1984

Through this nearness the groom more fully lives the experience of that gift which on the part of the female "I" is united with the spousal expression and meaning of the body. The man's words (cf. Sg 7:1-8) do not only contain a poetic description of his beloved, of her feminine beauty on which his senses dwell, but they speak of the gift and the self-giving of the person.

The bride knows that the groom's longing is for her and she goes to meet him with the quickness of the gift of herself (cf. Sg 7:9-13) because the love that unites them is at one and the same time of a spiritual and a sensual nature. It is also on the basis of this love that the rereading of the significance of the body in the truth comes to pass, since the man and woman must together constitute that sign of the mutual gift of self, which puts the seal on their whole life.

2. In the Song of Songs the language of the body becomes a part of the single process of the mutual attraction of the man and woman. This attraction is expressed in the frequent refrains that speak of the search that is full of nostalgia, of affectionate solicitude (cf. Sg 2:7) and of the spouses' mutual rediscovery (cf. Sg 5:2). This brings them joy and calm, and seems to lead them to a continual search. One has the impression that in meeting each other, in reaching each other, in experiencing one's nearness, they ceaselessly continue to tend toward something. They yield to the call of something that dominates the content of the moment and surpasses the limits of the eros, limits that are reread in the words of the mutual language of the body (cf. Sg 1:7-8; 2:17). This search has its interior dimension: "the heart is awake" even in sleep. This aspiration, born of love on the basis of the language of the body, is a search for integral beauty, for purity that is free of all stain. It is a search for perfection that contains, I would say, the synthesis of human beauty, beauty of soul and body.

In the Song of Songs the human eros reveals the countenance of love ever in search and, as it were, never satisfied. The echo of this restlessness runs through the strophes of the poem:

"I opened to my lover—but my lover had departed, gone.
I sought him but I did not find him;
I called to him but he did not answer me."
(Sg 5:6)

"I adjure you, daughters of Jerusalem, if you find my lover—
What shall you tell him?
that I am faint with love."
(Sg 5:9)

3. So then some strophes of the Song of Songs present the eros as the form of human love in which the energies of desire are at work. In them, the awareness or the subjective certainty of the mutual, faithful and exclusive belonging is rooted. At the same time, however, many other strophes of the poem lead us to reflect on the cause of the search and the restlessness that accompanies the awareness of belonging to each other. Is this

restlessness also part of the nature of the eros? If it were, this restlessness would indicate also the need for self-control. The truth about love is expressed in the awareness of mutual belonging, the fruit of the aspiration and search for each other, and in the need for the aspiration and the search, the outcome of mutual belonging.

In this interior necessity, in this dynamic of love, there is indirectly revealed the near impossibility of one person's being appropriated and mastered by the other. The person is someone who surpasses all measures of appropriation and domination, of possession and gratification, which emerge from the same language of the body. If the groom and the bride reread this language in the full truth about the person and about love, they arrive at the ever deeper conviction that the fullness of their belonging constitutes that mutual gift in which love is revealed as "stern as death," that is, it goes to the furthest limits of the language of the body in order to exceed them. The truth about interior love and the truth about the mutual gift in a certain sense continually call the groom and the bride—through the means of expressing the mutual belonging, and even by breaking away from those means—to arrive at what constitutes the very nucleus of the gift from person to person.

Following the paths of the words marked out by the strophes of the Song of Songs, it seems that we are therefore approaching the dimension in which the eros seeks to be integrated, through still another truth about love. Centuries later, in the light of the death and resurrection of Christ, Paul of Tarsus will proclaim this truth in the words of his Letter to the Corinthians:

"Love is patient; love is kind.
Love is not jealous; it does not put on airs; it is not snobbish.
Love is never rude; it is not self-seeking; it is not prone to anger; neither does it brood
over injuries.
Love does not rejoice in what is wrong but rejoices with the truth.
There is no limit to love's forbearance, to its trust, its hope, its power to endure.
Love never fails."
(1 Cor 13:4-8)

Is the truth about love, expressed in the strophes of the Song of Songs, confirmed in the light of these words of Paul? In the Song we read, as an example of love, that its "jealousy" is "relentless as the nether world" (Sg 8:6). In the Pauline letter we read that "love is not jealous." What relationship do both of these expressions about love have? What relationship does the love that is "stern as death," according to the Song of Songs, have with the love that "never fails," according to the Pauline letter? We will not multiply these questions; we will not open the comparative analysis. Nevertheless, it seems that love opens up before us here in two perspectives. It is as though that in which the human eros closes its horizon is still opened, through Paul's words, to another horizon of love that speaks another language, the love that seems to emerge from another dimension of the person, and which calls, invites, to another communion. This love has been called "agape" and agape brings the eros to completion by purifying it.

So we have concluded these brief meditations on the Song of Songs, intended to further

examine the theme of the language of the body. In this framework, the Song of Songs has a totally singular meaning.

Love Is Victorious in the Struggle Between Good and Evil¹⁷⁹

1. During these past weeks, in commenting on the Song of Songs, I emphasized how the sacramental sign of matrimony is constituted on the basis of the language of the body, which man and woman express in the truth that is proper to it. Under this aspect, today I intend to analyze some passages from the book of Tobit.

In the account of the wedding of Tobiah with Sarah, besides the expression "sister"—through which there seems to be a fraternal character rooted in spousal love—another expression is also found, likewise analogous to those in the Song.

As you will recall, in the spouses' duet, the love which they declare to each other is "stern as death" (Sg 8:6). In the book of Tobit we find a phrase which, in saying that he fell deeply in love with Sarah and "his heart became set on her" (Tb 6:19), presents a situation confirming the truth of the words about love "stern as death."

2. For a better understanding, we must go back to some details that are explained against the background of the specific nature of the book of Tobit. We read there that Sarah, daughter of Raguel, had "already been married seven times" (Tb 6:14), but all her husbands had died before having intercourse with her. This had happened through the work of a demon, and young Tobiah too had reason to fear a similar death.

So from the very first moment Tobiah's love had to face the test of life and death. The words about love "stern as death," spoken by the spouses in the Song of Songs in the transport of the heart, assume here the nature of a real test. If love is demonstrated as stern as death, this happens above all in the sense that Tobiah and, together with him, Sarah, unhesitatingly face this test. But in this test of life and death, life wins because, during the test on the wedding night, love, supported by prayer, is revealed as more stern than death.

3. This test of life and death also has another significance that enables us to understand the love and the marriage of the newlyweds. Becoming one as husband and wife, they find themselves in the situation in which the powers of good and evil fight and compete against each other. The spouses' duet in the Song of Songs seems not to perceive completely this dimension of reality. The spouses of the Song live and express themselves in an ideal or abstract world, in which it is as though the struggle of the objective forces between good and evil did not exist. Is it not precisely the power and the interior truth of love that subdues the struggle that goes on in man and around him?

The fullness of this truth and this power proper to love seems nevertheless to be different. It seems to tend rather to where the experience in the book of Tobit leads us. The truth

¹⁷⁹ June 27, 1984

and the power of love are shown in the ability to place oneself between the forces of good and evil which are fighting in man and around him, because love is confident in the victory of good and is ready to do everything so that good may conquer. As a result, the love of the spouses in the book of Tobit is not confirmed by the words expressed by the language of loving transport as in the Song of Songs, but by the choices and the actions that take on all the weight of human existence in the union of the two. The language of the body here seems to use the words of the choices and the acts stemming from the love that is victorious because it prays.

4. Tobiah's prayer (Tb 8:5-8), which is above all a prayer of praise and thanksgiving, then one of supplication, situates the language of the body on the level of the essential terms of the theology of the body. It is an "objectivized" language, pervaded not so much by the emotive power of the experience as by the depth and gravity of the truth of the experience.

The spouses profess this truth together, in unison before the God of the covenant: "God of our fathers." We can say that under this aspect the language of the body becomes the language of the ministers of the sacrament, aware that in the conjugal pact the mystery that has its origin in God himself is expressed and realized. Their conjugal pact is the image—and the original sacrament of the covenant of God with man, with the human race—of that covenant which took its origin from eternal Love.

Tobiah and Sarah end their prayer with the following words: "Call down your mercy on me and on her, and allow us to live together to a happy old age" (Tb 8:7).

We can admit (on the basis of the context) that they have before their eyes the prospect of persevering in their union to the end of their days—a prospect that opens up before them with the trial of life and death, already during their wedding night. At the same time, they see with the glance of faith the sanctity of this vocation in which—through the unity of the two, built upon the mutual truth of the language of the body—they must respond to the call of God himself which is contained in the mystery of the Beginning. This is why they ask: "Call down your mercy on me and on her."

The spouses in the Song of Songs, with ardent words, declare to each other their human love. The newlyweds in the book of Tobit ask God that they be able to respond to love. Both the one and the other find their place in what constitutes the sacramental sign of marriage. Both the one and the other share in forming this sign.

We can say that through the one and the other the "language of the body," reread in the subjective dimension of the truth of human hearts and in the "objective" dimension of the truth of living in union, becomes the language of the liturgy.

The prayer of the newlyweds in the book of Tobit certainly seems to confirm this differently from the Song of Songs, and even in a way that is undoubtedly more deeply moving.

The Language of the Body: Actions and Duties Forming the Spirituality of Marriage¹⁸⁰

1. Today let us return to the classic text of the fifth chapter of the Letter to the Ephesians, which reveals the eternal sources of the covenant of the Father's love and at the same time the new and definitive institution of that covenant in Jesus Christ.

This text brings us to such a dimension of the language of the body that could be called mystical. It speaks of marriage as a great mystery—"This is a great mystery" (Eph 5:32). This mystery is fulfilled in the spousal union of Christ the Redeemer with the Church, and of the Church-Spouse with Christ ("I mean that it refers to Christ and the Church"—Eph 5:22), and it is definitively carried out in eschatological dimensions. Nevertheless the author of the Letter to the Ephesians does not hesitate to extend the analogy of Christ's union with the Church in spousal love, outlined in such an absolute and eschatological way, to the sacramental sign of the matrimonial pact between man and woman, who "defer to one another out of reverence for Christ" (Eph 5:21). He does not hesitate to extend that mystical analogy to the "language of the body," reread in the truth of the spousal love and the conjugal union of the two.

2. We must recognize the logic of this marvelous text which radically frees our way of thinking from elements of Manichaeism or from a non-personalistic consideration of the body. At the same time it brings the language of the body, contained in the sacramental sign of matrimony, nearer to the dimension of real sanctity.

The sacraments inject sanctity into the plan of man's humanity. They penetrate the soul and body, the femininity and the masculinity of the personal subject, with the power of sanctity. All of this is expressed in the language of the liturgy. It is expressed there and brought about there.

The liturgy, liturgical language, elevates the conjugal pact of man and woman, based on the language of the body reread in truth, to the dimensions of mystery. At the same time it enables that pact to be fulfilled in these dimensions through the language of the body.

It is precisely the sign of the sacrament of marriage that speaks of this. In liturgical language this sign expresses an interpersonal event, laden with intense personal content, assigned to the two "until death." The sacramental sign signifies not only the *fieri* (the "becoming")—the birth of the marriage—but builds its whole *esse* (its "being"), its duration, both the one and the other as a sacred and sacramental reality, rooted in the dimension of the covenant and grace—in the dimension of creation and redemption. In this way, the liturgical language assigns to both, to the man and to the woman, love, fidelity and conjugal honesty through the language of the body. It assigns them the unity and the indissolubility of marriage in the language of the body. It assigns them as a duty all the *sacrum* (holy) of the person and of the communion of persons, and likewise their femininity and masculinity—precisely in this language.

¹⁸⁰ July 4, 1984

Profound experience of the holy

3. In this sense we affirm that liturgical language becomes the language of the body. This signifies a series of acts and duties which form the spirituality of marriage, its ethos. In the daily life of the spouses these acts become duties, and the duties become acts. These acts—as also the commitments—are of a spiritual nature. Nevertheless, they are expressed at the same time with the language of the body.

The author of the Letter to the Ephesians writes in this regard: "Husbands should love their wives as they do their own bodies..." (Eph 5:28) ("as he loves himself"--Eph 5:33), and "the wife for her part showing respect for her husband" (Eph 5:33). Both, for that matter, are to "defer to one another out of reverence for Christ" (Eph 5:21).

The "language of the body," as an uninterrupted continuity of liturgical language, is expressed not only as the attraction and mutual pleasure of the Song of Songs, but also as a profound experience of the sacrum (the holy). This seems to be infused in the very masculinity and femininity through the dimension of the *mysterium* (mystery), the *mysterium magnum* of the Letter to the Ephesians. This mystery sinks its roots precisely in the beginning, that is, in the mystery of the creation of man, male and female, in the image of God, called from the beginning to be the visible sign of God's creative love.

4. So therefore that reverence for Christ and respect which the author of the Letter to the Ephesians speaks of, is none other than a spiritually mature form of that mutual attraction—man's attraction to femininity and woman's attraction to masculinity, which is revealed for the first time in Genesis (Gn 2:23-25). Consequently, the same attraction seems to flow like a wide stream through the verses of the Song of Songs to find, under entirely different circumstances, its concise and concentrated expression in the book of Tobit.

The spiritual maturity of this attraction is none other than the blossoming of the gift of fear—one of the seven gifts of the Holy Spirit, which St. Paul speaks of in First Thessalonians (cf. 1 Thes 4:4-7).

On the other hand, Paul's doctrine on chastity as "life according to the Spirit" (cf. Rom 8:5) allows us (especially on the basis of First Corinthians, chapter 6) to interpret that respect in a charismatic sense, that is, as a gift of the Holy Spirit.

A virtue and a gift

5. The Letter to the Ephesians, in exhorting spouses to defer to each other "out of reverence for Christ" (Eph 5:21), and in urging them, consequently, to show respect in their conjugal relationship, seems to point out—in keeping with Pauline tradition—chastity as a virtue and as a gift.

In this way, through the virtue and still more through the gift ("life according to the

Spirit") the mutual attraction of masculinity and femininity spiritually matures. Both the man and woman, getting away from concupiscence, find the proper dimension of the freedom of the gift, united to femininity and masculinity in the true spousal significance of the body.

Thus liturgical language, that is, the language of the sacrament and of the mysterium, becomes in their life and in their living together the language of the body in a depth, simplicity and beauty hitherto altogether unknown.

Conjugal life becomes liturgical

6. This seems to be the integral significance of the sacramental sign of marriage. In that sign—through the language of the body—man and woman encounter the great mystery. This is in order to transfer the light of that mystery—the light of truth and beauty, expressed in liturgical language—to the language of the body, that is, to the language of the practice of love, fidelity, and conjugal honesty, to the ethos rooted in the redemption of the body (cf. Rom 8:23). In this way, conjugal life becomes in a certain sense liturgical.

Morality of Marriage Act Determined by Nature of the Act and of the Subjects¹⁸¹

1. The reflections we have thus far made on human love in the divine plan would be in some way incomplete if we did not try to see their concrete application in the sphere of marital and family morality. We want to take this further step that will bring us to the conclusion of our now long journey, under the guidance of an important recent pronouncement of the Magisterium, *Humanae Vitae*, which Pope Paul VI published in July 1968. We will reread this significant document in the light of the conclusions we have reached in examining the initial divine plan and the words of Christ which refer to it.

2. "The Church teaches as absolutely required that in any use whatever of marriage there must be no impairment of its natural capacity to procreate human life" (*Humanae Vitae* 11). "This particular doctrine, often expounded by the Magisterium of the Church, is based on the inseparable connection, established by God, which man on his own initiative may not break, between the unitive significance and the procreative significance which are both inherent to the marriage act" (*Humanae Vitae* 12).

3. The considerations I am about to make concern especially the passage of *Humanae Vitae* that deals with the "two significances of the marriage act" and their "inseparable connection." I do not intend to present a commentary on the whole encyclical, but rather to illustrate and examine one of its passages. From the point of view of the doctrine contained in the quoted document, that passage has a central significance. At the same time, that passage is closely connected with our previous reflections on marriage in its

¹⁸¹ July 11, 1984

dimension as a (sacramental) sign.

As I said, since this is a central passage of the encyclical, it is obvious that it constitutes a very important part of its whole structure. Therefore, its analysis must direct us toward the various components of that structure, even if it is not our intention to comment on the entire text.

A promised fidelity

4. In the reflections on the sacramental sign, it has already been said several times that it is based on the language of the body reread in truth. It concerns a truth once affirmed at the beginning of the marriage when the newlyweds, promising each other "to be always faithful...and to love and honor each other all the days of their life," become ministers of marriage as a sacrament of the Church.

It concerns, then, a truth that is always newly affirmed. In fact, the man and the woman, living in the marriage "until death," re-propose uninterruptedly, in a certain sense, that sign that they made—through the liturgy of the sacrament—on their wedding day.

The aforementioned words of Pope Paul VI's encyclical concern that moment in the common life of the spouses when both, joining each other in the marriage act, become, according to the biblical expression, "one flesh" (Gn 2:24). Precisely at such a moment so rich in significance, it is also especially important that the language of the body be reread in truth. This reading becomes the indispensable condition for acting in truth, that is, for behaving in accordance with the value and the moral norm.

Adequate foundation

5. The encyclical not only recalls this norm, but also seeks to give it adequate foundation. In order to clarify more completely that "inseparable connection, established by God...between the unitive significance and the procreative significance of the marriage act," Paul VI writes in the next sentence: "The reason is that the marriage act, because of its fundamental structure, while it unites husband and wife in the closest intimacy, also brings into operation laws written into the actual nature of man and of woman for the generation of new life" (*Humanae Vitae* 12).

We note that in the previous sentence, the text just quoted deals above all with the significance of marital relations. In the following sentence, it deals with the fundamental structure (that is, the nature) of marital relations. Defining that fundamental structure, the text refers to "laws written into the actual nature of man and of woman."

The passage from the sentence expressing the moral norm, to the sentence which explains and justifies it, is especially significant. The encyclical leads one to seek the foundation for the norm which determines the morality of the acts of the man and the woman in the marriage act, in the nature of this very act, and more deeply still, in the nature of the subjects themselves who are performing the act.

Two significances

6. In this way, the fundamental structure (that is, the nature) of the marriage act constitutes the necessary basis for an adequate reading and discovery of the two significances that must be carried over into the conscience and the decisions of the acting parties. It also constitutes the necessary basis for establishing the adequate relationship of these significances, that is, their inseparable connection. Since "the marriage act..."—at the same time—"unites husband and wife in the closest intimacy" and together "makes them capable of generating new life," and both the one and the other happen "through the fundamental structure," then it follows that the human person (with the necessity proper to reason, logical necessity) must read at the same time the "twofold significance of the marriage act" and also the "inseparable connection between the unitive significance and the procreative significance of the marriage act."

Here we are dealing with nothing other than reading the language of the body in truth, as has been said many times in our previous biblical analyses. The moral norm, constantly taught by the Church in this sphere, and recalled and reconfirmed by Paul VI in his encyclical, arises from the reading of the language of the body in truth.

It is a question here of the truth first in the ontological dimension ("fundamental structure") and then—as a result—in the subjective and psychological dimension ("significance"). The text of the encyclical stresses that in the case in question we are dealing with a norm of the natural law.

The Norm of *Humanae Vitae* Arises from the Natural Law and the Revealed Order¹⁸²

1. In the Encyclical *Humanae Vitae* we read: "The Church, in urging men to the observance of the precepts of the natural law, which it interprets by its constant doctrine, teaches as absolutely required that in any use whatever of marriage there must be no impairment of its natural capacity to procreate human life" (HV, n. 11).

At the same time this same text considers and even emphasizes the subjective and psychological dimension when it speaks of the significance, and precisely of the "two significances of the marital act."

The significance becomes known with the rereading of the (ontological) truth of the object. Through this rereading, the (ontological) truth enters, so to speak, into the cognitive dimension—subjective and psychological.

Humanae Vitae seems to draw our attention especially to this latter dimension. Among other ways, this is also indirectly confirmed by the following sentence: "We believe that our contemporaries are especially capable of seeing that this teaching is in harmony with

¹⁸² July 18, 1984

human reason" (HV n. 12).

Moral norm and its reason

2. That reasonable character does not only concern the truth of the ontological dimension, namely, that which corresponds to the fundamental structure of the marital act. It also concerns the same truth in the subjective and psychological dimension, that is to say, it concerns the correct understanding of the intimate structure of the marital act. It concerns the adequate rereading of the significances corresponding to this structure and of their inseparable connection, in view of a morally right behavior. Herein lies precisely the moral norm and the corresponding regulation of human acts in the sphere of sexuality. In this sense we say that the moral norm is identified with the rereading, in truth, of the language of the body.

3. Therefore, the Encyclical *Humanae Vitae* therefore contains the moral norm and its reason, or at least an examination of what constitutes the reason for the norm. Moreover, since in the norm the moral value is expressed in a binding way, it follows that acts in conformity with the norm are morally right, while acts contrary to it are intrinsically illicit. The author of the encyclical stresses that this norm belongs to the natural law, that is to say, it is in accordance with reason as such. The Church teaches this norm, although it is not formally (that is, literally) expressed in Sacred Scripture. It does this in the conviction that the interpretation of the precepts of natural law belongs to the competence of the Magisterium.

However, we can say more. Even if the moral law, formulated in this way in *Humanae Vitae*, is not found literally in Sacred Scripture, nonetheless, from the fact that it is contained in tradition and—as Pope Paul VI writes—has been "very often expounded by the Magisterium" (HV n. 12) to the faithful, it follows that this norm is in accordance with the sum total of revealed doctrine contained in biblical sources (cf. HV n. 4).

Revealed by God

4. It is a question here not only of the sum total of the moral doctrine contained in Sacred Scripture, of its essential premises and the general character of its content. It is also a question of that fuller context to which we have previously dedicated many analyses when speaking about the theology of the body.

Precisely against the background of this full context it becomes evident that the above mentioned moral norm belongs not only to the natural moral law, but also to the moral order revealed by God. Also from this point of view, it could not be different, but solely what is handed down by Tradition and the Magisterium and, in our days, the Encyclical *Humanae Vitae* as a modern document of this Magisterium.

Paul VI writes: "We believe that our contemporaries are especially capable of seeing that this teaching is in harmony with human reason" (HV n. 12). We can add that they are capable also of seeing its profound conformity with all that is transmitted by Tradition

stemming from biblical sources. The bases of this conformity are to be sought especially in biblical anthropology. Moreover, we know the significance that anthropology has for ethics, that is, for moral doctrine. It seems to be totally reasonable to look precisely in the "theology of the body" for the foundation of the truth of the norms that concern the fundamental problematic of man as "body": "The two will become one flesh" (Gn 2:24).

Reread and reflect

5. The norm of the Encyclical *Humanae Vitae* concerns all men, insofar as it is a norm of the natural law and is based on conformity with human reason (when, it is understood, human reason is seeking truth). All the more does it concern all believers and members of the Church, since the reasonable character of this norm indirectly finds confirmation and solid support in the sum total of the theology of the body. From this point of view we have spoken in previous analyses about the ethos of the redemption of the body.

The norm of the natural law, based on this ethos, finds not only a new expression, but also a fuller anthropological and ethical foundation in the word of the Gospel and in the purifying and corroborating action of the Holy Spirit.

These are all reasons why every believer and especially every theologian should reread and ever more deeply understand the moral doctrine of the encyclical in this complete context. The reflections we have been making here for some time constitute precisely an attempt at this rereading.

Importance of Harmonizing Human Love with Respect for Life¹⁸³

1. Today we continue our reflections which are directed toward linking the Encyclical *Humanae Vitae* to our whole treatment of the theology of the body. This encyclical is not limited to recalling the moral norm concerning conjugal life, reconfirming this norm in the face of new circumstances. In making a pronouncement with the authentic Magisterium through the encyclical (1968), Paul VI had before his eyes the authoritative statement of the Second Vatican Council contained in the Constitution *Gaudium et Spes* (1965).

The Encyclical is not only found to be along the lines of the Council's teaching. It also constitutes the development and completion of the questions contained there, especially regarding the question of the "harmony of human love with respect for life." On this point, we read the following words in *Gaudium et Spes*: "The Church issues the reminder that a true contradiction cannot exist between the divine laws pertaining to the transmission of life and those pertaining to the fostering of authentic conjugal love" (GS 51).

Moral norm does not contradict reason

¹⁸³ July 25, 1984

2. The pastoral constitution of Vatican II excludes any true contradiction whatsoever in the normative order. On his part Paul VI confirms this order by seeking at the same time to shed light on that "non-contradiction," and thus to justify the respective moral norm by demonstrating its conformity to reason.

Nevertheless, *Humanae Vitae* speaks not so much of the non-contradiction in the normative order as of the inseparable connection between the transmission of life and authentic marital love. It speaks from the point of view of the "two significances of the conjugal act: the unitive significance and the procreative significance" (HV 12), which we have already dealt with.

3. We could pause for some time here analyzing the norm itself, but the character of both documents leads rather to reflections that are at least indirectly pastoral. In fact, *Gaudium et Spes* is a pastoral constitution, and Paul VI's encyclical—with its doctrinal value—tends to have the same orientation. It is intended to be a response to the questions of modern man. These questions are of a demographic nature, and consequently of a socioeconomic and political nature, in relation to the population increase throughout the world. These questions begin from the field of particular sciences, and at the same rate are questions of modern moralists (theologians-moralists). They are above all questions of spouses which are already found at the center of attention in the conciliar constitution and are taken up again in the encyclical with all desirable precision. In fact, we read there: "Granted the conditions of life today and taking into account the relevance of married love to the harmony and mutual fidelity of husband and wife, would it not be right to review the moral norms in force till now, especially when it is felt that these can be observed only with the gravest difficulty, sometimes only by heroic effort?" (HV 3)

Pastoral argument

4. In the above text it is evident with what solicitude the encyclical's author tries to face the questions of modern man in all their import. The relevance of these questions presupposes a response that is proportionately thought out and profound. Therefore, if on the one hand it is right to expect a keenly sensitive treatment of the norm, on the other hand it can also be expected that no small weight be given to the pastoral arguments. These more directly concern the life of man in the concrete, of precisely those who are posing the questions mentioned in the beginning.

Paul VI always had these people before his eyes. The following passage of *Humanae Vitae* is evidence of this, among other things: "The teaching of the Church regarding the right ordering of the increase of a man's family is a promulgation of the law of God himself. And yet there is no doubt that to many it may appear not merely difficult but even impossible to observe. Now it is true that like all good things which are outstanding for their nobility and for the benefits which they confer on men, so this law demands from individual men and women, from families and from human society a resolute purpose and great endurance. Indeed it cannot be observed unless God comes to their help with that grace by which the good will of men is sustained and strengthened. But to those who consider this matter diligently it will indeed be evident that this endurance

enhances man's dignity and confers benefits on human society" (HV 20).

Rule of understanding

5. At this point there is no more mention of the normative non-contradiction, but rather of the "possibility of observing the divine law," that is, of an argument that is at least indirectly pastoral. The fact that the law must be possible to observe belongs directly to the very nature of law and is therefore included in the framework of the normative non-contradiction. Nevertheless the possibility, understood as the feasibility of the norm, belongs also to the practical and pastoral sphere. In the text quoted, my predecessor speaks precisely from this point of view.

6. We can here arrive at a consideration of the fact that the whole biblical background, called the theology of the body, offers us, even though indirectly, the confirmation of the truth of the moral norm contained in *Humanae Vitae*, prepares us to consider more deeply the practical and pastoral aspects of the problem in its entirety. Were not the principles and general presuppositions of the theology of the body all taken from the answers Christ gave to the questions of his actual audience? And are not Paul's texts—as, for example, in the Letter to the Corinthians—a small manual on the problems of the moral life of Christ's first followers? In these texts we certainly find that rule of understanding which seems so indispensable in the face of the problems treated in *Humanae Vitae* and which is present in this Encyclical.

Whoever believes that the Council and the Encyclical do not sufficiently take into account the difficulties present in concrete life does not understand the pastoral concern that was at the origin of those documents. Pastoral concern means the search for the true good of man, a promotion of the values engraved in his person by God. That is, it means observing that rule of understanding which is directed to the ever clearer discovery of God's plan for human love, in the certitude that the only true good of the human person consists in fulfilling this divine plan.

One could say that, precisely in the name of the aforementioned rule of understanding, the Council posed the question of the "harmony of human love with respect for life" (GS 51). *Humanae Vitae* then not only recalls the moral norms that are binding in this area, but is also fully concerned with the problem of the possibility of observing the divine law.

The present reflections on the nature of the document *Humanae Vitae* prepare us to deal then with the theme of responsible parenthood.

Responsible Parenthood¹⁸⁴

1. For today we have chosen the theme of responsible parenthood in the light of *Gaudium et Spes* and of *Humanae Vitae*. In treating of the subject, the Council document limits

¹⁸⁴ August 1, 1984

itself to recalling the basic premises. However, the papal document goes further, giving a more concrete content to these premises.

The Council text reads as follows: "When it is a question of harmonizing married love with the responsible transmission of life, it is not enough to take only the good intention and the evaluation of motives into account; the objective criteria must be used, criteria drawn from the nature of the human person and human action, criteria which respect the total meaning of mutual self-giving and human procreation in the context of true love; all this is possible only if the virtue of married chastity is seriously practiced" (GS 51).

The Council adds: "In questions of birth regulation, the sons of the Church, faithful to these principles, are forbidden to use methods disapproved of by the teaching authority of the Church" (GS 51).

Ruled by conscience

2. Before the passage quoted, the Council teaches that married couples "shall fulfill their role with a sense of human and Christian responsibility, and the formation of correct judgments through docile respect for God." (GS 50). This involves "common reflection and effort; it also involves a consideration of their own good and the good of their children, already born or yet to come, an ability to read the signs of the times and of their own situation on the material and spiritual level, and finally, an estimation of the good of the family, of society and of the Church." (GS 50).

At this point words of particular importance follow, to determine with greater precision the moral character of responsible parenthood. We read: "It is the married couple themselves who must in the last analysis arrive at these judgments before God" (GS 50).

And it continues: "Married people should realize that in their behaviour they may not simply follow their own fancy but must be ruled by conscience—and conscience ought to be conformed to the law of God in the light of the teaching authority of the Church, which is the authentic interpreter of divine law. For the divine law throws light on the meaning of married love, protects it and leads it to truly human fulfilment" (GS 50).

3. The Council document, in limiting itself to recalling the necessary premises for responsible parenthood, has set them out in a completely unambiguous manner, clarifying the constitutive elements of such parenthood, that is, the mature judgment of the personal conscience in relationship to the divine law, authentically interpreted by the Magisterium of the Church.

True conjugal love

4. Basing itself on the same premises, *Humanae Vitae* goes further and offers concrete indications. This is seen, first of all, in the way of defining responsible parenthood (cf. HV 10). Paul VI seeks to clarify this concept by considering its various aspects and excluding beforehand its reduction to one of the "partial aspects, as is done by those who

speak exclusively of birth control." From the very beginning, Paul VI is guided in his reasoning by an integral concept of man (cf. HV 7) and of conjugal love (cf. HV 8, 9).

Under different aspects

5. One can speak of responsibility in the exercise of the function of parenthood under different aspects. Thus he writes: "In relation to the biological processes involved, responsible parenthood is to be understood as the knowledge and observance of their specific functions. Human intelligence discovers in the faculty of procreating life, the biological laws which involve human personality" (HV 10). If, on the other hand, we examine "the innate drives and emotions of man, responsible parenthood expresses the domination which reason and will must exert over them" (HV 10).

Taking for granted the above-mentioned interpersonal aspects and adding to them the "economic and social conditions," those are considered "to exercise responsible parenthood who prudently and generously decide to have a large family, or who, for serious reasons and with due respect to the moral law, choose to have no more children for the time being or even for an indeterminate period" (HV 10).

From this it follows that the concept of responsible parenthood contains the disposition not merely to avoid a further birth but also to increase the family in accordance with the criteria of prudence. In this light in which the question of responsible parenthood must be examined and decided, there is always of paramount importance "the objective moral order instituted by God, the order of which a right conscience is the true interpreter" (HV 10).

6. The commitment to responsible parenthood requires that husband and wife, "keeping a right order of priorities, recognize their own duties toward God, themselves, their families and human society" (HV 10). One cannot therefore speak of acting arbitrarily. On the contrary the married couple "must act in conformity with God's creative intention" (HV 10). Beginning with this principle the encyclical bases its reasoning on the "intimate structure of the conjugal act" and on "the inseparable connection of the two significances of the conjugal act" (cf. HV 12), as was already stated. The relative principle of conjugal morality is, therefore, fidelity to the divine plan manifested in the "intimate structure of the conjugal act" and in the "inseparable connection of the two significances of the conjugal act."

Faithfulness to the Divine Plan in the Transmission of Life¹⁸⁵

1. We said previously that the principle of conjugal morality, taught by the Church (Second Vatican Council, Paul VI), is the criterion of faithfulness to the divine plan. In conformity with this principle, the Encyclical *Humanae Vitae* clearly distinguishes between a morally illicit method of birth regulation or, more precisely, of the regulation of fertility, and one that is morally correct.

¹⁸⁵ August 8, 1984

In the first place "the direct interruption of the generative process already begun [abortion]...is morally wrong" (HV 14), likewise "direct sterilization" and "any action, which either before, at the moment of, or after sexual intercourse, is specifically intended to prevent procreation" (HV 14)—therefore, all contraceptive means. It is however morally lawful to have "recourse to the infertile periods" (HV 16): "If therefore there are reasonable grounds for spacing births, arising from the physical or psychological conditions of husband or wife, or from external circumstances, the Church teaches that then married people may take advantage of the natural cycles immanent in the reproductive system and use their marriage at precisely those times that are infertile, and in this way control birth without offending moral principles..." (HV 16).

Natural regulation versus contraception

2. The Encyclical emphasizes especially that "between the two cases there is an essential difference" (HV 16), and therefore a difference of an ethical nature: "In the first case married couples rightly use a facility provided them by nature; in the other case, they obstruct the natural development of the generative process" (HV 16).

Two actions that are ethically different, indeed, even opposed, derive from this: the natural regulation of fertility is morally correct; contraception is not morally correct. This essential difference between the two actions (modes of acting) concerns their intrinsic ethical character, even though my predecessor Paul VI states that "in each case married couples, for acceptable reasons, are both perfectly clear in their intention to avoid children." He even writes: "...that they mean to make sure that none will be born" (HV 16). In these words the document admits that even those who use contraceptive practices can be motivated by "acceptable reasons." However, this does not change the moral character which is based on the very structure of the conjugal act as such.

Moral and pastoral dimensions

3. It might be observed at this point that married couples who have recourse to the natural regulation of fertility, might do so without the valid reasons spoken of above. However, this is a separate ethical problem, when one treats of the moral sense of responsible parenthood.

Supposing that the reasons for deciding not to procreate are morally correct, there remains the moral problem of the manner of acting in this case. This is expressed in an act which—according to the doctrine of the Church contained in the Encyclical—possesses its own intrinsic moral qualification, either positive or negative. The first one, positive, corresponds to the "natural" regulation of fertility; the second, negative, corresponds to "artificial contraception."

4. The whole of the previous discussion is summed up in the exposition of the doctrine contained in *Humanae Vitae*, by pointing out its normative and at the same time its pastoral character. In the normative dimension it is a question of making more precise

and clear the moral principles of action; in the pastoral dimension it is a question especially of pointing out the possibility of acting in accordance with these principles ("the possibility of the observance of the divine law", HV 20).

We should dwell on the interpretation of the content of the Encyclical. To this end one must view that content, that normative-pastoral ensemble, in the light of the theology of the body as it emerges from the analysis of the biblical texts.

5. The theology of the body is not merely a theory, but rather a specific, evangelical, Christian pedagogy of the body. This derives from the character of the Bible, and especially of the Gospel. As the message of salvation, it reveals man's true good, for the purpose of modeling—according to the measure of this good—man's earthly life in the perspective of the hope of the future world.

The Encyclical *Humanae Vitae*, following this line, responds to the question about the true good of man as a person, as male and female; about that which corresponds to the dignity of man and woman when one treats of the important problem of the transmission of life by married couples.

To this problem we shall devote further reflection.

Church's Position on Transmission of Life¹⁸⁶

1. What is the essence of the Church's doctrine concerning the transmission of life in the conjugal community, of that doctrine of which we are reminded by the pastoral Constitution of the Council *Gaudium et Spes*, and by the encyclical *Humanae Vitae* of Pope Paul VI?

The problem consists in maintaining an adequate relationship between what is defined as "domination...of the forces of nature" (HV 2), and the "mastery of self" (HV 21) which is indispensable for the human person. Modern man shows a tendency to transfer the methods proper to the former to those of the latter. "Man has made stupendous progress in the domination and rational organization of the forces of nature," we read in the encyclical, "to the point that he is endeavoring to extend this control over every aspect of his own life—over his body, over his mind and emotions, over his social life, and even over the laws that regulate the transmission of life" (HV 2).

This extension of the sphere of the means of "domination of the forces of nature" menaces the human person for whom the method of "self-mastery" is and remains specific. The mastery of self corresponds to the fundamental constitution of the person; it is indeed a "natural" method. On the contrary, the resort to artificial means destroys the constitutive dimension of the person. It deprives man of the subjectivity proper to him and makes him an object of manipulation.

¹⁸⁶ August 22, 1984

Meaning of "language of the body"

2. The human body is not merely an organism of sexual reactions. But it is, at the same time, the means of expressing the entire man, the person, which reveals itself by means of the language of the body. This language has an important interpersonal meaning, especially in reciprocal relationships between man and woman. Moreover, our previous analyses show that in this case the language of the body should express, at a determinate level, the truth of the sacrament. Participating in the eternal plan of love ("sacrament hidden in God"), the language of the body becomes a kind of prophetism of the body.

It may be said that the Encyclical *Humanae Vitae* carries to the extreme consequences, not merely logical and moral, but also practical and pastoral, this truth concerning the human body in its masculinity and femininity.

Sacramental and personal dimension

3. The unity of the two aspects of the problem—the sacramental (or theological) dimension and the personalistic one—corresponds to the overall revelation of the body. From this derives also the connection of the strictly theological vision with the ethical one, which appeals to the natural law.

The subject of the natural law is man, not only in the "natural" aspect of his existence, but also in the integral truth of his personal subjectivity. He is shown to us, in revelation, as male and female, in his full temporal and eschatological vocation. He is called by God to be a witness and interpreter of the eternal plan of love, by becoming the minister of the sacrament which from the beginning was constituted by the sign of the union of flesh.

4. As ministers of a sacrament which is constituted by consent and perfected by conjugal union, man and woman are called to express that mysterious language of their bodies in all the truth which is proper to it. By means of gestures and reactions, by means of the whole dynamism, reciprocally conditioned, of tension and enjoyment—whose direct source is the body in its masculinity and its femininity, the body in its action and interaction—by means of all this, man, the person, "speaks."

Man and woman carry on in the language of the body that dialogue which, according to Genesis, chapter 2, vv.24, 25, had its beginning on the day of creation. Precisely on the level of this language of the body—which is something more than mere sexual reaction and which, as authentic language of the persons, is subject to the demands of truth, that is, to objective moral norms—man and woman reciprocally express themselves in the fullest and most profound way possible to them. By the corporeal dimension of masculinity and femininity, man and woman express themselves in the measure of the whole truth of the human person.

5. Man is precisely a person because he is master of himself and has self-control. Indeed, insofar as he is master of himself he can give himself to the other. And it is this

dimension—the dimension of the liberty of the gift—which becomes essential and decisive for that language of the body, in which man and woman reciprocally express themselves in the conjugal union. Granted that this is communion of persons, the language of the body should be judged according to the criterion of truth. It is precisely this criterion which the Encyclical *Humanae Vitae* recalls, as is confirmed by the passages quoted previously.

6. According to the criterion of this truth, which should be expressed in the language of the body, the conjugal act signifies not only love, but also potential fecundity. Therefore it cannot be deprived of its full and adequate significance by artificial means. In the conjugal act it is not licit to separate the unitive aspect from the procreative aspect, because both the one and the other pertain to the intimate truth of the conjugal act. The one is activated together with the other and in a certain sense the one by means of the other. This is what the Encyclical teaches (cf. HV 12). Therefore, in such a case the conjugal act, deprived of its interior truth because it is artificially deprived of its procreative capacity, ceases also to be an act of love.

7. It can be said that in the case of an artificial separation of these two aspects, a real bodily union is carried out in the conjugal act, but it does not correspond to the interior truth and to the dignity of personal communion: communion of persons. This communion demands that the language of the body be expressed reciprocally in the integral truth of its meaning. If this truth be lacking, one cannot speak either of the truth of self-mastery, or of the truth of the reciprocal gift and of the reciprocal acceptance of self on the part of the person. Such a violation of the interior order of conjugal union, which is rooted in the very order of the person, constitutes the essential evil of the contraceptive act.

Reflections on "sign"

8. The above-given interpretation of moral doctrine expressed in the Encyclical *Humanae Vitae* is situated against the vast background of reflections connected with the theology of the body. The reflections on "sign" in connection with marriage understood as a sacrament are of special validity for this interpretation. The essence of the violation which upsets the interior order of the conjugal act cannot be understood in a theologically adequate way, without the reflections on the theme of the concupiscence of the flesh.

A Discipline That Ennobles Human Love¹⁸⁷

1. The Encyclical *Humanae Vitae*, while demonstrating the moral evil of contraception, at the same time fully approves of the natural regulation of fertility and, in this sense, it approves of responsible parenthood. Here one must exclude the possibility of describing as "responsible" from the ethical point of view that procreation in which recourse is had to contraception in order to regulate fertility. On the contrary, the true concept of responsible parenthood is connected with the right and lawful regulation of fertility from the ethical viewpoint.

¹⁸⁷ August 28, 1984

2. We read in this regard: "The right and lawful ordering of the births of children presupposes in husband and wife first and foremost that they fully recognize and value the true blessings of family life, and secondly, that they acquire complete mastery over themselves and their emotions. For if with the aid of reason and of free will they are to control their natural drives, there can be no doubt at all of the need for self-denial. Only then will the expression of love, particular to married life, conform to right order. And this is especially true as regards the practice of periodic continence. But self-discipline of this kind is a shining witness to the chastity of husband and wife and, so far from being a hindrance to their love of one another, transforms it by giving it a more truly human character. And if this self-discipline does demand that they persevere in their purpose and efforts, it has at the same time the salutary effect of enabling husband and wife to develop to the full their personalities and be enriched with spiritual blessings..." (HV 21).

The proper attitude

3. The Encyclical then points out the consequences of such a line of conduct not merely for the couple themselves but also for the whole family understood as a community of persons. It will be necessary to treat this subject again. The encyclical underlines that a right and lawful regulation of fertility demands above all from husband and wife a definite family and procreative attitude. That is to say, it requires "that they acquire and possess solid convictions about the true values of life and of the family" (HV 21). Beginning from this premise, it was necessary to proceed to an overall consideration of the question as the 1980 Synod of Bishops did (cf. *On the Role of the Christian Family*). Later, the doctrine concerning this particular problem of conjugal and family morality, treated of in the Encyclical *Humanae Vitae*, found its proper place and fitting perspective in the comprehensive context of the Apostolic Exhortation *Familiaris Consortio*. The theology of the body, especially as the pedagogy of the body, has its roots, in a certain sense, in the theology of the family and, at the same time, leads to it. This pedagogy of the body, whose key today is the Encyclical *Humanae Vitae*, is explained only in the full context of a correct vision of the values of life and of the family.

4. In the text quoted above, Pope Paul VI refers to conjugal chastity when he writes that the observance of periodic continence is the form of self-mastery in which conjugal chastity is manifested (cf. HV 21).

In undertaking now a deeper analysis of this problem, it is necessary to bear in mind the whole doctrine on chastity understood as the life of the Spirit (cf. Gal 5:25), already considered by us, in order to understand the respective statements of the encyclical on the theme of periodic continence. That doctrine remains indeed the real reason, beginning from which the teaching of Paul VI defines the regulation of births and responsible parenthood as ethically right and lawful.

Even though the periodicity of continence in this case is applied to the so-called "natural rhythms" (HV 16), the continence itself is a definite and permanent moral attitude. It is a virtue, and therefore the whole line of conduct guided by it acquires a virtuous character.

The Encyclical emphasizes clearly enough that here it is not merely a matter of a definite technique, but of ethics in the strict sense of the term as the morality of conduct.

Therefore, the Encyclical opportunely sets out in relief, on the one hand, the necessity to respect in the above-mentioned line of conduct the order established by the Creator, and on the other hand, the necessity of an immediate motivation of an ethical character.

5. In regard to the first aspect we read: "To experience the gift of married love while respecting the laws of conception is to acknowledge that one is not the master of the sources of life, but rather the minister of the design established by the Creator" (HV 13). "Human life is sacred"—as our predecessor of holy memory, John XXIII, said in his Encyclical *Mater et Magistra*—"from its very beginning it involves directly the creative action of God" (AAS 53, 1961; cf. HV 13). As regards the immediate motivation, the Encyclical *Humanae Vitae* requires that "there exist reasonable grounds for spacing births, arising from the physical or psychological condition of husband or wife, or from external circumstances..." (HV 16).

Living by the Spirit

6. In the case of a morally upright regulation of fertility effected by means of periodic continence, one is clearly dealing with the practice of conjugal chastity, that is, of a definite ethical attitude. In biblical language we could say that it is a case of living by the Spirit (cf. Gal 5:25).

The morally correct regulation is also called "the natural regulation of fertility," which can be explained as conformity to the natural law. By natural law we mean that order of nature in the field of procreation, insofar as it is understood by right reason. This order is the expression of the Creator's plan for man. It is precisely this that the encyclical, together with the whole Tradition of Christian teaching and practice, stresses in a particular way: the virtuous character of the attitude which is expressed in the natural regulation of fertility is determined not so much by fidelity to an impersonal natural law as to the Creator-Person, the Source and Lord of the order which is manifested in such a law.

From this point of view, the reduction to a mere biological regularity, separated from the order of nature that is, from the Creator's plan, deforms the authentic thought of the Encyclical *Humanae Vitae* (cf. HV 14).

The document certainly presupposes that biological regularity. Indeed, it exhorts competent persons to study it and to apply it in a still deeper way, but it always understands this regularity as the expression of the order of nature, that is, of the providential plan of the Creator, in the faithful execution of which the true good of the human person consists.

Responsible Parenthood Linked to Moral Maturity¹⁸⁸

"The Lord was witness to the covenant between you and the wife of your youth.... Has not the one God made and sustained for us the spirit of life? What does he desire? Godly offspring. So take heed to yourselves and let none be faithless to the wife of his youth."

(Mal 2:14-15)

1. We have previously spoken of the right and lawful regulation of fertility according to the doctrine contained in the Encyclical *Humanae Vitae* (HV 19), and in the Exhortation *Familiaris Consortio*. The description of "natural," attributed to the morally correct regulation of fertility (following the natural rhythms, cf. HV 16), is explained by the fact that that manner of conduct corresponds to the truth of the person and therefore to his dignity. This dignity by "nature" belongs to man as a rational and free being. As a rational free being, man can and must reread with discernment that biological rhythm which belongs to the natural order. He can and must conform to it so as to exercise that responsible parenthood, which, according to the Creator's design, is inscribed in the natural order of human fecundity. The concept of a morally correct regulation of fertility is nothing other than the rereading of the language of the body in truth. The "natural rhythms immanent in the generative functions" pertain to the objective truth of that language, which the persons concerned should reread in its full objective content. It is necessary to bear in mind that the body speaks not merely with the whole external expression of masculinity and femininity, but also with the internal structures of the organism, of the somatic and psychosomatic reaction. All this should find its appropriate place in that language in which husband and wife dialogue with each other, as persons called to the communion of the union of the body.

At the cost of a precise self-denial

2. All efforts directed to an ever more precise knowledge of those natural rhythms which are manifested in relation to human procreation, all efforts of family counselors and indeed of the couple themselves, are not aimed at making the language of the body merely biological (at reducing ethics to biology, as some have mistakenly held). But they are aimed exclusively at ensuring the integral truth of that language of the body in which husband and wife should express themselves in a mature way before the demands of responsible parenthood.

The Encyclical *Humanae Vitae* stresses several times that responsible parenthood is connected with a continual effort and commitment, and that it is put into effect at the cost of a precise self-denial (cf. HV 21). All these and other similar expressions show that in the case of responsible parenthood, or of a morally correct regulation of fertility, it is a question of the real good of human persons and of what corresponds to the true dignity of the person.

Right conscience is true interpreter

¹⁸⁸ September 5, 1984

3. The use of the infertile periods for conjugal union can be an abuse if the couple, for unworthy reasons, seeks in this way to avoid having children, thus lowering the number of births in their family below the morally correct level. This morally correct level must be established by taking into account not only the good of one's own family, and even the state of health and the means of the couple themselves, but also the good of the society to which they belong, of the Church, and even of all mankind.

The Encyclical *Humanae Vitae* presents responsible parenthood as an expression of a high ethical value. In no way is it exclusively directed to limiting, much less excluding, children. It means also the willingness to accept a larger family. Above all, according to *Humanae Vitae*, responsible parenthood implies "a deeper relationship with the objective moral order instituted by God—the order of which a right conscience is the true interpreter" (HV 10).

Moral maturity

4. The truth of responsible parenthood and its implementation is linked with the moral maturity of the person. Here, the divergence is very frequently revealed between what the encyclical explicitly regards as of primary importance and the general viewpoint on the subject.

The Encyclical places in relief the ethical dimension of the problem, by underlining the role of the virtue of temperance correctly understood. Within the scope of this dimension there is also an adequate method for acting. In the common viewpoint it often happens that the method, separated from the ethical dimension proper to it, is put into effect in a merely functional and even utilitarian way. By separating the natural method from the ethical dimension, one no longer sees the difference between it and the other methods (artificial means). One comes to the point of speaking of it as if it were only a different form of contraception.

5. From the point of view of the true doctrine expressed by the Encyclical *Humanae Vitae*, it is therefore important to present this method correctly, and the encyclical refers to this (cf. HV 16). Above all it is important to examine in depth the ethical dimension. For it is in reference to this that the method, as natural, acquires its significance as a morally correct, upright method. Therefore within the framework of the present analysis, it is fitting that we should turn our attention principally to what the encyclical states on the subject of self-mastery and on continence. Without a searching interpretation of that subject we shall not arrive either at the heart of the moral truth, or at the heart of the anthropological truth of the problem. It was already pointed out that the roots of this problem lie deep in the theology of the body. When it becomes, as it ought to, the pedagogy of the body, this constitutes in reality the morally right and lawful method of the regulation of births, understood in its deepest and fullest sense.

Lawful regulation

6. Later when describing the specifically moral values of the natural regulation of fertility (that is, lawful or morally right), the author of *Humanae Vitae* writes as follows: "This self-discipline...brings to family life abundant fruits of tranquillity and peace. It helps in solving difficulties of other kinds. It fosters in husband and wife thoughtfulness and loving consideration for each other. It helps them to repel the excessive self-love which is the opposite of charity. It arouses in them a consciousness of their responsibilities. And finally, it confers upon parents a deeper and more effective influence in the education of their children. For these latter, both in childhood and in youth, as years go by, develop a right sense of values as regards the true blessings of life and achieve a serene and harmonious use of their mental and physical powers" (HV 21).

7. The passage cited completes the picture of what the Encyclical *Humanae Vitae* means by "the right and lawful ordering of the births of children" (HV 21). As can be seen, this is not merely a mode of behavior in a specific field. It is an attitude which is based on the integral moral maturity of the persons and at the same time completes it.

Prayer, Penance and the Eucharist Are Principal Sources of Spirituality for Married Couples¹⁸⁹

1. Referring to the doctrine contained in the Encyclical *Humanae Vitae*, we will try to further outline the spiritual life of married couples. Here are the great words of this encyclical:

"While the Church does indeed hand on to her children the inviolable conditions laid down by God's law, she is also the herald of salvation. Through the sacraments she flings wide open the channels of grace through which man is made a new creature responding in charity and true freedom to the design of his Creator and Savior, experiencing too the sweetness of the yoke of Christ.

"In humble obedience then to her voice, let Christian husbands and wives be mindful of their vocation to the Christian life, a vocation which, deriving from their Baptism, has been confirmed anew and made more explicit by the sacrament of Matrimony. For by this sacrament they are strengthened and, one might also say, consecrated to the faithful fulfillment of their duties; to realizing to the full their vocation; and to bearing witness, as becomes them, to Christ before the world. For the Lord has entrusted to them the task of making visible to men and women the holiness, and the joy too, of the law which unites inseparably their love for one another and the cooperation they give to God's love, God who is the Author of human life" (*Humanae Vitae* 25).

Morally evil act

2. By showing the moral evil of the contraceptive act and by outlining at the same time a possibly integral framework for the honest practice of fertility regulation, that is, of responsible fatherhood and motherhood, the Encyclical *Humanae Vitae* creates the

¹⁸⁹ October 3, 1984

premises that allow us to draw the great lines of the Christian spirituality of the conjugal vocation and life, and likewise the spirituality of parents and of the family.

It can further be said that the encyclical presupposes the entire tradition of this spirituality, which is rooted in the biblical sources already analyzed, by offering the opportunity to reflect on them anew and to build an adequate synthesis.

It is well to recall here what was said about the organic relationship between the theology of the body and the pedagogy of the body. This "theology-pedagogy" already constitutes per se the essential nucleus of conjugal spirituality. This is indicated also by the above-quoted sentences from the encyclical.

Integral intention

3. Anyone would certainly read and interpret the Encyclical *Humanae Vitae* erroneously who would see in it only the reduction of responsible fatherhood and motherhood to mere "biological rhythms of fertility". The author of the encyclical energetically disapproves of and contradicts any form of reductive interpretation (and in such a "partial" sense), and insistently repropose the integral intention. Responsible fatherhood and motherhood, understood integrally, is none other than an important element of all conjugal and family spirituality, that is, of that vocation which the cited text of *Humanae Vitae* speaks about when it states that the married couple must "realize to the full their vocation" (HV 25). The sacrament of marriage strengthens them and, one would say, consecrates them to its fulfillment (cf. HV 25).

In the light of the doctrine expressed in the encyclical, it is well to become more aware of that strengthening power that is united to the "sui generis consecration" of the sacrament of marriage.

Since the analysis of the ethical problem of Paul VI's document was centered above all on the exactness of the respective norm, the sketch of conjugal spirituality which is found there intends to place in relief precisely those "powers" which make possible the authentic Christian witness of married life.

Difficulties present

4. "We have no wish at all to pass over in silence the difficulties, at times very great, which beset the lives of Christian married couples. For them, as indeed for every one of us, the gate is narrow and the way is hard that leads to life (cf. Mt 7:14). Nevertheless, it is precisely the hope of that life which, like a brightly burning torch, lights up their journey, as, strong in spirit, they strive to live sober, upright and godly lives in this world (cf. Ti 2:12), knowing for sure that 'the form of this world is passing away'" (cf. 1 Cor 7:31) (HV 25).

In the encyclical, the view of married life is marked at every step by Christian realism. Precisely this helps more greatly to acquire those "powers" which allow the formation of

the spirituality of married couples and parents in the spirit of an authentic pedagogy of heart and body.

The awareness of that future life opens up a broad horizon of those powers that must guide them through the hard way (cf. HV 25) and lead them through the narrow gate (cf. HV 25) of their evangelical vocation.

The encyclical says: "For this reason husbands and wives should take up the burden appointed to them, willingly, in the strength of faith and of that hope which does not disappoint us, because God's love has been poured out into our hearts through the Holy Spirit who has been given to us" (cf. Rom 5:5) (HV 25).

By the Holy Spirit

5. Here is the essential and fundamental "power": the love planted in the heart ("poured out into our hearts") by the Holy Spirit. Consequently, the encyclical points out how the married couple must implore this essential power and every other divine help by prayer; how they must draw grace and love from the ever-living fountain of the Eucharist; how "with humble perseverance" they must overcome their deficiencies and sins in the Sacrament of Penance.

These are the means—infallible and indispensable—for forming the Christian spirituality of married life and family life. With these, that essential and spiritual creative power of love reaches human hearts and, at the same time, human bodies in their subjective masculinity and femininity. This love allows the building of the whole life of the married couple according to that "truth of the sign", by means of which marriage is built up in its sacramental dignity, as the central point of the encyclical reveals (cf. HV 12).

The Power of Love Is Given to Man and Woman as a Share in God's Love¹⁹⁰

1. We are continuing to outline the spirituality of married life in the light of the Encyclical *Humanae Vitae*.

According to the doctrine contained there, in conformity with biblical sources and all Tradition, love from the subjective viewpoint is a power, that is, a capacity of the human soul, of a theological nature. It is therefore the power given to man in order to participate in that love with which God himself loves in the mystery of creation and redemption. It is that love which "rejoices with the truth" (1 Cor 13:6). In it, the spiritual joy (Augustine's "enjoyment") of every authentic value is expressed. It is a joy like that of the Creator himself, who in the beginning saw that everything "was very good" (Gn 1:31).

If the powers of concupiscence try to detach the language of the body from the truth, that is, they try to falsify it, the power of love instead strengthens it ever anew in that truth, so

¹⁹⁰ October 19, 1984

that the mystery of the redemption of the body can bear fruit in it.

The fullness of good

2. Love itself, which makes possible and brings about that conjugal dialogue, is had according to the full truth of the life of the spouses, is at the same time a power or a capacity of a moral nature, actively oriented toward the fullness of good and for this reason toward every true good. And therefore its role consists in safeguarding the inseparable connection between the "two meanings of the conjugal act," which the encyclical deals with (HV 12). That is, it concerns protecting both the value of the true union of the couple (that is, the personal communion) and the value of responsible fatherhood and motherhood (in the form that is mature and worthy of man).

Love coordinates

3. According to traditional language, love, as a higher power, coordinates the actions of the persons, the husband and the wife, in the sphere of the purposes of marriage. Although in dealing with the question neither the conciliar constitution nor the encyclical use the language at one time customary, they nonetheless deal with what the traditional expressions refer to.

As a higher power that the man and the woman receive from God along with the particular "consecration" of the sacrament of marriage, love involves a correct coordination of the purposes, according to which—in the traditional teaching of the Church—there is constituted the moral (or rather "theological and moral") order of the life of the couple.

The doctrine of the Constitution *Gaudium et Spes*, as well as that of the Encyclical *Humanae Vitae*, clarifies the same moral order in reference to love. Love is understood as a higher power that confers adequate content and value to conjugal acts according to the truth of the two meanings, the unitive and the procreative, with respect for their inseparability.

In this renewed formulation the traditional teaching on the purposes of marriage (and their hierarchy) is reaffirmed and at the same time deepened from the viewpoint of the interior life of the spouses, that is, of conjugal and family spirituality.

4. The role of love, which is "poured out into (the) hearts" (Rom 5:5) of the spouses as the fundamental spiritual power of their conjugal pact, consists—as we said—in protecting both the value of the true communion of the spouses and the value of truly responsible fatherhood and motherhood. The power of love—authentic in the theological and ethical sense—is expressed in this, that love correctly unites the two meanings of the conjugal act, excluding not only in theory but above all in practice the contradiction that might be evidenced in this field. This contradiction is the most frequent reason for objecting to the Encyclical *Humanae Vitae* and the teaching of the Church. There must be a well-examined analysis, not only theological but also anthropological (we have tried to

do this in the whole present reflection), to show that there is no need here to speak of contradiction, but only of difficulty. Well then, the encyclical itself stresses this difficulty in various passages.

And this arises from the fact that the power of love is implanted in man lured by concupiscence: in human subjects love does battle with the threefold concupiscence (cf. 1 Jn 2:16), especially with the concupiscence of the flesh which distorts the truth of the language of the body. Therefore love too is not able to be realized in the truth of the language of the body except through overcoming concupiscence.

Linked with chastity

5. If the key element of the spirituality of spouses and parents—that essential power which spouses must continually draw from the sacramental consecration—is love, this love, as it is seen from the text of the encyclical (cf. HV 20), is by its nature linked with the chastity that is manifested as mastery over oneself, that is, continence, in particular, as periodic continence. In biblical language, the author of Ephesians seems to allude to this when in his classic text he exhorts spouses to "defer to one another out of reverence for Christ" (Eph 5:21).

We can say that the Encyclical *Humanae Vitae* constitutes precisely the development of this biblical truth about conjugal and family Christian spirituality. Nonetheless, to make it more manifest, there needs to be a deeper analysis of the virtue of continence and of its special significance for the truth of the mutual language of the body in married life and (indirectly) in the whole sphere of mutual relationships between man and woman.

We will take up this analysis during the upcoming Wednesday reflections.

Continence Protects the Dignity of the Conjugal Act¹⁹¹

1. In keeping with what has already been said, today we will take up the analysis of the virtue of continence.

Continence, which is part of the more general virtue of temperance. Continence consists in the capacity to dominate, control and direct drives of a sexual character (concupiscence of the flesh) and their consequences, in the psychosomatic subjectivity of man. Insofar as it is a constant disposition of the will, this capacity, merits being called a virtue.

We know from the previous analyses that concupiscence of the flesh, and the corresponding desire of a sexual character aroused by it, is expressed with a specific impulse in the sphere of somatic reaction and also with a psycho-emotive excitement of the sensual impulse.

¹⁹¹ October 24, 1984

The personal subject, in order to succeed in mastering this impulse and excitement, must be committed to a progressive education in self-control of the will, feelings and emotions. This education must develop beginning with the most simple acts in which it is relatively easy to put the interior decision into practice. As is obvious, this presupposes the clear perception of the values expressed in the law and the consequent formation of firm convictions. If accompanied by the respective disposition of the will, these convictions give rise to the corresponding virtue. This is precisely the virtue of continence (self-mastery). This virtue is seen to be the fundamental condition for the reciprocal language of the body to remain in the truth and for the couple to "defer to one another out of reverence for Christ," according to the words of Scripture (Eph 5:21). This "deferring to one another" means the common concern for the truth of the language of the body; rather, deferring "out of reverence for Christ" indicates the gift of the fear of God (a gift of the Holy Spirit) which accompanies the virtue of continence.

2. This is very important for an adequate understanding of the virtue of continence and especially of the so-called "periodic continence" dealt with in the Encyclical *Humanae Vitae*. The conviction that the virtue of continence is set against the concupiscence of the flesh is correct, but it is not altogether complete. It is not complete especially when we take into account the fact that this virtue does not appear and does not act abstractly and therefore in isolation. But it always appears and acts in connection with the other virtues (nexus virtutum), and therefore in connection with prudence, justice, fortitude and above all with charity.

In the light of these considerations it is easy to understand that continence is not limited to offering resistance to the concupiscence of the flesh. But through this resistance it is open likewise to those values, more profound and more mature, inherent in the spousal significance of the body in its femininity and masculinity, as well as in the authentic freedom of the gift in the reciprocal relations of the persons. Concupiscence of the flesh itself, insofar as it seeks above all carnal and sensual satisfaction, makes man in a certain sense blind and insensitive to the most profound values that spring from love and which at the same time constitute love in the interior truth that is proper to it.

Linked to power of love

3. In this way also the essential character of conjugal chastity is manifested in its organic link with the power of love, which is poured out into the hearts of the married couple along with the consecration of the sacrament of marriage. In addition, it becomes evident that the call directed to the couple that they "defer to one another out of reverence for Christ" (Eph 5:21) seems to open that interior space in which both become ever more sensitive to the most profound and most mature values that are connected with the spousal significance of the body and with the true freedom of the gift.

Conjugal chastity (and chastity in general) is manifested at first as the capacity to resist the concupiscence of the flesh. It later gradually reveals itself as a singular capacity to perceive, love and practice those meanings of the language of the body which remain altogether unknown to concupiscence itself. Those meanings progressively enrich the

marital dialogue of the couple, purifying it, deepening it, and at the same time simplifying it.

Therefore, that asceticism of continence, which the encyclical speaks of (cf. HV 21), does not impoverish affective manifestations. But rather it makes them spiritually more intense and therefore enriches them.

No contradiction

4. Analyzing continence in this way, in the dynamics proper to this virtue (anthropological, ethical and theological), we see that that apparent contradiction disappears, which is often an objection to the Encyclical *Humanae Vitae* and to the doctrine of the Church on conjugal morality. That is, there would be a contradiction (according to those who offer this objection) between the two meanings of the conjugal act, the unitive meaning and the procreative meaning (cf. HV 12), so that if it were not licit to separate them, the couple would be deprived of the right to conjugal union when they could not responsibly be permitted to procreate.

The Encyclical *Humanae Vitae* gives an answer to this apparent contradiction, if one studies it in depth. Pope Paul VI confirms that there is no contradiction but only a difficulty connected with the whole interior situation of the "man of concupiscence." Rather, precisely by reason of this difficulty, there is assigned to the interior and ascetical commitment of the couple the true order of conjugal life. In view of this order, they become "strengthened and, one might say, consecrated" (HV 25) by the Sacrament of Marriage.

Adequate meaning

5. That order of conjugal life means in addition the subjective harmony between responsible parenthood and personal communion, a harmony created by conjugal chastity. The interior fruits of continence mature in it. Through this interior maturing, the conjugal act itself acquires the importance and dignity proper to it in its potentially procreative meaning. At the same time, all the affective manifestations acquire an adequate meaning (cf. HV 21). They serve to express the personal communion of the couple in proportion to the subjective richness of femininity and masculinity.

Particular affection

6. In keeping with experience and tradition, the encyclical reveals that the conjugal act is also a "manifestation of affection" (HV 16). But it is a "manifestation of particular affection" because at the same time it has a potentially procreative meaning. As a result, it is oriented to express personal union, but not only that. At the same time the encyclical indicates, although indirectly, many manifestations of affection, effective exclusively to express the personal union of the couple.

The role of conjugal chastity, and still more precisely that of continence, lies not only in

protecting the importance and dignity of the conjugal act in relation to its procreative meaning, but also in safeguarding the importance and the dignity proper to the conjugal act as expressive of interpersonal union, revealing to the awareness and the experience of the couple all the other possible manifestations of affection that can express this profound communion of theirs.

It is indeed a matter of not doing harm to the communion of the couple in the case where for just reasons they should abstain from the conjugal act. Still more, this communion, continually being built up, day by day, through suitable affective manifestations, may constitute a vast terrain on which, under suitable conditions, the decision for a morally right conjugal act matures.

Contenance Frees One from Inner Tension¹⁹²

1. We are continuing the analysis of continence in the light of the teaching contained in *Humanae Vitae*.

It is often thought that continence causes inner tensions which man must free himself from. In the light of the analyses we have done, continence, understood integrally, is rather the only way to free man from such tensions. It means nothing other than the spiritual effort aimed at expressing the "language of the body," not only in truth but also in the authentic richness of the manifestations of affection.

Essential reasons

2. Is this effort possible? In other words (and under another aspect) the question returns here about the feasibility of the moral law, recalled and confirmed by *Humanae Vitae*. It constitutes one of the most essential questions (and currently also one of the most urgent ones) in the sphere of the spirituality of marriage.

The Church is totally convinced of the correctness of the principle that affirms responsible fatherhood and motherhood, in the sense explained in previous catecheses. This is not only for demographic reasons but for more essential reasons. We call that fatherhood and that motherhood responsible which correspond to the personal dignity of the couple as parents, to the truth of their person and of the conjugal act. Hence arises the close and direct relationship that links this dimension with the whole spirituality of marriage.

Pope Paul VI, in *Humanae Vitae*, expressed what had been affirmed elsewhere by many authoritative moralists and scientists, even non-Catholics,¹⁹³ namely, that precisely in this field, so profoundly and essentially human and personal, it is necessary above all to refer

¹⁹² October 31, 1984

¹⁹³ Cf., for example, the statements of the "Bund für evangelisch-katholische Wiedervereinigung" (L'O.R., 19-9-1968, p. 3); Dr. F. King, Anglican (L'O.R., October 5-10-1968, p. 3); and also the Muslim, Mr. Mohammed Cherif Zeghoudou (in the same issue). Especially significant is the letter written on November 28, 1968, to Cardinal Cicognani by Karl Barth, in which he praised the great courage of Paul VI.

to man as a person, the subject who decides by himself, and not to means which make him the object (of manipulations) and depersonalize him. It is therefore a question here of an authentically humanistic meaning of the development and progress of human civilization.

3. Is this effort possible? The whole question of the Encyclical *Humanae Vitae* is not reduced simply to the biological dimension of human fertility (the question of the "natural cycles of fertility"), but goes back to the very subjectivity of man, to that personal "I" through which the person is man or woman.

Already during the discussion in the Second Vatican Council, in relation to the chapter of *Gaudium et Spes* on the "Dignity of Marriage and the Family and its Promotion," the necessity was discussed for a deepened analysis of the reactions (and also of the emotions) connected with the mutual influence of masculinity and femininity on the human subject.¹⁹⁴ This question belongs not so much to biology as to psychology. From biology and psychology it then passes into the sphere of the spirituality of marriage and the family. Here this question is in close relationship with the way of understanding the virtue of continence, that is, self-mastery and especially of periodic continence.

Understanding continence

4. A careful analysis of human psychology allows us to arrive at some other essential affirmations. (Psychology is at the same time a subjective self-analysis and then becomes an analysis of an "object" accessible to human knowledge.) In interpersonal relationships in which the mutual influence of masculinity and femininity is expressed, there is freed in the psycho-emotive subject in the human "I," alongside a reaction distinguishable as excitement, another reaction that can and must be called emotion. Although these two kinds of reaction appear joined, it is possible to distinguish them experimentally and to differentiate them with regard to their content or their object.¹⁹⁵

The objective difference between the one and the other kind of reaction consists in the fact that the excitement is above all corporeal and in this sense sensual. On the other hand, even though aroused by the mutual reaction of masculinity and femininity, emotion refers above all to the other person understood in the person's integrality. We can say that this is an emotion caused by the person, in relation to the person's masculinity or femininity.

5. What we are stating here with regard to the psychology of the mutual reactions of masculinity and femininity helps in understanding the role of the virtue of continence, which we spoke about previously. Continence is not only—and not even principally—the ability to abstain, that is, mastery over the multiple reactions that are interwoven in the mutual influence of masculinity and femininity. Such a role would be defined as

¹⁹⁴ Cf. the interventions by Card. Leo Suenens at the 13th General Congregation on September 29, 1968: *Acta Synodalia S. Concilii Oecumenici Vaticani II*, vol. 4, part 3, p. 30.

¹⁹⁵ In this regard we should recall what St. Thomas says in a final analysis of human love in relation to the "concupiscible" and to the will (cf. *Summa Theologiae*, I-II, q. 26, art. 2).

negative. But there is also another role (which we can call positive) of self-mastery. It is the ability to direct the respective reactions, both as to their content and their character.

It has already been said that in the field of the mutual reactions of masculinity and femininity, excitement and emotion appear not only as two distinct and different experiences of the human "I." But very often they appear joined in the sphere of the same experience as two different elements of that experience. The reciprocal degree to which these two elements appear in a given experience depends on various circumstances of an interior and an exterior nature. At times one of the elements is clearly prevalent; at other times there is rather a balance between them.

Maintaining the balance

6. As the ability to direct excitement and emotion in the sphere of the mutual influence of masculinity and femininity, continence has the essential task to maintain the balance between the communion in which the couple wish to mutually express only their intimate union and that in which (at least implicitly) they accept responsible parenthood. In fact, on the part of the subject, excitement and emotion can jeopardize the orientation and the character of the mutual language of the body.

Excitement seeks above all to be expressed in the form of sensual and corporeal pleasure. That is, it tends toward the conjugal act which (depending on the natural cycles of fertility) includes the possibility of procreation. Emotion, on the other hand, caused by another human being as a person, even if in its emotive content it is conditioned by the femininity or masculinity of the "other," does not per se tend toward the conjugal act. But it limits itself to other manifestations of affection, which express the spousal meaning of the body, and which nevertheless do not include its (potentially) procreative meaning.

It is easy to understand what conclusions arise from this with respect to the question of responsible fatherhood and motherhood. These conclusions are of a moral nature.

Continence Deepens Personal Communion¹⁹⁶

1. We are continuing the analysis of the virtue of continence in the light of the doctrine contained in the Encyclical *Humanae Vitae*. It is well to recall that the great classics of ethical (and anthropological) thought, both the pre-Christian ones and the Christian ones (St. Thomas Aquinas), see in the virtue of continence not only the capacity to contain bodily and sensual reactions, but even more the capacity to control and guide man's whole sensual and emotive sphere. In the case under discussion, it is a question of the capacity to direct the line of excitement toward its correct development and also the line of emotion itself, orienting it toward the deepening and interior intensification of its pure and, in a certain sense, disinterested character.

Not an opposition

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2. This differentiation between the line of excitement and the line of emotion is not an opposition. It does not mean that the conjugal act, as a result of excitement, does not at the same time involve the deep emotion of the other person. Certainly it does, or at any rate, it should not be otherwise.

In the conjugal act, the intimate union should involve a particular intensification of emotion, or rather the deep emotion, of the other person. This is also contained in Ephesians in the form of an exhortation directed to married couples: "Defer to one another out of reverence for Christ" (Eph 5:21).

The distinction between excitement and emotion, noted in this analysis, proves only the subjective reactive-emotive richness of the human "I." This richness excludes any unilateral reduction and enables the virtue of continence to be practiced as a capacity to direct the manifesting of both the excitement and the emotion, aroused by the reciprocal reacting of masculinity and femininity.

Natural method

3. The virtue of continence, so understood, has an essential role in maintaining the interior balance between the two meanings of the conjugal act, the unitive and the procreative (cf. HV 12) in view of a truly responsible fatherhood and motherhood.

The Encyclical *Humanae Vitae* devotes due attention to the biological aspect of the question, that is to say, to the rhythmic character of human fertility. In the light of the encyclical, this "periodicalness" can be called a providential index for a responsible fatherhood and motherhood. Nevertheless a question such as this one, which has such a profoundly personalistic and sacramental (theological) meaning, is not resolved only on this level.

The encyclical teaches responsible fatherhood and motherhood "as a proof of a mature conjugal love." Therefore it contains not only the answer to the concrete question that is asked in the sphere of the ethics of married life but, as already has been stated—it also indicates a plan of conjugal spirituality, which we wish at least to outline.

Maintains balance

4. The correct way of intending and practicing periodic continence as a virtue (that is, according to *Humanae Vitae* 21, the "mastery of self") also essentially determines the "naturalness" of the method, called also the "natural method." This is "naturalness" at the level of the person. Therefore there can be no thought of a mechanical application of biological laws. The knowledge itself of the rhythms of fertility—even though indispensable—still does not create that interior freedom of the gift, which is by its nature explicitly spiritual and depends on man's interior maturity. This freedom presupposes such a capacity to direct the sensual and emotive reactions as to make possible the giving of self to the other "I" on the grounds of the mature self-possession of one's own "I" in its

corporeal and emotive subjectivity.

Communion of persons

5. As we know from the biblical and theological analyses we have previously done, the human body in its masculinity and femininity is interiorly ordered to the communion of the persons (*communio personarum*). Its spousal meaning consists in this. The spousal meaning of the body has been distorted, almost at its roots, by concupiscence (especially by the concupiscence of the flesh in the sphere of the threefold concupiscence). The virtue of continence in its mature form gradually reveals the pure aspect of the spousal meaning of the body. In this way, continence develops the personal communion of the man and the woman, a communion that cannot be formed and developed in the full truth of its possibilities only on the level of concupiscence. This is precisely what the Encyclical *Humanae Vitae* affirms. This truth has two aspects: the personalistic and the theological.

Christian Spirituality of Marriage Possible Only by Living According to the Spirit¹⁹⁷

1. In the light of the Encyclical *Humanae Vitae*, the fundamental element of the spirituality of married life is the love poured out into the hearts of the couple as a gift of the Holy Spirit (cf. Rom 5:5). In the sacrament the couple receive this gift along with a special consecration. Love is united to conjugal chastity, which, manifesting itself as continence, brings about the interior order of married life.

Chastity means to live in the order of the heart. This order permits the development of the manifestations of affection in their proper proportion and meaning. In this way conjugal chastity is also confirmed as "life by the Spirit" (cf. Gal 5:25), according to St. Paul's expression. The Apostle had in mind not only the immanent energies of the human spirit, but above all the sanctifying influence of the Holy Spirit and his special gifts.

Chastity at the centre

2. At the center of the spirituality of marriage, therefore, there lies chastity not only as a moral virtue (formed by love), but likewise as a virtue connected with the gifts of the Holy Spirit—above all, the gift of respect for what comes from God (*donum pietatis*). This gift is in the mind of the author of the Ephesians when he exhorts married couples to "defer to one another out of reverence for Christ" (Eph 5:21). So the interior order of married life, which enables the manifestations of affection to develop according to their right proportion and meaning, is a fruit not only of the virtue which the couple practice, but also of the gifts of the Holy Spirit with which they cooperate.

The Encyclical *Humanae Vitae*, in some passages of the text (especially 21 and 26), dealing with the specific asceticism of married life, that is, the commitment to acquire the

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virtues of love, chastity, and continence, speaks indirectly of the gifts of the Holy Spirit, for which the couple acquire a sensitivity in proportion to their development in the virtue.

Power of the Spirit

3. This corresponds to man's vocation to marriage. Those two who—according to the oldest expression in the Bible—"become one body" (Gn 2:24), cannot bring about this union on the proper level of persons (*communio personarum*) except through the powers coming from the spirit, and precisely from the Holy Spirit who purifies, enlivens, strengthens, and perfects the powers of the human spirit. "It is the Spirit that gives life; the flesh is useless" (Jn 6:63).

It follows from this that the essential lines of the spirituality of marriage are inscribed from the beginning in the biblical truth on marriage. This spirituality is also open from the beginning to the gifts of the Holy Spirit. If the Encyclical *Humanae Vitae* exhorts married couples to "unremitting prayer" and to the sacramental life (saying: "...let them drink deep of grace and charity from that unfailing fount which is the Eucharist"; "humble and persevering, they must have recourse to the mercy of God, abundantly bestowed in the Sacrament of Penance" HV 25), it does so insofar as it is mindful of the Spirit who "gives life" (2 Cor 3:6).

Spirit's gift of fear

4. The gifts of the Holy Spirit, and especially the gift of respect for what is sacred, seem to have a fundamental significance here. This gift sustains and develops in the married couple a particular sensitivity to everything in their vocation and life that bears the sign of the mystery of creation and redemption: a sensitivity to everything that is a created reflection of God's wisdom and love. Therefore that gift seems to introduce the man and woman to a specially profound respect for the two inseparable meanings of the conjugal act, which the encyclical speaks of in relation to the Sacrament of Marriage (HV 12). Respect for the two meanings of the conjugal act can develop fully only on the basis of a profound reference to the personal dignity of what in the human person is intrinsic to masculinity and femininity, and inseparably in reference to the personal dignity of the new life which can result from the conjugal union of the man and the woman. The gift of respect for what is created by God is expressed precisely in this reference.

5. Respect for the twofold meaning of the conjugal act in marriage, which results from the gift of respect for God's creation, is manifested also as a salvific fear. It is a fear of violating or degrading what bears in itself the sign of the divine mystery of creation and redemption. The author of the Ephesians speaks precisely of this fear: "Defer to one another out of reverence for Christ" (Eph 5:21).

If this salvific fear is directly associated with the negative function of continence (that is, to resistance with regard to concupiscence of the flesh), it is also manifested—and to an ever greater degree as this virtue gradually matures—as sensitivity filled with veneration for the essential values of the conjugal union: for the two meanings of the conjugal act

(or, to use the terminology of the previous analyses, veneration for the interior truth of the mutual language of the body).

On the basis of a profound reference to these two essential values, that which signifies union of the couple is harmonized in the subject with that which signifies responsible fatherhood and motherhood. The gift of respect for what is created by God enables the apparent contradiction in this area to disappear and the difficulty arising from concupiscence to be gradually overcome, thanks to the maturity of the virtue and the power of the Holy Spirit's gift.

Interiorly authentic

6. If it is a question of the problem of so-called periodic continence (or recourse to natural methods), the gift of respect for the work of God helps, to the greatest extent, to reconcile human dignity with the natural cycles of fertility, that is, with the biological dimension of the femininity and masculinity of the couple. This dimension also has a significance of its own for the truth of the mutual language of the body in married life.

In this way, even what refers to conjugal union in the flesh—not so much in the biblical meaning as directly in the biological meaning—finds its humanly mature form thanks to the life in the Spirit.

The whole practice of the upright regulation of fertility, so closely linked to responsible fatherhood and motherhood, forms part of the Christian spirituality of married life and family life; and only by living "in the Spirit" can it become interiorly true and authentic.

Respect for the Work of God¹⁹⁸

1. On the basis of the doctrine contained in the Encyclical *Humanae Vitae*, we intend to trace an outline of conjugal spirituality. In the spiritual life of married couples the gifts of the Holy Spirit are at work, especially the gift of piety, that is, the gift of respect for what is a work of God.

This gift, together with love and chastity, helps to identify in the sum total of married life that act in which, at least potentially, the spousal meaning of the body is linked with the procreative meaning. It leads to understanding, among the possible manifestations of affection, the singular or rather the exceptional significance of that act: its dignity and the consequent serious responsibility connected with it. Therefore, the antithesis of conjugal spirituality is constituted, in a certain sense, by the subjective lack of this understanding which is linked to contraceptive practice and mentality. In addition to everything else, this does enormous harm from the point of view of man's interior culture. The virtue of conjugal chastity, and still more the gift of respect for what comes from God, mold the couple's spirituality to the purpose of protecting the particular dignity of this act, of this manifestation of affection. In it, the truth of the language of the body can be expressed

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only by safeguarding the procreative potential.

Responsible fatherhood and motherhood means the spiritual appraisal—conforming to truth—of the conjugal act in the knowledge and in the will of both spouses. In this manifestation of affection, after considering the interior and external circumstances, especially the biological ones, they express their mature readiness for fatherhood and motherhood.

3. Respect for the work of God contributes to seeing that the conjugal act does not become diminished and deprived of the interior meaning of married life as a whole—that it does not become a habit—and that there is expressed in it a sufficient fullness of personal and ethical content, and also of religious content, that is, veneration for the majesty of the Creator, the only and the ultimate depository of the source of life, and for the spousal love of the Redeemer. All this creates and enlarges, so to speak, the interior space for the mutual freedom of the gift in which there is fully manifested the spousal meaning of masculinity and femininity.

The obstacle to this freedom is presented by the interior constriction of concupiscence, directed to the other "I" as an object of pleasure. Respect for what God creates gives freedom from this constriction. It frees from all that reduces the other "I" to a mere object and it strengthens the interior freedom of the gift.

4. This can happen only through a profound appreciation of the personal dignity of both the feminine "I" and the masculine "I" in their shared life. This spiritual appreciation is the fundamental fruit of the gift of the Spirit, which urges the person to respect the work of God. From this appreciation, and therefore indirectly from that gift, all the affectionate manifestations which make up the fabric of remaining faithful to the union of marriage derive their true spousal meaning. This union is expressed through the conjugal act only in given circumstances. But it can and it must be manifested continually, every day, through various affectionate manifestations which are determined by the capacity of a disinterested emotion of the "I" in relation to femininity and, reciprocally, in relation to masculinity.

The attitude of respect for the work of God, which the Spirit stirs up in the couple, has an enormous significance for those affectionate manifestations. This is because side by side with it there is the capacity for deep satisfaction, admiration, disinterested attention to the visible and at the same time the invisible beauty of femininity and masculinity, and finally a deep appreciation of the disinterested gift of the other.

5. All this determines the spiritual identification of what is male or female, of what is corporeal and at the same time personal. From this spiritual identification there emerges the awareness of the union through the body, in safeguarding the interior freedom of the gift. Through the affectionate manifestations the couple help each other remain faithful to the union. At the same time these manifestations protect in each of them that deep-rooted peace which is in a certain sense the interior resonance of chastity guided by the gift of respect for what God creates.

This gift involves a profound and universal attention to the person in one's masculinity and femininity, thus creating the interior climate suitable for personal communion. That procreation which we describe as responsible, rightly matures only in this climate of the personal communion of the couple.

6. The Encyclical *Humanae Vitae* enables us to trace an outline of conjugal spirituality. This is the human and supernatural climate in which—taking the "biological" order into consideration and, at the same time, on the basis of chastity sustained by the gift of piety—is formed the interior harmony of marriage, in respect for what the encyclical calls "the twofold significance of the conjugal act" (HV 12). This harmony means that the couple live together in the interior truth of the language of the body. The Encyclical *Humanae Vitae* proclaims that the connection between this truth and love is inseparable.

Conclusion to the Series on the Redemption of the Body and Sacramentality of Marriage¹⁹⁹

1. As a whole, the catechesis which I began over four years ago and which I am concluding today can be summed up under the title: "Human love in the divine plan," or more precisely, "The redemption of the body and the sacramentality of marriage." The catechesis can be divided into two parts.

The first part was dedicated to a study of Christ's words, which prove to be suitable for opening the current theme. These words were analyzed at length in the totality of the Gospel text. Following the long-lasting reflection it was fitting to emphasize the three texts that were analyzed right in the first part of the catechesis.

First of all there is the text in which Christ referred to "the beginning" in his discussion with the Pharisees on the unity and indissolubility of marriage (cf. Mt 19:8; Mk 10:6-9). Next there are the words Christ spoke in the Sermon on the Mount concerning concupiscence as adultery committed in the heart (cf. Mt 5:28). Finally, there are the words reported by all the synoptic Gospels in which Christ referred to the resurrection of the body in the other world (cf. Mt 22:30; Mk 12:25; Lk 20:35).

The second part of the catechesis was dedicated to the analysis of the sacrament based on the Letter to the Ephesians (Eph 5:21-33). This goes back to the biblical beginning of marriage expressed in the words of Genesis: "A man leaves his father and mother and clings to his wife, and the two of them become one body" (Gn 2:24).

The catechesis of the first and second parts repeatedly used the term "theology of the body." In a certain sense, this is a "working" term. The introduction of the term and the concept of the theology of the body was necessary to establish the theme, "The redemption of the body and the sacramentality of marriage," on a wider base. We must immediately note that the term "theology of the body" goes far beyond the content of the

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reflections that were made. These reflections do not include multiple problems which, with regard to their object, belong to the theology of the body (as, for example, the problem of suffering and death, so important in the biblical message). We must state this clearly. Nonetheless, we must also recognize explicitly that the reflections on the theme, "The redemption of the body and the sacramentality of marriage," can be correctly carried out from the moment when the light of revelation touches the reality of the human body (that is, on the basis of the theology of the body). This is confirmed, among other ways, by the words of Genesis: "The two of them become one body." These words were originally and thematically at the basis of our argument.

Reflecting on the Sacrament of Marriage

2. The reflections on the sacrament of marriage were carried out by considering the two dimensions essential to this sacrament (as to every other sacrament), that is, the dimension of the covenant and grace, and the dimension of sign.

Throughout these two dimensions we continually went back to the reflections on the theology of the body, reflections linked to the key words of Christ. We went back to these reflections also when we took up, at the end of this whole series of catecheses, the analysis of the Encyclical *Humanae Vitae*.

The doctrine contained in this document of the Church's modern teaching is organically related to both the sacramentality of marriage and the whole biblical question of the theology of the body, centered on the key words of Christ. In a certain sense we can even say that all the reflections that deal with the redemption of the body and the sacramentality of marriage seem to constitute an ample commentary on the doctrine contained in the Encyclical *Humanae Vitae*.

This commentary seems quite necessary. In fact, in responding to some questions of today in the field of conjugal and family morality, at the same time the encyclical also raised other questions, as we know, of a biomedical nature. But also (and above all) they are of a theological nature: they belong to that sphere of anthropology and theology that we have called the theology of the body.

The reflections we made consist in facing the questions raised with regard to the Encyclical *Humanae Vitae*. The reaction that the encyclical aroused confirms the importance and the difficulty of these questions. They are reaffirmed also by later pronouncements of Paul VI where he emphasized the possibility of examining the explanation of Christian truth in this area.

In addition, the Apostolic Exhortation *Familiaris Consortio*, fruit of the 1980 Synod of Bishops on "The Role of the Christian Family," confirms it. The document contains an appeal, directed especially to theologians, to elaborate more completely the biblical and personalistic aspects of the doctrine contained in *Humanae Vitae*.

To gather the questions raised by the encyclical means to formulate them and at the same

time to search again for the answer to them. The doctrine contained in *Familiaris Consortio* requires that both the formulation of the questions and the search for an adequate answer focus on the biblical and personalistic aspects. This doctrine also points out the trend of development of the theology of the body, the direction of the development, and therefore also the direction of its progressive completion and deepening.

Biblical aspects

3. The analysis of the biblical aspects speaks of the way to place the doctrine of today's Church on the foundation of revelation. This is important for the development of theology. Development, that is, progress in theology, takes place through a continual restudying of the deposit of revelation.

The rooting of the doctrine proclaimed by the Church in all of Tradition and in divine revelation itself is always open to questions posed by man. It also uses the instruments most in keeping with modern science and today's culture. It seems that in this area the intense development of philosophical anthropology (especially the anthropology that rests on ethics) most closely faces the questions raised by the Encyclical *Humanae Vitae* regarding theology and especially theological ethics.

The analysis of the personalistic aspects of the doctrine contained in this document has an existential significance for establishing what true progress, that is, the development of man, is. In fact, throughout all modern civilization—especially in Western civilization—there is an occult and at the same time an explicit enough tendency to measure this progress on the basis of "things," that is, material goods.

The analysis of the personalistic aspects of the Church's doctrine, contained in Paul VI's encyclical, emphasizes a determined appeal to measure man's progress on the basis of the person, that is, of what is good for man as man—what corresponds to his essential dignity.

The analysis of the personalistic aspects leads to the conviction that the encyclical presents as a fundamental problem the viewpoint of man's authentic development. This development is measured to the greatest extent on the basis of ethics and not only on technology.

"Humanae Vitae"

4. The catechesis dedicated to the Encyclical *Humanae Vitae* constitutes only one part, the final part, of those which dealt with the redemption of the body and the sacramentality of marriage.

If I draw your attention especially to this last catechesis, I do so not only because the subject dealt with is more closely connected to our contemporaneity. But I do so above all because of the fact that questions come from it which in a certain sense permeate the

sum total of our reflections. It follows that this last part is not artificially added to the sum total but is organically and homogeneously united with it. In a certain sense, that part which in the complex arrangement is located at the end is at the same time found at the beginning of this sum total. This is important from the point of view of structure and method.

Even the historical moment seems to have its significance. The present catechesis was begun in the period of preparation for the 1980 Synod of Bishops on the theme of marriage and the family ("The role of the Christian family"), and ends after the publication of the Exhortation *Familiaris Consortio*, which is a result of the work of this Synod. Everyone knows that the 1980 Synod also referred to the Encyclical *Humanae Vitae* and fully reconfirmed its doctrine.

Nevertheless, the most important moment seems to be that essential moment when, in the sum total of the reflections carried out, we can precisely state the following: to face the questions raised by the Encyclical *Humanae Vitae*, especially in theology, to formulate these questions and seek their reply, it is necessary to find that biblical-theological sphere to which we allude when we speak of the redemption of the body and the sacramentality of marriage. In this sphere are found the answers to the perennial questions in the conscience of men and women, and also to the difficult questions of our modern world concerning marriage and procreation.

ⁱ Cf. among others, D. Composta, *Teologia del diritto naturale, status quaestionis* (Brescia: Ed. Civiltà, 1972), pp. 7-22, 41-53; J. Fuchs, S.J., *Lex naturae. Zur Theologie des Naturrechts* (Dusseldorf: 1955), pp. 22-30; E. Hamel, S.J., *Loi naturelle et loi du Christ* (Bruges-Paris: Desclée de Brouwer, 1964), p. 18; A. Sacchi, "La legge naturale nella Bibbia," *La legge naturale. Le relazioni del Convegno dei teologi moralisti dell'Italia settentrionale*, September 11-13, 1969 (Bologna: Ed. Dehoniane, 1970), p. 53; F. Böckle, "La legge naturale e la legge cristiana," *ibid.*, pp. 214-215; A. Feuillet, "Le fondement de la morale ancienne et chrétienne d'après l'Épître aux Romains," *Revue Thomiste* 78 (1970), pp. 357-386; Th. Herr, *Naturrecht aus der kritischen Sicht des Neuen Testaments* (München: Schönig, 1976), pp. 155-164.

ⁱⁱ "Das Herz...ist die verborgene, inwendige Mitte und Wurzel des Menschen und damit seiner Welt...der unergründliche Grund und die lebendige Kraft aller Daseinserfahrung und—entscheidung" (H. Schlier, "Das Menschenherz nach dem Apostel Paulus," *Lebendiges Zeugnis*, 1965, p. 123).

Cf. also F. Baumgärtel and J. Behm, "Kardia," *Theologisches Wörterbuch zum Neuen Testament*, II [Stuttgart: Kohlhammer, 1933], pp. 609-616.

ⁱⁱⁱ Cf. e.g.; J. Bonsirven, *Épîtres de Saint Jean* (Paris: Beauchesne, 1954), pp. 113-119; E. Brooke, *Critical and Exegetical Commentary on the Johannine Epistles*, *International Critical Commentary* (Edinburgh: Clark, 1912), pp. 47-49; P. De Ambroggi, *Le Epistole Cattoliche* (Torino: Marietti, 1947), pp. 216-217; C. H. Dodd, *The Johannine Epistles*, *Moffatt New Testament Commentary* (London: 1946), pp. 41-42; J. Houlden, *A Commentary on the Johannine Epistles* (London: Black, 1973), pp. 73-74; B. Prete, *Lettere di Giovanni* (Roma: Ed. Paoline, 1970), p. 61; R. Schnackenburg, *Die Johannesbriefe*, *Herders Theologischer Kommentar zum Neuen Testament* (Freiburg: 1953), pp. 112-115; J. R. W. Stott, *Epistles of John*, *Tyndale New Testament Commentaries* (London: 1969), pp. 99-101.

On the subject of John's theology, see in particular A. Feuillet, *Le mystère de l'amour divin dans la théologie johannique* (Paris: Gabalda, 1972).

^{iv} The concepts of *integritas* and, in particular, that of *libertas*, presuppose freedom from concupiscence, although the ecclesiastical documents of this age do not mention it explicitly.

The first man was furthermore free from the necessity of death (cf. DS 222, 372, 1511).

The Council of Trent defines the state of the first man, prior to sin, as "holiness and justice" ("*sanctitas et iustitia*"—DS 1511, 1512) or as "innocence" ("*innocentia*"—DS 1521).

Further declarations on this matter defend the absolute gratuitousness of the original gift of grace, against the affirmations of the Jansenists. The "*integritas primae creationis*" was an unmerited elevation of human nature ("*indebita humanae naturae exaltatio*") and not "the state due to him by nature" ("*naturalis eius condicio*"—DS 1926). God, therefore, could have created man without these graces and gifts (cf. DS 1955); that would not have shattered the essence of human nature and would not have deprived it of its fundamental privileges (cf. DS 1903-1907, 1909, 1921, 1923, 1924, 1926, 1955, 2434, 2437, 2616, 2617). In analogy with the anti-Pelagian Synod, the Council of Trent deals above all with the dogma of original sin, integrating in its teaching preceding declarations in this connection. Here, however, a certain clarification was introduced, which partly changed the content comprised in the concept of *liberum arbitrium*. The "freedom" or "free will" of the anti-Pelagian documents did not mean the possibility of choice, connected with human nature, and therefore constant, but referred only to the possibility of carrying out meritorious acts, the freedom that springs from grace and that man may lose.

Because of sin, Adam lost what did not belong to human nature in the strict sense of the word, that is *integritas*, *sanctitas*, *innocentia*, *iustitia*. *Liberum arbitrium*, free will, was not taken away, but became weaker:

"...*liberum arbitrium minime extinctum...viribus licet attenuatum et inclinatum...* (DS 1521--Trid. Sess. VI, Decr. de Justificatione, C. 1).

Together with sin appears concupiscence and the inevitability of death:

"...*primum hominem...cum mandatum Dei...fuisset transgressus, statim sanctitatem et iustitiam, in qua constitutus fuerat, amisisset incurrisseque per offensam praevaricationis huiusmodi iram et indignationem Dei atque ideo mortem...et cum morte captivatatem sub eius potestate, qui 'mortis' deinde 'habuit imperium'...totumque Adam per illam praevaricationis offensam secum dum corpus et animam in deterius commutatum fuisse...*" (DS 1511, Trid. Sess. V, Decr. de Pecc. Orig. 1).

Cf. *Mysterium Salutis*, II, Einsiedeln-Zürich-Köln 1967, pp. 827-828; W. Seibel, "Der Mensch als Gottes übernatürliches Ebenbild und der Urstand des Menschen."

^v The present historical situation is negative for man, because it is a provisional and abnormal mixture of spirit and matter, good and evil, which presupposes a prior, original state, in which the two substances were separate and independent. There are, therefore, three "Times": *initium*, or the original separation; the *medium*, that is, the present mixture; and the *finis*, which consists in return to the original division, in salvation, implying a complete break between Spirit and Matter.

Matter is, fundamentally, concupiscence, an evil instinct for pleasure, the instinct of death, comparable, if not identical, with sexual desire, *libido*. It is a force that tries to attack Light; it is disorderly movement, bestial, brutal and semiconscious desire.

Adam and Eve were begotten by two demons; our species was born from a series of repelling acts of cannibalism and sexuality and keeps signs of this diabolical origin, which are the body, which is the animal form of the "Archons of hell" and *libido*, which drives man to copulate and reproduce himself, that is, to

keep his luminous soul always in prison.

If he wants to be saved, man must try to liberate his "living self" (nous) from the flesh and from the body. Since Matter has its supreme expression in concupiscence, the capital sin lies in sexual union (fornication), which is brutality and bestiality, and makes men instruments and accomplices of Evil for procreation. The elect constitute the group of the perfect, whose virtue has an ascetic characteristic, practicing the abstinence commanded by the three "seals": the "seal of the mouth" forbids all blasphemy and also commands fasting, and abstention from meat, blood, wine and all alcoholic drinks; the "seal of the hands" commands respect of the life (the "Light") enclosed in bodies, in seeds, in trees, and forbids the gathering of fruit, the tearing up of plants, the taking of the life of men and of animals; the "seal of the womb" prescribes total continence. Cf. H. Ch. Puech: *Le Manichéisme; son fondateur—sa doctrine* (Paris: Musée Guimet, LVI, 1949), pp. 73-88; H. Ch. Puech, *Le Manichéisme, "Histoire des Religions,"* Encyclopédie de la Pleiade II (Gallimard: 1972), pp. 522-645; J. Ties, "Manichéisme," *Catholicisme hier, aujourd'hui, demain*, Vol. 34 (Lille: Letouzey-Ané, 1977), pp. 314-320).

^{vi} According to Plato, man, placed between the world of the senses and the world of Ideas, has the destiny of passing from the first to the second. The world of Ideas, however, is not able by itself to overcome the world of the senses. Only eros, congenital in man, can do that. When man begins to have a presentiment of Ideas, thanks to contemplation of the objects existing in the world of the senses, he receives the impulse from eros, that is, from the desire for pure Ideas. Eros, in fact, is the guiding of the "sensual" or "sensitive" man toward what is transcendent: the force that directs the soul toward the world of Ideas. In the Symposium, Plato describes the stages of this influence of eros: the latter raises man's soul from the beauty of a single body to that of all bodies, and so to the beauty of knowledge and finally to the very idea of Beauty (cf. *Symposio* 211; *Repubblica* 514).

Eros is neither purely human nor divine: it is something intermediate (daimonion) and intermediary. Its principal characteristic is permanent aspiration and desire. Even when it seems to give freely, eros persists as the "desire of possessing." Yet it is different from purely sensual love, being the love that strives toward the sublime.

According to Plato, the gods do not love because they do not feel desires, since their desires are all satisfied. Therefore, they can only be the object, but not the subject of love (cf. *Symposio* 200-201). So they do not have a direct relationship with man. Only the mediation of eros makes it possible for a relationship to be established (cf. *Symposio* 203). Therefore, eros is the way that leads man to divinity, but not vice-versa.

The aspiration to transcendence is, therefore, a constituent element of the Platonic concept of eros, a concept that overcomes the radical dualism of the world of Ideas and the world of the senses. Eros makes it possible to pass from one to the other. It is therefore a form of escape beyond the material world, which the soul must renounce, because the beauty of the sensible subject has a value only insofar as it leads higher. However, eros always remains, for Plato, egocentric love. It aims at winning and possessing the object which, for man, represents a value. To love good means desiring to possess it forever. Love is, therefore, always a desire for immortality, and that, too, shows the egocentric character of eros (cf. A. Nygren, *Eros et Agapé: La notion chrétienne de l'amour et ses transformations*, I [Paris: Aubier, 1962], pp. 180-200). For Plato, eros is a passing from the most elementary knowledge to deeper knowledge; at the same time it is the aspiration to pass from "that which is not," and is evil, to what "exists in fullness," and is good (cf. M. Scheler, "Amour et connaissance," *Le sens de la souffrance, suivi de deux autres essais* [Paris: Aubier], p. 145).

^{vii} Alongside a complex system of prescriptions concerning ritual purity, on which legal casuistry was based, the concept of moral purity also existed in the Old Testament. It was handed down by means of two channels.

The Prophets demanded behavior in conformity with God's will, which presupposes conversion of heart, interior obedience and complete uprightness before him (cf. for example, Is 1:10-20; Jer 4:14; 24:7; Ez

36:25ff.). A similar attitude is required also by the Psalmist:
Who shall ascend the hill of the Lord... / He who has clean hands and a pure heart... / will receive blessing
from the Lord (Ps 24:3-5).

According to the priestly tradition, man is aware of his deep sinfulness and, not being able to purify himself
by his own power, he beseeches God to bring about this change of heart, which can only be the work of a
creative act of his:

Create in me a clean heart, O God...
wash me, and I shall be whiter than snow...
a broken and contrite heart, O God, you will not despise
(Ps 51:10, 7, 17).

Both Old Testament channels meet in the beatitude of the "pure in heart" (Mt 5:8), even if its verbal
formulation seems to be closer to Psalm 24 (cf. J. Dupont, *Les Béatitudes*, vol. III; *Les Évangélistes* [Paris:
Gabalda, 1973], pp. 603-604).

^{viii} "Paul never, like the Greeks, identified 'sinful flesh' with the physical body....

Flesh, then, in Paul is not to be identified with sex or with the physical body. It is closer to the Hebrew
thought of the physical personality—the self including physical and psychical elements as vehicles of the
outward life and the lower levels of experience. It is man in his humanness with all the limitations, moral
weakness, vulnerability, creatureliness and morality, which being human implies....

Man is vulnerable both to evil and to God; he is a vehicle, a channel, a dwelling place, a temple, a
battlefield (Paul uses each metaphor) for good and evil. Which shall possess, indwell, master him—whether
sin, evil, the spirit that now works in the children of disobedience, or Christ, the Holy Spirit, faith, grace—
it is for each man to choose.

That he can so choose brings to view the other side of Paul's conception of human nature, man's conscience
and the human spirit (R. E. O. White, *Biblical Ethics* [Exeter: Paternoster Press, 1979], pp. 135-138).

^{ix} The interpretation of the Greek word *sarx* (flesh) in Paul's letters depends on the context of the letter. In
Galatians, for example, at least two distinct meanings of *sarx* can be specified.

Writing to the Galatians, Paul was fighting two dangers which threatened the young Christian community.
On the one hand, converts from Judaism were trying to convince converts from paganism to accept
circumcision, which was obligatory in Judaism. Paul reproaches them with "wanting to make a good
showing in the flesh," that is, of restoring hope in the circumcision of the flesh. So "flesh" in this context
(Gal 3:1-5, 12; 6:12-18) means "circumcision," as the symbol of a new submission to the laws of Judaism.
The second danger in the young Galatian Church came from the influence of the "Pneumatics" who
understood the work of the Holy Spirit as the divinization of man rather than as a power operating in an
ethical sense. That led them to underestimate moral principles. Writing to them, Paul calls "flesh"
everything that brings man closer to the object of his lust and entices him with the tempting promise of a
life that is apparently fuller (cf. Gal 5:13; 6:10).

Sarx, therefore, "makes a good showing" of the "Law" as well as of its infraction, and in both cases
promises what it cannot fulfill.

Paul distinguishes explicitly between the object of the action and *sarx*. The center of the decision is not in
the flesh: "Walk by the Spirit, and do not gratify the desires of the flesh" (Gal 5:16).

Man falls into the slavery of the flesh when he trusts in the flesh and in what it promises (in the sense of the
"Law" or of infraction of the law). (Cf. F. Mussner, *Der Galaterbrief*, Herders Theolog. Kommentar zum
NT, IX [Freiburg: Herder, 1974], p. 367; R. Jewett, *Paul's Anthropological Terms, A Study of Their Use in
Conflict Settings, Arbeiten zur Geschichte des antiken Judentums und des Urchristentums*, X [Leiden: Brill,
1971], pp. 95-106).

^x In his letters Paul stresses the dramatic character of what is going on in the world. Since men, through their fault, have forgotten God, "therefore God gave them up in the lusts of their hearts to impurity" (Rom 1:24), from which there also comes all moral disorder, which distorts both sexual life (cf. Rom 1:24-27), the operation of social and economic life (cf. Rom 1:29-32) and even cultural life; in fact, "though they know God's decree that those who do such things deserve to die, they not only do them but approve those who practice them" (Rom 1:32).

From the moment that, through one man, sin came into the world (cf. Rom 5:12), "the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the Gospel of the glory of Christ" (2 Cor 4:4). Therefore too "the wrath of God is revealed from heaven against all ungodliness and wickedness of men who by their wickedness suppress the truth" (Rom 1:1).

Therefore "the creation waits with eager longing for the revealing of the sons of God...because the creation itself will be set free from its bondage to decay and obtain the glorious liberty of the children of God" (Rom 8:19-21), that liberty for which "Christ has set us free" (Gal 5:1).

The concept of "world" in St. John has various meanings: in his first Letter, the world is the place in which the threefold lust is manifested (cf. 1 Jn 2:15-16) and in which the false prophets and adversaries of Christ try to seduce the faithful. But Christians defeat the world thanks to their faith (cf. 1 Jn 5:4). The world, in fact, passes away with its lust, and he who does the will of God lives forever (cf. 1 Jn 2:17).

(Cf. P. Grelot, "Monde," Dictionnaire de Spiritualité, Ascétique et mystique, doctrine et histoire, fascicules 68-69, Beauchesne, p. 1628ff. Furthermore, J. Mateos J. Barreto, Vocabulario teológico del Evangelio de Juan [Madrid: Edic. Cristianidad, 1980], pp. 211-215).

^{xi} Exegetes point out that, although for Paul the concept of "fruit" is sometimes applied also to the "works of the flesh" (e.g., Rom 6:21; 7:5), yet "the fruit of the Spirit" is never called "work."

For Paul, "works" are the specific acts of man (or that in which Israel lays hope, without a reason), for which he will be answerable before God.

Paul also avoids the term "virtue," *arete*; it is found only once, in a very general sense, in Phil 4:8. In the Greek world this word had a too anthropocentric meaning; the Stoics especially stressed the self-sufficiency or autarchy of virtue.

On the other hand, the term "fruit of the Spirit" emphasizes God's action in man. This "fruit" grows in him like the gift of a life whose only Author is God. Man can, at most, promote suitable conditions, in order that the fruit may grow and ripen.

The fruit of the Spirit, in the singular form, corresponds in some way to the "justice" of the Old Testament, which embraces the whole of life in conformity with God's will; it also corresponds, in a certain sense, to the "virtue" of the Stoics, which was indivisible. We see this, for example, in Eph 5:9-11: "The fruit of light is found in all that is good and right and true.... Take no part in the unfruitful works of darkness...."

However, "the fruit of the Spirit" is different both from "justice" and from "virtue," because "in all its manifestations and differentiations which are seen in the lists of virtues" it contains the effect of the action of the Spirit, which, in the Church, is the foundation and fulfillment of the Christian's life.

Cf. H. Schlier, "Der Brief an die Galater," Meyer's Kommentar (Göttingen: Vandenhoeck-Ruprecht, 1971-5), pp. 255-264; O. Bauernfeind, "Arete," Theological Dictionary of the New Testament, Vol. 1, ed. G. Kittel, G. Bromley (Grand Rapids: Eerdmans, 1978-9), p. 460; W. Tatarkiewicz, *Historia Filozofii* (Warszawa: PWN, 1970), p. 121; E. Kamlah, "Die Form der katalogischen Paränese im Neuen Testament," *Wissenschaftliche Untersuchungen zum Neuen Testament*, 7 (Tübingen: Mhr, 1964), p. 14.

^{xiii} This formula returns in Ex 3:6; 3:15, 16; 4:5, always in the context of the promised liberation of Israel. The name of the God of Abraham, Isaac and Jacob is a token and guarantee of this liberation. The God of X is synonymous with help, support and shelter for Israel. A similar sense is found in Gn 49:24: "God of Jacob—the Shepherd and Rock of Israel, the God of your Fathers who will help you" (cf. Gn 49:24-25; cf. also Gn 24:27; 26:24; 28:13; 32:10; 46:3). Cf. F. Dreyfus, O.P., "L'argument scripturaire de Jesus en faveur de la résurrection des morts (Mk 12:26-27)," *Revue Biblique*, Vol. 66 (1959), p. 218.

In Judaic exegesis in Jesus' time, the formula: "God of Abraham, Isaac and Jacob," in which all three names of the patriarchs are mentioned, indicated God's relationship with the people of the covenant as a community. Cf. E. Ellis, "Jesus, the Sadducees and Qumran," *New Testament Studies*, Vol. 10 (1963-64), p. 275.

^{xiii} If the passage were "a post-paschal addition of the Christian community" (as R. Bultmann thought, for example), faith in the resurrection of the body would be supported by the fact of the resurrection of Christ, which imposed itself as an irresistible force, as St. Paul, for example, has us understand (cf. 1 Cor 15:12). Cf. J. Jeremias, *Neutestamentliche Theologie, I Teil* (Gutersloh: Mohn, 1971); cf. besides I. H. Marshall, *The Gospel of Luke* (Exeter: The Paternoster Press, 1978), p. 738.

The reference to the Pentateuch—while in the Old Testament there were texts which dealt directly with resurrection (as, for example, Is 26:19 or Dt 12:2)—bears witness that the conversation really took place with the Sadducees, who considered the Pentateuch the only decisive authority. The structure of the controversy shows that this was a rabbinic discussion, according to the classical models in use in the academies of that time.

Cf. J. Le Moyne, OSB, *Les Sadducéens* (Paris: Gabalda, 1972), pp. 124f.; E. Lohmeyer, *Das Evangelium des Markus* (Göttingen: 1959), p. 257; D. Daube, *New Testament and Rabbinic Judaism* (London: 1956), pp. 158-163; J. Radamakers, SJ, *La bonne nouvelle de Jésus selon St. Marc* (Bruxelles: Institut d'Etudes Théologiques, 1974), p. 313.

^{xiv} Cf., e.g.: *Habet autem anima alium modum essendi cum unitur corpori, et cum fuerit a corpore separata, manente tamen eadem animae natura; non ita quod uniri corpori sit ei accidentale, sed per rationem suae naturae corpori unitur...* ["Now the soul has one mode of being when in the body, and another when apart from it, its nature remaining always the same; but this does not mean that its union with the body is an accidental thing, for, on the contrary, such union belongs to its very nature..."] (St. Thomas, *Sum. Theol.* 1a, q. 89, a. 1 [New York: Benziger, 1947]).

Anima, quoad est corpori coniuncta, non potest aliquid intelligere non convertendo se ad phantasmata, ut per experimentum patet. Si autem hoc non est ex natura animae, sed per accidens hoc convenit ei ex eo quod corpori alligatur, sicut Platonici posuerunt, de facili quaestio solvi posset. Nam remoto impedimento corporis, rediret anima ad suam naturam, ut intelligeret intelligibilia simpliciter, non convertendo se ad phantasmata, sicut est de aliis substantiis separatis. Sed secundum hoc non esset anima corpori unita propter melius animae, si peius intelligeret corpori unita quam separata; sed hoc esset solum propter melius corporis, quod est irrationabile, cum materia sit propter formam, et non e converso. [The soul united to the body can understand only by turning to the phantasms, as experience shows. Did this not proceed from the soul's very nature, but accidentally through its being bound up with the body, as the Platonists said, the difficulty would vanish; for in that case when the body was once removed, the soul would at once return to its own nature, and would understand intelligible things simply, without turning to the phantasms, as is exemplified in the case of other separate substances. In that case, however, the union of soul and body would not be for the soul's good, for evidently it would understand worse in the body than out of it; but for the good of the body, which would be unreasonable, since matter exists on account of the form, and not the form for the sake of matter] (Ibidem).

Secundum se convenit animae corpori uniri, sicut secundum se convenit corpori levi esse sursum...ita anima humana manet in suo esse cum fuerit a corpore separata, habens aptitudinem et inclinationem

naturalem ad corporis unionem. [To be united to the body belongs to the soul by reason of itself, as it belongs to a light body by reason of itself to be raised up.... So the human soul retains its proper existence when separated from the body, having an aptitude and a natural inclination to be united to the body] (Ibidem Ia, q. 76, a. 1, ad 6).

^{xv} "Sacrament," a central concept for our reflections, has traveled a long way in the course of the centuries. The semantic history of the term "sacrament" must begin with the Greek term *mystérion* which, truth to tell, in the Book of Judith still means the king's military plans ("secret plan," cf. Jdt 2:2). But already in the Book of Wisdom (2:22) and in the prophecy of Daniel (2:27), the term signifies the creative plans of God and the purpose which he assigns to the world, and which are revealed only to faithful confessors. In this sense *mystérion* appears only once in the Gospels: "To you has been given the secret of the kingdom of God" (Mk 4:11 and par.). In the great letters of St. Paul, this term is found seven times, reaching its climax in the Letter to the Romans: "...according to my gospel and the preaching of Jesus Christ, according to the revelation of the mystery which was kept secret for long ages, but is now disclosed..." (Rom 16:25-26).

In the later letters we find the identification of *mystérion* with the Gospel (cf. Eph 6:19) and even with Jesus Christ himself (cf. Col 2:2; 4:3; Eph 3:4), which marks a turning point in the meaning of the term: *mystérion* is no longer merely God's eternal plan, but the accomplishment on earth of that plan revealed in Jesus Christ.

Therefore, in the Patristic period, the term *mystérion* begins to be applied also to the historical events by which the divine will to save man was manifested. Already in the second century in the writings of St. Ignatius of Antioch, Sts. Justin and Meliton, the mysteries of the life of Jesus, the prophecies and the symbolic figures of the Old Testament are defined with the term *mystérion*.

In the third century the most ancient Latin versions of Sacred Scripture begin to appear, in which the Greek term is translated both by *mysterium* and by *sacramentum* (e.g., Wis 2:22; Eph 5:32). Perhaps this was to distance themselves explicitly from the pagan mystery rites and from the Neo-Platonic gnostic mystagogy. However, *sacramentum* originally meant the military oath taken by the Roman legionaries. The aspects of "initiation to a new form of life," "commitment without reserve," "faithful service even at the risk of death" can be distinguished in it. Given this, Tertullian pointed out these dimensions in the Christian sacraments of Baptism, Confirmation and the Eucharist. In the third century, therefore, the term *sacramentum* was applied both to the mystery of God's salvific plan in Christ (cf., e.g., Eph 5:32), and to its concrete accomplishment by means of the seven sources of grace which are today called "sacraments of the Church."

St. Augustine, making use of various meanings of the term "sacrament," applied it to religious rites both of the old and the new covenant, to biblical symbols and figures as well as to the revealed Christian religion. All these "sacraments," according to St. Augustine, pertain to the great sacrament: the mystery of Christ and the Church. St. Augustine influenced the further clarification of the term "sacrament," emphasizing that the sacraments are sacred signs, that they contain in themselves a resemblance to what they signify and that they confer what they signify. By his analyses, he therefore contributed to the elaboration of the concise scholastic definition of sacrament: *signum efficax gratiae*.

St. Isidore of Seville (7th century) later stressed another aspect: the mysterious nature of the sacrament which, under the veils of material species, conceals the action of the Holy Spirit in the human soul. The theological *Summae* of the 12th and 13th centuries already formulate the systematic definitions of the sacraments, but a special signification belongs to the definition of St. Thomas: "Non omne signum rei sacrae est sacramentum.... sed solum ea quae significant perfectionem sanctitatis humanae." "Not every sign of a sacred thing is a sacrament.... Only those are called sacraments which signify the perfection of holiness in man" (St. Thomas, *Summa Theol.*, III, q. 60, a. 2, ad 1, 3 [New York: Benziger, 1947]). From then on, "sacrament" was understood exclusively as one of the seven sources of grace. Theological studies were directed to a deeper understanding of the essence and of the action of the seven sacraments, by elaborating in a systematic way the principal lines contained in the scholastic tradition.

Only in the last century was attention paid to the aspects of the sacrament which had been neglected in the course of the centuries, for example, to the ecclesial dimension and to the personal encounter with Christ, which have found expression in the Constitution on the Liturgy (no. 59). However, the Second Vatican council returns above all the original significance of "sacramentum-mysterium," calling the Church "the universal sacrament of salvation" (Lumen Gentium 48), sacrament, or "sign and instrument of communion with God and of unity among all men" (Lumen Gentium 1).

Here sacrament is understood—in conformity with its original meaning—as the accomplishment of God's eternal plan in regard to the salvation of mankind.

^{xvi} "The Song is therefore to be taken simply for what it manifestly is: a song of human love." This sentence of J. Winandy, O.S.B., expresses the conviction of growing numbers of exegetes (J. Winandy, *Le Cantique des Cantiques, Poém d'amour mué en écrit de Sagesse* [Maredsous: 1960], p. 26).

M. Dubarle adds: "Catholic exegesis, which sometimes refers to the obvious meaning of biblical texts for passages of great dogmatic importance, should not lightly abandon it when it comes to Songs." Referring to the phrase of G. Gerleman, Dubarle continues: "Songs celebrates the love of man and woman without adding any mythological element, but considering it simply on its own level and in its specific nature. There is implicitly, without didactic insistence, the equivalent of the Yahwist faith (since sexual powers had not been placed under the patronage of foreign divinities and had not been attributed to Yahweh himself who appeared as transcending this sphere.) The poem was therefore in tacit harmony with the fundamental convictions of the faith of Israel.

The same open, objective, not expressly religious attitude with regard to physical beauty and sensual love is found in some collections of Yahwist documents. These various similarities show that the small book is not so isolated in the sum total of biblical literature as is sometimes stated (A. M. Dubarle, "Le Cantique des Cantiques dans l'exégèse récente," *Aux grands carrefours de la Révélation et de l'exégèse de l'Ancien Testament, Recherches Bibliques VIII* [Louvain: 1967], pp. 149, 151).

^{xvii} See, for example: "Lovers in the ecstasy of love seem to occupy and fill the whole book, as the only protagonists.... Therefore, Paul, in reading the words of Genesis, 'For this reason a man shall leave his father and mother, and shall cling to his wife, and the two shall be made into one' (Eph 5:31), does not deny the real and immediate meaning of the words that refer to human marriage. However, to this first meaning he adds another deeper one with an indirect reference: 'I mean that it refers to Christ and the Church,' confessing that 'this is a great foreshadowing' (Eph 5:32)....

Some readers of the Song of Songs rush to read immediately in its words a disembodied love. They have forgotten the lovers, or have petrified them in fictions, in an intellectual key.... They have multiplied the minute allegorical relations in every sentence, word or image.... This is not the right way. Anyone who does not believe in the human love of the spouses, who must seek forgiveness for the body, does not have the right to be elevated.... With the affirmation of human love instead, it is possible to discover in it the revelation of God. (L. Alonso-Schökel, "Cantico dei Cantici—Introduzione," *La Biblia, Parola di Dio scritti per noi*. Official text of the Italian Episcopal Conference, Vol. II [Torino: Marietti, 1980], pp. 425-427).

^{xviii} Since the early Fathers, Christian exegesis extended such an idea to Christ and the Church (cf. Hippolytus and Origen), or to the individual soul of the Christian (cf. St. Gregory of Nyssa) or to Mary (cf. St. Ambrose) and also to her Immaculate Conception (cf. Richard of St. Victor). St. Bernard saw in the Song of Songs a dialogue of the Word of God with the soul, and this led to St. John of the Cross' concept about mystical marriage.

The only exception in this long tradition was Theodore of Mopsuestia, in the fourth century, who saw in the Song of Songs a poem that celebrated Solomon's human love for Pharaoh's daughter. Luther, instead, referred the allegory to Solomon and his kingdom. In recent centuries new hypotheses have appeared. Some, for example, consider the Song of Songs as a drama of a bride's fidelity to a shepherd, despite all the temptations, or as a collection of songs used during the popular wedding rites or mythical

rituals which reflected the Adonis-Tammuz worship. Finally, there is seen in the Song of Songs the description of a dream, recalling ancient ideas about the significance of dreams and also psychoanalysis. In the 20th century there has been a return to the more ancient allegorical traditions (cf. Bea), seeing again in the Song of Songs the history of Israel (cf. Jouon, Ricciotte), and a developed midrash (as Robert calls it in his commentary, which constitutes a "summary" of the interpretation of Songs).

Nevertheless, at the same time the book has begun to be read in its most evident significance as a poem exalting natural human love (cf. Rowley, Young, Laurin).

Karl Barth was the first to have demonstrated in what way this significance is linked with the biblical context of chapter two of Genesis. Dubarle begins with the premise that a faithful and happy human love reveals to man the attributes of divine love, and Van den Oudenrijn sees in the Song of Songs the antitype of that typical sense that appears in Eph 5:23. Excluding every allegorical and metaphorical explanation, Murphy stresses that human love, created and blessed by God, can be the theme of an inspired biblical book.

D. Lys notes that the content of the Song of Songs is at the same time sensual and sacred. When one prescind from the second characteristic, the Song comes to be treated as a purely lay erotic composition, and when the first is ignored, one falls into allegorism. Only by putting these two aspects together is it possible to read the book in the right way.

Alongside the works of the above-mentioned authors, and especially with regard to an outline of the history of the exegesis of the Song of Songs, see H. H. Rowley, "The Interpretation of the Song of Songs," *The Servant of the Lord and Other Essays on the Old Testament* (London: Lutterworth, 1952), pp. 191-233; A. M. Dubarle, *Le Cantique des Cantiques dans l'exégèse de l'Ancien Testament, Recherches Bibliques VIII* (Louvain: Desclée de Brouwer, 1967), pp. 139-151; D. Lys, *Le plus beau chant de la création—Commentaire de Cantique des Cantiques. Lectio divina 51.* (Paris: Du Cerf, 1968), pp. 31-35; M. H. Pope, "Song of Songs," *Anchor Bible* (Garden City, NY: Doubleday, 1977), pp. 113-234.